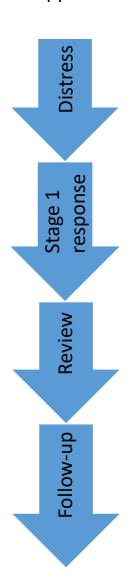
## S2 Appendix: Distress Pathway



Participant during questionnaire indicates they are experiencing a high level of stress or emotional distress.

Participant given option to ask for additional support via contact from the research team.

Participant contacted within 7 days of a positive response to distress and the request to be contact by the research team.

Follow-up of participant with a telephone call. Encourage participant to contact their GP or postnatal service if they experience distress. Signposting towards charities they can contact for support.

Protocol for managing distress in the context of research on sensitive subjects (adapted from Draucker et al.)