

The data collection table

Use a 10cm VAS scale with a moving scale between 0 and 10 on the front and a number from 0 to 10 on the back, with 0 being no pain and 10 being the most painful. Please state your pain level according to the following scale.



VAS scale (0-10 points)

0: no pain; 1-3: light pain; 4-6: moderate pain; 7-10: severe and unbearable pain.

Projects	Before treatment	Treatment				
	0min	2min	4min	6min	8min	10min
pain VAS score						