## **Supplement 1**

Consolidated criteria for reporting qualitative studies (COREQ): 32-item checklist

No	Item	Guide questions/description
Domain 1: Research team and reflexivity		
Personal Characteristics		
1.	Interviewer/facilitator	Which author/s conducted the interview or focus group? Dr Daniella Holland-Hart Dr Mirella Longo
2.	Credentials	What were the researcher's credentials? E.g. PhD, MD PhD
3.	Occupation	What was their occupation at the time of the study? Research Associate, Cardiff University
4.	Gender	Was the researcher male or female? Female
		What experience or training did the researcher have? All researchers hold extensive expertise in doing interviews. They all hold an updated GCP certificate and NVivo training and hold PhD's.
5.	Experience and training	
Relationship with participants		
6.	Relationship established	Was a relationship established prior to study commencement?  No relationship but the researchers used their research experience and training to introduce the research study and mitigate the asymmetry of information between the two parties.

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7.	Participant knowledge of the interviewer	What did the participants know about the researcher? e.g. personal goals, reasons for doing the research Reasons for doing the research
8.	Interviewer characteristics	What characteristics were reported about the interviewer/facilitator? e.g. <i>Bias, assumptions, reasons and interests in the research topic</i> Research expertise
Domain 2: study design		
Theoretical framework		
	Methodological	What methodological orientation was stated to underpin the study? e.g. grounded theory, discourse analysis, ethnography, phenomenology, content analysis  Thematic analysis, the conceptual thematic framework used in the study is described
9.	orientation and Theory	in the methodology section.
9. Participant selection	orientation and Theory	
Participant	orientation and Theory  Sampling	
Participant selection		in the methodology section.  How were participants selected? e.g. purposive, convenience, consecutive, snowball
Participant selection	Sampling	In the methodology section.  How were participants selected? e.g. purposive, convenience, consecutive, snowball  The sample were self-selecting.  How were participants approached? e.g. face-to-face, telephone, mail, email  Face to face through the research nurse.

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Setting		
14.	Setting of data collection	Where was the data collected? e.g. home, clinic, workplace At home or via telephone.
15.	Presence of non- participants	Was anyone else present besides the participants and researchers? Companions were present in some interviews.
16.	Description of sample	What are the important characteristics of the sample? <i>e.g. demographic data, date</i> Gender, age.
Data collection		
17.	Interview guide	Were questions, prompts, guides provided by the authors? Was it pilot tested? Interview schedules included prompts, which were tested by a senior qualitative researcher (AN).
18.	Repeat interviews	Were repeat interviews carried out? If yes, how many? No repeat interviews were carried out but follow up interviews were carried out.
19.	Audio/visual recording	Did the research use audio or visual recording to collect the data? All interviews were audio recorded.
20.	Field notes	Were field notes made during and/or after the interview or focus group? Field notes were not made during the interviews.
21.	Duration	What was the duration of the interviews or focus group? Mean average 44 minutes
22.	Data saturation	Was data saturation discussed? Yes, this was discussed within the team. However, we were unable to reach

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		saturation due to the limited number of interviews.
23.	Transcripts returned	Were transcripts returned to participants for comment and/or correction? No this was not done.
Domain 3: analysis and findings		
Data analysis		
24.	Number of data coders	How many data coders coded the data? 2 data coders (DHH) and (ML)
25.	Description of the coding tree	Did authors provide a description of the coding tree? A coding tree is available but not described in the paper. However, the main themes and sub-themes are outlined in Table 4.
26.	Derivation of themes	Were themes identified in advance or derived from the data? Derived from the data itself.
27.	Software	What software, if applicable, was used to manage the data? NVivo 12
28.	Participant checking	Did participants provide feedback on the findings? The patients did not comment but were offered a summary of findings.
Reporting		
29.	Quotations presented	Were participant quotations presented to illustrate the themes / findings? Was each quotation identified? e.g. participant number All main themes were illustrated by quotes. The patients are identified by a

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		number and at what stage the interview took place.
30.	Data and findings consistent	Was there consistency between the data presented and the findings? All main themes were illustrated by quotes, supplementary materials provide further evidence of these points and consistency.
31.	Clarity of major themes	Were major themes clearly presented in the findings? Major themes formed the basis of the presentation of the qualitative analysis, reflecting the purpose of the overall study (i.e. patient experience of the trial and treatments) and derived from the data itself.
32.	Clarity of minor themes	Is there a description of diverse cases or discussion of minor themes? Sub themes are also discussed, and examples of divergence between participants are outlined in the main text and additional quotations.