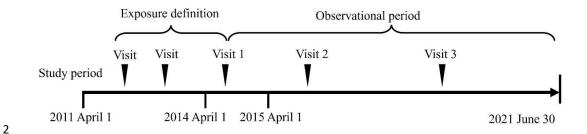
4

### 1 Figure S1. Study time course



3 Visit 1 represents the first visit for health screening after April 1, 2014.

Ohnishi T, et al. BMJ Open 2023; 13:e071613. doi: 10.1136/bmjopen-2023-071613

# 5 Table S1. Demographic and clinical characteristics of the included and excluded

### 6 participants

Demographic and clinical characteristics	Included	Excluded
	participants	participants
N	88,744	91,096
Age, year	51.6±7.9	53.6±8.8
Female, no. (%)	25,341 (28.6%)	35,151 (38.6%)
Body mass index, kg/m <sup>2</sup>	23.7±3.6	23.6±3.7
Estimated glomerular filtration rate, mL/min/1.73 m <sup>2</sup>	78.4±13.9	76.8±14.7
Baseline proteinuria, no. (%)		
	77,729 (87.9%)	79,132 (87.1%)
±	7,024 (7.9%)	8,041 (8.8%)
1+	2,616 (3.0%)	2,653 (2.9%)
2+	864 (1.0%)	807 (0.9%)
3+	246 (0.3%)	220 (0.2%)
Systolic blood pressure, mmHg	124±17	124.6±17.7
diastolic blood pressure, mmHg	77±12	76.7±12.1
Hemoglobin A1c, %	5.6±0.7	5.7±0.7
LDL cholesterol, mg/dL	128±32.1	125.5±32.2
Use of antihypertensive drugs, no. (%)	14,232 (16.1%)	16,930 (18.6%)
Use of antidiabetic drugs, no. (%)	4,368 (4.9%)	5,053 (5.6%)
Use of antihyperlipidemic drugs, no. (%)	8,612 (9.7%)	10,379 (11.4%)
Current smoking, no. (%)	24,680 (27.8%)	24,453 (26.9%)
History of stroke, no. (%)	1,085 (1.3%)	1,185 (1.5%)
History of cardiovascular disease, no. (%)	1,996 (2.3%)	2,242 (2.8%)

<sup>7</sup> Variables are presented as mean  $\pm$  standard deviation or n (%).

# 8 Table S2. Demographic and clinical characteristics of the participants by drop-out

Demographic and clinical characteristics	Drop-out (-)	Drop-out (+)
N	64,222	24,522
Age, year	49.3±6.6	57.8±7.8
Female, no.(%)	17,455 (27.1%)	7,886 (32.2%)
Body mass index, kg/m <sup>2</sup>	23.8±3.7	23.6±3.5
Estimated glomerular filtration rate, mL/min/1.73	79.5±13.5	75.7±14.3
$m^2$		
Baseline proteinuria, no. (%)		
-	56,259 (87.9%)	21,470 (87.8%)
±	5,185 (8.1%)	1,839 (7.5%)
1+	1,847 (2.9%)	769 (3.1%)
2+	571 (0.9%)	293 (1.2%)
3+	150 (0.2%)	96 (0.4%)
Systolic blood pressure, mmHg	123.4±16.3	126.9±17.8
Diastolic blood pressure, mmHg	76.9±12.1	77.6±11.8
Hemoglobin A1c, %	5.7±0.7	5.6±0.8
LDL cholesterol, mg/dL	128.3±32.1	128.2±32.2
Use of antihypertensive drugs, no. (%)	8,158 (12.7%)	6,074 (24.8%)
Use of antidiabetic drugs, no. (%)	2,421 (3.8%)	1,947 (7.9%)
Use of antihyperlipidemic drugs, no. (%)	4,996 (7.8%)	3,616 (14.8%)
Current smoking, no. (%)	18,463 (28.8%)	6,217 (25.4%)
History of stroke, no. (%)	591 (0.9%)	494 (2.1%)
History of cardiovascular disease, no. (%)	1,093 (1.8%)	903 (3.7%)

<sup>\*</sup>Variables are presented as mean  $\pm$  standard deviation or n (%).

## 10 Table S3. Hazard ratios for MACE among patients without major risk factors

#### 11 (hypertension, diabetes, hyperlipidaemia, and smoking) for CVD

HR (95% CI)
Reference
2.15 (1.15–4.01)
2.81 (1.20–6.56)

<sup>\*</sup>Adjusted for age, sex, and eGFR, HbA1c, BMI, SBP, LDL cholesterol, antihypertensive

- drugs, antidiabetic drugs, antihyperlipidemic drugs, history of myocardial infarction, and
- 14 history of stroke, smoking, and alcohol intake.

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# 16 Table S4. Number of participants with missing variables

Variable	Missing	Observed	Total	Missing
				proportion
Hemoglobin A1c	433	88,311	88,744	0.49%
Body mass index	2	88,742	88,744	0.00%
Systolic blood pressure	6	88,738	88,744	0.01%
TDV 1.1 1	0	00.725	00.744	0.010/
LDL cholesterol	9	88,735	88,744	0.01%
Use of antihypertensive drugs	100	88,644	88,744	0.11%
Use of antidiabetic drugs	100	88,644	88,744	0.11%
Use of antihyperlipidemic drugs	100	88,644	88,744	0.11%
History of stroke	2,283	86,461	88,744	2.57%
History of cardiovascular disease	2,284	86,460	88,744	2.57%
Current smoking status	112	88,632	88,744	0.13%
Alcohol consumption	1,262	87,482	88,744	1.42%

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Table S5. Demographic and clinical characteristics of participants who had missing data

		N
Age, year	51.2±7.9	2,634
Female, no. (%)	406 (15.4%)	2,634
Body mass index, kg/m <sup>2</sup>	24.2±3.6	2,632
Estimated glomerular filtration rate, mL/min/1.73 m <sup>2</sup>	77.8±14.1	2,634
Baseline proteinuria, no. (%)		2,625
-	2,189 (83.4%)	
±	324 (12.3%)	
1+	84 (3.2%)	
2+	23 (0.9%)	
3+	5 (0.2%)	
Systolic blood pressure, mmHg	122±16	2,628
diastolic blood pressure, mmHg	77±12	2,628
Hemoglobin A1c, %	5.6±0.7	2,201
LDL cholesterol, mg/dL	124±31	2,625
Use of antihypertensive drugs, no. (%)	455 (18.0%)	2,534
Use of antidiabetic drugs, no. (%)	136 (5.4%)	2,534

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Use of antihyperlipidemic drugs, no. (%)	277 (10.9%)	2,534
Current smoking, no. (%)	747 (29.6%)	2,522
History of stroke, no. (%)	7 (2.0%)	351
History of cardio vascular disease, no. (%)	14 (4.0%)	350

<sup>\*</sup>Variables are presented as the mean  $\pm$  standard deviation or n (%).

### 21 Table S6. Hazard ratios for MACE in the survival analyses

Urine test results	HR (95% CI)
All negative	Reference
Single positive	1.46 (1.14–1.87)
Two positives	2.25 (1.59–3.19)
Three or more positives	2.12 (1.60–2.82)

<sup>\*</sup>Adjusted for age, sex, and eGFR, HbA1c, BMI, SBP, LDL cholesterol, antihypertensive

drugs, antidiabetic drugs, antihyperlipidemic drugs, history of myocardial infarction, and

<sup>24</sup> history of stroke, smoking, and alcohol intake.