

Appendix 3:

Table 3. Trial Registration Data Set of the ProCare study (MI for Caregiver Counselling)

Data category	Information
Primary registry and trial identification number	ISRCTN14218056

MI: Motivational Interviewing

Date of registration in primary registry	30/04/2024
Secondary identifying numbers	-
Source(s) of monetary or material support	Reinhard Frank Stiftung
Primary sponsor	Reinhard Frank Stiftung
Secondary sponsor(s)	-
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Public title	Motivational Interviewing training for caregiver counsellors
Scientific title	Motivational Interviewing training for caregiver counsellors: Study protocol of an evaluation using the Kirkpatrick Model
Countries of recruitment	Germany
Health condition(s) or problem(s) studied	n.a.
Intervention(s)	Participants attend the training course "MI for informal caregiver counselling", consisting of an info-session (2 units (1 unit = 45 min)), an e-learning course (8 units) and two days of attendance (14 units). After the training course, there will be the possibility to participate in a 6-week post-support (via e-mail and a one-time Zoom session). In addition, participants complete a questionnaire before the start of the training (t0), directly at the end of the training (t1), at the end of the post-support (t2) and 6 months after the training (t6). Four training courses are planned, each with 12-15 participants.
Key inclusion and exclusion criteria	Ages eligible for study: 18+; Sexes eligible for study: all Inclusion criteria: 1. Successfully completed training as informal caregiver counsellor 2. Currently (at the time of the training) working in the informal caregiver counselling context 3. Participation of at least 80% of the training (equivalent to 20 units) "MI for informal caregiver counselling" in 2024 4. Given informed consent to participate in the study
Study type	prospective, interventional, mixed-methods study
Date of first enrolment	14/05/2024
Target sample size	36
Recruitment status	ongoing
Primary outcome(s)	Counselling competence
Key secondary outcomes	1) Participants' satisfaction with the training 2) Participants' knowledge of MI 3) Participants' perceived use of MI 4) Participants' experience of self-efficacy regarding their counselling sessions 5) Participants' level of social cognitions in terms of the Theory of Planned Behaviour regarding the use of MI with future clients