

Supplementary Table 1: Studies of Lifestyle, Country of Origin and Non-Communicable Disease outcomes in Mid-Twentieth Century Australia

Authors	Journal and Year	Brief Summary of Findings
Lovell and Prineas ⁵⁰	Med J Aust, 1974	Differences in blood pressure and prevalence of hypertension between Australians and Italians born in Melbourne
Ulman and Abernethy ⁵¹	Int J Epidemiol, 1975	Australian National Blood Pressure Study showing lower blood pressure in Italians compared with Australians, age-adjusted rates of rise suggest environmental exposure
Dwyer and Hetzel ⁷	Int J Epidemiol, 1980	Sharp declines in mortality from 1966 in Australia and 1968 in USA with persistent increase in UK, findings do correlate to some extent with changes in diet and smoking
Mc Michael et al. ⁵⁴	Int J Cancer, 1980	All seven migrant source countries in 1970 had higher rates of stomach cancer than Australians, discussed with reference to inter-country dietary differences
Armstrong et al. ⁵³	Am J Epidemiol, 1983	Mortality from Ischemic Heart Disease in Italians in Italy and Migrants 1/3 to 2/3 that of native-born Australians
Burvill et al. ⁵⁸	Soc Sci Med, 1983	Suicide rates in migrants from England & Wales, Scotland and Ireland similar, although greater than in country of origin, especially Ireland
Mc Michael and Giles ⁵⁵	Cancer Research, 1988	Review of cancers in migrants to Australia, suggesting strong evidence of environmental and behavioural influences
Mc Michael ⁵⁹	Community Health Studies, 1989	Asserts that coronary heart disease is a mass disease of 20 th century industrialised society requiring population based prevention strategies
Hetzel et al. ⁹	J Clin Epi, 1989	Review of epidemiological and experimental studies related to fall in sudden deaths in USA and Australia since 1967 concludes that there is a protective effect of dietary polyunsaturated fats
Mc Michael et al. ⁵⁶	Med J Aust, 1989	South Australia Cancer Registry data 1977-1986 show British and Irish migrants had higher incidence of all cancer sites combined, whereas Southern Europeans had lower rates
Ireland and Giles ⁵²	Aust NZ J Med, 1996	Melbourne Collaborative Cohort Study 1990-1994, blood pressure higher in Italian-born middle-aged relative to Australian-born, not attributable to changes in diagnosis and treatment of hypertension