

Appendix 1

Table: References to psychometric characteristics for the patient reported outcome measures (cf. Table 1) to be used in the project.

Instrument/Scale	References
Pain intensity (NRS)	1
Fibromyalgia 2016 criteria	2
Psychological distress (HADS)	3 4
Multidimensional Pain Inventory (MPI)	5-7
Pain catastrophizing (PCS)	8 9
Insomnia (ISI)	10 11
Pain coping (CPAQ8)	12-14
Fear of movement (TSK)	15-18
Health-related quality of life (RAND-36)	19-22
Health-related quality of life (EQ-5D™)	23-26
Physical activity	27 28

NRS = Numeric Rating Scale, MPI = Multidimensional Pain Inventory, HADS = Hospital Anxiety and Depression Scale, PCS = Pain Catastrophizing Scale, ISI = insomnia Severity Index, CPAQ = Chronic Pain Acceptance Questionnaire, TSK = Tampa Scale for Kinesiophobia, RAND-36 = modernized version of Short-Form Health Survey-36.

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