# Online Supplemental Appendix 2

## Purpose-built data extraction sheet

Source of evidence (Authors, year)

Country

Methodology: qualitative, quantitative, or mixed methods

Design: cross-sectional, longitudinal, quasi-experimental, or experimental

## Sample

Age: Sample mean age and/or age range (years)

Biological sex: Percentage of female

Race/ethnicity: Percentage of White

Health status and/or setting

**Theory**: Name of the theory (if any)

#### Concept of concerns about falling

Facet measured: Fear of falling or fall efficacy

Measurement instrument used: Name of the instrument (if any)

#### Concept of physical activity

Domain or type of physical activity measured: Leisure-time physical activity, work- or school-related activity, household, domestic, or self-care activities, activity for transport from place to place.

Characteristics of physical activity: Frequency, Intensity, Mode

Mode of assessment: Self-report or device-based

Measurement instrument used: Name of the instrument (if any)

Main findings pertaining to the relationship between concerns about falling and physical

# activity

# **Moderation investigation:**

Yes/no

Theoretical rationale for the investigation and hypotheses (if any)

Main findings pertaining to moderation