Supplementary Table II: Results from the multinomial logistic regressions models for males estimating the probabilities of group membership according to Unadjusted and Adjusted Model 1: paid working hours and unpaid working hours; Unadjusted and adjusted Model 2: total working hours. Reference group: Very low stable (Group 1). Estimates: log odds ratios (*: significance at 5% level); SE: standard errors (in parentheses). OR: odds ratios: CI: 95% Confidence Intervals (in brackets).

Trajectory groups	Low Stable		High Decreasing		Doubtful Stable		High Stable	
	Unadjusted	**Models**						
Model 1								
	Estimate	OR	Estimate	OR	Estimate	OR	Estimate	OR
	(SE)	[95%CI]	(SE)	[95%CI]	(SE)	[95%CI]	(SE)	[95%CI]
Paid Working Hours	0.01	1.01	0.01	1.01	0.00	1.00	-0.00	1.00
	(0.01)	[0.99; 1.01]	(0.02)	[0.97; 1.05]	(0.01)	[0.99; 1.01]	(0.01)	[0.97; 1.02]
Unpaid Working Hours	0.09*	1.10	0.01	1.01	0.28*	1.32	026*	1.30
	(0.05)	[1.00; 1.21]	(0.17)	[0.72; 1.43]	(0.06)	[1.18; 1.47]	(0.10)	[1.06; 1.59]
Model 2								
	Estimate	OR	Estimate	OR	Estimate	OR	Estimate	OR
	(SE)	[95%CI]	(SE)	[95%CI]	(SE)	[95%CI]	(SE)	[95%CI]
Total Working Hours	0.13*	1.14	-0.01	0.00	0.28*	1.32	0.18	1.20
	(0.05)	[1.03; 1.27]	(0.20)	[0.667; 1.47]	(0.06)	[1.16; 1.50]	(0.13)	[0.93; 1.53]
	Adjusted	**Models[!]**						
Model 1								
	Estimate	OR	Estimate	OR	Estimate	OR	Estimate	OR
	(SE)	[95%CI]	(SE)	[95%CI]	(SE)	[95%CI]	(SE)	[95%CI]
Paid Working Hours	0.00	1.00	0.01	1.01	0.00	1.00	0.00	1.00
	(0.01)	[0.99; 1.01]	(0.02)	[0.97; 1.06]	(0.01)	[0.99; 1.01]	(0.01)	[0.97; 1.03]
Unpaid Working Hours	0.02	1.10	-0.02	0.98	0.20*	1.22	0.25*	1.28
	(0.05)	[0.92; 1.13]	(0.21)	[0.65; 1.49]	(0.06)	[1.08; 1.38]	(0.11)	[1.02; 1.60]
Model 2								
	Estimate	OR	Estimate	OR	Estimate	OR	Estimate	OR
	(SE)	[95%CI]	(SE)	[95%CI]	(SE)	[95%CI]	(SE)	[95%CI]
Total working hours	-0.04	1.04	-0.03	0.97	0.21*	1.24	0.18	1.20
	(0.06)	[0.92; 1.17]	(0.23)	[0.62; 1.52]	(0.07)	[1.08; 1.42]	(0.13)	[0.92; 1.56]

[!] Adjusted Models for age, civil status, and socio-economic status

*significance at 5%