

Table 2. Newcastle-Ottawa Quality Assessment Scale for cohort studies

Authors, Publication year	Selection				Comparability	Outcome			Total score	Quality *
	Representativeness of the exposed cohort (*)	Selection of the non-exposed cohort (*)	Ascertainment of exposure (*)	Demonstration that outcome of interest was not present at start of study (*)	Comparability of cohorts based on the design or analysis (**)	Assessment of the outcome (*)	Was follow-up long enough for outcomes to occur (*)	Adequacy of follow-up of cohorts (*)		
Feleke et al, 2022	-	*	*	*	*	*	*	*	7	Good
Misganaw et al, 2023	*	*	*	*	*	*	*	*	8	Good
Shita. et al, 2023	*	*	*	*	*	*	*	*	8	Good
Gashu et al, 2024	*	*	*	*	*	*	*	*	8	Good
Tiruneh et al, 2021	*	*	-	*	*	-	*	*	6	Good
Bacha et al, 2021	*	*	*	*	*	*	*	*	8	Good
Tesfay et al,2021	*	*	-	*	*	-	*	*	6	Good
Areri et al, 2019	*	*	*	*	*	-	*	*	8	Good
Belete et al, 2022	*	-	*	*	*	*	*	*	8	Good
Eber-Schulz et al, 2018	-	*	*	*	*	*	*	*	8	Good