

**Appendix S1 – Interview Guide**

<b>A. BACKGROUND CHARACTERISTICS</b>	
<b>QUESTION</b>	<b>PROBES</b>
1. Please could you give me a brief of yourself?	a. How old are you? b. Religion?
2. Marital status?	a. Does your role as a family caregiver affecting your marriage? b. Did your spouse consent to your decision of taking up the role as a family caregiver?
3. Employment status?	a. How are you combining the caregiver's role with your job?
4. Level of education?	a. Do you have any knowledge or education in relation to healthcare provision?
5. Have you previously cared for someone with a chronic disease?	
6. What is your relationship with the care recipient?	
7. How did you become a caregiver to your patient?	What happened before you became a caregiver, who decided that you should be the caregiver, and do you like the idea? Why?)
8. How prepared were you to handle this role?	Specify the preparation if any?
9. How did you feel becoming a family caregiver?	
10. Currently, are you the only caregiver to the patient?	If no, who are the rest?
11. What were your expectations about being a family caregiver?	a. Negative or positive? Elaborate
12. Can you share with me what you think might have led to the disease?	a. What in your opinion is the cause of the condition your relative is suffering? (natural or spiritual cause)
<b>B. CAREGIVER BURDEN</b>	
13. What do you do primarily as a caregiver?	a. Feeding patient, bathing patient, dressing, toileting, paying of bills, medicine, social support or emotional support, counselling, praying, etc.)
14. Has your role as a caregiver affected your psychological health	Frustration, feelings of burnout, isolation
15. How do you cope with the psychological challenges of caregiving?	
16. How does the caregiving role affect your physical health?	Fatigue, physical strain, health issues related to caregiving
17. Do you think being a family caregiver has affected your social life?	a. If yes, how? -relate to changes in relationships with friends or family, social isolation
18. Can you elaborate on the challenges?	a. Are these Financial? Physical? Psychological? Social? etc.).
<b>C. CAREGIVER MOTIVATION</b>	
<b>Reciprocity</b>	
19. What motivates you to continue providing care to the care recipient?	Patient's gratitude, desire to give back and emotional attachment

20. Do you feel this role has improved your relationship with care recipient?	
<b>Socio-cultural Obligation</b>	
21. Do you feel obligated to take on the caregiving role?	Cultural expectations, family traditions, societal norms
22. How do your family and community view caregiving responsibilities?	Expectations of caregiving within your community
<b>Religious Obligation</b>	
23. Does your religious belief influence your role as a caregiver?	Religious duty, the role of faith, prayers and spiritual support
24. Did you receive any support from your religious community in your caregiving role?	Prayers groups, counselling, emotional or financial support
<b>D. OUTCOME OF CAREGIVING</b>	
25. Please share with me the current health status of your care recipient?	a. Will you say your care recipient's condition is better than before? b. Will you partly attribute the improvement in the care recipient condition to the quality of care you provided? c. How do you feel considering the amount of effort you have put in and still patient's condition is deteriorating?