

Supplementary 1: Interview guides for Qualitative interview

Interview guide at post-intervention (T₁)

1. Perceived experiences of the dyadic expressive arts-based group

- Could you share your experiences in the 8-week dyadic expressive arts-based group intervention?

2. Perceived changes after participating in the dyadic expressive arts-based group

- How do you perceive/are there any changes in the following aspects?
 - ❖ Your child's behaviour
 - ❖ Your psychological condition
 - ❖ Caregiving experience
 - ❖ Relationship with your child

3. Possible reasons for the perceived changes

- (If the mother experienced changes) Are there any possible reasons for the previously mentioned changes?
- (If the mother experienced no change) Why do you think there are no changes?

4. Closing

- Do you have anything else that you would like to share?

*The interview will not be limited to the above questions. The interviewer may slightly adjust the interview guide based on the sharing of each interviewee.

Interview guide at 6-month post-intervention (T3)

1. Current situation of the mother-child dyad

- How have you and your child been in these six months?

2. Perceived changes six months after participating in the dyadic expressive arts-based group

- How do you perceive/are there any changes in the following aspects?
 - ❖ Your child's behaviour
 - ❖ Your psychological condition
 - ❖ Caregiving experience
 - ❖ Relationship with your child

3. Possible reasons for the perceived changes

- (If the mother experienced changes) Are there any possible reasons for the previously mentioned changes?
- (If the mother experienced no change) Why do you think there are no changes?

4. Closing

- Do you have anything else that you would like to share?

*The interview will not be limited to the above questions. The interviewer may slightly adjust the interview guide based on the sharing of each interviewee.