

Supplementary Table 1 Schedule of data collection

	Baseline	Randomisation & intervention	Post-randomisation									
			2	4	6	8	10	3	6	12	18	24
			weeks					months				
Sociodemographic details	X											
HADS	X											
Medical history including pain location	X											
STarT Back tool	X											
NRS pain score	X		X	X	X	X	X	X	X	X	X	X
EQ-5D-5L	X				X			X	X	X	X	X
SF-12	X							X	X	X	X	X
ODI	X							X	X	X	X	X
WPAI	X							X	X	X	X	X
Procedural data		X										
Blinded re-intervention offered								X				
Uptake of blinded re- intervention								X	X	X	X	X
Satisfaction with treatment outcome								X	X	X	X	X
Adverse events			X		X			X	X	X	X	X
Resource and health service use questionnaire								X	X	X	X	X