

Table S1. The characteristics of included studies

Author(s)/year developed	Country	Type of study	Participants			Study aims	Key findings and conclusions
			Target population	Sample size	Setting		

Table S2. The extra characteristics of included studies

Author(s)/year developed	intervention strategies							outcomes measured	outcome assessment methods/measurement instruments
	teaching modalities	teaching objectives	teaching content	teaching methods	teaching duration and frequency	teaching media	teaching faculty		