

e-Table 2: Type of reported mental illnesses in women planning a pregnancy (2a), mothers or pregnant (2b)**2.a:** *Self-reported Mental Illness Among Women Planning to Become Pregnant (N = 68)**

Self-reported illness	More than one year ago	Within the last year	Currently
Depression	24	20	24
Anxiety	15	18	28
OCD	10	2	2
ED	19	4	5
Other mental illness	9	6	11

*Women could report more than one time point for each mental illness.

Abbreviations: OCD=Obsessive-compulsive disorders; ED=Eating Disorders.

2.b: *Self-reported Mental Illness Among Pregnant Women or Recent Mothers (N = 380)**

Self-reported illness	Before pregnancy	During 1 st trimester	During 2 nd trimester	During 3 rd trimester	After birth
Depression	346	84	51	48	101
Anxiety	323	88	64	60	102
OCD	51	10	6	5	17
ED	105	17	9	12	22
Other mental illness	79	20	12	11	26

*Women could report more than one time point for each mental illness.

Abbreviations: OCD=Obsessive-compulsive disorders; ED=Eating Disorders.