Utilization of eye health services and compliance with spectacles wear among community school adolescents: a mixed methods study from Bagmati province of Nepal

Supplementary Table 1.: Qualitative findings from students about eye care service utilization

Themes	Accessibility to eye care facility	COVID-19 Pandemic	Awareness of eye health
	Nearby health facility has no eye care	My father said the eye clinic was	I thought I didn't need to examine my
	services We need to travel to	near the hospital with COVID-19	eyes My eyes didn't pain I could
	Besi (district headquarter). It takes one	patients. So, we didn't go. –	walk, play, and study. – Participant#7,
	full day to go, check-up, and return	Participant#2, Male, FGD#1	Male, FGD#3
	home. Besides, I must miss my school		
	too. – Participant#7, Female, FGD#2		
	If we miss the only bus returning late	I had fear of COVID-19	My mother told me that if I wear
	afternoon, we must stay in	infection I did not want to travel	spectacles, I must wear them for life.
	headquarters. – Participant#8, Male,	by bus and go to eye clinic	She said I must watch mobile phone
	FGD#2	because bus is packed and people	less and eat more leafy vegetables for
		were not wearing masks. –	healthy eyes But, I do not like leafy
		Participant#1, Female, FGD#3	vegetables. – Participant#4, Female,
Verbatim			FGD#3
Transcripts	Despite knowing that I might have	I did not go (to eye clinic) at first	My grandfather had eye surgery last
	issues with my vision, I did not go for	as I had symptoms of COVID-19.	year. I thought they would also operate
	a check-up because the eye clinic is	Later I went for check-up. –	me if I go to eye hospital So, I didn't
	too far. – Participant#1, Female,	Participant#10, Male, FGD#3	tell my mother about my poor vision. –
	FGD#1		Participant#5, Male, FGD#2
	My brother took me to eye clinic the		
	very next day after referral The eye		
	clinic is nearby down the lane It's		
	about 10 minutes' walk from our		
	(rented) room. – Participant#3 Male,		
	FGD#1		

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Supplementary Table 2.: Qualitative findings from students on compliance with spectacles use

Themes	Affordability	Symptomatic relief	Role of Friends, Family,	Comfortability
			and Teachers	
	One of our friends broke the	After using spectacles, I	Our class teacher	It is difficult to wear a mask
	spectacles while playing. He	can clearly see what is	encourages us to wear	and spectacles at the same
	hasn't been able to replace	written on the whiteboard	spectacles. She said it will	time. We are not allowed
	them Spectacles are	which has helped in my	help us see better and	inside schools without face
	expensive So, we don't	study. Hence, I continue to	improve our studies too. –	masks. I wear a mask, but not
	use spectacles while	use my spectacles. –	Participant#1, Male,	spectacles. – Participant#10,
	playing. – Participant#1,	Participant#4, Female	FGD#6	Female, FGD#6
	Male, FGD#4	FGD#5		
	My father told me that once	Before using spectacles, I	When I got spectacles	I didn't like my spectacles. I
	we start using spectacles, we	had headaches while	from the school, I wore	didn't find it comfortable to
Verbatim	need to replace spectacles	looking at blackboards.	them and went home. My	wear across my ears and
Transcripts	often. He doesn't have	Now, I don't have	mother said that I should	nose. So, I am not wearing
	money for that So, I only	headaches after wearing	continue using them for	them. – Participant#9, Male,
	wear them during classes. –	spectacles. – Participant#5,	my health. –	FGD#4
	Participant#3, Female,	Male, FGD#4	Participant#8, Female,	
	FGD#5:		FGD#5	

Themes	Affordability	Symptomatic relief	Role of Friends, Family,	Comfortability
			and Teachers	
	I forgot my spectacles at a	My vision didn't improve.	My friends called me by	My friends and family tell
	playground near my	I started having headaches,	names like Double	me that the spectacles
	hometown. After losing that,	so I stopped wearing	Battery after I started	(frame) I am wearing suit my
	my family was unable to	spectacles. – Participant#6,	wearing spectacles. So, I	face. I also feel the same and
	buy a new one. – Participant	Female, FGD#4	stopped wearing	feel good wearing them. –
	#9, Male, FGD#6		spectacles. –	Participant#10, Female,
			Participant#4, Male,	FGD#5
			FGD#4	
	When I told my father about		Some of my classmates	
	subsidies in eye checkup		were already wearing	
	and spectacles, he said he		spectacles before I	
	could add money to buy		started So, it was easy	
	good spectacles. –		for me to start wearing	
	Participant#4, Female,		spectacles too. –	
	FGD#5		Participant#4, Female,	
			FGD#6	