

MMAT quality assessment results

Reference	Screening questions	Type of study	MMAT questions and answers
Alharthi 2023[18]	<p>S1. Are there clear research questions? <i>Yes</i></p> <p>S2. Do the collected data allow to address the research questions? <i>Yes</i></p>	Qualitative	<p>1.1. Is the qualitative approach appropriate to answer the research question? <i>Yes (identifying perceived barriers and facilitators)</i></p> <p>1.2. Are the qualitative data collection methods adequate to address the research question? <i>Can't tell (secondary analysis of existing data)</i></p> <p>1.3. Are the findings adequately derived from the data? <i>Yes</i></p> <p>1.4. Is the interpretation of results sufficiently substantiated by data? <i>Yes</i></p> <p>1.5. Is there coherence between qualitative data sources, collection, analysis and interpretation? <i>Yes (supported by use of Theoretical Domains Framework)</i></p>
Alves 2019[19]	<p>S1. Are there clear research questions? <i>Yes</i></p> <p>S2. Do the collected data allow to address the research questions? <i>Yes</i></p>	Quantitative non-randomised	<p>3.1. Are the participants representative of the target population? <i>Yes (care home residents)</i></p> <p>3.2. Are measurements appropriate regarding both the outcome and intervention (or exposure)? <i>Yes</i></p> <p>3.3. Are there complete outcome data? <i>Can't tell (partial data presented)</i></p> <p>3.4. Are the confounders accounted for in the design and analysis? <i>No (uncontrolled before/after study)</i></p> <p>3.5. During the study period, is the intervention administered (or exposure occurred) as intended? <i>Can't tell (fidelity not monitored)</i></p>
Baqir 2017[20]	<p>S1. Are there clear research questions? <i>Yes</i></p> <p>S2. Do the collected data allow to address the research questions? <i>Yes</i></p>	Quantitative non-randomised	<p>3.1. Are the participants representative of the target population? <i>Yes (care home residents)</i></p> <p>3.2. Are measurements appropriate regarding both the outcome and intervention (or exposure)? <i>Yes</i></p> <p>3.3. Are there complete outcome data? <i>Yes (all specified outcomes reported)</i></p> <p>3.4. Are the confounders accounted for in the design and analysis? <i>No (uncontrolled before/after study)</i></p> <p>3.5. During the study period, is the intervention administered (or exposure occurred) as intended? <i>Can't tell (interventions not externally validated)</i></p>

Birt 2021[21]	<p>S1. Are there clear research questions? <i>Yes</i></p> <p>S2. Do the collected data allow to address the research questions? <i>Yes</i></p>	Mixed methods	<p>5.1. Is there an adequate rationale for using a mixed methods design to address the research question? <i>Yes (qualitative and quantitative data relevant to process evaluation)</i></p> <p>5.2. Are the different components of the study effectively integrated to answer the research question? <i>Yes (integrated in results and discussion)</i></p> <p>5.3. Are the outputs of the integration of qualitative and quantitative components adequately interpreted? <i>Yes (see discussion)</i></p> <p>5.4. Are divergences and inconsistencies between quantitative and qualitative results adequately addressed? <i>Yes (page 11 column 2)</i></p> <p>5.5. Do the different components of the study adhere to the quality criteria of each tradition of the methods involved? <i>Yes</i></p>
Howard 2014[11]	<p>S1. Are there clear research questions? <i>Yes</i></p> <p>S2. Do the collected data allow to address the research questions? <i>Yes</i></p>	Quantitative descriptive	<p>4.1. Is the sampling strategy relevant to address the research question? <i>Yes</i></p> <p>4.2. Is the sample representative of the target population? <i>Yes (all interventions recorded)</i></p> <p>4.3. Are the measurements appropriate? <i>Yes</i></p> <p>4.4. Is the risk of nonresponse bias low? <i>Yes (data from intervention arm only)</i></p> <p>4.5. Is the statistical analysis appropriate to answer the research question? <i>Yes</i></p>
Jeffries 2017[13]	<p>S1. Are there clear research questions? <i>Yes</i></p> <p>S2. Do the collected data allow to address the research questions? <i>Yes</i></p>	Qualitative	<p>1.1. Is the qualitative approach appropriate to answer the research question? <i>Yes (explored factors perceived to affect adoption and implementation)</i></p> <p>1.2. Are the qualitative data collection methods adequate to address the research question? <i>Yes (interviews and focus groups)</i></p> <p>1.3. Are the findings adequately derived from the data? <i>Yes (context-mechanism-outcome groups identified)</i></p> <p>1.4. Is the interpretation of results sufficiently substantiated by data? <i>Yes</i></p> <p>1.5. Is there coherence between qualitative data sources, collection, analysis and interpretation? <i>Yes (supported by use of realist analysis)</i></p>
Jeffries 2018[12]	<p>S1. Are there clear research questions? <i>Yes</i></p>	Qualitative	<p>1.1. Is the qualitative approach appropriate to answer the research question? <i>Yes (explored factors perceived to affect adoption and implementation)</i></p>

	S2. Do the collected data allow to address the research questions? <i>Yes</i>		1.2. Are the qualitative data collection methods adequate to address the research question? <i>Yes (interviews)</i> 1.3. Are the findings adequately derived from the data? <i>Yes</i> 1.4. Is the interpretation of results sufficiently substantiated by data? <i>Yes (supported by relevant quotes)</i> 1.5. Is there coherence between qualitative data sources, collection, analysis and interpretation? <i>Yes (supported by use of Normalisation Process Theory)</i>
Lane 2020[22]	S1. Are there clear research questions? <i>Yes</i> S2. Do the collected data allow to address the research questions? <i>Yes</i>	Qualitative	1.1. Is the qualitative approach appropriate to answer the research question? <i>Yes (gather opinions about proposed service)</i> 1.2. Are the qualitative data collection methods adequate to address the research question? <i>Yes (focus groups and interviews with different staff groups at different sites)</i> 1.3. Are the findings adequately derived from the data? <i>Yes</i> 1.4. Is the interpretation of results sufficiently substantiated by data? <i>Yes (supported by relevant quotes)</i> 1.5. Is there coherence between qualitative data sources, collection, analysis and interpretation? <i>Yes (supported by use of Theoretical Domains Framework)</i>
Madden 2022[14]	S1. Are there clear research questions? <i>Yes</i> S2. Do the collected data allow to address the research questions? <i>Yes</i>	Qualitative	1.1. Is the qualitative approach appropriate to answer the research question? <i>Yes (pharmacists' experience of SMR implementation)</i> 1.2. Are the qualitative data collection methods adequate to address the research question? <i>Yes (interviews with newly employed and established pharmacists)</i> 1.3. Are the findings adequately derived from the data? <i>Yes</i> 1.4. Is the interpretation of results sufficiently substantiated by data? <i>Yes (supported by relevant quotes)</i> 1.5. Is there coherence between qualitative data sources, collection, analysis and interpretation? <i>Yes (supported by thematic analysis)</i>
Peek 2020[15]	S1. Are there clear research questions? <i>Yes</i>	Quantitative non-randomised	3.1. Are the participants representative of the target population? <i>Yes (general practices and their patients)</i> 3.2. Are measurements appropriate regarding both the outcome and intervention (or exposure)? <i>Can't tell (for intervention)</i>

	S2. Do the collected data allow to address the research questions? <i>Yes</i>		3.3. Are there complete outcome data? <i>Yes</i> 3.4. Are the confounders accounted for in the design and analysis? <i>No (small risk of unmeasured confounding)</i> 3.5. During the study period, is the intervention administered (or exposure occurred) as intended? <i>Can't tell (interventions not externally validated)</i>
Rodgers 2022[16]	S1. Are there clear research questions? <i>Yes</i> S2. Do the collected data allow to address the research questions? <i>Yes</i>	Quantitative non-randomised	3.1. Are the participants representative of the target population? <i>Yes (general practices and their patients)</i> 3.2. Are measurements appropriate regarding both the outcome and intervention (or exposure)? <i>Can't tell (for intervention)</i> 3.3. Are there complete outcome data? <i>No (6- and 12-month data not collected from all practices)</i> 3.4. Are the confounders accounted for in the design and analysis? <i>No (small risk of unmeasured confounding)</i> 3.5. During the study period, is the intervention administered (or exposure occurred) as intended? <i>Can't tell (interventions not externally validated)</i>
Syafhan 2021[17]	S1. Are there clear research questions? <i>Yes</i> S2. Do the collected data allow to address the research questions? <i>Yes</i>	Quantitative randomised controlled trial	2.1. Is randomisation appropriately performed? <i>Can't tell (method of randomisation not reported)</i> 2.2. Are the groups comparable at baseline? <i>Yes</i> 2.3. Are there complete outcome data? <i>No (30% lost to follow-up or withdrew)</i> 2.4. Are outcome assessors blinded to the intervention provided? <i>Can't tell (outcome data from GP electronic records)</i> 2.5. Did the participants adhere to the assigned intervention? <i>No (30% lost to follow-up or withdrew)</i>
Thayer 2021[23]	S1. Are there clear research questions? <i>Yes</i> S2. Do the collected data allow to address the research questions? <i>Yes</i>	Quantitative non-randomised	3.1. Are the participants representative of the target population? <i>Yes (care home residents with intellectual disabilities)</i> 3.2. Are measurements appropriate regarding both the outcome and intervention (or exposure)? <i>Yes (details recorded for each review and associated outcomes)</i> 3.3. Are there complete outcome data? <i>Yes (all specified outcomes reported)</i> 3.4. Are the confounders accounted for in the design and analysis? <i>No (uncontrolled before/after study)</i>

			3.5. During the study period, is the intervention administered (or exposure occurred) as intended? <i>Yes (one-off review mainly based on records)</i>
Twigg 2015[24]	S1. Are there clear research questions? <i>Yes</i> S2. Do the collected data allow to address the research questions? <i>Yes</i>	Quantitative non-randomised	3.1. Are the participants representative of the target population? <i>Can't tell (no indication of attempts to recruit a representative sample)</i> 3.2. Are measurements appropriate regarding both the outcome and intervention (or exposure)? <i>Yes (details recorded for intervention components and associated outcomes)</i> 3.3. Are there complete outcome data? <i>Can't tell (limited response for resource use outcomes)</i> 3.4. Are the confounders accounted for in the design and analysis? <i>No (uncontrolled before/after study)</i> 3.5. During the study period, is the intervention administered (or exposure occurred) as intended? <i>Can't tell (approx. 30% withdrawal rate)</i>