

Table S3. Attitude Dimension, %

Items	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
A1. I consider ankle sprains to be minor injuries, so I don't pay much attention to them.	7.26	7.82	28.49	36.69	19.74
A2. I believe that Osteochondral Lesions of the Talus can heal on their own.	5.03	13.59	37.62	30.17	13.59
A3. I think that after an ankle injury, self-medication can accelerate recovery, and there is no need to go to the hospital.	4.84	8.01	31.47	36.87	18.81
A4. I believe that after an ankle injury, massage can improve blood circulation.	11.17	24.21	32.77	21.04	10.80
A5. I think that the cost of examinations like magnetic resonance imaging (MRI) for Osteochondral Lesions of the Talus is too expensive.	12.66	22.91	39.85	15.08	9.50
A6. I think that surgery for Osteochondral Lesions of the Talus carries too much risk, and conservative treatment is better.	5.40	17.50	51.21	16.01	9.87
A7. Minimally invasive arthroscopic treatment has minimal trauma and low risk, and I am more accepting of it.	9.31	29.05	45.25	9.50	6.89
A8. I believe that ankle sprains should not be taken lightly, and it is necessary to go to the hospital to check for possible Osteochondral Lesions of the Talus.	15.27	30.54	39.11	8.19	6.89
A9. I am willing to have a comprehensive understanding of the emergency treatment and daily management of Osteochondral Lesions of the Talus.	16.95	32.59	36.87	7.45	6.15