

**e-Table 4:** Descriptive statistics of risk perception for participants who had no missing responses and no ‘unknown’ responses for the risk perception items (N = 125), weighted

Substance	Mean risk score (SE)	95% CI
<b><i>Risk perception of exposures during pregnancy</i></b>		
Alcohol	8.5 (.3)	[8.0, 9.0]
Antiepileptics	6.7 (.3)	[6.2, 7.3]
Antipsychotics	6.7 (.3)	[6.1, 7.3]
Anxiety and sleeping medications	6.6 (.2)	[6.2, 7.1]
Maternal mental illness <i>per se</i>	5.9 (.3)	[5.2, 6.5]
Antidepressants	4.6 (.3)	[4.0, 5.3]
Cranberry	1.1 (.2)	[.7, 1.5]
<b><i>Risk perception of exposures while breastfeeding</i></b>		
Alcohol	6.4 (.4)	[5.7, 7.1]
Anxiety and sleeping medications	6.3 (.2)	[5.8, 6.8]
Antiepileptics	6.1 (.3)	[5.6, 6.6]
Antipsychotics	6.1 (.3)	[5.5, 6.8]
Maternal mental illness <i>per se</i>	6.1 (.3)	[5.5, 6.6]
Antidepressants	4.2 (.3)	[3.5, 4.9]
Cranberry	1.2 (.3)	[.6, 1.8]