



Appendix 1. Diagram for recruiting and conducting interventions and evaluations according to SPIRIT Guidelines

STUDY PERIOD					
	Enrolment	Allocation	Post-Allocation		Close-out
Timepoint	$-t_1$	0	t_1	t_2	t_3
ENROLMENT					
Eligibility screen	X				
Informed consent	X				
Demographic characteristic	X				
Allocation		X			
INTERVENTIONS:					
PNE interventions					
Control (usual care)					
ASSESSMENTS:					
Baseline		X			
Primary pain measures		X		X	
Secondary variables		X		X	
Statistical Analysis					X

t1 Initial evaluation

t2 After 10 weeks