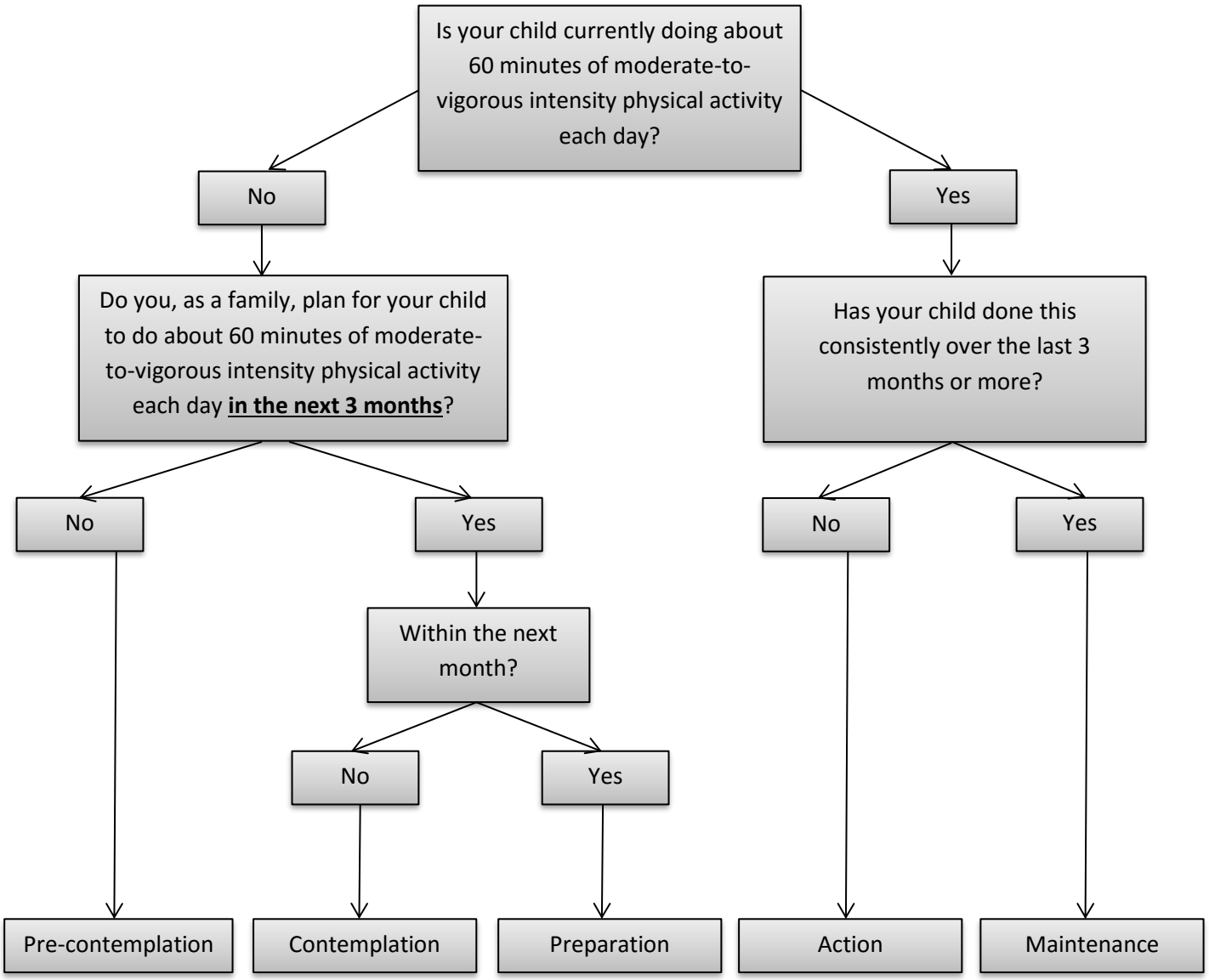Appendix 6 - ParticiPAte CP Stages of Behaviour Change Flow Chart