BMJ Open Embedded point of care randomisation for evaluating comparative effectiveness questions: PROSPECTOR-critical care feasibility study protocol

Matthew G Wilson , ¹ Folkert W Asselbergs, ^{1,2} Ruben Miguel, ³ David Brealey, ^{4,5} Steve K Harris^{1,5}

To cite: Wilson MG, Asselberas FW. Miguel R. et al. Embedded point of care randomisation for evaluating comparative effectiveness questions: PROSPECTORcritical care feasibility study protocol. BMJ Open 2022;12:e059995. doi:10.1136/ bmjopen-2021-059995

Prepublication history and additional supplemental material for this paper are available online. To view these files, please visit the journal online (http://dx.doi.org/10.1136/ bmjopen-2021-059995).

Received 08 December 2021 Accepted 28 August 2022

Check for updates

@ Author(s) (or their employer(s)) 2022. Re-use permitted under CC BY-NC. No commercial re-use. See rights and permissions. Published by

For numbered affiliations see end of article.

Correspondence to

Dr Matthew G Wilson; matthew.wilson8@nhs.net

ABSTRACT

Introduction Many routinely administered treatments lack evidence as to their effectiveness. When treatments lack evidence, patients receive varying care based on the preferences of clinicians. Standard randomised controlled trials are unsuited to comparisons of different routine treatment strategies. and there remains little economic incentive for change.

Integrating clinical trial infrastructure into electronic health record systems offers the potential for routine treatment comparisons at scale, through reduced trial costs. To date, embedded trials have automated data collection, participant identification and eligibility screening, but randomisation and consent remain manual and therefore costly tasks.

This study will investigate the feasibility of using computer prompts to allow flexible randomisation at the point of clinical decision making. It will compare the effectiveness of two prompt designs through the lens of a candidate research question—comparing liberal or restrictive magnesium supplementation practices for critical care patients. It will also explore the acceptability of two consent models for conducting comparative effectiveness research.

Methods and analysis We will conduct a single centre, mixed-methods feasibility study, aiming to recruit 50 patients undergoing elective surgery requiring postoperative critical care admission. Participants will be randomised to either 'Nudge' or 'Preference' designs of electronic point-of-care randomisation prompt, and liberal or restrictive magnesium supplementation.

We will judge feasibility through a combination of study outcomes. The primary outcome will be the proportion of prompts displayed resulting in successful randomisation events (compliance with the allocated magnesium strategy). Secondary outcomes will evaluate the acceptability of both prompt designs to clinicians and ascertain the acceptability of preemptive and opt-out consent models to patients. Ethics and dissemination This study was approved

by Riverside Research Ethics Committee (Ref: 21/ LO/0785) and will be published on completion. Trial registration number NCT05149820.

STRENGTHS AND LIMITATIONS OF THIS STUDY

- ⇒ Randomised trials integrated into clinical workflows have shown promise but require further feasibility testing to determine acceptability to patients and clinicians.
- ⇒ A mixed-methods approach allows combination of quantitative outcomes with explanatory qualitative data, increasing understanding of reasons underpinning success or failure of the intervention.
- ⇒ Testing study feasibility allows estimation of randomisation compliance, judges acceptability of the candidate research question, and allows optimisation of electronic prompt design prior to embarking on an adequately powered main trial.
- ⇒ As the study examines variation at an individual patient and clinician level, it is unclear how generalisable future study results will be outside the study centre.

INTRODUCTION

Every day, clinicians collectively make hundreds of thousands of decisions regarding the application of treatments and interventions in the care of patients. While some of these treatments will be guided by robust evidence from randomised controlled trials (RCTs), many 'routine' aspects of clinical care continue to lack a strong evidence base.1 Braithwaite et al describe this as the '60-30-10' challenge—approximately 60% of administered treatments conform to evidence, 30% may be wasted or ineffective and 10% result in harm.²

When evidence for an intervention is absent, clinicians vary in their decision making according to their experience and preferences.³ This variation is manifestly observable and can be seen across multiple domains from choice of surgical procedure, 45 management of heart failure or diabetic ketoacidosis⁶⁷ or administration of antibiotics and intravenous fluids.89

Another commonly used treatment which varies in practice is the administration of



supplemental magnesium for the prophylaxis of atrial fibrillation in critical care patients. While this practice is commonplace, the only evidence as to its effectiveness comes from the cardiac surgery population. Over time, this has been extrapolated to all critical care patients, without additional evidence of benefit. As such, clinicians vary in their threshold for routinely supplementing magnesium. Clinician behaviour will be consistent at extremes of serum magnesium measurements (never/always supplement), but within a 'normal' range the decision to supplement will have a random component linked to the clinician's preference.

Variation in practice does not necessarily imply substandard care—it may be that the clinician's experience offers benefits in optimising treatment delivery, or it may be that there is no meaningful difference between treatment choices. Under ideal conditions, clinicians would be able to learn from variation and improve the quality and coverage of evidence for future patients. Ineffective yet costly treatments could be minimised, and strategies demonstrating effectiveness targeted to ever smaller subgroups of patients.

Unfortunately, generating new evidence from routine clinical decision making has proven difficult using existing research methodologies. RCTs, whilst well suited to demonstrating treatment efficacy in homogenised cohorts, under rigid treatment protocols, have proven costly and difficult to conduct in more pragmatic settings. ¹² While the classical RCT remains ideal for evaluating novel therapies, for treatments already in widespread use, with likely small effect sizes, the expense of conducting comparative effectiveness trials becomes untenable. In most cases, researchers rely on observational methods, which lack the validity derived from prospective randomisation. ¹³ Therefore, to properly evaluate the comparative effectiveness of multiple treatment strategies, an element of randomisation is essential, together with a mechanism to deploy this efficiently. ¹⁴

Electronic health record systems (EHRSs) offer a potential solution. Increasingly widespread and comprehensive, they have renewed interest in integrating clinical trials into routine care. While embedding trial infrastructure has improved efficiency, the requirement for point-of-care consent and randomisation remains. Predominantly, this continues to be delivered by a research nurse, partnered with the treating clinician, a process which remains time intensive and financially costly. 16

Two barriers to implementing routine comparative effectiveness research standout—(1) how to fully integrate randomisation into EHRSs, ensuring that patient safety and the scientific integrity of the study is maintained; and, (2) what is the correct way for patients to consent to the randomised delivery of routine treatments? Central to these issues is the principle of clinical equipoise—the idea that without evidence, every clinical decision comes with a degree of uncertainty. When the benefits and risks of the treatment are balanced (or unknown), then it becomes justifiable to randomise, in order to learn what decision is best. ^{17 18}

Flexible electronic point-of-care randomisation

To learn effectively from clinical decisions, a rapid and responsive randomisation mechanism is required. To achieve this, we propose a two-stage innovation: (1) to embed the randomisation process into the EHRS and link randomisation to the moment of clinical decision making and (2) to make that randomisation optional for the clinician. The first step ensures that the prompt to randomise is presented to the clinician at the point of potential equipoise, ensuring relevance and minimising disruption to normal care processes. The second step means that the clinician–patient dyad only access the randomisation process if they share equipoise with the trial.

Our design builds on Vickers and Scardino's concept of the clinically integrated randomised trial, as well as work by Fiore and colleagues in point-of-care trial design. To this we add concepts from preference trials, which are designed to explicitly acknowledge treatment preferences to minimise bias. While most of these trials target patient preferences, we believe that the concepts are equally applicable to clinicians.

A preference approach has the advantage of allowing clinicians to follow their preferred course of action when they feel strongly, while simultaneously allowing randomisation under conditions of equipoise. In this manner, the clinician retains overall responsibility and control over the patient's treatment—ensuring safety is maintained. This is key for integrated trials where, by definition, oversight from research teams is minimised.

We propose to modify existing functionality within the EHRS to intercede at the point of clinical decision making. Many EHRSs use clinical decision support systems (CDSSs), based on series of logical rules, to deliver information to clinicians under pre-defined circumstances. These logical rules may be used to emulate inclusion and exclusion criteria within a trial. Once designated conditions are met, an electronic prompt can be displayed to the clinician, at the point of clinical decision making to highlight both the opportunity to randomise and the predetermined treatment group allocation.

Our design of electronic point-of-care randomisation (ePOCR) prompt will invite the clinician to consider whether they have equipoise for the treatment decision. In this way, the prompt simply externalises and makes explicit the normal decision-making process.

If the clinicians have equipoise, the ePOCR prompt allows them to view the randomised allocation, which can then be followed, and the patient contributes data to the randomised arm of the study. However, if the clinician lacks equipoise, they remain free to follow their preference. In a classical RCT, declining to follow randomisation may represent a protocol violation and result in the participant being excluded from the final analysis. However, in a preference approach, the participant continues to contribute data into the parallel observational study arms determined by the clinician's preference.

Where the clinician declines randomisation, the parallel observational arm of the study continuously

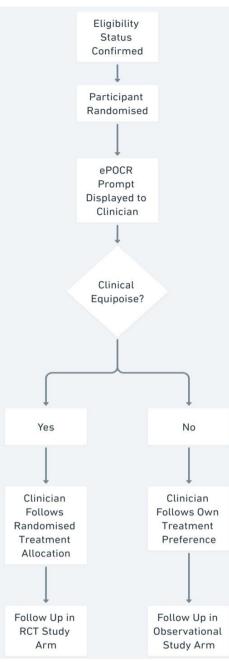


Figure 1 Flexible randomisation as an expression of clinical equipoise. ePOCR, electronic point-of-care randomisation; RCT, randomised controlled trial.

evaluates external validity and can identify previously unrecognised subgroups where clinicians have strong preferences that may require modification of the trial. In addition, where preferences are known, these observational arms may be used to identify preference and selection effects, adding extra information to that gained from the treatment effect estimation in the randomised arm. ²² This flexible approach to delivering randomisation is depicted in figure 1.

To integrate randomisation into clinical workflows requires understanding of how clinicians interact with EHRS and how data are used to make decisions. While the use of interruptive prompts based on modified CDSS is an attractive method for accomplishing this, the possible disruption to care processes must be considered. The concept of alert fatigue in this setting is well documented. As such, ePOCR prompts must be designed to be minimally disruptive, while permitting the data collection required by the study. To this end, our feasibility study will compare two designs of interruptive prompt, a simple 'Nudge' design, and a more complex 'Preference' design. The Nudge prompt encapsulates the simplest version of the study design, while the Preference design allows the collection of additional treatment preference data for use in the observational study arm.

Pre-emptive and opt-out consent

There is ongoing debate as to the most appropriate consent mechanisms for facilitating comparative effectiveness research, specifically, for treatments with demonstrable variation already present in their routine use. Faden and colleagues highlight the strong ethical arguments in favour of streamlining consent procedures in this area and the acceptability to stakeholders of the same. 24-26

In this study, we will investigate moving the point at which consent is obtained proximally, away from the final application of eligibility criteria and randomisation. A future model might see patients routinely consented for a range of potential trials (under a specific operational framework such as that suggested by Fiore and Lavori¹⁴) on admission to hospital, before it is known whether or not they will be eligible. This single point of contact would decrease the burden of identifying and consenting patients and minimise disruption to clinical workflows.

Study objectives

The overall study aim is to ascertain the feasibility of conducting a future clinical trial using infrastructure integrated into the EHRS and using a system of ePOCR. Feasibility will be judged by combining outcome data related to (1) the effectiveness of the ePOCR system and (2) the acceptability of ePOCR to clinicians. Since the feasibility of scaling future large scale trials using ePOCR and preference design approaches is reliant on a streamlined consent model, we will also evaluate the acceptability of both pre-emptive and opt-out consent models to patients. Finally, we will collect pilot data specific to the candidate research question of magnesium supplementation to inform design of a future trial.

METHODS AND ANALYSIS Study design and setting

This single centre, mixed-methods feasibility study will follow an explanatory-sequential design, which allows supplementation of quantitative data on the effectiveness of ePOCR with qualitative data to aid interpretation. The study will run across four critical care units within University College London Hospitals (UCLH) NHS Trust from January to August 2022. These critical care units

care for a mix of surgical patients including colorectal, urology and thoracics but excluding cardiac and neuro-surgery. UCLH has used the Epic EHRS since 2018.

We will recruit patients aged 18 years and over, undergoing elective surgery of sufficient complexity to warrant postoperative admission to critical care. This cohort was selected opportunistically to facilitate obtaining informed consent pre-emptively during hospital visits prior to surgery. Potentially eligible participants will be identified through a combination of algorithmic screening of the EHRS by surgical procedure code, and by manual identification from booked critical care admissions.

We will recruit a cohort of critical care clinicians to undertake the qualitative interview programme. The intervention is targeted to bedside critical care nurses. There are approximately 300 critical care nurses working across all the study sites. Neither clinicians nor patients will be compensated for participating in the study.

Exclusion criteria will be applied at two stages. Patients unable to provide written informed consent, or who are pregnant will be excluded. Following postoperative admission to critical care, patients whose initial documented heart rhythm is atrial fibrillation will be excluded. Prior to the deployment of the ePOCR prompt, the EHRS will screen against the following criteria: (1) no documented allergy or intolerance to any preparation of supplemental magnesium, (2) no active treatment for bronchospasm (defined as active treatment administration indicating bronchospasm and screening of active problem list) and (3) the most recent serum magnesium result prior to prompt deployment lies between 0.5 and 1.5 mmol/L. This final criterion ensures that the prompt does not facilitate randomisation for magnesium values outside the scope of reasonable clinical equipoise. For example, serum magnesium values <0.5 mmol/L would normally always be supplemented, and vice versa for values $> 1.5 \,\mathrm{mmol/L}$.

On successful conclusion of the screening process, the ePOCR prompt will display to the bedside critical care

nurse. The screening process repeats for each new serum magnesium result received. Screening and overall participant flow through the study are illustrated in figure 2.

Qualitative assessments will be conducted in three stages. A random sample of all critical care clinicians involved in routinely caring for this patient cohort will be invited to undertake an initial interview. Two further interviews will focus specifically on the bedside critical care nurses exposed to the ePOCR prompts.

Patient and public involvement

We sought opportunities to engage with patients and the public from study inception. To this end, two focus groups were conducted. The first addressed utilisation of electronic clinical data for research and the presence of naturally occurring variation in practice for evidence-light treatments. The second focused on the premise of flexible ePOCR and the need to investigate alternative consent models for comparative effectiveness research. These groups highlighted a general lack of awareness regarding evidence gaps for routine treatments. Both groups agreed that this is a priority area for future research. The authors are grateful to members of both groups for their feedback in improving the clarity of communication regarding a complex study design. We plan to disseminate study results to consenting participants on completion.

Interventions

Electronic point-of-care randomisation prompts

This study will compare two ePOCR prompts—Nudge versus Preference designs, illustrated in figure 3. The Nudge design is characterised by its passive nature and requires minimal interaction from the clinician. The intention is to 'nudge' the clinician to consider their level of equipoise for the decision to supplement magnesium and follow the randomised treatment where they have no preference. In contrast, the Preference design facilitates the explicit recording of the clinician's treatment preference, while simultaneously allowing randomisation

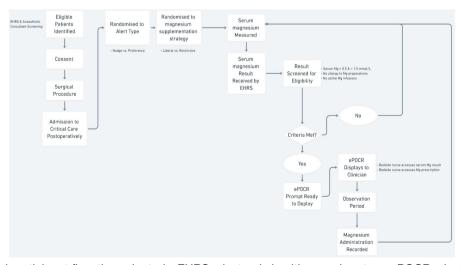


Figure 2 Anticipated participant flow through study. EHRS, electronic health record system; ePOCR, electronic point-of-care randomisation.

Figure 3 Examples of Nudge (top) and Preference (bottom) ePOCR prompt designs. ePOCR, electronic point-of-care randomisation.

© 2022 Epic Systems Corporation

under conditions of equipoise. Preference options are presented as three possible choices—a strong preference for or against administering supplemental magnesium, and no preference. If no preference is selected, the randomised action is provided. If the clinician selects a strong preference, they are advised to continue with their preferred treatment. While this design is more burdensome because it requires interaction, it will allow the derivation of preference and selection effects as described above.

Both prompt designs will be constructed using the Epic build module designed for 'Best Practice Advisory' creation, essentially a form of clinical decision support. Construction of a system of logical rules will allow screening of eligibility criteria as described. The technical aspects of both prompt designs will be tested in a sandbox environment prior to live deployment.

Deployment follows the same pathway for both ePOCR prompt designs. Following recruitment, participants will be randomised to either Nudge or Preference design. They will then be randomised again to either liberal or restrictive magnesium supplementation strategies (figure 4). The liberal magnesium arm will encourage supplementation at a serum magnesium value <1.0 mmol/L. The restrictive arm will encourage supplementation at a

serum magnesium value <0.75 mmol/L. These values were determined from an observational study of supplementation practices at the study centre and fall within the boundaries of observed variation in practice. 11

Randomisation will be conducted using the EHRS, which conducts simple randomisation using an internal number rule.²⁸ For this feasibility study, basic randomisation without additional covariate balancing will be used. Randomisation will remain the same for both prompt design and magnesium strategy throughout study participation.

Both prompts will display to the bedside critical care nurse under either of two conditions: (1) accessing of the participant's blood test results or (2) accessing the supplemental magnesium prescription within the EHRS. The prompt will deploy once for each new serum magnesium result, for five postoperative days or the end of the participant's critical care admission, whichever is sooner.

This study has been designed to be highly pragmatic. At our institution, it is normal practice for all patients admitted to critical care to be issued with an 'as required' prescription for either intravenous or oral magnesium. In both study arms, the method and frequency of magnesium supplementation, and frequency of serum

BMJ Open: first published as 10.1136/bmjopen-2021-059995 on

Downloaded from http://bmjopen.bmj.com/ on June 8, 2025 at Agence Bibliographique de

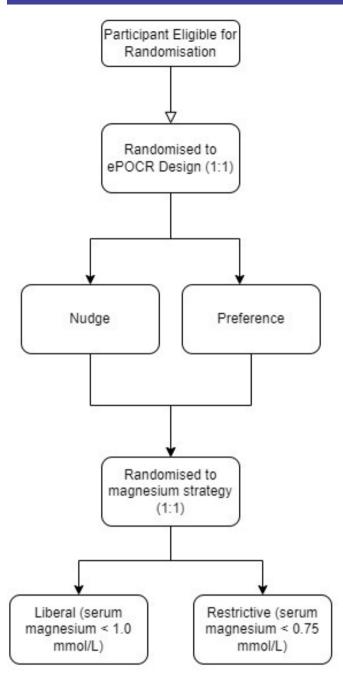


Figure 4 Two stage randomisation process

magnesium measurement remain at the discretion of the clinical team.

Qualitative assessments

Both clinician and patient interviews follow a semistructured design. Prior to ePOCR deployment, critical care clinicians will be invited to undertake an interview exploring general attitudes towards EHRS research and their current interactions with existing electronic alerts. The interview will feature guided simulation introducing both prompt designs and encouraging initial feedback. The use of simulation to introduce the prompts acknowledges the logistical difficulty in ensuring that each critical care nurse participating in the study is exposed to each prompt design at least once during the study period. Critical care nurses will undertake a further interview following exposure to an ePOCR prompt to gather immediate feedback. A final follow-up interview will invite nurses to give a preference on prompt design, having experienced the intervention in a clinical setting.

Patients participating in the study will undertake a semistructured interview following discharge from critical care. This will explore attitudes towards preemptive and opt-out consent models. Interview schedules are included in online supplemental material S1.

Outcome, data collection and analysis

We will collect descriptive data on ePOCR performance. The primary study outcome will be the proportion of prompts of either design which result in compliance with randomisation by the clinician. Estimates of prompt compliance will be generated for both liberal and restrictive magnesium strategies in addition. Compliance is defined as either: (1) the appropriate administration of magnesium following prompt deployment, where the measured serum magnesium is less than the randomised threshold or (2) the appropriate withholding of supplemental magnesium following prompt deployment, where the serum magnesium is greater than the randomised threshold. The potential outcomes following prompt deployment are illustrated in figure 5, using the Nudge design as an example.

For the Preference design, descriptive data will be presented across the range of possible responses. We will link events where the clinician declines randomisation and expresses a strong preference to the subsequent action (administration of magnesium or not). The observation period for assessing compliance will be defined as the time from exposure to prompt to the subsequent shift change in clinical team. We will assess between group differences in proportion using a χ^2 test.

All quantitative data pertinent to addressing the study outcomes will be extracted from the EHRS. The study will not require any additional documentation or data entry by clinical teams. We will extract routinely collected clinical data from the EHRS for study patients to aid planning a future main study. This will include baseline rates of atrial fibrillation in the study population, frequency of serum magnesium measurement, frequency of supplementation and estimates of treatment group separation (difference in mean serum magnesium values between liberal and restrictive groups).

The semistructured interview programme will contribute qualitative data to both primary and secondary outcomes. Overall study feasibility will be judged through a combination of ePOCR prompt compliance rates and acceptability to clinicians. ePOCR compliance data will contribute to further simulation work designed to estimate plausible ranges of samples sizes for a main study, which will be used to further demonstrate study design feasibility.

Protected by copyright, including for uses related

Figure 5 Derivation of compliance with randomisation from observed clinician action.

We will use a thematic analysis approach to analyse interview data as described by Braun and Clarke and illustrated in a recent analysis by McNulty et al. 29 30

The primary objective of the study is to determine the feasibility of using ePOCR prompts. Overall feasibility will be judged using technical aspects around design and implementation and the experience of clinicians, which will both be assessed qualitatively.

While overall study feasibility will be contingent on the rate of prompt compliance (the proportion of alerts where the clinician complies with randomisation), we will also estimate differences in compliance between nudge and preference designs to add to our qualitative assessments. We propose a non-inferiority approach based on the premise that the preference design has improved research utility relative to the nudge design through estimation of treatment and selection effects. Therefore, if the preference prompt proves non-inferior in terms of observed compliance, and qualitatively acceptable, it would be demonstrably the preferred design. We will not seek to test between group differences for each magnesium strategy in addition.

To this end, we estimate the required sample size based on hypothesised equal compliance rate of 50% in both groups. We hypothesise a non-inferiority margin of -25% to be justifiable relative to the additional data the preference design would provide. This produces a sample size of 50 prompts per design, with a power of 80% and a 5% significance level. 31 Using an average of two prompts per patient, this results in a sample size of 25 patients per group.

We will aim to recruit 20 clinicians identified as key informants relevant to the study question to undertake baseline interviews.³² We will employ a purposive sampling strategy as used by Connell et al to evaluate a complex digital intervention in a similar healthcare setting and justified by international consensus guidance for mixed-methods research.^{33 34} We will aim to interview

all bedside nurses who receive a prompt and use guided simulation to aid the evaluation of preference for either prompt design.

ETHICS AND DISSEMINATION

This study protocol was approved by the NHS Riverside Research Ethics Committee (Ref: 21/LO/0785) and sponsored by University College London (Ref: 142382).

Potentially eligible patients will be approached during their anaesthetic pre-assessment clinic visit. After confirming initial eligibility, a member of the research team will discuss the study and issue the Participant Information Sheet (online supplemental material S2), which includes research team contact information and mechanisms to withdraw from the study at any point. The patient will be able to give written consent (online supplemental material S3) at any point from initial approach to immediately prior to surgery.

By approaching patients in pre-assessment clinic, we evaluate a pre-emptive approach to providing consent which may be transitioned to an opt-out approach in the future if acceptable. We justify obtaining consent at the initial visit in three ways. First, the study premise and intervention carry minimal risk to the participant, second, the burden on the participant is low (one follow-up interview following surgery). Third, we provide multiple routes to discontinue participation with multiple checks up throughout the participation. throughout the perioperative journey.

We ensure that participant data are protected by extracting on data pertinent to the study from the EHRS. All clinical data obtained during the study will remain within UCLH computer infrastructure and firewall. Data extracted from the EHRS will only be accessible by designated members of the research team and presented as summary level data. Interview data will be audio recorded and uploaded via secure email to UCLH computer systems for analysis. Only anonymised quotes

Protected by copyright, including

₫

will be used in the study reports. We plan to disseminate results by publication in peer-reviewed journals and will also prepare reports for patients and clinicians involved in the study on completion.

Author affiliations

¹Institute of Health Informatics, University College London, London, UK ²Department of Cardiology, Amsterdam University Medical Centers, University of Amsterdam, Amsterdam, The Netherlands

³Clinical Research Informatics Unit, Institute of Health Informatics, University College London, London, UK

⁴Bloomsbury Institute for Intensive Care Medicine, University College London, London, UK

⁵Critical Care Department, University College London Hospitals NHS Foundation Trust, London, UK

Twitter Matthew G Wilson @MWilson1987

Acknowledgements The authors would like to acknowledge the help of Professor Matthew Sydes in advising on the study design and supporting MGW's PhD work in this field. We also thank Ms Nausheen Saleem for her ongoing support in the development of the ePOCR prompts together with the support of the UCL Clinical Research Informatics Unit. MGW is supported through a doctoral training partnership funded by the Medical Research Council. FWA and SKH are supported by University College London Hospitals National Institute for Health Research Biomedical Research Centre. SKH is supported by a Health Foundation Improvement Science Fellowship.

Contributors SKH, FWA and MGW conceived the research idea and developed the study design. SKH is the chief investigator for the study and MGW the principal investigator. MGW prepared the initial manuscript, and all authors were involved in contributing major edits. RM and MGW designed the ePOCR prompt system. DB assisted with trial design, implementation, clinical oversight and manuscript review. All authors have read and approved the final protocol and this manuscript.

Funding This research received no specific grant from any funding agency in the public, commercial or not-for-profit sectors.

Competing interests None declared.

Patient and public involvement Patients and/or the public were involved in the design, or conduct, or reporting, or dissemination plans of this research. Refer to the Methods section for further details.

Patient consent for publication Not applicable.

Provenance and peer review Not commissioned: externally peer reviewed.

Supplemental material This content has been supplied by the author(s). It has not been vetted by BMJ Publishing Group Limited (BMJ) and may not have been peer-reviewed. Any opinions or recommendations discussed are solely those of the author(s) and are not endorsed by BMJ. BMJ disclaims all liability and responsibility arising from any reliance placed on the content. Where the content includes any translated material, BMJ does not warrant the accuracy and reliability of the translations (including but not limited to local regulations, clinical guidelines. terminology, drug names and drug dosages), and is not responsible for any error and/or omissions arising from translation and adaptation or otherwise.

Open access This is an open access article distributed in accordance with the Creative Commons Attribution Non Commercial (CC BY-NC 4.0) license, which permits others to distribute, remix, adapt, build upon this work non-commercially, and license their derivative works on different terms, provided the original work is properly cited, appropriate credit is given, any changes made indicated, and the use is non-commercial. See: http://creativecommons.org/licenses/by-nc/4.0/.

ORCID ID

Matthew G Wilson http://orcid.org/0000-0002-5001-0253

REFERENCES

- Casey JD, Courtright KR, Rice TW, et al. What can a learning healthcare system teach us about improving outcomes? Curr Opin Crit Care 2021;27:527-36.
- Braithwaite J, Glasziou P, Westbrook J. The three numbers you need to know about healthcare: the 60-30-10 challenge. BMC Med 2020;18:102

- 3 Mercuri M, Gafni A. Examining the role of the physician as a source of variation: are physician-related variations necessarily unwarranted? J Eval Clin Pract 2018;24:145-51.
- Glover JA. The incidence of tonsillectomy in school children. Int J Epidemiol 2008:37:9-19.
- McCulloch P, Nagendran M, Campbell WB, et al. Strategies to reduce variation in the use of surgery. Lancet 2013;382:1130-9
- Safavi KC, Dharmarajan K, Kim N, et al. Variation exists in rates of admission to intensive care units for heart failure patients across hospitals in the United States. Circulation 2013;127:923-9.
- Gershengorn HB, Iwashyna TJ, Cooke CR, et al. Variation in use of intensive care for adults with diabetic ketoacidosis*. Crit Care Med 2012;40:2009-15.
- Peltan ID, Mitchell KH, Rudd KE, et al. Physician variation in time to antimicrobial treatment for septic patients presenting to the emergency department. Crit Care Med 2017;45:1011-8.
- Lilot M, Ehrenfeld JM, Lee C, et al. Variability in practice and factors predictive of total crystalloid administration during abdominal surgery: retrospective two-centre analysis. Br J Anaesth 2015;114:767-76.
- Garg J, Chaudhary R, Krishnamoorthy P, et al. Role of prophylactic magnesium supplementation in prevention of postoperative atrial fibrillation in patients undergoing coronary artery bypass grafting: a meta-analysis of 23 randomized controlled trials. J Am Coll Cardiol
- Wilson MG, Rashan A, Klapaukh R. Prophylactic magnesium supplementation and new-onset atrial fibrillation in a general critical care population: a prescribing preference instrumental variable analysis. Intensive Care and Critical Care Medicine 2021.
- Gattinoni L, Giomarelli P. Acquiring knowledge in intensive care: merits and pitfalls of randomized controlled trials. Intensive Care Med 2015;41:1460-4.
- Vetter TR, Mascha EJ, Bias MEJ. Bias, confounding, and interaction: lions and tigers, and bears, OH my! Anesth Analg 2017;125:1042-8.
- Fiore LD, Lavori PW. Integrating randomized comparative effectiveness research with patient care. N Engl J Med 2016;374:2152-8.
- van Staa T-P, Klungel O, Smeeth L. Use of electronic healthcare records in large-scale simple randomized trials at the point of care for the documentation of value-based medicine. J Intern Med 2014;275:562-9.
- Morris ZS, Wooding S, Grant J. The answer is 17 years, what is the question: understanding time lags in translational research. J R Soc Med 2011:104:510-20.
- London AJ, systems Lhealth. Learning health systems, clinical equipoise and the ethics of response adaptive randomisation. J Med Ethics 2018;44:409–15.
- Faden R, Kass N, Whicher D, et al. Ethics and informed consent for comparative effectiveness research with prospective electronic clinical data. Med Care 2013;51:S53-7.
- Vickers AJ, Scardino PT. The clinically-integrated randomized trial: proposed novel method for conducting large trials at low cost. Trials 2009:10:14.
- 20 Fiore LD, Brophy M, Ferguson RE, et al. A point-of-care clinical trial comparing insulin administered using a sliding scale versus a weightbased regimen. Clin Trials 2011:8:183-95.
- Salkind N. Encyclopedia of Research Design. 2455 Teller Road, Thousand Oaks California 91320 United States: SAGE Publications,
- Wasmann KA, Wijsman P, van Dieren S, et al. Partially randomised patient preference trials as an alternative design to randomised controlled trials: systematic review and meta-analyses. BMJ Open 2019:9:e031151.
- Backman R, Bayliss S, Moore D, et al. Clinical reminder alert fatique in healthcare: a systematic literature review protocol using qualitative evidence. Syst Rev 2017;6:255.
- Faden RR, Beauchamp TL, Kass NE. Informed consent, comparative effectiveness, and learning health care. N Engl J Med 2014:370:766-8.
- 25 Faden RR, Kass NE, Goodman SN, et al. An ethics framework for a learning health care system: a departure from traditional research ethics and clinical ethics. Hastings Cent Rep 2013; Spec No:S16-27.
- Morain SR, Tambor E, Moloney R, et al. Stakeholder perspectives regarding alternate approaches to informed consent for comparative effectiveness research. Learn Health Syst 2018;2:e10047.
- 27 Edmonds WA, Kennedy TD. An applied guide to research designs: quantitative, qualitative and mixed method. 2455 Teller Road, Thousand Oaks California 91320: SAGE Publications, Inc, 2017.
- Wilson FP, Greenberg JH. Acute kidney injury in real time: prediction, alerts, and clinical decision support. Nephron 2018;140:116-9.



- Braun V, Clarke V. Using thematic analysis in psychology. Qual Res Psychol 2006;3:77-101.
- 30 McNulty C, Ricketts EJ, Rugman C, et al. A qualitative study exploring the acceptability of the McNulty-Zelen design for randomised controlled trials evaluating educational interventions. BMC Fam Pract 2015:16:169.
- 31 Ltd SE. Power calculator for binary outcome non-inferiority trial [Online]. Sealed Envelope Ltd. Available: https://www.sealedenvelope.com/power/ binary-noninferior/ [Accessed 19 May 2022].
- Marshall MN. The key informant technique. Fam Pract 1996;13:92-7.
- Connell A, Black G, Montgomery H, et al. Implementation of a digitally enabled care pathway (Part 2): qualitative analysis of experiences of health care professionals. J Med Internet Res 2019:21:e13143.
- 34 Vasileiou K, Barnett J, Thorpe S, et al. Characterising and justifying sample size sufficiency in Interview-Based studies: systematic analysis of qualitative health research over a 15-year period. BMC Med Res Methodol 2018;18:148.

Supplementary Materials

S1 Clinician & Patient Semi-Structured Interview Schedules





IRAS ID: 279737

Centre Number: 1

Study Number: 142382

Version Number: 1.0 (22.09.21)

PROSPECTOR-Critical Care - Clinician Interview Schedule

Design

Following recruitment, clinicians will be asked to participate in a three-stage interview process. The first interview will be open to all critical care clinicians. The remaining two interviews will focus on critical care nurses who interacted with the prompts during the intervention phase.

Pre-Intervention Interview

This will collect background information on the individual nurse, including seniority and critical care experience and interactions with clinical research and electronic health record systems, including Best Practice Alerts specifically. The nurse will be asked about their understanding of their current practices regarding supplementing Mg, drivers, and motivators for administration and specific questions to elicit their perceived zone of equipoise for administering Mg based on serum Mg levels.

After gathering baseline information, each clinician will undertake a guided simulation of each alert design as a demonstration. Following the simulation, participants will be asked for feedback on the alert principles and design aspects.

Post-Exposure Interview

Specifically directed at the critical care nurses interacting with the alert, this interview will take place following exposure to the alert, within the intervention phase of the study. It will focus on areas such as usability, understanding and impact on the individual's clinical workflow. It will focus on highlighting reasons for compliance or defiance with the alert.

Follow-Up Interview

Following completion of the intervention phase, clinicians who were exposed to the alert will be invited to undertake a follow up interview. The purpose of this is to explore their overall attitudes towards the study and to garner qualitative comparison data on the two alert designs. It is likely that the majority of the participating nurse cohort will only be exposed to one of the two alert designs during the intervention period due to the scale of the study. To enable a comparison to be made, participants will be invited to review the simulation of the alert they did not interact with clinically during the interview. The use of simulated alerts for comparison will be recorded. The subgroup of nurses interacting with both alerts during the intervention phase will be presented in the results.

Pre-Intervention Interview

Aims

- Gather baseline information about clinicians
- Baseline qualitative data on attitudes towards Magnesium supplementation
- Guided simulation of both types of alert
- First-impression feedback on alert principles and design

Background

- Occurs following participant recruitment (nurses) or in isolation for other ICU clinicians.
 - Following review of Participant Information Sheet and Consent Form.
- Audio transcribed, simulation guided using Epic.
- Following interview completion, nurses will continue on to the intervention phase of the study, other ICU clinicians will complete study.
- Anticipated duration: 30 minutes

- > Before we start, can I check that you are happy to continue with the interview today?
- > It should take approximately 30 minutes
- > I'll be recording what we discuss so that it can be analysed with the rest of the study results after
- > As per the Information Sheet, the audio recording will be uploaded to a secure electronic storage vault and won't leave that without being anonymised beforehand.
- 1. What is your role in the ICU?
 - a. If ICU nurse:
 - i. Number of years qualified.
 - ii. Number of years working in critical care.
 - iii. Banding
 - iv. Duration worked in this ICU.
 - v. Number of shifts per week.
- 2. Have you been involved in research studies for critical care patients before?
 - a. Which ones?
 - **b.** What was your role?
 - **c.** Have you been involved in any research studies using Epic?
- 3. Thinking about the routine treatments that we give to critical care patients daily, can you estimate the proportion of these that are underpinned by good quality evidence?
 - a. How do you interact with evidence about the treatments you give?
 - i. Journals
 - ii. Clinical guidelines
 - iii. MDT/Teaching/Colleagues
- 4. How do you interact with a patient's blood test results?
 - a. Do you review them yourself (i.e. independently of the ward round for nurses).
 - **b.** Do you review them every shift?
 - c. How does reviewing blood tests integrate into your daily workflow?
 - i. Is there a particular time during each shift where you review them?
 - ii. Would you review them on a night shift?
 - iii. What kind of actions do you take from reviewing the blood test results?
- 5. What are the main reasons you might administer supplemental Magnesium to a critical care patient?
 - a. Clinical indications
 - b. What drives you to access the PRN Magnesium prescription?
- 6. How often would you administer (or request) supplemental Magnesium?
 - a. What proportion of your shifts?
 - **b.** What proportion of your patients?
- 7. Do you ever consult anyone else about whether or not to give supplemental Magnesium?
 - a. Who?
 - **b.** How often?
- 8. Consider a patient's serum Magnesium lab result do you have a threshold for giving Magnesium?
 - a. Low (when you would always give)
 - **b.** High (when you would never give)
 - c. How would you decide what to do in between these values?
- 9. Do you ever feel uncertain about what level of Magnesium to supplement at?
 - a. Can you estimate the numbers around which you feel uncertain?

- **b.** What makes you uncertain?
- c. What do you do if you are not sure what to do?
- 10. What are your feelings about Epic as an Electronic Health Record System?
- 11. Do you interact with any pop-up alerts at the moment?
 - a. Which ones?
 - **b.** What do you think of them?
 - c. Do they ever prompt you to change your clinical practice?
- > I'd like to show you two designs of electronic alert.
- > These are designed to activate within Epic, under specific conditions in this case, around the time that the ICU nurse is reviewing blood test results or considering administering supplemental Magnesium.
- > I'll walk you through how the alerts activate, and how you might interact with them and then ask what you think about them.
- > Walk through Nudge Alert.
- > Walk through Preference Alert.
- 12. What are your initial thoughts about these two alerts?
- 13. Can you describe what the alert is asking you to do?
- 14. What do you think your response to the alerts might be?
 - **a.** For non-nurses, ask them to consider a similar research question relevant to their role to frame the question in more relevant terms.
- 15. Do you think these alerts will be disruptive to your clinical workflow?

Post-Exposure Interview

Aims

- Assess alert useability and understanding of the alert.
- Assess immediate feedback on clinical workflow impact.
- Assess reasons for compliance or defiance with alert.

Background

This interview is focused on critical care nurses who have interacted with one of the alert designs in a clinical setting. It is designed to be carried out within the same shift as the nurse receives the exposure. Intended duration: 15 minutes.

- 1. Did you receive any electronic alerts whilst looking after your patient today?
 - a. What were they?
 - b. What were you doing when you received them?
- 2. How did you feel when you received the Magnesium alert?
- 3. What was the Magnesium alert asking you to do?
- 4. Did you follow the suggestion of the alert?
 - a. Why?
 - **b.** Did you feel that the alert was clear in what it was asking of you?
 - c. Did you feel pressured to do something you weren't comfortable with?
- 5. Thinking back to what you were doing when you received the alert: how did you feel about the timing of the alert activating?
 - a. Was it inconvenient? How would you fix it?
 - **b.** Did you feel you had enough time to review it and consider what to do?
 - c. Currently the alert deploys based on when you look at the blood test results or when you access the Magnesium prescription, can you think of better times or triggers for the alert to activate which might work better with your workflow?
- 6. What did you do immediately following the alert?
- 7. How do you feel about how frequently the alert popped up?
- 8. What do you think of the design of the alert itself?
 - a. Easy to understand? // Unclear language? // Too much or too little information?
- 9. Did you discuss the alert/decision to give Magnesium with any other members of the clinical team?
- 10. How do you think this alert impacted or changed the patient's care?
- 11. If the patient was able to, did you discuss the alert or decision to supplement Magnesium with the patient?
- 12. Would you routinely discuss Magnesium supplementation at handover?

Follow Up Interview

Aims

- Explore overall attitudes towards the study.
- Compare and contrast alert designs and elicit preferences.

Background

This interview will be conducted following conclusion of the intervention phase and will be focused on participating critical care nurses who were exposed to an alert whilst delivering clinical care.

It is anticipated that nurses may not be exposed to both alert designs during the intervention period and as such this interview will include a second simulated walk through of the alert design not seen clinically to facilitate a comparison. Intended duration: 30 minutes.

- 1. During the course of looking after patients in this study, were you exposed to an electronic alert about Magnesium?
 - a. How many times did you receive the Magnesium alert in total?
- 2. Were you exposed to two types of alert design at least once?
 - a. Show picture examples to aid recall.
 - **b.** Can also compare against exposures from EHRS.
- > At this point, if the nurse has not been exposed to one type of alert design, pause the interview and go back through the simulated walk through for the alternative alert type as a refresher.
- 3. If you compare both designs of the alert, do you prefer one design over the other?
 - a. Why?
 - b. What are the good and bad aspects of each design?
- 4. Do you feel that one type of alert made you more likely to follow the randomised allocation over the other?
- 5. Do you think you were more likely to ignore one design over the other?
- 6. Overall, how have you found taking part in this study?
- 7. What do you think about the potential for using alerts like this to research routine treatments in ICU?
- 8. If we ran a larger scale version of this trial, with the aim of finding out if liberal or restrictive Magnesium supplementation was better at preventing Atrial Fibrillation:
 - a. Would you take part?
 - **b.** Which alert would you pick to use?
 - c. What do you think the result of the trial would be?

- 9. Imagine we were using this design of experiment (with electronic alerts and randomisation) to investigate different ICU treatments at the same time. This means that you might get more than one alert for different treatments during a shift:
 - a. What do you think about having more than one alert question running at once?
 - **b.** What do you think the maximum number of different alerts that would be tolerable is?
- 10. Part of the process for picking research questions to investigate with this method is that we demonstrate a lack of evidence as to the best course of action, and existing variation in how clinicians administer the treatment. Consider each of these scenarios, would you be happy to use the alert randomisation method to investigate them?
 - **a.** Randomising to different durations of postoperative antibiotic treatment to prevent surgical site infections.
 - **b.** Randomising to different thresholds of Haemoglobin at which to "top-up" with a blood transfusion.
 - **c.** Randomising to different thresholds of temperature at which to administer Paracetamol for a fever.
 - **d.** Randomising to different target mean arterial blood pressures for patients.
 - **e.** Randomising to different durations of non-invasive ventilation before intubation for patients with pneumonia.



IRAS ID: 279737

Centre Number: 1

Study Number: 142382

Version Number: 1.0 (22.09.21)

PROSPECTOR-Critical Care - Patient Interview Outline

Aims

Evaluate acceptability of *pre-emptive* and *opt-out* consent models for recruitment to trials evaluating routine treatment effectiveness.

Background

Occurs following participant recruitment, critical care admission, exposure to alert(s) and discharge to ward. Audio transcribed, may take place in person or remotely following discharge from hospital if required. Following completion of follow up interview, participant is discharged from study.

Recap

Before your surgery you kindly agreed to participate in a research study piloting the use of electronic alerts designed to capture and study clinical decision making. The aim of these alerts is to allow clinicians to study routine treatments for which there is little or no pre-existing evidence. We know already that for such treatments, clinicians vary in how they administer these to patients. When clinicians were uncertain about the right treatment decision (given the lack of evidence), the alerts gave them the opportunity to follow the treatment allocated to you through the study, so that we could learn for the future. When clinicians were certain about the best treatment to give, they were allowed to do this, and we recorded what happened in both cases.

Eventually, we hope to develop a system of rapid research studies for routine intensive care treatments that we know vary in how they are applied because of a lack of evidence.

This pilot study has been to see if such a system could work.

Part of the problem with doing research for routine treatments, particularly in intensive care is the difficulty with asking patients for consent to participate in the research study whilst they are very unwell. We wanted to address this problem by asking you to give consent *before* you were admitted to intensive care, back in the Pre-Assessment Clinic. This was possible because we knew

from experience that because of the operation you were having you would come to intensive care after.

The purpose of this interview is two-fold:

- 1/ To get your thoughts and opinions on giving consent to research before you are admitted to intensive care (what we are calling **pre-emptive** consent).
- 2/ To get your thoughts on the acceptability of a different way of giving consent, specifically for investigation of routine treatments, which we are calling **opt-out** consent (more on this later).

- > Before we start, can I check that you are happy to continue with the interview today?
- > It should take approximately 30 minutes.
- > I'll be recording what we discuss so that it can be analysed with the rest of the study results after
- > As per the Information Sheet, the audio recording will be uploaded to a secure electronic storage vault and won't leave that without being anonymised beforehand.
- 1. What do you remember about how you were asked to provide consent to this study?
 - 1. Where did it happen?
 - 2. When did it happen in relation to your operation?
- 2. Can you remember what the study was investigating? [this question is used partially to recap in preparation for following questions]
 - 1. Alerts
 - 2. Magnesium
- 2. Thinking back to when you were asked to consent to this study, how did you feel at the time?
 - 1. Do you think you understood what the study involved,
 - I.e. what it was asking of you as a participant?
 - 2. Do you think you had the right amount of time to think about the study?
 - 3. How would you describe your feelings about taking part in a research study?
- 3. As part of the consent process, you were provided with some written information about the study what did you think about that?
 - 1. Was it written clearly?
 - 2. Were there any parts you did not understand?
- 4. Throughout the study, were you satisfied that if you wanted to withdraw from the study you knew how to do this?

- > One of the advantages of asking for you to consent in clinic, before you are admitted to intensive care, is that we do not have to approach you to consent immediately after your operation.
- > Another method used to do research is to conduct the study (with the approval of an ethics committee) and then ask for your consent after it has happened, a process called deferred consent.
- > This is often used for studies in intensive care because you may not be able to provide consent at the time as you may be unconscious.
- 5. Comparing the approach we have taken, to consent you prior to surgery pre-emptively, rather than ask you afterwards, as in deferred consent, which seems more appropriate to you?
- 6. Overall, having consented to this study using the *pre-emptive* method, do you think it an acceptable method for asking for consent to participate in a research study?
- 1. Would you find it acceptable to be approached in clinic to participate in further research studies?
- 7. Do you have any concerns with this method of obtaining consent?
- 1. Are there circumstances when you think it might be inappropriate or wrong to ask for consent like this?
 - 1. E.g. trying a new or experimental treatment
- > I'd like to ask your opinion about another way of giving consent to participate in research, called **opt-out consent**.
- > This needs a little explanation.
- > For situations where treatments lack evidence, and therefore whether a patient receives them or not is determined by which clinician looks after them (a process which is generally random), we believe it is unethical not to study whether these treatments are effective or not.
- > Consider a situation when you are expecting to come into hospital for an operation, and as part of your recovery you will stay on intensive care for a time , as you just have.
- > When you receive information about your hospital stay, at the Pre-Assessment Clinic for example, you find it includes a leaflet about intensive care.
- > This states that the intensive care unit and the people who work there everyday are committed to continuously learning how they can provide better care for future patients.
- > As part of this learning, clinical trials of routinely administered treatments take place on the ICU all the time.
- > These trials will never involve the use of new treatments, and will only compare the use of existing treatments within the limits of how they already vary normally.
- > The leaflet would explain that the same as all other research, these studies would go through the same rigorous checking and ethical approval as all other clinical trials.
- > It would then give you brief information on all the studies currently being conducted.

- > It would then ask if you did NOT want to be part of any research during your admission, that you OPT-OUT, via one of several paths (internet, phone contact, discussion with any member of the clinical team).
- > If you chose not to opt-out, then you would automatically be enrolled in one of these ongoing research studies as part of your admission.
- > You would be able to choose what level of information you would like about the study going forward (updating about the results etc) and you would always have the ability to opt-out at any stage, the same as you had with this study.
- 8. Were there any elements in that which you did not understand?
- 9. What do you think of the idea of giving opt-out consent for carefully selected and controlled research studies?
- 10. If you had received an information leaflet like the one described before your operation this time round what do you think your response would have been?
- 1. Do you think it would have been acceptable to study a routine treatment, like Magnesium, using this opt-out method of consent?
- 11. Please review the example leaflet:
 - 1. Are there areas that are unclear?
 - 2. What do you think your response might be?
- 12. Are there any areas which we have discussed that you feel concerned or worried about?
- 13. Can you think of any research studies for which opt-out consent would not be appropriate?
- 1. We would consider any study which investigates a new drug or treatment to be inappropriate for this type of consent.
- 14. We propose to form a trials committee to evaluate research questions which might potentially be investigated using opt-out consent. We would include patient representatives on this panel. Any research questions which they agree may be appropriate would then go forward to an ethics committee for consideration in the usual way. Are there any additional layers of protection or scrutiny that you would like to see in place?
- 15. Are you aware of any other research initiatives which use the principle of opt-out consent?
- > Thank you for participating in our study do you have any further questions or anything else you would like to add?

Example Opt Out Leaflet

"Dear Sir/Madam,

- > Occasionally patients admitted to hospital require a higher degree of monitoring and care than can be provided on a normal ward.
- > This normally means being looked after in the Intensive Care Unit, or ICU, within the hospital.
- > At UCLH, we operate an ICU which seeks to use the best modern technology, combined with cutting edge research to continually learn how to improve patient care.
- > To do this, we perform lots of research studies on treatments which form the basic routine delivery of Intensive Care.
- > These are things like giving Oxygen, giving additional fluids through the vein, or supplementing different salt levels.
- > The studies we run on these routine aspects of care are monitored, regulated and approved in the same way as all clinical research studies.
- > The aim of the studies is for us to learn how to give future patients better care.
- > We investigate these treatments because we know that clinicians may have different strategies when it comes to giving these treatments.
- > These differences arise because there is little scientific evidence to guide these decisions.
- > When clinicians come to make a decision they know there is limited evidence for, we offer them the opportunity to follow a randomly allocated suggestion that enables us to learn the best strategy for the future.
- > The decision about the treatment remains entirely within the control of your doctor or nurse who continue to manage you as they see fit.
- > Previous studies we have conducted have shown that most patients are happy for these kinds of routine treatment studies to occur, without asking for consent for each study beforehand.
- > In view of this, we operate a system where if you do not want to participate in these studies you may opt-out of all research activities.
- > You can do this by visiting www.uclh.nhs.uk/prospector-optout.com or by discussing opting out with any member of the clinical team.
- > You can find a list of all the research studies we are currently conducting at www.uclh.nhs.uk/prospector-criticalcare.com."

S2 - Patient Information Sheet



University College London Hospitals NHS Foundation Trust

Participant Information Sheet (Patients)

Study Title:

Feasibility Study of **PROSPECTOR** – **P**oint of care **R**and**O**misation **S**ystems for **P**erforming **E**mbedded **C**omparative effectiveness **T**rials **O**f **R**outine treatments in Critical Care

Protocol Number: 1.0 (22.09.21)

Sponsor: University College London, this study is being conducted as part of a PhD study program

Principle Investigator: Dr. Matthew Wilson

Site: University College London Hospitals NHS Trust

Version: 1.1 (05.11.21)

Invitation

We would like to invite you to take part in our research study. Before you decide to participate, it is important that you understand why the research is being done and what it would involve for you. One of the research team will go through this information sheet with you, to help you decide if you would like to take part and to answer any questions you may have. This should take about 10 minutes. Please feel free to talk to others about the study if you wish.

Background to the Study

During a hospital stay, some patients require additional care that cannot be provided on a ward. In these cases, patients come to the Intensive Care Unit and receive close monitoring and nursing care. For some operations, patients will routinely come to Intensive Care immediately after surgery.

Every day, doctors and nurses working in Intensive Care make hundreds of decisions about treatments - like when to start or stop them, or how frequently to give them. Ideally, decisions are based on gold standard evidence from scientific studies known as Randomised Controlled Trials (RCTs). Unfortunately, for many commonly used treatments, little or no evidence about how best to use them exists, and clinicians must use knowledge and experience to decide what is best.

As clinicians are all different, this can mean that patients can receive different treatments depending on who looks after them. For example, magnesium is routinely given to patients in Intensive Care to

prevent abnormal heart rhythms. There is no evidence supporting this practice and clinicians vary in how they give magnesium to patients.

Whilst a standard clinical trial might be run to answer the question of how best to give magnesium, this method is very expensive and labour-intensive as research teams must conduct tasks such as randomly allocating patients to treatments manually (known as randomisation).

Increasingly, we are using hospital computer systems to make conducting clinical trials less costly and more efficient by automating some of the required processes. These computer systems also possess mechanisms for prompting and guiding clinicians for certain decisions, reminding them of best practices, or warning them of potential problems. These systems may be modified to allow clinicians to follow a treatment allocated randomly, within the boundaries of a clinical trial. If successful, this will help us generate evidence for how best to give these treatments to patients.

In this study we will investigate whether electronic computer prompts can be used to allow clinicians to follow a randomly allocated strategy for administering magnesium in the Intensive Care Unit.

What is the Aim of the Study?

This is a feasibility study, designed to find out how doctors and nurses might respond to two different designs of computer prompt designed to enable them to follow a magnesium treatment strategy, under conditions where they would normally be uncertain as to the best strategy.

In addition, we would like to obtain your thoughts on different methods of providing informed consent to participate in this kind of research into routine care practices. This would be done by interview at the end of the study.

What Intervention is being examined?

This study will compare two designs of computer prompt. These will be displayed to the Intensive Care nurses at the time they make the decision about whether to give extra magnesium or not. The prompts will ask the nurse to consider how strongly they feel about giving or not giving magnesium. If the nurse feels strongly that giving or not giving magnesium is the correct decision, they will follow their treatment preference. However, if the nurse has no strong feelings either way, they will be encouraged to follow the magnesium strategy allocated by the study, and displayed on the prompt. This will enable the study to learn about what kind of magnesium strategy is best, whilst ensuring that clinicians retain control over what treatments patients receive.

We also wish to gather the views of patients like yourself on different ways of asking for your consent to participate in research studies, specifically for treatments in hospital which form part of routine care, but which lack good evidence as to their effectiveness.

Why am I being asked to participate in this study?

You are scheduled to have an operation which would normally involve you being looked after in Intensive Care immediately after surgery. This allows us the opportunity to approach you beforehand to ask if you would consent to participate in this study.

Signing up to the study

After reading this information leaflet you will have the opportunity to discuss the study with a member of the research team and ask questions. If at this stage you are happy to participate, we will ask you to sign a consent form. If you would like more time to consider taking part, we will arrange a time to contact you prior to your operation to rediscuss participation.

If you agree to participate, we will ask you to sign a consent form prior to your operation.

If you decide not to take part in your study, then you continue with your planned surgery as normal.

If you agree to participate but later change your mind, then you can withdraw from the study at any time. You can do this by contacting one of the research team via telephone or email (at the end of this document), or by asking any member of the team looking after you who will be able to assist you.

Why am I being asked to participate now?

We are approaching you to participate in the study prior to your operation as the study is investigating aspects of your care (how to best look after your magnesium levels) immediately following an operation. In many cases in the immediate period following an operation you may lack the capacity to consent due to effects of the surgery, general anaesthesia and pain medications, but in the majority of cases this resolves in the first 24 hours. It is important that we study how best to give you treatments in the immediate period following surgery, so we are asking for your consent in advance.

What happens in the study?

If you agree to participate in the study, you will go ahead and have your operation as normal. After surgery you will come to the Intensive Care Unit afterwards. Occasionally, your clinical team may decide that you don't require Intensive Care, and can be safely looked after on the ward. If this happens, you'll still be able to take part in the study by undertaking an interview, although you won't be involved in the study of the computer prompts, as these are only being used in Intensive Care.

On the Intensive Care Unit, you will continue to be looked after as normal. As part of your routine care after an operation you will have regular blood tests (normally once a day for the first few days), including measurement of the amount of magnesium in your blood. How often these blood tests are conducted is decided by your clinical team and not by the study.

Once your blood test results are back, the Intensive Care nurse looking after you will receive the computer prompt as detailed above and decide how best to look after you, together with the rest of

the clinical team. The computer prompt will repeat for each new blood test result you have, for the duration of your stay on Intensive Care, or a maximum of five days after your operation.

Because the prompt displays to the nurse using the electronic patient record on the bedside computer, you may not be aware of it happening. Like all the medications that you receive, the nurse will let you know if they are giving you magnesium before giving it. You are free to discuss the computer prompt and magnesium decision with the nurse if you would like, this will not affect the study.

It is important to stress that the computer prompt will not ask the nurse to do anything outside normal clinical practice. Your nurse, together with the rest of the Intensive Care team retains control over the treatment you receive at all times.

When you are well enough to transfer from Intensive Care to the ward, the computer prompt will stop functioning. On the ward, when you are well enough, we will ask you to undertake a follow up interview, which should take approximately 30 minutes. Following this interview, your participation in the study will be finished.

How will we collect the interview data?

After confirming you remain happy to proceed, one of the research team members will conduct the interview which will be audio recorded. The digital recordings will be uploaded to a secure research environment, managed by University College London. A member of the research team will then transcribe the recordings into writing in order to analyse them, and at this point all identifying features will be removed. Following completion of the study, removal of identifiers and transcription, the audio recordings will be deleted.

Who will have access to the data?

Access to the data will be restricted to members of the study research team, detailed within the study protocol. Any information you provide during the interview will be anonymised by removal of identifying features by a member of the study team. We will use selected quotes without names or identifiers in the published study results.

What are the possible benefits of participating in the study?

This study is for research purposes and will provide no direct benefit to you. In the long-term this study will contribute to developing new clinical research methods to improve how we deliver care to critically ill patients at UCLH.

What are the potential disadvantages of participating in the study?

If you agree to participate in the study, we ask that you undertake one follow up interview after leaving Intensive Care, lasting approximately 30 minutes.

What happens if you don't participate in the study?

Your participation is entirely voluntary and you are free to decline or withdraw from the study at any time. Your participation in this study does not alter your planned surgery, or postoperative care in any way beyond that detailed here.

What happens after the study?

After completing the pilot study, we will analyse the results. We hope to use these pilot results to optimise the design if the computer prompts, and then run a large-scale trial in the future. If you would like to be kept informed about the results and progress of the project, we will happily keep you updated via email (with your consent).

What if something goes wrong?

Every care will be taken in the course of this study. However, if you wish to complain, or have any concerns about any aspect of the way you have been approached or treated by members of staff during your participation in a research study, NHS or UCL complaints mechanisms are available to you. Please ask your research doctor (or a member of your clinical team) if you would like more information on this.

If you remain unhappy and wish to complain formally, you can do this using the NHS complaints procedure. Details can be obtained from the University College London Hospital Patient Advice and Liaison Service (PALS). PALS can be contacted online (https://www.uclh.nhs.uk/contact/patient-advice-and-liaison-service-pals) or by telephone (0203 447 3042), or email: uclh.pals@nhs.net.

Do you receive compensation for participating in this study?

Participation in the study is entirely voluntary and does not include any expense or payment.

Who is organising and funding this study?

This study is organised by a team of researchers and clinicians from UCL and UCLH. It has received sponsorship from UCL.

What are the ethical and legal aspects in this study?

This study has been approved by University College London Hospitals, and is being carried out in accordance with national legislations and guidelines as detailed in the amended Declaration of Helsinki (Seoul, 2008). This study has been reviewed and approved by a Research Ethics Committee.

How will we use information about you?

We will need to use information from your electronic medical record for this research project. This information will include features to identify you as a study participant, including your name, hospital identification number and date of birth. We will also use data which is normally collected as part of your clinical care, including heart rhythm observations, when and how you receive additional magnesium treatments, and additional clinical data designed to answer the study question. Your clinical data will remain inside University College London Hospital's computer systems, accessible only to designated members of the research team, and the study sponsor (UCL).

Once we have finished the study, we will keep some of your data, so we can check the results. We will write our reports in a way that no-one can work out that you took part in the study.

What are your choices about how your information is used?

You can stop being part of the study at any time, without giving a reason, but we will keep information about you that we already have.

We also need to manage your records in specific ways for the research we conduct to be reliable. This means that we won't be able to let you see or change the data we hold about you.

If you agree to take part in this study, you will have the option to take part in future research using your data saved from this study. This data will remain securely stored in University College London Hospital IT systems and in the UCL Data Safe Haven.

Where can you find out more about how your information is used?

You can find out more about how we use your information:

- At www.hra.nhs.uk/information-about-patients/
- By asking one of our research team
- By sending an email to: matthew.wilson8@nhs.net , or: uclh.criticalcareresearch-dl@nhs.net
- By phoning us on: 07722407413
- By sending an email to data-protection@ucl.ac.uk

If you have further questions:

Contact the principal investigator (Dr. Matthew Wilson – $\frac{\text{matthew.wilson8@nhs.net}}{\text{nvestigator}}$), or the chief investigator (Dr. Steve Harris – $\frac{\text{steve.harris@ucl.ac.uk}}{\text{steve.harris@ucl.ac.uk}}$):

- If you have any questions concerning your participation in this research study
- If you have questions about your rights as a study participant
- If you have questions, concerns or complaints about the research

S3 – Study Consent Form





IRAS ID: 279737 Centre Number: 1 Study Number: 142382

Version Number: 1.1 (05.11.21)
Participant Information Number:

CONSENT FORM

Title of Project: PROSPECTOR-Critical Care Please initial each box: Name of Researcher: Dr. Matthew Wilson 1. I confirm that I have read the information sheet dated 5th November, 2021 (version 1.1) for the above study. I have had the opportunity to consider the information, ask questions and have had these answered satisfactorily. 2. I understand that my participation is voluntary and that I am free to withdraw at any time without giving any reason, without my medical care or legal rights being affected. 3. I understand that relevant sections of my medical notes (patients) and data collected during the study may be looked at by individuals from the study research team, from regulatory authorities or from the NHS Trust or University College London, where it is relevant to my taking part in this research. I give permission for these individuals to access my records. 4. I understand that the information held and maintained by University College London Hospitals and University College London may be used to help contact me or provide information about my health status. 5. I agree to participate in the study interview program and consent to the interview being audio recorded and transcribed into writing. 6. I agree to take part in the above study. Name of Participant Date Signature

Name of Person	- Date	Signature
taking consent		