

# Interaction between air pollution exposure and genes in relation to levels of inflammatory markers and risk of myocardial infarction

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## ABSTRACT

**Objectives:** Air pollution exposure induces cardiovascular effects, possibly via systemic inflammation and coagulation misbalance. Genetic variation may determine individual susceptibility. Our aim was to investigate effect modification by inflammation (*Interleukin6* (*IL6*), *tumour necrosis factor-α* (*TNF-α*)) and coagulation (*fibrinogen Bβ*, *plasminogen activator inhibitor-1* (*PAI-1*)) gene variants on the effect of long-term or short-term air pollution exposure on both blood marker levels and non-fatal myocardial infarction (MI) risk.

**Design:** Population-based case–control study with a nested case–crossover study. Gene–environment interactions for short-term and long-term air pollution on blood marker levels were studied in population controls, for long-term exposure on MI risk using case–control design, and for short-term exposure on MI onset using case–crossover design.

**Setting:** The Stockholm Heart Epidemiology Programme (SHEEP) conducted in 1992–1994 in Stockholm, Sweden. Spatial modelling was used to assess long-term (up to 30 years retrospectively) air pollution exposure to traffic-NO<sub>2</sub> and heating-SO<sub>2</sub> emissions at home addresses. Urban background NO<sub>2</sub>, SO<sub>2</sub>, PM<sub>10</sub> and O<sub>3</sub> measurements were used to estimate short-term (up to 5 days) air pollution exposure.

**Participants:** 1192 MI cases and 1506 population controls aged 45–70 years.

**Outcomes:** The levels of blood markers of inflammation (*IL-6*, *TNF-α*) and coagulation (*fibrinogen*, *PAI-1*) and MI risk.

**Results:** We observed gene–environment interaction for several *IL6* and *TNF* SNPs in relation to inflammation blood marker levels. One-year traffic-NO<sub>2</sub> exposure was associated with higher *IL-6* levels with each additional *IL6*-174C allele, and 1-year heating-SO<sub>2</sub> exposure with higher levels of *TNF-α* in *TNF*-308AA homozygotes versus –308G carriers. Short-term air pollution exposure also interacted with *IL6* and *TNF* in relation to marker levels. The risk of MI followed the effect on blood markers in each genotype group.

**Conclusions:** Genetic variants in *IL6* and *TNF* may modify effects of long-term and short-term air pollution exposure on inflammatory marker levels and MI risk.

## ARTICLE SUMMARY

### Strengths and limitations of this study

- This is the first study to investigate gene–environment interactions in relation to inflammatory response in a general population, with a simultaneous link to myocardial infarction risk in the same population. We addressed a broad spectrum of air pollution exposure by type (NO<sub>2</sub>, SO<sub>2</sub>, PM<sub>10</sub>, O<sub>3</sub>) and timing (30 years to 12 h).
- We primarily focused on identifying consistent interaction patterns, but the multitude of performed tests warrants careful interpretation. Single blood marker measurement was used per participant, and fatal myocardial infarction cases were not included in the study due to the unavailability of blood samples.

## INTRODUCTION

Cardiovascular disease is a chronic condition associated with inflammation. Both genetic and environmental factors are involved in its pathogenesis. Inflammation is induced by a range of factors including air pollution exposure, and genetic variation may determine the type and intensity of an individual's inflammatory response to environmental stimuli. Air pollutants cause the release of pro-oxidative and proinflammatory mediators from the lungs, and it has been suggested that some constituents, such as the smallest (nanosize) particles, may enter directly into the systemic circulation<sup>1</sup> and interact with the endothelium or have direct effects on atherosclerotic plaques and cause local oxidative stress and proinflammatory effects.<sup>2</sup>

Long-term and short-term exposure to air pollution have been associated with cardiovascular morbidity and mortality.<sup>1</sup> We have previously reported in this study population an association between long-term exposure to air pollution and fatal myocardial



infarction, especially out-of-hospital deaths.<sup>3</sup> The risk of developing MI was also associated with increased levels of blood markers of inflammation (Interleukin6 (IL-6), tumour necrosis factor- $\alpha$  (TNF- $\alpha$ ), C reactive protein (CRP)) and coagulation (fibrinogen, plasminogen activator inhibitor-1 (PAI-1)).<sup>4–7</sup> Further, in the population controls of our study sample, long-term exposure to traffic-related and heating-related air pollution was associated with increased levels of inflammatory markers (IL-6 and CRP) and short-term exposure to ambient NO<sub>2</sub> and PM<sub>10</sub> with a suggested increase in IL-6, TNF- $\alpha$  and CRP.<sup>8</sup> In another study, investigating MI survivors in six European cities, short-term exposure to particulate matter was associated with increased levels of IL-6 and fibrinogen,<sup>9</sup> and certain genetic variants (single nucleotide polymorphisms (SNPs)) in *IL6* were also associated with increased IL-6 levels.<sup>10</sup> An obvious follow-on question is whether individual genetic make-up can modify an individual's response to air pollution on intermediate biomarkers such as plasma levels of inflammatory and coagulation markers, as well as on the development or acute onset of MI. In MI survivors of the study conducted in six European cities, *IL6* (rs2069832, intron) and *Fibrinogen B $\beta$*  (rs1800790, promoter) variants were indeed seen to modify the effect of air pollution exposure on the levels of IL-6.<sup>11</sup> The aim of our study was to investigate, in an adult general population sample and MI cases from the same population, the potential effect modification by genetic variants in genes related to inflammation (*IL6*, *TNF*) and coagulation (*FGB*, *PAI-1*) on the effects of long-term and short-term exposure to air pollution on blood marker levels and the risk of MI.

## MATERIALS AND METHODS

### Study population

We studied participants with available data on genotypes and blood marker levels from a population-based case-control study (SHEEP) described in detail elsewhere.<sup>12</sup> SHEEP included all first-time MI cases aged 45–70 years identified in the study base (Stockholm County during 1992–1994). Controls matched on sex, age ( $\pm 5$  years) and hospital catchment area were randomly selected from the study base. Gene-environment interaction

effects on biomarkers were studied only in the population controls, since the levels of inflammatory and coagulation blood markers in MI cases might be affected by their recent MI and specific medications. Effects on MI for long-term air pollution exposure were assessed using controls and non-fatal MI cases (who survived 28 days and thus provided blood samples for analysis), and for short-term air pollution exposure in MI cases only (table 1). Fatal MI cases and their controls were not included in the study due to unavailability of blood samples. The study was approved by the Ethical Committee at Karolinska Institutet and all subjects gave informed consent.

### Risk factors and genotypes

Data on lifestyle factors including heredity, diet, physical activity, job strain, smoking status and other cardiovascular risk factors were collected by questionnaire. Blood samples, blood pressure and anthropometric measurements were obtained during medical examinations at outpatient clinics performed in the morning. Participants were asked not to eat during the preceding night and until the blood sampling. Family history of coronary heart disease (CHD) was defined as having one or more first-degree relatives affected by CHD before age 65. Physical inactivity was defined as reported inactive leisure time, including at most occasional walks, during the last 5–10 years. Participants receiving antihypertensive treatment according to the questionnaire or with systolic blood pressure  $\geq 140$  mm Hg or diastolic blood pressure  $\geq 90$  mm Hg at examination were classified as hypertensive. Diabetes mellitus was classified either based on questionnaire-reported use of insulin or other drug or diet treatment, or if newly discovered at examination (reported insulin or drug treatment or elevated fasting blood glucose). Job strain was assessed with the Swedish version of the Karasek-Theorell questionnaire,<sup>13</sup> and considered present if a participant scored above 0.765 (75th centile among controls).<sup>12</sup> Current smoking was defined as reported smoking within the last year. Participants who had stopped smoking more than 1 year before inclusion were designated as ex-smokers. Routine blood analyses were performed to determine the levels of low-density lipoprotein (LDL) cholesterol,

**Table 1** Overview of the studied populations and statistical methods in relation to exposures and outcomes in the SHEEP study in Stockholm 1992–1994

Outcome	Air pollution exposure	
	Long-term	Short-term
Blood markers	Population controls (n=1506) Linear regression Models adjusted for age and sex	Population controls (n=1506) Linear regression Models adjusted for age, sex, ambient temperature
Myocardial infarction	Controls and non-fatal MI cases (n=2698) Logistic regression (case-control design) Models adjusted for age, sex, hospital catchment area	Non-fatal MI cases (n=1192) Conditional logistic regression (case-crossover design) Models adjusted for ambient temperature (+ age and sex by design)

high-density lipoprotein (HDL) cholesterol, triglycerides and insulin. CRP was measured using a high sensitivity immunonephelometric assay (Dade-Behring, Marburg, Germany).<sup>4</sup>

Selected genes and SNPs were candidate genes for involvement in individual susceptibility to cardiovascular disease, focusing on known SNPs with functional importance. Variants in the genes *IL6*, *TNF*, *fibrinogen B $\beta$*  and *PAI-1* have been linked to the increased levels of the respective blood markers,<sup>4-6 14 15</sup> which in turn are associated with increased risk of cardiovascular disease.<sup>4-7</sup> At the same time, the inflammatory and coagulation blood markers are involved in a systemic response to air pollution.<sup>1</sup> Specifically, we investigated *IL6* with SNPs -598G/A (rs180797), -573G/C (rs1800796), -174G/C (rs1800795); *TNF* with SNPs -1031 T/C (rs1799964), -863C/A (rs1800630), -857C/T (rs1799724), -308G/A (rs1800629), -238G/A (rs3615525); *fibrinogen B $\beta$*  (*FGB*) with SNP -455G/A; and *PAI-1* with SNP -675 4G/5G. Genetic analyses of *IL6* and *TNF* were performed using dynamic allele-specific hybridisation,<sup>4 5</sup> and *FGB* and *PAI-1* polymorphisms were analysed with the PCR method.<sup>6 7</sup>

### Air pollution exposure

Long-term exposure to source-specific air pollution was estimated at each participant's historical home addresses using a geographical information system as described previously.<sup>3 16</sup> Briefly, source-specific emission databases were established for 1960, 1970, 1980 and 1990, providing information for dispersion modelling of outdoor levels of locally emitted air pollutants. All addresses inhabited by study participants for more than 2 years were transformed into geographical coordinates, and calibrated dispersion models for air pollution were used to estimate the annual mean level at each address. We calculated average exposures for the preceding 1, 5 and 30 years before study inclusion. Individuals with at least 4 or 25 years of address information were included in the 5-year and 30-year analyses, respectively, and missing air pollution data resulting from unknown residency were replaced by the mean among the controls for that calendar-year.<sup>3</sup> For the 1-year mean, missing address information was not accepted. We analysed two air pollutants characterising different exposure sources: NO<sub>2</sub> from local traffic emissions (traffic-NO<sub>2</sub>) as a marker of the mixture of vehicle emissions, and SO<sub>2</sub> from local residential combustion heating (heating-SO<sub>2</sub>) as a marker mainly reflecting oil combustion.

Short-term air pollution exposure measures were based on routine rooftop measurements of urban background NO<sub>2</sub>, SO<sub>2</sub>, PM<sub>10</sub> and O<sub>3</sub> in central Stockholm. Ambient temperature was also measured at the same location. PM<sub>10</sub> measurements started in the spring of 1994 and PM<sub>10</sub> exposure could thus only be calculated from that point in time. Average exposures to air pollutants as well as ambient temperature were calculated for the intervals of 0-12, 12-24, 0-48 and 0-120 h before the index time point. The index time point was the

hour of blood sampling for assessment of effects on blood markers, and the hour of MI symptoms onset or the corresponding control time point for assessment of MI risk in the case-crossover analysis.<sup>17</sup> We estimated control intervals for each case using a time-stratified approach: within the calendar month of MI occurrence, all time points on weekdays corresponding to the time and weekday of MI onset were considered as control periods for a case period.<sup>18</sup> Exposure intervals with 75% or more of hourly measurements available were included and the interval mean was calculated from the available values.

### Health outcomes

Serum IL-6 was measured using an ELISA (IL-6 Eli-pair, Diaclone Research, Besancon, France).<sup>4</sup> Serum TNF- $\alpha$  was detected with the Quantikine HS human TNF- $\alpha$  kit (R&D Systems, Minneapolis, New Mexico, USA).<sup>5</sup> An assay of fibrinogen fibrin polymerisation time (FPT test) following a method previously described<sup>19</sup> was used to measure plasma fibrinogen levels,<sup>6</sup> and the Spectrolyze PAI-1 kit (Biopool AB, Umea, Sweden) was used for determining PAI-1 activity in citrated plasma samples.<sup>7</sup>

First-time MI cases were identified using standard diagnostic criteria.<sup>12</sup> The present study includes only cases who survived 28 days after their MI. The time of MI symptoms onset was determined primarily using information from the medical clinic about the time of symptom onset or admission, or alternatively the admission date was obtained from the National Hospital Discharge Registry. Blood samples were taken from cases and controls about 3 months after disease onset in the case.

### Statistical analysis

Linear regression models were used only in the population control sample to estimate effects of air pollution on the levels of *blood markers*, which were log-transformed to achieve a closer to normal distribution. Estimated air pollution effects were calculated as a change in the log level of an outcome blood parameter (for describing the results, the change in the outcome was back-transformed and presented as per cent change) per standardised unit change in the respective air pollutant.

Logistic regression models were used in the case-control sample, comprising MI cases and population controls, to assess the relative *risk of developing MI*, estimated as ORs. Effects of short-term air pollution exposure on the risk of MI onset were assessed only in the MI cases using the case-crossover design, with ORs estimated by conditional logistic regression models.

For better comparability across analyses, all air pollution effect estimates are given as per a standardised unit change in the air pollutant, where the unit change corresponds to the difference between the 5th and 95th centiles of the exposure distribution among controls with no missing data (for blood marker analyses) or all



intervals with no missing data (for case-crossover MI analysis)—that is, low versus high population exposure.

The analysis of *gene–environment interactions* was performed in two steps. First, we used likelihood ratio testing (LRT) to assess the significance of models with interaction, compared to models containing just air pollution and genetic variables without the interaction term. Each SNP was assessed in additive (allelic), dominant and recessive genetic models in order to optimise statistical power since these are 1 degree of freedom tests. When a particular SNP was significant in several LRT tests (in studied time intervals and genetic models), we selected the best-fitting model based on the LRT significance level. Second, we performed a graphical assessment to confirm the interaction pattern and best-fitting genetic model based on the data. Thus, figures were created based on an unconstrained genetic model (genotype-specific risk), except for PM<sub>10</sub> exposure where, due to lower statistical power, we used the dominant genetic model for the variant allele. In our selected SNPs with significant patterns, the graphical assessment generally confirmed the selected best-fitting models well.

Models describing the genetic interaction with *long-term air pollution* were adjusted for age and sex in the analysis of blood markers in controls, and for age, sex and hospital catchment area in the case–control analysis of MI (being design variables in SHEEP). Models describing the genetic interaction with *short-term air pollution* were adjusted for age, sex and ambient temperature except in the case-crossover analysis where we adjusted only for ambient temperature since individual characteristics are controlled for by design. As a *sensitivity analysis*, significant interaction findings were additionally adjusted for sets of outcome-specific adjustment factors identified previously.<sup>3–8</sup> Adjustment factors included: age, sex, physical inactivity and level of HDL cholesterol for IL-6 models;<sup>8</sup> age and sex for TNF- $\alpha$  models;<sup>8</sup> age, sex, hospital catchment area, smoking, diabetes, physical inactivity and socioeconomic status for MI models.<sup>3</sup> However, the additional adjustment had only a minor impact on the results (data not shown) and did not alter our conclusions. Statistical analysis was performed with STATA V.9 software (StataCorp, College Station, Texas, USA).

## RESULTS

Characteristics of the study population are presented in table 2. Family history of CHD, as well as physical inactivity, diabetes mellitus, job strain and current smoking, was more frequent among cases than controls. Levels of IL-6, CRP and PAI-1 were also higher in cases. There were no obvious differences overall in the levels of long-term or short-term air pollution exposure between cases and controls (see online supplementary table S1). However, there was a suggestive non-significant association of short-term exposure to ambient NO<sub>2</sub>, SO<sub>2</sub> and

PM<sub>10</sub> with slightly increased risk of MI onset (see online supplementary table S2).

We investigated two potential pathways for gene–environmental interaction. One of them showed no clear patterns of effect (coagulation *FGB* and *PAI-1* genes), and another had a very clear pattern (inflammation *IL6* and *TNF* genes). Based on LRT tests (data not shown) of effect modification by *IL6* and *TNF* on the association of air pollution exposure with blood marker levels and the risk of MI for the different exposure intervals studied, the strongest and most consistent results were selected, and the patterns of effect across genotypes are illustrated graphically using an unconstrained genetic model (genotype-specific risk) in figures 1 and 2. Estimates for best-fitting genetic models (additive, dominant or recessive) for these associations are exemplified for 1 year average long-term exposure in table 3 and 48 h average short-term exposure in table 4. Similar patterns of interactions were seen for other long-term and short-term exposure intervals (figures 1 and 2), and estimates for best-fitting genetic models for these other long-term and short-term exposure intervals are given in online supplementary tables S3 and S4.

*Long-term air pollution* showed interactions with *IL6* and *TNF* polymorphisms in relation to the levels of the respective inflammatory blood markers in the population controls and a consistent tendency for the same pattern for MI risk estimated in the case–control sample. For example, long-term exposure to traffic-NO<sub>2</sub> interacted with *IL6*-174G/C in an additive pattern (figure 1A-I), where each additional variant C allele was associated with incremental increase in the air pollution effect on IL-6 levels (table 3). The MI risk analogously increased with each additional variant C allele for all studied exposure windows (figure 1A-II). A similar interaction pattern was seen for the *IL6*-598G/A SNP (figure 1B, table 3), which was in high linkage disequilibrium (LD) with *IL6*-174G/C ( $r^2=0.93$ ). For *TNF*, interaction with long-term air pollution was seen for *TNF*-308G/A (table 3), with the rare homozygote-308AA being associated with elevated TNF- $\alpha$  levels after long-term exposure to traffic-NO<sub>2</sub> and heating-SO<sub>2</sub> (recessive genetic pattern) and a consistent pattern seen for MI risk, although the statistical power of this analysis was limited (figure 1C,D, table 3).

The analysis of *short-term air pollution* exposure interacting with *IL6*-174G/C and *IL6*-598G/A resulted in a reverse pattern, where the variant C or A allele was associated with decreased IL-6 levels related to air pollution in the population controls (figure 2A-I and B-I). The corresponding pattern of MI risk across genotypes estimated in cases with a case-crossover analysis was relatively concordant, reflecting higher MI risks from air pollution among subjects lacking the variant allele (common –174GG and –598GG homozygotes; figure 2A-II,B-II). For these interactions, the best-fitting of the investigated genetic models was the dominant model, especially for 2-day and 5-day intervals (see online supplementary table

**Table 2** Demographics, risk factors and laboratory measurements for non-fatal myocardial infarction cases and controls from the SHEEP study in Stockholm 1992–1994

	Population controls (n=1506)			MI cases (n=1192)		
	n	Per cent		n	Per cent	
Sex (male)	1013	67.3		843	70.7	
Family history of CHD	398	26.8		497	42.6	
Physical inactivity	533	35.7		538	45.6	
Hypertension	849	56.4		609	51.1	
Diabetes mellitus	120	8.0		231	19.4	
Job strain	368	24.6		369	31.6	
Smoking status						
Never smokers	604	40.1		296	24.8	
Ex-smokers	471	31.3		313	26.3	
Current smokers	431	28.6		583	48.9	
	n	Mean (SD)	Median (min–max)	n	Mean (SD)	Median (min–max)
Age (years)	1506	60.0 (7.2)	61.0 (44.5–70.9)	1192	59.3 (7.2)	60.0 (44.5–70.9)
Body mass index (kg/m <sup>2</sup> )	1460	25.8 (3.8)	25.3 (16.6–45.3)	1192	26.8 (4.1)	26.4 (14.5–43.1)
IL-6 (ng/L)	879	5.2 (19.6)	1.1 (0–238.7)	812	8.4 (30.0)	1.4 (0–263.4)
TNF- $\alpha$ (ng/L)	1015	2.2 (1.9)	1.7 (0.3–22.8)	808	2.3 (1.9)	1.9 (0.3–26.5)
Fibrinogen (g/L)	1462	3.5 (0.7)	3.4 (1.5–9.1)	1109	3.8 (0.9)	3.6 (1.8–8.5)
PAI-1 (U/mL)	1479	15.2 (13.7)	12.0 (0–113.0)	1124	20.4 (18.9)	16.5 (0–195.0)
CRP (mg/L)	1168	2.5 (5.5)	1.2 (0–126.0)	873	4.1 (6.7)	2.0 (0.04–87.4)
LDL cholesterol, mmol/L	1489	4.0 (1.0)	3.9 (0.5–9.2)	1150	4.2 (1.0)	4.2 (1.4–8.5)
HDL cholesterol, mmol/L	1495	1.3 (0.4)	1.2 (0.4–2.9)	1172	1.1 (0.3)	1.0 (0.5–2.6)
Triglycerides, mmol/L	1503	1.5 (0.9)	1.3 (0.3–12.5)	1188	2.0 (1.5)	1.7 (0.5–19.5)
Insulin, $\mu$ U/mL	1175	10.4 (7.9)	8.0 (3.0–75.0)	884	13.8 (11.5)	10.0 (3.0–85.0)

CHD, coronary heart disease; CRP, C reactive protein; HDL, high-density lipoprotein; IL-6, interleukin-6; LDL, low-density lipoprotein; MI, myocardial infarction; PAI-1, plasminogen activator inhibitor-1; TNF- $\alpha$ , tumour necrosis factor- $\alpha$ .

S4). Furthermore, the *TNF*308AA genotype was associated with lower levels of TNF- $\alpha$  in population controls after short-term exposure to ambient SO<sub>2</sub> (figure 2C-I, table 4); again, the pattern for MI was similar in the case-crossover analysis (figure 2C-II, table 4). Two other *TNF* SNPs, -863C/A and -1031 T/C (in moderate LD,  $r^2=0.69$ ), showed interactions with short-term PM<sub>10</sub> exposure, with common homozygotes having a positive association of air pollution with TNF- $\alpha$  levels while variant allele carriers did not (table 4). This pattern was similar for MI onset (figure 2D-II,E-II).

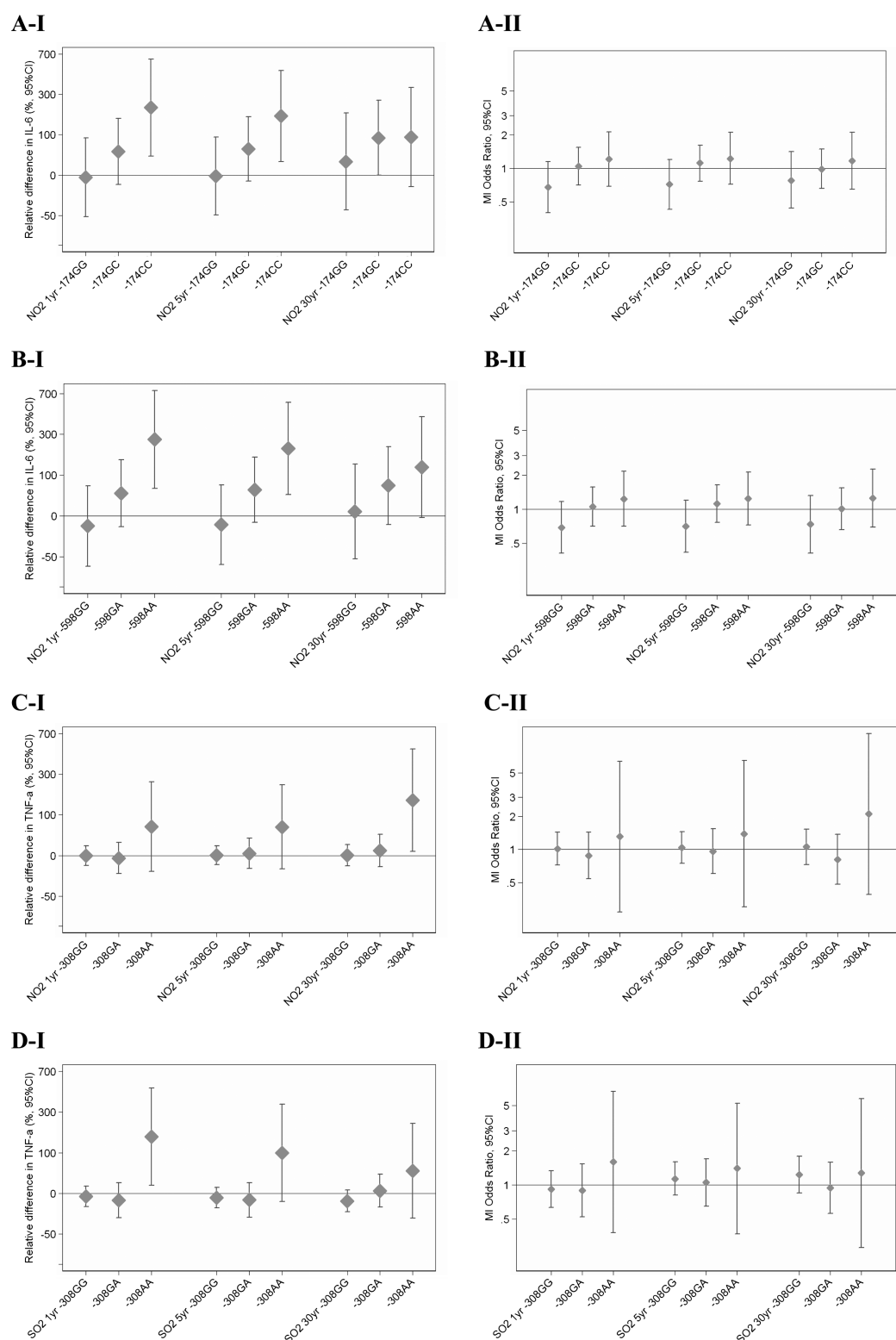
## DISCUSSION

Our findings suggest that systemic inflammatory responses to long-term and short-term air pollution can be modified by genetic polymorphisms in the inflammatory genes *IL6* and *TNF*. Although there was less strong statistical evidence of such interactions in relation to MI risk in the analysis of non-fatal MI cases, MI risk followed the same pattern of effect as for the blood markers. We did not find clear patterns of interaction with air pollution for coagulation genes *FGB* and *PAI-1*. Since no blood was available for fatal MI cases, we could not study the link between air pollution, genes and blood marker levels for fatal MI, where long-term air pollution exposure has been shown to play a greater role.<sup>3</sup>

The main effects of air pollution on blood markers and MI in the studied population were published

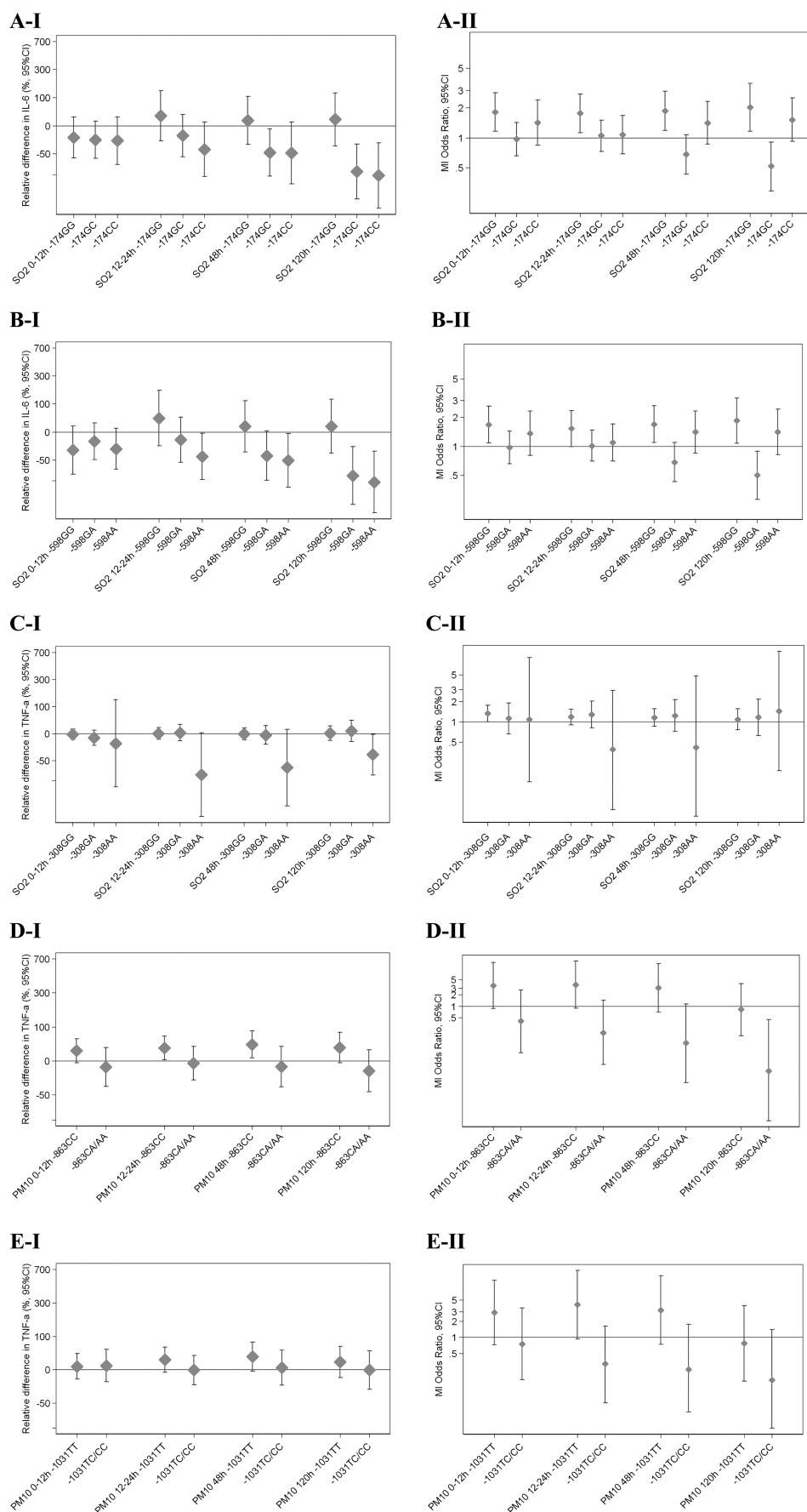
previously.<sup>3,8</sup> Briefly, long-term exposure to air pollution was associated with elevated levels of IL-6, while for short-term air pollution exposure a positive, non-significant association was reported for inflammatory markers IL-6 and TNF- $\alpha$ .<sup>8</sup> Long-term exposure to air pollution was associated with out-of-hospital death from fatal MI.<sup>3</sup> In the present analysis, no significant associations were found for short-term air pollution and non-fatal MI, although point estimates suggested a possible positive effect for all pollutants except ozone (see online supplement table S2).

Our clearest results regarding genetic modification of air pollution effects concern the *IL6* gene. Several studies, including our material, have reported an association of elevated IL-6 levels with CHD and MI,<sup>4,20</sup> and air pollution exposure<sup>8,9</sup> and genes<sup>10</sup> have also been linked to IL-6 levels. However, there is conflicting evidence for an association with MI of the widely studied *IL6*-174G/C variant.<sup>21</sup> In the present study, we observed a gene-environment interaction in a population sample for the *IL6*-174C allele, with increased IL-6 levels and a consistent trend of increased MI risk after long-term traffic-NO<sub>2</sub> exposure. On the other hand, protective effects in terms of lower IL-6 levels and risk of MI onset were noted in carriers of the -174C allele after short-term ambient SO<sub>2</sub> exposure. Similar interaction results were seen for *IL6*-598G/A, in accordance with its high LD with *IL6*-174G/C. Few studies have investigated *IL6* and its interactions with air pollution, with mixed results



**Figure 1** Gene–environment interactions of individual *IL6* or *TNF* SNPs with different measures of long-term exposure to air pollution on the respective blood marker levels in population controls (*IL-6*, *TNF*; left panels, 'I') and MI risk in the case–control sample (right panels, 'II'). Effect estimates and 95% CIs for the air pollution effect, by genotype. (A) *IL6*–174G/C and traffic- $\text{NO}_2$ . (B) *IL6*–598G/A and traffic- $\text{NO}_2$ . (C) *TNF*–308G/A and traffic- $\text{NO}_2$ . (D) *TNF*–308G/A and heating- $\text{SO}_2$ . Estimates for blood markers (A–D, I) are based on unconstrained (genotype specific) genetic models adjusted for age and sex. Estimates for the risk of MI (A–D, II) are based on unconstrained (genotype-specific) genetic models adjusted for age, sex and hospital catchment area. Effect estimates per 1 unit of change in air pollution exposure, where a unit corresponds to the difference between the 5th and 95th centiles of the exposure distribution in the population controls with no missing data;  $28.1 \mu\text{g}/\text{m}^3$  for  $\text{NO}_2$  1 year,  $28.6 \mu\text{g}/\text{m}^3$  for  $\text{NO}_2$  5 years,  $28.8 \mu\text{g}/\text{m}^3$  for  $\text{NO}_2$  30 years,  $6.8 \mu\text{g}/\text{m}^3$  for  $\text{SO}_2$  1 year,  $9.6 \mu\text{g}/\text{m}^3$  for  $\text{SO}_2$  5 years,  $39.4 \mu\text{g}/\text{m}^3$  for  $\text{SO}_2$  30 years.

**Figure 2** Gene–environment interactions of individual *IL6* or *TNF* SNPs with different measures of short-term exposure to air pollution on the respective blood marker levels in population controls (IL-6, TNF; left panels, 'I') and risk of MI onset in the cases estimated by case-crossover analysis (right panels, 'II'). Effect estimates and 95% CIs for the air pollution effect, by genotype. (A) *IL6*-174G/C and ambient SO<sub>2</sub>. (B) *IL6*-598G/A and ambient SO<sub>2</sub>. (C) *TNF*-308G/A and ambient SO<sub>2</sub>. (D) *TNF*-863C/A and ambient PM<sub>10</sub>. (E) *TNF*-1031 T/C and ambient PM<sub>10</sub>. Estimates for blood markers are based on unconstrained (genotype-specific) (A–C, I) and dominant (D–E, I) genetic models adjusted for age, sex and ambient temperature. Effect estimates per 1 unit of change in air pollution exposure, where a unit corresponds to the difference between the 5th and 95th centiles of the exposure distribution in the population controls with no missing data; 11.6 µg/m<sup>3</sup> for SO<sub>2</sub> 0–12 h, 13.9 µg/m<sup>3</sup> for SO<sub>2</sub> 12–24 h, 11.3 µg/m<sup>3</sup> for SO<sub>2</sub> 48 h, 10.0 µg/m<sup>3</sup> for SO<sub>2</sub> 120 h, 31.8 µg/m<sup>3</sup> for PM<sub>10</sub> 0–12 h, 37.6 µg/m<sup>3</sup> for PM<sub>10</sub> 12–24 h, 34.5 µg/m<sup>3</sup> for PM<sub>10</sub> 48 h, 30.2 µg/m<sup>3</sup> for PM<sub>10</sub> 120 h. Estimates for the risk of MI onset are based on unconstrained (genotype-specific) (A–C, II) and dominant (D–E, II) genetic models adjusted for ambient temperature. Effect estimates per 1 unit of change in air pollution exposure, where a unit corresponds to the difference between the 5th and 95th centiles of the exposure distribution in all intervals with no missing data; 14.0 µg/m<sup>3</sup> for SO<sub>2</sub> 0–12 h, 13.6 µg/m<sup>3</sup> for SO<sub>2</sub> 12–24 h, 11.7 µg/m<sup>3</sup> for SO<sub>2</sub> 48 h, 10.5 µg/m<sup>3</sup> for SO<sub>2</sub> 120 h, 30.9 µg/m<sup>3</sup> for PM<sub>10</sub> 0–12 h, 32.9 µg/m<sup>3</sup> for PM<sub>10</sub> 12–24 h, 26.7 µg/m<sup>3</sup> for PM<sub>10</sub> 48 h, 24.0 µg/m<sup>3</sup> for PM<sub>10</sub> 120 h.



**Table 3** Gene–environment interaction: effect of long-term air pollution exposures on blood marker levels and MI risk among subjects in Stockholm, by *IL6* and *TNF* genotypes

Gene/SNP	Minor allele frequency %	Genetic model	Exposure	Genotype stratum	Outcome: blood marker in population controls				Outcome: myocardial infarction in case–control sample			
					n	Blood marker	Air pollution effect on blood marker level, % (95% CI)*†	Interaction p Value*	Cases n	Controls n	Air pollution-related risk of MI, OR (95% CI)†‡	Interaction p Value‡
<i>IL6</i> -174 (rs1800795)	48	Add	NO <sub>2</sub> 1yr	GG	207	IL-6	–11.6 (–52.1 to +62.9)	0.02	264	358	0.7 (0.5 to 1.2)	0.12
				GC	367		+63.0 (+9.9 to +141.7)		538	709	1.0 (0.7 to 1.3)	
				CC	167		+200.6 (+48.3 to +509.7)		257	318	1.3 (0.8 to 2.1)	
<i>IL6</i> -598 (rs180797)	47	Add	NO <sub>2</sub> 1yr	GG	216	IL-6	–23.0 (–58.5 to +42.7)	0.006	267	376	0.7 (0.5 to 1.2)	0.12
				GA	334		+61.7 (+8.8 to +140.3)		508	657	1.0 (0.7 to 1.3)	
				AA	162		+239.9 (+67.5 to +589.9)		262	311	1.3 (0.8 to 2.2)	
<i>TNF</i> -308 (rs1800629)	17	Rec	NO <sub>2</sub> 1yr	GG/GA	878	TNF-α	–1.6 (–14.7 to +13.5)	0.20	1043	1336	1.0 (0.7 to 1.3)	0.72
				AA	23		+63.6 (–23.6 to +250.6)		26	45	1.3 (0.3 to 6.3)	
			SO <sub>2</sub> 1yr	GG/GA	878		–6.5 (–19.6 to +8.7)	0.02	1043	1336	0.9 (0.6 to 1.3)	0.45
				AA	23		+163.5 (+15.1 to +503.2)		26	45	1.6 (0.4 to 6.7)	

Add, additive model; rec, recessive model.

\*Adjusted for age and sex.

†Effect estimates per 1 unit of change in air pollution exposure, where unit corresponds to the difference between the 5th and 95th centiles of the exposure distribution in the population controls with no missing data: 28.1 µg/m<sup>3</sup> for NO<sub>2</sub> 1 year, 6.8 µg/m<sup>3</sup> for SO<sub>2</sub> 1 year.

‡Adjusted for age, sex and hospital catchment area.



**Table 4** Gene–environment interaction: effect of short-term air pollution exposures on blood marker levels and risk of MI onset among subjects in Stockholm, by *IL6* and *TNF* genotypes

Gene/SNP	Minor allele frequency %	Genetic model	Exposure	Genotype stratum	n	Outcome: blood marker in population controls			Outcome: myocardial infarction onset in case-crossover analysis			
						Blood marker	Air pollution effect on blood marker level, % (95% CI)*†	Interaction p Value*	Case periods n	Control periods n	Air pollution-related risk of MI onset, OR (95% CI)†‡	Interaction p Value‡
<i>IL6</i> -174 (rs1800795)	48	Dom	SO <sub>2</sub> 48 h	GG	198	IL-6	+13.8 (–37.0 to +105.6)	0.03	205	655	1.9 (1.2 to 2.9)	0.01
				GC/CC	478		–48.6 (–68.1 to –17.2)		568	1993	0.9 (0.7 to 1.3)	
<i>IL6</i> -598 (rs180797)	47	Dom	SO <sub>2</sub> 48 h	GG	207	IL-6	+14.4 (–39.6 to +116.5)	0.04	209	661	1.7 (1.1 to 2.6)	0.03
				GA/AA	445		–47.5 (–66.9 to –16.6)		552	1935	0.9 (0.7 to 1.3)	
<i>TNF</i> -308 (rs1800629)	17	Rec	SO <sub>2</sub> 48 h	GG/GA	807	TNF-α	–2.1 (–14.6 to +12.3)	0.09	751	2587	1.2 (0.9 to 1.5)	0.41
				AA	20		–58.4 (–84.4 to +11.3)		26	76	0.4 (0.04 to 4.8)	
<i>TNF</i> -863 (rs1800630)	17	Dom	PM <sub>10</sub> 48 h	CC	247	TNF-α	+39.7 (+5.9 to +84.1)	0.07	53	193	3.0 (0.7 to 13.0)	0.02
				CA/AA	123		–11.3 (–41.1 to +33.8)		25	84	0.1 (0.01 to 1.1)	
<i>TNF</i> -1031 (rs1799964)	22	Dom	PM <sub>10</sub> 48 h	TT	220	TNF-α	+31.5 (–2.6 to +77.5)	0.33	48	179	3.2 (0.7 to 14.0)	0.03
				TC/CC	148		+4.3 (–27.5 to +49.9)		33	113	0.2 (0.04 to 1.8)	

Dom, dominant model; rec, recessive model.

\*Adjusted for age, sex and ambient temperature.

†Effect estimates per 1 unit of change in air pollution exposure, where unit corresponds to the difference between the 5th and 95th centiles of the exposure distribution in the population controls with no missing data; 11.3 µg/m<sup>3</sup> for SO<sub>2</sub> 48 h, 34.5 µg/m<sup>3</sup> for PM<sub>10</sub> 48 h.

‡Adjusted for ambient temperature.

§Effect estimates per 1 unit of change in air pollution exposure, where a unit corresponds to the difference between the 5th and 95th centiles of the exposure distribution in all intervals with no missing data; 11.7 µg/m<sup>3</sup> for SO<sub>2</sub> 48 h, 26.7 µg/m<sup>3</sup> for PM<sub>10</sub> 48 h.

but suggesting interaction in some form. For instance, *IL6* SNP rs2069832 modified the effect of air pollution on IL-6 levels in MI survivors.<sup>11</sup> In studies considering smoking, which may be viewed as an inhaled pollutant, the variant -174C allele was associated with increased all-cause mortality risk among 80-year-old participants only in non-smokers,<sup>22</sup> while another study reported -174C allele association in middle-aged men with increased MI risk only in smokers.<sup>23</sup>

In addition, we also saw interactions related to *TNF*, the other inflammatory gene studied. There have been conflicting reports on the association of the *TNF*-308G/A polymorphism with MI.<sup>24–26</sup> A recent meta-analysis of 24 studies reported an association of the variant *TNF*-308A allele with developing CHD (OR 1.5, 95% CI 1.23–1.77 for -308A allele carriers compared to common -308GG homozygotes) in Caucasian populations, but not in other ethnic groups.<sup>27</sup> Our study showed increased levels of TNF- $\alpha$  in *TNF*-308AA homozygotes after long-term exposure to traffic-NO<sub>2</sub> and heating-SO<sub>2</sub>, while -308G allele carriers did not show any air pollution effect. However, after short-term exposure to ambient SO<sub>2</sub>, *TNF*-308AA homozygotes had slightly decreased TNF- $\alpha$  levels as well as an indication of decreased risk of MI onset. The variant -308A allele has been associated with higher constitutive and inducible TNF- $\alpha$  levels,<sup>28</sup> and it is possible that this balance differs after long-term and short-term environmental exposures affecting inflammation and TNF- $\alpha$  levels.

Somewhat surprisingly, we discovered several instances of a reverse pattern of genetic modification by *IL6* and *TNF* SNPs of associations for blood marker levels and MI with long-term versus short-term exposure to air pollution. One potential explanation might be that when particular genotypes contribute to an elevation of inflammatory marker levels over a long period of time, a certain effect of saturation occurs. In this case, additional stimulus may not result in a further increase in the blood marker level. For example, in our previous study of association of IL-6 levels with air pollution exposure, we noted that in current smokers, long-term air pollution exposure does not contribute to an increase in IL-6 levels, compared to never-smokers who respond with elevated IL-6.<sup>8</sup> In a healthy organism, IL-6 is expressed in low levels and is controlled by a variety of mechanisms, while its expression is rapidly induced by infection, trauma or other stress conditions.<sup>29</sup> During the immediate response to stressors, IL-6 mediates an acute phase response, whereas persistent activity of IL-6 contributes to a switch from acute to chronic inflammation.<sup>30</sup> Studies in mice have shown negative effects of prolonged IL-6 exposure. For instance, 1–2 days of IL-6 administration improved hepatic regeneration, while long-term administration of IL-6 (5–7 days) instead sensitised liver cells to injury and death.<sup>31</sup> Chronically elevated IL-6 levels also cause hyperinsulinaemia, reduced body weight and liver inflammation in mice.<sup>32</sup>

In our data, variants in the genes *FGB* and *PAI-1* did not interact with ambient air pollution in relation to the respective markers of coagulation and MI risk. To our knowledge, the *PAI-1* gene was not studied previously in terms of such interactions. The *FGB* variants were investigated in MI survivors and the rs1800790 SNP showed a modifying effect on fibrinogen levels in response to short-term PM<sub>10</sub> exposure.<sup>33</sup> Additionally, rs1800790 has shown a modifying effect for IL-6 response to short-term exposure to CO.<sup>11</sup> Further studies are needed to understand the role of coagulation genes in the cardiovascular effects of air pollution.

The present study helps to elucidate the genetic modification of systemic inflammatory responses to long-term and short-term exposures to air pollution. Such studies have been performed for short-term air pollution exposures in patients with cardiovascular disease,<sup>11</sup> but, to our knowledge, our study is the first to investigate such responses in a general population and simultaneously link to MI risk. We had adequate numbers of MI cases and general population controls to investigate gene-environment interactions and to explore causative pathways for air pollution through inflammation to MI risk. Furthermore, we had opportunities to investigate a broad spectrum of air pollution exposures by type and timing. We estimated the health effects (on blood marker levels and MI risk) per the 5th to 95th centile change in the level of the respective air pollutant to facilitate comparability between the different studied pollutants and to quantify effects across a moderate air pollution exposure range. Most of the alternative exposure intervals had a similar range for long-term and short-term exposures, respectively. An exception was long-term heating-SO<sub>2</sub> exposure, where a notably higher average and range was seen for 30-year exposure compared to the shorter 5-year and 1-year averages, due to the higher content of sulfur in oil used for heating in the past. An advanced methodology of air pollution estimation by dispersion modelling of emissions, successfully applied previously,<sup>3 34 35</sup> allowed us to study long-term exposures, which are of great importance in the gradual development of atherosclerosis,<sup>36</sup> but with a largely unknown relation to inflammation. Assessment of short-term exposure, of potential importance for the acute onset of MI, was based on a well-validated methodology using routine air pollution measurements in the city centre to characterise short-term variation in urban background levels. However, in assessing the effects of individual exposure over hours or days, where commuting time may also be included, inadequate accuracy of rooftop measurements to capture such variation might lead to underestimated associations due to non-differential measurement error. Although currently difficult to undertake on a larger scale, it would be desirable for future studies to incorporate individual measurements using ambulatory equipment in some form.

Our main hypothesis, with a strong biological foundation, relates to the mechanisms of systemic inflammatory

response caused by exposure to air pollution.<sup>37</sup> Multiple analyses were performed in order to determine consistent interaction patterns and appropriate genetic models, as well as to connect effects on blood markers and on MI risk and onset. We present estimates with CIs and nominal p Values for all analyses. Formal correction for multiple testing was not applied, given the strong mechanistic and biological rationale, and our focus on characterising patterns and mechanisms rather than identifying novel associations. Owing to multiple testing, however, the possibility of chance findings should be considered. We adjusted our analyses for age and sex and, in the case of short-term exposure, also for ambient temperature. As a sensitivity analysis, we assessed outcome-specific sets of further confounding variables,<sup>3 8</sup> none of which substantially altered our results or conclusions. We had only one single measurement of each blood marker per individual. This is a limiting factor in the interpretation of the results due to the relatively high variability of inflammatory and coagulation marker levels. In future research, repetitive sampling of blood markers could be considered for higher precision. Additionally, both pro-inflammatory and anti-inflammatory markers should be studied, which will give a better understanding of chronic low-grade inflammatory processes induced by air pollution exposure. We were limited to the analyses of non-fatal MI, leaving open the question of whether genetic variants affecting susceptibility to air pollution effects may be differently represented in fatal MI cases. For testing the causative pathway of gene–environment interactions affecting inflammatory marker levels with consequent effect on the risk of MI, it would be advantageous to separately investigate fatal and non-fatal MI as an outcome.

## CONCLUSIONS

Our results support the concept that genetic variants in *IL6* and *TNF* genes are involved in modifying the effect of long-term and short-term exposure to air pollution on the levels of inflammatory markers in healthy subjects, and that this has consequences for long-term MI risk and MI onset.

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analysed the data and drafted the initial manuscript. All coauthors were involved in the interpretation of data, critical revision and approval of the final version of the manuscript.

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