

**e-Table 3:** Non-weighted mean risk perception of exposures during pregnancy and while breastfeeding

Substance	Mean risk score (SE)	95% CI	Median risk score	[Q1, Q3]	N
<b><i>Risk perception of exposures during pregnancy</i></b>					
Alcohol	9.0 (0.1)	[8.8, 9.2]	10	[8, 10]	442
Antipsychotics	6.8 (0.2)	[6.5, 7.2]	7	[5, 9]	245
Antiepileptics	6.6 (0.2)	[6.1, 7.0]	7	[5, 9]	150
Anxiety and sleeping medications	6.4 (0.1)	[6.1, 6.7]	6	[5, 8]	328
Maternal mental illness <i>per se</i>	5.8 (0.1)	[5.5, 6.0]	6	[4, 8]	423
Antidepressants	4.7 (0.1)	[4.4, 4.9]	5	[3, 7]	383
Cranberry	1.0 (0.1)	[0.8, 1.2]	0	[0, 1]	301
<b><i>Risk perception of exposures while breastfeeding</i></b>					
Alcohol	7.1 (0.1)	[6.8, 7.4]	8	[5, 10]	437
Antipsychotics	6.3 (0.2)	[5.9, 6.6]	6	[4, 9]	248
Anxiety and sleeping medications	6.1 (0.2)	[5.8, 6.4]	6	[4, 9]	321
Antiepileptics	6.0 (0.2)	[5.5, 6.4]	6	[4, 8]	152
Maternal mental illness <i>per se</i>	5.6 (0.2)	[5.3, 5.9]	6	[3, 8]	417
Antidepressants	4.3 (0.1)	[4.0, 4.6]	4	[2, 6]	376
Cranberry	1.0 (0.1)	[0.7, 1.2]	0	[0, 1]	298