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Public Title Effect of Nitric Oxide in Cardiac Surgery

Patients With Endothelial Dysfunction

Scientific Title Prevention of Acute Kidney Injury by Nitric Oxide

in Prolonged Cardiopulmonary Bypass: A Double-

Blind Controlled Randomized Trial in Cardiac

Surgical Subjects with Endothelial Dysfunction

**Countries of Recruitment** United States

**Health Condition(s) or Problem(s)** Cardiopulmonary bypass associated-Acute

Studied Kidney Injury

Intervention(s)

Trial arm 1: Nitric oxide (NO) Group (intervention arm).

NO gas 80 parts-per-million is administered via the oxygenator during CPB, then by inhalation when mechanical ventilation is resumed. Once the subject is extubated, NO gas is delivered by high flow nasal cannula. The treatment begins at the onset of the cardiopulmonary bypass and lasts 24h.

Trial arm 2: Nitrogen (N<sub>2</sub>) Group (Control arm). N<sub>2</sub> gas is administered via the oxygenator during CPB, then by inhalation when mechanical ventilation is resumed. Once the subject is extubated, N<sub>2</sub> gas is delivered by high flow nasal cannula. The N2 administration begins at the onset of the cardiopulmonary bypass and lasts 24h.

Trial Type

Interventional

Allocation: Randomized

Intervention model: Parallel assignment

Blinding: Clinicians blinded to intervention,

participants blinded to intervention, study

investigators blinded to intervention, primary outcome assessor blinded to intervention. For safety and gas monitoring, only the clinician administering the test gas remains unblind to the treatment. This clinician is not part of the anesthesia, ICU, or surgical physician team delivering care.

Assignment: Parallel

Primary purpose: Prevention

**Date of First Enrollment** 

June, 2017

**Target Sample Size** 

250 patients

**Recruitment Status** 

Recruiting

**Key Enrollment Criteria** 

Inclusion criteria: Age ≥ 18 years of age; Elective cardiac or aortic surgery with expected CPB > 90 minutes; Clinical evidence of endothelial dysfunction assessed by a specifically designed questionnaire; Stable preoperative renal function without evidence of a plasma creatinine increase of ≥ 0.3 mg/dL within 3 months of study entry and without receiving RRT. Key exclusion criteria:

estimated glomerular filtration rate (eGFR) <30 ml/min/1.73m², mPAP ≥40 mmHg and intravenous (I.V.) contrast infusion within 48 hours before surgery.

**Primary Outcome(s)** 

Outcome name: Incidence of Acute Kidney

Injury (AKI)

Method of measurement: KDIGO criteria

Time points of interest: 7 days after surgery

**Key Secondary Outcomes** 

Outcome name: AKI severity

Method of measurement: KDIGO stages

Time points of interest: 7 days after cardiac

surgery

Outcome name: Renal Replacement Therapy

Method of measurement: Medical record

review

Time points of interest: Up to 1 year.

Outcome name: Major Adverse Kidney Events

(MAKE)

Method of measurement: Medical record

review

Time points of interest: 6 weeks after cardiac surgery.

Outcome name: Organ dysfunction (SOFA

score)

Method of measurement: Medical record

review

Time points of interest: ICU stay (up to seven

days)

Outcome name: Prolonged cardiovascular

support

Method of measurement: Medical record

review

Time points of interest: 48 hours after cardiac

surgery

Outcome name: duration of mechanical

ventilation

Method of measurement: Medical record

review

Time points of interest: up to 6 weeks

Outcome name: Intensive care unit length of stay (ICU-LOS)

Method of measurement: Medical record review

Time points of interest: up to 6 weeks

Outcome name: Hospital length of stay (LOS)

Method of measurement: Medical record

review

Time points of interest: up to 1 year

**Data and Safety Monitoring Board:** 

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Responsibilities include: reviewing and evaluating the trial data to ensure participant

safety, trial conduct, progress, and efficacy, and making recommendations regarding the

continuation, or termination of the trial.

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