## **SUPPLEMENTAL TABLE 1**

PRISMA-P (Preferred Reporting Items for Systematic Review and Meta-Analysis Protocols) 2015 checklist: recommended items to address in a systematic review protocol\*

Section and topic	Item No	Checklist item	Informati	. Page		
ADMINISTRATIVE INFORMATION Yes No						
Title:						
Identification		Identify the report as a protocol of a systematic review	<b>~</b>		1	
Update	1b	f the protocol is for an update of a previous systematic review, identify as such				
Registration	2	If registered, provide the name of the registry (such as PROSPERO) and registration number				
Authors:						
Contact	3a	Provide name, institutional affiliation, e-mail address of all protocol authors; provide physical mailing address of corresponding author	~		1	
Contribution s	3b	Describe contributions of protocol authors and identify the guarantor of the review		1		
Amendments	4	If the protocol represents an amendment of a previously completed or published protocol, identify as such and list changes; otherwise, state plan for documenting important protocol amendments		~	N/A	
Support:						
Sources	5a	Indicate sources of financial or other support for the review		<b>*</b>		
Sponsor	5b	Provide name for the review funder and/or sponsor	nd/or sponsor 🗸			
Role of sponsor or funder	5c	Describe roles of funder(s), sponsor(s), and/or institution(s), if any, in developing the protocol				

Rationale	6	Describe the rationale for the review in the context of what is already known	~	1,2,3
Objectives	7	Provide an explicit statement of the question(s) the review will address with reference to participants, interventions, comparators, and outcomes (PICO)	<b>~</b>	3
METHODS				
Eligibility criteria	8	Specify the study characteristics (such as PICO, study design, setting, time frame) and report characteristics (such as years considered, language, publication status) to be used as criteria for eligibility for the review	~	Tabela 1, pág 6
Information sources	9	Describe all intended information sources (such as electronic databases, contact with study authors, trial registers or other grey literature sources) with planned dates of coverage	~	6
Search strategy	10	Present draft of search strategy to be used for at least one electronic database, including planned limits, such that it could be repeated	~	Pág 4, tabela 2
Study records:				
Data management	11a	Describe the mechanism(s) that will be used to manage records and data throughout the review	<b>✓</b>	6,7
Selection process	11b	State the process that will be used for selecting studies (such as two independent reviewers) through each phase of the review (that is, screening, eligibility and inclusion in meta-analysis)	<b>~</b>	6,7
Data collection process	11c	Describe planned method of extracting data from reports (such as piloting forms, done independently, in duplicate), any processes for obtaining and confirming data from investigators	<b>~</b>	6,7
Data items	12	List and define all variables for which data will be sought (such as PICO items, funding sources), any pre-planned data assumptions and simplifications	<b>~</b>	6,7

Outcomes and prioritization	13	List and define all outcomes for which data will be sought, including prioritization of main and additional outcomes, with rationale			Table 1
Risk of bias in individual studies	14	Describe anticipated methods for assessing risk of bias of individual studies, including whether this will be done at the outcome or study level, or both; state how this information will be used in data synthesis	~		8
Data synthesis	15a	Describe criteria under which study data will be quantitatively synthesised			
	15b	If data are appropriate for quantitative synthesis, describe planned summary measures, methods of handling data and methods of combining data from studies, including any planned exploration of consistency (such as $I^2$ , Kendall's $\tau$ )	<b>✓</b>		8
	15c	Describe any proposed additional analyses (such as sensitivity or subgroup analyses, meta-regression)			
	15d	If quantitative synthesis is not appropriate, describe the type of summary planned			
Meta-bias(es)	16	Specify any planned assessment of meta-bias(es) (such as publication bias across studies, selective reporting within studies)		~	N/A
Confidence in cumulative evidence	17	Describe how the strength of the body of evidence will be assessed (such as GRADE)		<b>~</b>	8

<sup>\*</sup>It is strongly recommended that this checklist be read in conjunction with the PRISMA-P Explanation and Elaboration (cite when available) for important clarification on the items. Amendments to a review protocol should be tracked and dated. The copyright for PRISMA-P (including checklist) is held by the PRISMA-P Group and is distributed under a Creative Commons Attribution Licence 4.0.

From: Shamseer L, Moher D, Clarke M, Ghersi D, Liberati A, Petticrew M, Shekelle P, Stewart L, PRISMA-P Group. Preferred reporting items for systematic review and meta-analysis protocols (PRISMA-P) 2015: elaboration and explanation. BMJ. 2015 Jan 2;349(jan02 1):g7647.

## **SUPPLEMENTAL TABLE 2**

Database	ntabase Date Search Strategy		Results
Pubmed	24/06/2024	(("child" [Mesh] OR children OR preschool OR "child, preschool" [Mesh] OR "children, preschool" OR "preschool child" OR "preschool children" OR "preschool-aged child") AND ( "Parenting" [Mesh] OR "Child Rearing" [Mesh] OR "food parenting" OR "parenting practices" OR "parental feeding practice" OR "parental feeding practices" OR "parent feeding practices" OR "parents feeding practices" OR "maternal feeding practices" OR "food parenting practices" OR "parenting child-feeding practices" OR "parental child-feeding practices" OR "parental feeding practices" OR "parental feeding behaviour" OR "parental feeding behaviours" OR "parental feeding behaviors" OR "feeding strategies" OR "feeding strategies" OR "parental feeding style" OR "family feeding practices" OR "rearing child" OR "autonomy support" OR "autonomy promotion" ) AND ("eating" OR "food preferences" OR "fruit" OR "vegetables" OR "food preference" OR "healthy food" OR "healthy eating" OR "healthy intake" OR "food consumption" OR fruits OR vegetable))	1816
Scopus	24/06/2024	Searches TITLE-ABS-KEY  ((children OR preschool OR "children, preschool" OR "preschool children" OR "preschool-aged child" OR preschoolers) AND ("Parenting" OR "Child Rearing" OR "food parenting" OR "parenting practices" OR "parental feeding practices" OR "parents feeding	2946

		practices" OR "maternal feeding practices" OR "food parenting practices" OR "parenting child-feeding practices" OR "parental child-feeding practices" OR "parental feeding behaviours" OR "feeding strategies" OR "parental feeding styles" OR "family feeding practices" OR "rearing child" OR "autonomy support" OR "autonomy promotion") AND ("eating" OR "food preferences" OR "fruit" OR "vegetables" OR "food intake" OR "dietary intakes" OR "eating habits" OR "food preference" OR "healthy food" OR "healthy eating" OR "healthy intake" OR "food consumption" OR fruits OR vegetable))	
Web of Science	24/06/2024	Searches title, abstract, keyword plus, and author keywords.  (children OR preschool OR "child, preschool" OR "children, preschool" OR "preschool child" OR "preschool child" OR "preschool child" OR "preschool-aged child" OR preschoolers) AND ( "Parenting" OR "Child Rearing" OR "food parenting" OR "parenting practices" OR "parental feeding practices" OR "parental feeding practices" OR "parent feeding practices" OR "parent feeding practices" OR "parents feeding practices" OR "maternal feeding practices" OR "food parenting practices" OR "parental feeding practices" OR "parental child-feeding practices" OR "parental feeding behaviour" OR "parental feeding behaviors" OR "parental feeding behavior" OR "parental feeding behaviors" OR "feeding strategy" OR "feeding strategies" OR "parental feeding style" OR "parental feeding styles" OR "family feeding practices" OR "rearing child" OR "autonomy support" OR "autonomy promotion" )  AND ("eating" OR "food preferences" OR "fruit" OR "vegetables" OR "food intake" OR "dietary intake" OR "dietary intakes" OR "eating habits" OR "food preference" OR "healthy food" OR "healthy eating" OR "healthy intake" OR "food consumption" OR fruits OR vegetable)	2063

PsycoINFO	24/06/2024	Searches abstract	925
		("child" OR children OR "children preschool" OR "Child, Preschool" OR "children preschool" OR "preschool child" OR "preschool child" OR "preschool children" OR "preschool-aged child" OR preschoolers) AND ( "Parenting" OR "Child Rearing" OR "food parenting" OR "parenting practices" OR "parental feeding practice" OR "parental feeding practices" OR "parenting feeding practices" OR "parent feeding practices" OR "parents feeding practices" OR "maternal feeding practices" OR "food parenting practice" OR "food parenting practices" OR "parental feeding practices" OR "parental feeding practices" OR "parental feeding behaviour" OR "parental feeding behaviours" OR "parental feeding behaviors" OR "feeding strategy" OR "feeding strategies" OR "parental feeding style" OR "parental feeding styles" OR "family feeding practices" OR "rearing child" OR "autonomy support" OR "autonomy promotion") AND ("eating" OR "food preferences" OR "fruit" OR "vegetables" OR "food intake" OR "dietary intake" OR "dietary intakes" OR "eating habits" OR "food preference" OR "healthy food" OR "healthy eating" OR "healthy intake" OR "food consumption" OR fruits OR vegetable)	
Embase	24/06/2024	Searches Title, Abstract or Author Keywords  ("child" OR children OR "children preschool" OR "Child, Preschool" OR  "children preschool" OR "preschool child" OR "preschool children" OR  "preschool-aged child" OR preschoolers) AND ( "Parenting" OR "Child Rearing" OR "food parenting" OR "parenting practices" OR "parental feeding practice" OR "parental feeding practices" OR "parenting feeding practices" OR "parent feeding practices" OR "parent feeding practices" OR  "parents feeding practices" OR "maternal feeding practices" OR "food	1824

		parenting practice" OR "food parenting practices" OR "parenting child-feeding practices" OR "parental child-feeding practices" OR "parental feeding behaviour" OR "parental feeding behaviours" OR "parental feeding behavior" OR "parental feeding behaviors" OR "feeding strategy" OR "feeding strategies" OR "parental feeding style" OR "parental feeding styles" OR "family feeding practices" OR "rearing child" OR "autonomy support" OR "autonomy promotion" ) AND ("eating" OR "food preferences" OR "fruit" OR "vegetables" OR "food intake" OR "dietary intake" OR "dietary intakes" OR "eating habits" OR "food preference" OR "healthy food" OR "healthy eating" OR "healthy intake" OR "food consumption" OR fruits OR vegetable)	
Lilacs	24/06/2024	Searches Título, Reumo e Assunto  ((criança) OR (crianças) OR (child) OR (pré-escolar) OR (pré-escolares) OR ("criança pré-escolar") OR ("crianças pré-escolares") OR ("child, preschool") AND ("poder familiar") OR (parenting) OR (parentalidade) OR ("práticas alimentares parentais") OR ("práticas parentais") OR ("práticas de ducativas alimentares") OR ("práticas de parentalidade alimentar") OR ("práticas de alimentação parental") OR ("food parenting") OR ("parenting practices") OR ("parental feeding practices") OR ("food parenting practices") OR ("food parenting practices") OR ("food parenting practices") OR ("food parenting practices") OR ("parenting feeding practices") OR ("parent feeding practices") OR ("parent feeding practices") OR ("parents feeding practices") OR ("parental feeding practices") OR ("parental feeding practices") OR ("parental feeding behavior") OR ("parental feeding behavior") OR ("feeding strategies") OR ("parental feeding strategies") OR ("parental feeding strategies") OR ("parental feeding practices") OR ("feeding strategies") OR ("parental feeding strategies") OR ("parental feeding practices") OR ("feeding strategies") OR ("feeding practices") OR ("feeding strategies") OR ("parental feeding styles") OR ("family feeding practices") OR ("child rearing") AND (frutas) OR (fruit) OR (fruits)	531

OR (verduras) OR (hortaliça) OR (hortaliças) OR (vegetable)

## **SUPPLEMENTAL TABLE 3**

Author, Year, Country	Study Design and Duration	Sample (Total Number (N), Age and Gender of Children and Caregivers)	Instrument Used to Assess Parental Feeding Practices	Assessed Autonomy Practices	Fruit and Vegetable Consumption Assessment (Method, Duration)	Confounding Variables	Main Results	Risk of Bias