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Supplementary Table S1. Distribution of participant's socio-demographic characteristics

Variables	Frequency	Percentage
Age (n= 164)		
Mean ± SD	38.37 ± 15.75	
Range	18-65	
18-35	82	50
36-55	50	30.5
56-65	32	19.5
Sex (n= 164)		
Male	95	57.9
Female	69	42.1
Marital status (n= 164)		
Unmarried	91	55.5
Married	73	44.5
Family type (n= 164)		
Nuclear	68	41.5
Joint	96	58.5
Education status (n= 164)		
Illiterate	52	31.7
Literate	37	22.6
Formal education	75	45.7
Employment (n= 164)		

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Unemployed	63	38.4
Employed	29	17.7
Housemakers	26	15.8
Students	19	11.6
Agriculture	27	16.5
Economic status (n= 164)		
Below poverty	84	51.2
Above poverty	80	48.7
Experience of violence (n= 164)		
Yes	109	66.5
No	55	33.5
Types of violence (n = 109)*		
Physical	20	21.1
Sexual	6	6.3
Mental	89	93.7
Emotional	94	98.9
Deprivation	54	20.5
Involvement in social function (n= 164)		
Almost every function	26	15.9
Sometimes	72	43.9

Never	66	40.2
Assistive device (n= 164)		
Yes	62	37.8
No	102	62.2
Physical activity (n= 164)		
Never	63	38.4
Sometimes	47	28.7
Regular	54	32.9
Substance abuse (n= 164)		
Yes	47	28.7
No	117	71.3
Types of substance abuse* (n=47)		
Alcohol	19	40.4
Smoking	46	97.9
Other	2	4.2

*=multiple responses recorded where participants provided more than one categories of response.

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Supplementary Table S2. Association of participant's characteristics with depression

Variables	Depression (%)	No Depression (%)	P-value
Age (n= 164)			
18-35	23 (28%)	59 (72%)	0.001
36-55	19 (38.8%)	30 (61.2%)	
56-65	22 (66.7%)	11 (33.3%)	
Sex (n= 164)			
Male	29 (30.5%)	66 (69.5%)	0.009
Female	35 (50.7%)	34 (49.3%)	
Marital status (n= 164)			
Married	35 (47.9%)	38 (52.1%)	0.36
Unmarried	29 (31.9%)	62 (68.1%)	
Family type (n= 164)			
Nuclear	27 (39.7%)	41 (60.3%)	0.88
Joint	37 (38.5%)	59 (61.5%)	
Education status (n= 164)			
Illiterate	33 (63.5%)	19 (36.5%)	<0.001
Literate	17 (45.9%)	20 (54.1%)	
Formal education	14 (18.7%)	61 (81.3%)	
Employment (n= 164)			
Unemployed	32 (50.8%)	31 (49.2%)	< 0.001

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Employed	7 (24.1%)	22 (75.9%)	
Housemakers	17 (65.4%)	9 (34.6%)	
Students	2 (10.5%)	17 (89.5%)	
Agriculture	6 (22.2%)	21 (77.8%)	
Economic status (n= 164)			
Below poverty	50 (59.5%)	34 (40.5%)	< 0.001
Above poverty	14 (17.5%)	66 (82.5%)	
Experience of violence (n= 164)			
Yes	52 (47.7%)	57 (52.3%)	0.001
No	12 (21.8%)	43 (78.2%)	
Involvement in social function (n= 164)			
Almost every function	3 (11.5%)	23 (88.5%)	<0.001
Sometimes	22 (30.6%)	50 (69.4%)	
Never	39 (59.1%)	27 (40.9%)	
Assistive device (n= 164)			
Yes	24 (38.7%)	38 (61.3%)	0.949
No	40 (39.2%)	62 (60.8%)	
Physical activity (n= 164)			
Never	35 (55.6%)	28 (44.4%)	0.001
Sometimes	17 (36.2%)	30 (63.8%)	
Regular	12 (22.2%)	42 (77.8%)	

Substance abuse (n= 164)			
Yes	23 (48.9%)	24 (51.1%)	0.099
No	41 (35%)	76 (65%)	