

BMJ Open The inter-relationship among economic activities, environmental degradation, material consumption and population health in low-income countries: a longitudinal ecological study

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ABSTRACT

Objectives: The theory of ecological unequal exchange explains how trade and various forms of economic activity create the problem of environmental degradation, and lead to the deterioration of population health. Based on this theory, our study examined the inter-relationship among economic characteristics, ecological footprints, CO₂ emissions, infant mortality rates and under-5 mortality rates in low-income countries.

Design: A longitudinal ecological study design.

Setting: Sixty-six low-income countries from 1980 to 2010 were included in the analyses. Data for each country represented an average of 23 years (N=1497).

Data sources: Data were from the World Development Indicators, UN Commodity Trade Statistics Database, Global Footprint Network and Polity IV Project.

Analyses: Linear mixed models with a spatial power covariance structure and a correlation that decreased over time were constructed to accommodate the repeated measures. Statistical analyses were conducted separately by sub-Saharan Africa, Latin America and other regions.

Results: After controlling for country-level sociodemographic characteristics, debt and manufacturing, economic activities were positively associated with infant mortality rates and under-5 mortality rates in sub-Saharan Africa. By contrast, export intensity and foreign investment were beneficial for reducing infant and under-5 mortality rates in Latin America and other regions. Although the ecological footprints and CO₂ emissions did not mediate the relationship between economic characteristics and health outcomes, export intensity increased CO₂ emissions, but reduced the ecological footprints in sub-Saharan Africa. By contrast, in Asia, the Middle East and North Africa, although export intensity was positively associated with the ecological footprints and also CO₂ emissions, the percentage of exports to high-income countries was negatively associated with the ecological footprints.

Conclusions: This study suggested that environmental protection and economic development are important for reducing infant and under-5 mortality rates in low-income countries.

Strengths and limitations of this study

- This study focused on the inter-relationship among trade, environmental pollutants, ecological footprints and population health, which have been rarely addressed in prior studies.
- This study used a large and longitudinal data set.
- The choice of indicators, which were strongly influenced by the available data, may have resulted in the exclusion of relevant variables.

INTRODUCTION

Political and economic characteristics, such as democracy and foreign investment, have been identified as determinants of population health in low-income countries.¹ In the past decade, research has focused on the role of environmental degradation in the relationship between the political-economic factors and health conditions of a country.² A growing number of studies have investigated how trade and various forms of economic activity create the problems of greenhouse gas emissions, forest degradation and water pollution, which may result in the deterioration of population health.²⁻⁶ Several studies have demonstrated that the influence of environmental degradation on population health is much greater in low-income countries than in high-income countries.⁵ This process has been attributed, at least partly, to the asymmetrical economic relationship between high-income and low-income countries.⁷

Using the ecological unequal exchange theory, several researchers have attempted to explain how these economic structural forces influence environmental outcomes and human health in low-income countries.⁸ The

theory of ecological unequal exchange claims that in global economic networks, countries have been divided into hierarchical positions through the international division of labour. High-income countries acquire inexpensive raw materials, opportunities for investment and markets for their products through trade and foreign investment. However, high-income countries are likely to disproportionately access the natural resources and sink-capacity services of low-income countries.² Consequently, high-income countries externalise their consumption-based environmental costs and demands for natural resources to low-income countries. This process is typically represented by the vertical flow of manufactured products and raw materials from low-income to high-income countries. The long-term decline in the prices of primary goods in relation to the prices of processed goods creates an unbalanced economy, which further minimises the ability of governments in low-income countries to address public health and social problems. The ecological unequal exchange theory also argues that this unequal trade relationship increases the level of material consumption in high-income countries, but undermines the living standards, level of material consumption and health status of the population in low-income countries.⁹

Various studies have tested the ecological unequal exchange theory.^{2–7} Most studies have focused on how exports and manufacturing activities affect the environment of low-income countries, including their yearly average per capita rate of CO₂ emissions, deforestation and organic water pollution. Nevertheless, few studies have investigated the effects of these factors on health and material consumption levels.^{2 8 10} The present study contributes to this research area by adopting a longitudinal ecological sample from low-income countries. The conceptual model, which is based on the ecological unequal exchange theory, is shown in figure 1. The following hypotheses were tested in this study: (1) debt, foreign investment, manufacturing economic activities, the percentage of exports to high-income countries and export intensity are positively associated with infant mortality rates (IMRs), and under-5 mortality rates (U5MRs); (2) debt, foreign investment, manufacturing economic activities, the percentage of exports to high-income countries and export intensity are negatively associated with material consumption (ecological footprint), and positively associated with CO₂ emissions; and (3) material consumption and CO₂ emissions mediate the relationships between debt, foreign investment, manufacturing economic activities, the percentage of exports to high-income countries, export intensity, and IMRs and U5MRs.

METHODS

A longitudinal ecological study design that focused on low-income countries during a 31-year period from 1980 to 2010 was used. We focused on low-income countries because prior studies have suggested that the

relationship between economic activities and population health is much greater in low-income countries than in high-income countries.¹¹ We selected a sample of countries according to the classification system developed by Clark and Beckfield.¹¹ We excluded core countries, according to their definition, and excluded countries classified as high-income countries based on the definition established by the World Bank.⁵ Sixty-six low-income countries were included in the analyses. The countries and years of data collection are listed in online supplementary appendix 1. Data for each country represented an average of 23 years (N=1497).

Measures

The *health outcome variables*, namely IMRs and U5MRs, were measured as the probability of a child dying at less than 1 and 5 years of age (expressed as a rate per 1000 live births), respectively. These two variables, retrieved from the World Development Indicators (WDI), were selected as the outcome variables because of their wide acceptance and use as population health indicators. Studies have reported that these indicators are sensitive to structural changes and to rising epidemics that affect the wider population.¹²

Regarding the *economic variables*, data on debt and foreign investment stock were retrieved from the WDI and UN Commodity Trade Statistics Database, respectively.^{13 14} The total external debt stock as a percentage of gross national income was used as a debt indicator. Foreign direct investment stock refers to the inflows of investment for acquiring lasting management interest in an enterprise operating in an economy other than that of the investor. In this study, we divided the amount of foreign direct investment stock by gross domestic product (GDP). We anticipated that debt and foreign investment were positively associated with IMRs and U5MRs.^{15–17}

In addition to debt and foreign investment, three economic variables were included in this study: the percentage of exports to high-income countries, manufacturing activities and export intensity. These three variables were gathered from the WDI. The percentage of exports to high-income countries refers to the sum of merchandise exports from the reporting countries to high-income countries. Previous studies have used this variable to examine the vertical flow of trade activities between low-income and high-income countries.⁵ We also included manufacturing economic activity as a percentage of GDP, which is hypothesised to be positively related to environmental degradation, which further deteriorates population health. The variable of export intensity is calculated as a percentage of GDP. This variable measures the export intensity of a country. Because low-income countries are generally ill-equipped to handle environmental hazards, an increased amount of exports results in increased environmental pollution and deteriorated population health.⁷

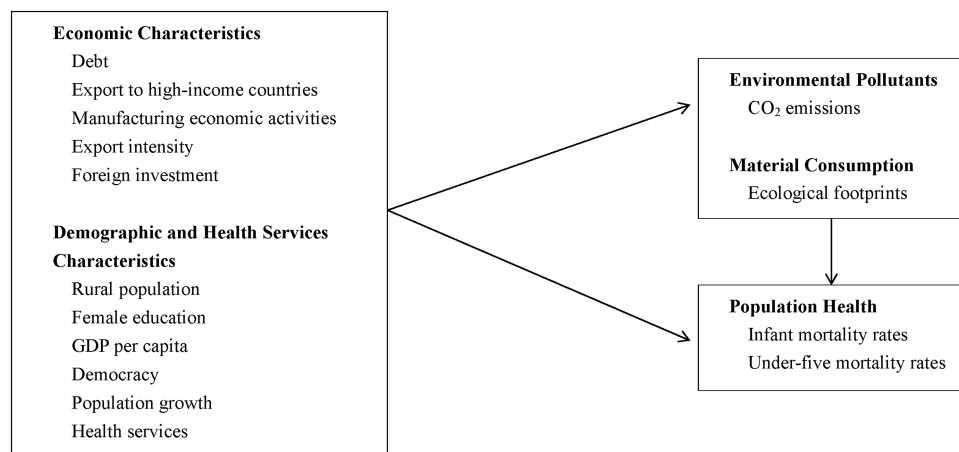


Figure 1 Inter-relationships among economic characteristics, environmental pollutants, material consumption and population health in low-income countries (GDP, gross domestic product).

Regarding the *environmental variables*, we used per capita footprints, obtained from the Global Footprint Network, as the indicator for comparing resource consumption across nations.¹⁸ An ecological footprint is defined as the amount of natural capital or land and water area required to support the resources consumed by a population.¹⁸ The measurement of footprints of a country, using global hectares (within and outside the borders of a country), is based on the total area required to produce the food and fibre that a country consumes, the space for accommodating its infrastructure and the ecosystems for absorbing its waste (eg, CO₂). Footprints are composed of the following six subcomponents: cropland, grazing land, forests, fishing waters, built-up land and energy.² We hypothesised that unequal trade activities conducted with high-income countries undermine the ecological footprints and deteriorate the population health in peripheral countries.

We used CO₂ emissions (metric tons per capita), obtained from the WDI, to represent environmental pollutants. The CO₂ emissions considered in this study are those that result from burning fossil fuels and manufacturing cement.¹⁹ Previous studies have demonstrated that per capita CO₂ emissions in a country are associated with country-level economic development and population health.²⁰ We used CO₂ emissions, rather than deforestation and water pollution, to measure environmental degradation, because this indicator directly reflects the pollutants produced through manufacturing, and is less likely to be affected by the geographic context of a country than other indicators.

Regarding the *demographic and health services variables*, democracy scores were retrieved from the Polity IV Project.²¹ In brief, the score was based on three criteria: (1) openness and competitiveness in the recruitment of the chief executive; (2) constraints on the authority of the chief executive; and (3) political participation and opposition. Scores were then weighted and combined to

generate a score ranging from −10 (autocracy) to 10 (democracy).

The indicator of health services was derived from the WDI. This indicator was measured using four items: the number of physicians per 1000 people, percentage of deliveries assisted by a skilled birth attendant, percentage of the population with access to safe water and immunisation coverage measured as the percentage of children aged 12–23 months who had received one dose of measles vaccine.^{22–26} Because these four items were measured on different scales, a quintile score for each item was developed for each country based on the score distribution. Subsequently, a composite score was created by averaging the quintile scores of the four items for each country and year. If a value was missing for certain items, the mean value of the other health service items was used to replace the missing value.^{27 28} A high score represented a high number of provided services, which should result in a lower IMR or U5MR.²⁵

Female education was measured using the female primary school enrolment ratio, which is the number of females enrolled in primary schools in a given year, divided by the population of those of corresponding age for the same year. GDP per capita (constant 2005 international dollar) was log-transformed to correct for its skewed distribution. To consider the influence of rapid changes on demographic factors, this study also included the population growth rate. The period effect was recoded as 1980–1989, 1990–1999 and after 2000. We did not consider fertility rate because it is highly associated with both GDP per capita and female education.^{29–31}

Analysis

Because of the nature of the repeated measurements conducted in our study design, we used linear mixed models (SAS Proc Mixed) with a spatial power covariance structure and a correlation that decreased over time to accommodate the possible problem of a serial

correlation of errors.³² In cross-national longitudinal studies, it is common to have missing assessment waves within or across countries. We used this statistic model because a spatial power covariance structure accounts for uneven spacing of follow-up assessments. A spatial power model is similar to an autoregressive model in that observations closer in time are more correlated than observations farther apart, but it does not require the time between observations to be equal. Therefore, this model can accommodate different missing data points within or across countries. We also examined multicollinearity in the regression models by estimating the variance inflation factor and tolerance, and detected no multicollinearity problem.

Our mediation analyses followed the approach outlined by Baron and Kenny³³ to assess whether environmental variables (ecological footprints and CO₂ emissions) were the mediators between the independent variables (economic variables) and the dependent variables (health outcome variables). The first step is to regress the dependent variable on the independent variables to confirm that the independent variable (economic variables) is a significant predictor of the dependent variable (health outcome variables). The second step is to regress the mediator on the independent variable to confirm that the independent variable (economic variables) is a significant predictor of the mediator (environmental variables). The third step is to regress the dependent variable (health outcome variables) on both the independent variable (economic variables) and the mediator (environmental variables). If the relationship between the independent variable (economic variables) and the dependent variable (health outcome variables) disappears, then a mediating relationship is established. In our analyses, models were, first, fitted with economic variables and demographic variables. Then, models were fitted with economic variables, environmental variables and demographic variables. Last, we examined the relationship between the mediator and the outcome by regressing environmental variables on economic variables and demographic variables.

All of the analyses were conducted separately according to the geographical location of the countries because the geographical and historical circumstances of nations shape the relationship between economic variables and mortalities. We separated the analyses into three regions: sub-Saharan Africa, Latin America and other regions.

RESULTS

In table 1, descriptive statistics for the study variables, separated by three regions (sub-Saharan Africa, Latin America and others), are shown. The levels of debt, foreign investment, rural population, population growth, IMR and U5MR were highest in sub-Saharan Africa. By contrast, the levels of exportation to high-income

countries, manufacturing economic activities, export intensity, female education, GDP per capita, democracy, health services, physician density, assisted birth delivery, immunisation coverage, access to safe water, CO₂ emissions and the ecological footprints were lower in sub-Saharan Africa than those in other regions.

Table 2 shows the results of the regression analyses, in which repeated measurements were conducted to examine the inter-relationship among economic characteristics, the ecological footprints, CO₂ emissions and IMRs. The results are reported separately for the three regions. Models 1–3 revealed that debt ($\beta=0.0001$) was positively associated with IMRs in sub-Saharan Africa, both before and after including the ecological footprints and CO₂ emissions. In Latin America, export intensity ($\beta=-0.0006$) and foreign investment ($\beta=-0.002$) were both negatively associated with the IMRs in all models. Contrary to our prediction, in other regions, debt ($\beta=-0.0003$), export intensity ($\beta=-0.0007$ in model 2 and $\beta=-0.0008$ in model 3) and foreign investment ($\beta=-0.001$) were negatively associated with IMRs.

Table 3 shows the effects of economic characteristics, the ecological footprints and CO₂ emissions on the U5MRs. Models 1–3 revealed that debt ($\beta=0.0001$) and manufacturing economic activities ($\beta=0.002$) both contributed to the increase in the U5MRs in sub-Saharan Africa, before as well as after we added the environmental factors in the models. In Latin America, although manufacturing economic activities ($\beta=0.002$) were positively associated with U5MRs, export intensity ($\beta=-0.0007$) and foreign investment ($\beta=-0.002$) were negatively associated with the U5MRs. In other regions, debt ($\beta=-0.0003$), export intensity ($\beta=-0.0008$ in model 2 and $\beta=-0.0009$ in model 3) and foreign investment ($\beta=-0.002$ in model 2 and $\beta=-0.001$ in model 3) were unexpectedly and negatively associated with the U5MRs, whereas per capita CO₂ emissions ($\beta=0.019$) were positively associated with the U5MRs.

According to tables 2 and 3, the ecological footprints and CO₂ emissions per capita were not mediators between economic characteristics and health outcomes, because the coefficients of the economic variables were insubstantially changed after we added the ecological footprints and CO₂ emissions to the regression models. Nevertheless, several economic characteristics, which are listed in table 4, can change the level of the ecological footprints and per capita CO₂ emissions. The outcome variables of the ecological footprints and CO₂ emissions per capita in table 4 were log-transformed for normality. The results suggested that in sub-Saharan Africa, export intensity was negatively associated with the ecological footprints ($\beta=-0.002$) and positively associated with CO₂ emissions ($\beta=0.004$), suggesting that the export intensity affected the level of material consumption in that region. By contrast, in Latin America, foreign investment was negatively associated with CO₂ emissions ($\beta=-0.003$). In other regions, the percentage of exports to

Table 1 Description of economic variables, demographic and health services variables, environmental variables and health outcomes, years 1980–2010

Variables	Sub-Saharan Africa (N=675)			Latin America (N=297)			Others (N=525)		
	Mean	Minimum	Maximum	Mean	Minimum	Maximum	Mean	Minimum	Maximum
Economic variables									
Debt (%)	106.28	5.63	1252.43	79.10	17.82	825.65	54.35	0.24	355.54
Export to high-income countries (%)	67.00	6.76	98.82	67.14	14.14	96.73	62.41	6.06	96.64
Manufacturing activities (%)	9.98	1.87	37.16	17.58	3.68	31.96	17.61	0.00	96.58
Export intensity (%)	24.64	3.21	85.12	31.62	6.82	127.56	32.44	3.28	77.92
Demographic and health service variables									
Foreign investment (%)	29.01	0.00	811.21	19.38	0.07	83.11	21.46	0.02	132.27
Rural population (%)	69.46	16.04	95.31	41.74	16.57	71.69	57.68	17.53	93.65
Female education (%)	80.10	16.73	158.72	111.21	92.36	149.92	93.53	31.15	125.30
GDP per capita (constant 2005 international dollar)	1682	207	17 441	5280	1563	12 905	3486	577	12 564
Democracy	−0.34	−9.00	9.00	5.74	−8.00	9.00	0.40	−10.00	9.00
Population growth (%)	2.73	−7.53	9.77	1.66	−0.91	3.10	1.52	−2.40	11.18
Health services	2.03	1.00	4.50	3.72	2.00	5.00	3.64	1.00	5.00
Physician density (per 1000 people)	0.11	0.01	0.86	0.99	0.11	2.89	1.35	0.03	4.41
Assisted birth delivery (%)	46.25	5.60	91.20	76.39	40.60	99.10	74.01	7.40	100.00
Immunisation coverage (%)	59.28	1.00	99.00	79.40	13.00	99.00	77.02	1.00	99.00
Access to safe water (%)	58.62	15.00	95.00	84.29	52.00	97.00	85.02	31.00	100.00
Environmental variables									
Ecological footprints (global hectares)	1.35	0.61	2.82	2.24	0.98	4.46	1.44	0.53	4.38
CO ₂ emissions (metric tons per capita)	0.54	0.01	10.12	1.51	0.41	4.38	2.19	0.03	14.63
Health outcomes									
Under-5 mortality (per 1000 live births)	149.31	27.00	320.30	48.51	16.30	160.10	58.40	10.70	193.80
Infant mortality (per 1000 live births)	89.62	22.70	153.80	37.41	14.00	106.00	45.09	9.20	127.40

GDP, gross domestic product.

Table 2 Effects of economic characteristics, ecological footprints and CO₂ emissions on infant mortality rates

	Sub-Saharan Africa (N=675)			Latin America (N=297)			Others (N=525)		
Variables	Model 1	Model 2	Model 3	Model 1	Model 2	Model 3	Model 1	Model 2	Model 3
Economic variables									
Debt (%)	0.0001*† (0.00003)	0.0001* (0.00003)	0.0001* (0.00003)	0.0001 (0.0001)	0.0001 (0.0001)	0.0001 (0.0001)	−0.0003* (0.0001)	−0.0003* (0.0001)	−0.0003* (0.0001)
Export to high-income	0.0001 (0.0001)	0.0001 (0.0001)	0.0001 (0.0001)	−0.00003 (0.0002)	−0.00002 (0.0002)	−0.00003 (0.0002)	−0.00002 (0.0002)	−0.00001 (0.0002)	−0.00003 (0.0002)
Countries (%)	0.0010 (0.0007)	0.001 (0.0007)	0.001 (0.0007)	0.002 (0.0009)	0.002 (0.0009)	0.002 (0.0009)	0.0001 (0.0003)	0.0001 (0.0003)	−0.00003 (0.0003)
Manufacturing activities (%)	−0.0001 (0.0002)	−0.0001 (0.0002)	−0.0001 (0.0002)	−0.0006* (0.0003)	−0.0006* (0.0003)	−0.0006* (0.0003)	−0.0007* (0.0003)	−0.0007* (0.0003)	−0.0008* (0.0003)
Export intensity (%)	−0.0001 (0.0001)	−0.0001 (0.0001)	−0.0001 (0.0001)	−0.002* (0.0004)	−0.002* (0.0004)	−0.002* (0.0004)	−0.001* (0.0002)	−0.001* (0.0002)	−0.001* (0.0002)
Foreign investment (%)	−0.0001 (0.0001)	−0.0001 (0.0001)	−0.0001 (0.0001)	−0.002* (0.0004)	−0.002* (0.0004)	−0.002* (0.0004)	−0.001* (0.0002)	−0.001* (0.0002)	−0.001* (0.0002)
Demographic and health service variables									
Rural population (%)	0.027* (0.002)	0.028* (0.002)	0.028* (0.002)	0.053* (0.003)	0.053* (0.003)	0.052* (0.003)	0.033* (0.003)	0.033* (0.003)	0.033* (0.003)
Female education (%)	−0.0007* (0.0002)	−0.0007* (0.0002)	−0.0007* (0.0002)	0.0008 (0.0005)	0.0008 (0.0005)	0.0008 (0.0005)	−0.0006 (0.0003)	−0.0006* (0.0003)	−0.0006* (0.0003)
GDP per capita	−0.00001 (0.00001)	−0.00001* (0.00001)	−0.00001 (0.00001)	−0.00003* (0.00001)	−0.00003* (0.00001)	−0.00003* (0.00001)	−0.0001* (0.00001)	−0.0001* (0.00001)	−0.0001* (0.00001)
Democracy	−0.0007 (0.0005)	−0.0007 (0.0005)	−0.0007 (0.0005)	0.002* (0.0008)	0.002* (0.0008)	0.002* (0.0008)	0.0003 (0.0007)	0.0002 (0.0007)	0.0002 (0.0007)
Population growth	0.002 (0.002)	0.002* (0.0020)	0.002 (0.002)	0.088* (0.024)	0.087* (0.024)	0.088* (0.024)	0.005 (0.003)	0.004 (0.003)	0.005 (0.003)
Health services	−0.007 (0.004)	−0.007* (0.004)	−0.007 (0.004)	−0.009* (0.004)	−0.009* (0.004)	−0.009* (0.004)	−0.022* (0.006)	−0.022* (0.006)	−0.021* (0.006)
1980s‡	−0.007 (0.008)	−0.007 (0.008)	−0.007 (0.008)	−0.015 (0.009)	−0.015 (0.009)	−0.015 (0.009)	−0.056* (0.011)	−0.055* (0.011)	−0.056* (0.011)
1990s	0.006 (0.006)	0.006 (0.006)	0.006 (0.006)	−0.001 (0.007)	−0.0008 (0.007)	−0.001 (0.007)	−0.030* (0.009)	−0.029* (0.009)	−0.030* (0.009)
Environmental variables									
Ecological footprint		0.006 (0.007)			−0.006 (0.009)			0.004 (0.005)	
CO ₂ emissions			−0.0013 (0.0040)			−0.0037 (0.0106)			0.0181 (0.0051)

*p<0.05.

†Regression coefficient.

‡Reference group: year >2000.

GDP, gross domestic product.

high-income countries ($\beta=-0.003$) and export intensity ($\beta=0.003$), were negatively and positively associated, respectively, with the ecological footprints. Debt ($\beta=-0.002$) and export intensity ($\beta=0.003$) were negatively and positively associated, respectively, with per capita CO₂ emissions.

DISCUSSION

This study applied the ecological unequal exchange theory to examine the relationship between economic factors and population health. The ecological unequal exchange theory was partially supported, and was more applicable to sub-Saharan Africa than to other regions. We determined that debt increases the IMRs and the U5MRs, whereas manufacturing economic activities increase the U5MRs in sub-Saharan Africa. External

debt difficulties have historically plagued countries in sub-Saharan Africa, according to numerous studies.³⁴ Researchers have emphasised that debt consumes a disproportionate amount of scarce resources at the expense of the provision of healthcare services. Thus, to pay back their debt, countries in sub-Saharan Africa agreed to implement structural economic reforms, which included the liberalisation of trade, major cuts to social and health expenditures, and the privatisation of basic services.³⁵ Only a few empirical studies have analysed the influence of debt on population health in sub-Saharan Africa, but they all agreed that debt exerted deleterious effects on various health measures.³⁶ The current study also demonstrated that manufacturing economic activities contribute to the increase in the U5MRs in sub-Saharan Africa. Although no previous studies

Table 3 Effects of economic characteristics, ecological footprints and CO₂ emissions on under-5 mortality rates

Variables	Sub-Saharan Africa (N=675)			Latin America (N=297)			Others (N=525)		
	Model 1	Model 2	Model 3	Model 1	Model 2	Model 3	Model 1	Model 2	Model 3
Economic variables									
Debt (%)	0.0001*† (0.00004)	0.0001* (0.00004)	0.0001* (0.00004)	0.0001 (0.00005)	0.0001 (0.00005)	0.0001 (0.00005)	-0.0003* (0.0001)	-0.0003* (0.00014)	-0.0003* (0.0001)
Export to high-income Countries (%)	0.0001 (0.0001)	0.0001 (0.0001)	0.0001 (0.0001)	-0.0001 (0.0002)	-0.00003 (0.0002)	-0.00005 (0.0002)	-0.0001 (0.0002)	-0.0001 (0.0002)	-0.0001 (0.0002)
Manufacturing activities (%)	0.002* (0.0009)	0.002* (0.0009)	0.002* (0.0009)	0.002* (0.001)	0.002* (0.001)	0.002* (0.001)	0.0001 (0.0003)	0.0001 (0.0003)	0.00001 (0.0003)
Export intensity (%)	-0.0001 (0.0003)	-0.0001 (0.0003)	-0.0001 (0.0003)	-0.0007* (0.0003)	-0.0007* (0.0003)	-0.0007* (0.0003)	-0.0008* (0.0003)	-0.0008* (0.0003)	-0.0009* (0.0003)
Foreign investment (%)	-0.0001 (0.0001)	-0.0001 (0.0001)	-0.0001 (0.0001)	-0.002* (0.0004)	-0.002* (0.0004)	-0.002* (0.0004)	-0.002* (0.0003)	-0.002* (0.0003)	-0.001* (0.0003)
Demographic and health service variables									
Rural population (%)	0.031* (0.003)	0.031* (0.003)	0.031* (0.003)	0.059* (0.003)	0.059* (0.003)	0.059* (0.003)	0.037* (0.003)	0.036* (0.003)	0.036* (0.003)
Female education (%)	-0.0009* (0.0002)	-0.0008* (0.0002)	-0.0009* (0.0002)	0.0009 (0.0005)	0.0009 (0.0005)	0.0009 (0.0005)	-0.0007* (0.0003)	-0.0007* (0.0003)	-0.0008* (0.0003)
GDP per capita	-0.00001 (0.00001)	-0.00001 (0.00001)	-0.00001 (0.00001)	-0.00003* (0.00001)	-0.00003* (0.00001)	-0.00003* (0.00001)	-0.0001* (0.00001)	-0.0001* (0.00001)	-0.0001* (0.00001)
Democracy	-0.0008 (0.0007)	-0.0008 (0.0007)	-0.0008 (0.0007)	0.002* (0.0008)	0.002* (0.0008)	0.002* (0.0008)	0.0002 (0.0008)	0.0002 (0.0008)	0.0002 (0.0008)
Population growth	0.002 (0.003)	0.002 (0.003)	0.002 (0.003)	0.096* (0.025)	0.095* (0.025)	0.096* (0.025)	0.005 (0.003)	0.005 (0.003)	0.005 (0.003)
Health services	-0.014* (0.005)	-0.014* (0.005)	-0.014* (0.005)	-0.011* (0.004)	-0.011* (0.004)	-0.011* (0.004)	-0.026* (0.006)	-0.026* (0.006)	-0.025* (0.006)
1980s‡	-0.008 (0.010)	-0.009 (0.010)	-0.008 (0.010)	-0.016 (0.010)	-0.016 (0.010)	-0.016 (0.010)	-0.061* (0.012)	-0.060* (0.012)	-0.061* (0.012)
1990s	0.007 (0.007)	0.007 (0.007)	0.007 (0.007)	-0.002 (0.007)	-0.002 (0.007)	-0.002 (0.007)	-0.033* (0.010)	-0.032* (0.010)	-0.033* (0.010)
Environmental variables									
Ecological footprint		0.007 (0.010)			-0.008 (0.010)			0.005 (0.0006)	
CO ₂ emissions			-0.0007 (0.005)			-0.003 (0.011)			0.019* (0.006)

*p<0.05.

†Regression coefficient.

‡Reference group: year >2000.

GDP, gross domestic product.

have assessed the effects of manufacturing economic activities on IMRs or U5MRs, several reports have suggested that low-income countries with a large industrial sector exhibit high per capita levels of CO₂, noxious gases and sulfur dioxide, and also produce high levels of other contaminants such as organic water pollutants, which result in high mortality and morbidity.²⁰

Similar to sub-Saharan Africa, in Latin America, manufacturing economic activities result in increased U5MRs. However, contrary to our hypothesis, the results revealed that foreign investment and export intensity contribute to reducing IMRs and U5MRs in Latin America as well as in other regions. In addition, debt was negatively associated with IMRs and U5MRs among the countries in the 'other regions' category, which included countries in Asia, the Middle East and Northern Africa. This result suggests that these economic activities reduce child mortality through positive effects on economic growth, infrastructure creation and enhanced development.^{13 37} For example, a

previous study revealed a two-way flow pattern between foreign investment and population health, suggesting that foreign investment improved the health of a population, and the healthy population subsequently increased productivity and foreign investment.³⁸ Although the beneficial influence of these economic activities seems to encourage open economic policies and increased economic involvement by foreign countries, researchers have warned that in low-income countries, the effectiveness of international trade investment depends on the political capacity of the national government, including its bargaining power and negotiation skills in its dealings with high-income countries.³⁹ Therefore, government capacity plays a major role in determining whether these economic activities can be transformed into long-term economic and structural development, which can benefit the well-being of citizens.

Although we did not determine whether the ecological footprints and per capita CO₂ emissions were the mediators between economic characteristics, and IMRs

Table 4 Effects of economic characteristics on the ecological footprints and CO₂ emissions

Variables	Sub-Saharan Africa (N=675)		Latin America (N=297)		Others (N=525)	
	Ecological footprints	CO ₂	Ecological footprints	CO ₂	Ecological footprints	CO ₂
Economic variables						
Debt (%)	0.00001† (0.0001)	−0.0002 (0.0002)	−0.0002 (0.0001)	−0.0001 (0.0002)	−0.0004 (0.0005)	−0.002* (0.0004)
Export to high-income countries (%)	0.0003 (0.0003)	0.0001 (0.0008)	0.0006 (0.0006)	0.0008 (0.0009)	−0.003* (0.0008)	0.0001 (0.0007)
Manufacturing activities (%)	−0.003 (0.002)	0.006 (0.005)	0.0003 (0.003)	−0.0001 (0.004)	0.001 (0.001)	0.002 (0.001)
Export intensity (%)	−0.002* (0.0007)	0.004* (0.002)	0.001 (0.0007)	0.002 (0.001)	0.003* (0.001)	0.003* (0.001)
Foreign investment (%)	−0.0005 (0.0003)	0.0002 (0.0008)	0.00002 (0.0010)	−0.003* (0.001)	0.002 (0.001)	0.0002 (0.0008)
Demographic variables						
Rural population (%)	−0.003 (0.003)	−0.036* (0.008)	0.008 (0.005)	−0.008 (0.007)	−0.004* (0.002)	−0.033* (0.007)
Female education (%)	−0.0008 (0.0006)	0.0008 (0.001)	0.002 (0.001)	0.002 (0.002)	0.003* (0.001)	0.002 (0.001)
GDP per capita	0.00003* (0.00001)	0.0001* (0.00004)	0.0001* (0.00002)	0.0001* (0.00002)	0.0001* (0.00001)	0.0001* (0.00002)
Democracy	0.0002 (0.002)	0.004 (0.004)	−0.001 (0.002)	−0.002 (0.003)	0.004 (0.003)	0.001 (0.003)
Population growth	0.015* (0.007)	0.009 (0.016)	−0.011 (0.054)	−0.132 (0.073)	0.008 (0.013)	−0.003 (0.010)
1980s‡	0.029 (0.025)	−0.137* (0.059)	0.030 (0.026)	0.026 (0.036)	−0.120* (0.046)	0.042 (0.038)
1990s	0.025 (0.019)	−0.132* (0.044)	0.019 (0.020)	0.012 (0.027)	−0.108* (0.038)	0.047 (0.030)

*p<0.05.

†Regression coefficient.

‡Reference group: year >2000.

GDP, gross domestic product.

and U5MRs, we discovered that export intensity increases the level of CO₂ emissions, but decreases the ecological footprints in sub-Saharan Africa. Therefore, the theoretical explanation that the unequal trade relationship results in environmental pollution and decreased material consumption in developing countries seems to be applicable to sub-Saharan Africa. By contrast, export intensity increases the ecological footprints and the per capita CO₂ emissions in other countries in Asia, the Middle East and Northern Africa. Although CO₂ emissions increase in these countries because of the effects of exports, these countries are capable of using their resources to increase economic growth and improve the living standard of the population. In addition, our results suggest that in other regions, an increased percentage of exports to high-income countries can reduce the ecological footprints in these countries. This finding suggests that the export of natural resources, goods and services from low-income countries could greatly influence the environmental and structural contexts, and further decrease the living standards of low-income countries. Similar results have been reported in a previous study.⁵

The findings of this study have several limitations. First, the choice of indicators, which were strongly influenced by the available data, may have resulted in the exclusion of relevant variables. Missing data in the available data sets may also have been a problem. Difficulties in collecting data from low-income countries have been documented in relevant studies.¹⁹ Second, although the ecological footprint is a powerful communication tool, and has been widely used to measure material consumption, this indicator was criticised for neglecting numerous ecological demands.⁴⁰ Third, this is a repeated cross-sectional study; therefore, the causal relationship between the economic variables and outcomes should be interpreted cautiously.

CONCLUSION

This study demonstrated that the inter-relationship among economic factors, IMRs, U5MRs, ecological footprints and CO₂ emissions differed by geographical location. Future research should therefore incorporate additional indicators delineating various economic and social contexts, and replicate the studies over time and

in various settings. The present study also revealed that policymakers should consider the importance of protecting the environment in addition to economic reactivation and growth. In various historical and cultural contexts, no single solution exists to address the balance between environmental conservation and economic development.

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Appendix 1: Countries and Years of Data Collection

Country	Year	Number of Years
Sub-Saharan Africa		
Burundi	1982–2010	29
Benin	1991–2007	17
Burkina Faso	1990–2008	19
Central African Republic	1980–1984, 1987–1994, 1999–2005	20
Cameroon	1987–2009	23
Congo, Rep.	1981–2010	30
Comoros	1989–2010	22
Ethiopia	1991–2010	20
Gabon	1983–1998, 2003–2006	20
Ghana	1982–2010	29
Guinea	1986–2010	25
Kenya	1982–2010	29
Liberia	1997–2002, 2004–2010	13
Madagascar	1982–2010	29
Mali	1983–2009	27
Mozambique	1988–2010	23
Malawi	1981–1986, 1988–2010	29
Niger	1982–1986, 1988–2005	23
Nigeria	2000–2008	9
Rwanda	1981–1984, 1989–1994, 1997–2010	24
Senegal	1984–2010	27
Sierra Leone	1999–2003	5
Chad	1984–2010	27
Togo	1982–2010	29
Tanzania	1988–2010	23
Uganda	1981–2010	30
South Africa	1992–2010	19
Congo, Dem. Rep.	1985–2010	26
Zambia	1981–1990, 1992–2010	29
Total		675
Latin America		
Bolivia	1981–1992, 1994–2010	29
Brazil	1987–1991, 1997–2007	16
Colombia	1982–2010	29
Dominican Republic	1982–1988, 1998–2010	20
Ecuador	2000–2010	11
Guatemala	1999–2010	12
Guyana	1982–2007	26
Honduras	1981–2010	30
Mexico	1985–2010	26
Nicaragua	1992–2010	19
Peru	1984–1987, 1989–2010	26
Paraguay	1981–2010	30
El Salvador	1988–2010	23
Total		297
Other Regions		
Albania	1994–2010	17
Armenia	1992–1996, 1999–2010	17
Azerbaijan	1994–2010	17
Bangladesh	1982–1992	11
Egypt	1980–2010	31
Indonesia	2002–2010	9
India	1983–2010	28
Jordan	1980–1986, 1988–2010	30
Kazakhstan	1993–2010	18
Kyrgyz Republic	1992–2007	16
Cambodia	1991–2010	20

Sri Lanka	1982–2010	29
Morocco	1982–2010	29
Moldova	1991–2010	20
Nepal	1981–2004	24
Pakistan	1980–1992, 1998–2010	26
Philippines	1981–2010	30
Thailand	1982, 1983, 1989–1995, 1997–2010	23
Tunisia	1981–2010	30
Turkey	1981–2010	30
Ukraine	1991–2010	20
Uzbekistan	1992–2010	19
Vietnam	1987, 1988, 1996–2010	17
Yemen	1997–2010	14
Total		525
Grand Total		1497