Supplemental material

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Data Extraction Template

Author(s)/ year of publication	Origin/Country of origin (Published or conducted)	Aim/Purpose	Population and sample size	Rehabilitation setting/ context	Methodology/ Design	Identification of overweight, e.g. screening, weighing	Intervention type, content (e.g. digital weight management, professional support, nutritional care plans, monitoring, and/or nutrition education) intensity, duration, and context of use.	Persons in charge Initiation and daily provision of the intervention?	Outcome, evaluation and monitoring.