BMJ Open Portable ultrasound technologies for estimating gestational age in pregnant women: a scoping review and analysis of commercially available models

Alexander John Eggleston , ¹ Elise Farrington , ² Steve McDonald , ³ Samia Aziz 🗅 4

To cite: Eggleston AJ, Farrington E. McDonald S. et al. Portable ultrasound technologies for estimating gestational age in pregnant women: a scoping review and analysis of commercially available models. BMJ Open 2022;12:e065181. doi:10.1136/ bmjopen-2022-065181

Prepublication history and additional supplemental material for this paper are available online. To view these files, please visit the journal online (http://dx.doi.org/10.1136/ bmjopen-2022-065181).

Received 08 June 2022 Accepted 03 October 2022



@ Author(s) (or their employer(s)) 2022. Re-use permitted under CC BY-NC. No commercial re-use. See rights and permissions. Published by BMJ.

¹Global Women's and Newborn's Health Group, Burnet Institute, Melbourne, Victoria, Australia ²Medical Department, Western Health, Footscray, Victoria, Australia

³School of Public Health and Preventive Medicine, Monash University, Melbourne, Victoria, Australia

⁴Department of Public Health, Independent University, Bangladesh, Dhaka, Dhaka District, Bangladesh

Correspondence to

Dr Alexander John Eggleston; alex.eggleston05@gmail.com

ABSTRACT

Objectives To identify all available studies assessing the use of portable ultrasound devices for pregnant women. with the specific aim of finding evidence for devices used to determine gestational age and their validity when compared with conventional ultrasound machines. We also wanted to determine what portable ultrasound models are commercially available for obstetric use.

Design Systematic scoping review.

Primary and secondary outcome measures Extracted variables included study design, population, method of ultrasound measurement, devices used and whether studies formally validated accuracy against conventional ultrasound.

Results We searched four databases—Medline. Embase, CINAHL and Maternal and Infant Care, In total 56 studies from 34 countries were identified; most were observational studies. Across all studies, 27 different portable ultrasound models (from 17 manufacturers) were evaluated. Twenty-one studies assessed use of portable ultrasound for evaluating fetal characteristics or estimating gestational age, and 10 of these were formal validation studies. In total, six portable devices have been validated for gestational age estimation against a conventional ultrasound comparator. The web searches identified 102 portable devices (21 manufacturers). These were a mix of handheld devices that connected to a phone or computer, or laptop-style portable ultrasound devices. Prices ranged from US\$1190 to US\$30000 and weight ranged from 0.9 kg to 13.0 kg.

Conclusion While the number of commercially available portable ultrasound devices continues to grow, there remains a lack of peer-reviewed, quality evidence demonstrating their accuracy and validity when compared with conventional ultrasound machines. This review identified some models that may be useful in gestational age estimation in low-resource settings, but more research is required to help implement the technology at scale. Trial registration number Registered via Open Science Framework (DOI: 10.17605/OSF.IO/U8KXP).

BACKGROUND

The WHO recommends that all pregnant women should receive at least one ultrasound scan before 24 weeks' gestation to estimate

STRENGTHS AND LIMITATIONS OF THIS STUDY

- ⇒ We applied a detailed and tailored search strategy to a wide range of data sources to identify as many relevant studies as possible, including a variety of medical databases.
- ⇒ The screening and data extraction processes were completed by two independent reviewers, with any conflicts resolved by a third reviewer.
- ⇒ The findings from our formal scoping review were augmented by additional web searches of ultrasound manufacturers.
- ⇒ We acknowledge that scoping reviews do not take into account the integrity or accuracy of individual studies identified.
- We acknowledge that some studies may have been published outside of the databases and websites we searched.

gestational age, improve detection of fetal anomalies and multiple pregnancies, reduce induction of labour for post-term pregnancy, ence. An ultrasound scan for gestational age estimation is most accurate when it is performed in the first trimester of parts. Several antenatal interventions recommended by WHO confer benefit when used at specific gestational ages—such as antenatal corticosteroids for women at risk of preterm birth prior to 34 weeks' gestation,³ aspirin for women at increased risk of pre-eclampsia prior to 20 weeks' gestation⁴ and induction of <u>Galabour</u> labour for post-term pregnancy⁵—and hence the safe and appropriate use of these interventions can be affected by accuracy of gestational age estimation. WHO's antenatal care recommendations emphasise the need for effective and reliable antenatal ultrasound services to be available to all pregnant women, in order to optimise maternal and newborn health outcomes.⁶ However, in many low-/ middle-income countries (LMICs), women's



access to reliable antenatal ultrasound is often limited or only available in certain contexts, such as tertiary hospitals or in private health services. 78 Resource constraints and limited infrastructure in rural health facilities further impact the ability to implement traditional or conventional ultrasound machines in these settings.

Recent years have seen the development of portable, wireless, compact or mobile-based ultrasound systems for obstetric use. If such portable ultrasound devices are as accurate as conventional, cart-based ultrasound systems as well as being easy to use, affordable and acceptable to women and their healthcare providers—they could help improve pregnant women's access to antenatal ultrasound, and thus increase coverage. A 2016 systematic review explored available research on the use of portable ultrasound devices in the triage, diagnosis and management of adult patients in LMICs, and found 36 studies describing their use in cardiac screening, abdominal assessment, obstetric dating, and in rapid triage in rural areas or emergency settings. 9 While that review identified only three studies related to portable ultrasound use in pregnancy, a number of new portable ultrasound models have become commercially available since that review was conducted, including several models intended specifically for pregnant women.

We therefore aimed to conduct a scoping review to identify all available studies assessing the use of portable ultrasound devices for pregnant women, as well as aiming to identify what portable ultrasound models are currently commercially available. We did this review to help identify which (if any) devices would be useful for improving access to antenatal ultrasound for women in LMICs.

METHODS Study design

Scoping reviews are a useful methodology for examining the range and nature of existing literature on a topic. 10 11 They are well suited to addressing relatively broad questions, as they can create a map of the existing literature in a reproducible and transparent manner.¹² Scoping reviews can provide insights into how a topic has been studied, and whether knowledge gaps exist. This scoping review was conducted in accordance with the Joanna Briggs Institute Methodology for Scoping Reviews, and is reported as per the Preferred Reporting Items for Systematic Reviews and Meta-Analyses extension for Scoping Reviews standards. 10 11 We first developed a review protocol which was registered online via the Open Science Framework website. 13 As a systematic review of publicly available data, ethics approval was not required. No patients or members of the public were involved in the design or conduct of this review.

Patient and public involvement

No patient's or members of the public were involved in the design, conduction, or dissemination of results for this paper.

Eligibility criteria

For the scoping review, eligible studies were primary research studies that used any study design, conducted in any country, setting or language, provided that the study involved the use of a portable ultrasound device (variably described as point-of-care, wireless, compact, or mobilebased ultrasound devices) in pregnant women. We also included studies that pertained to training healthcare providers in the use of portable ultrasound devices for pregnancy-related indications. Studies were included regardless of the comparator used. We searched the literature from 1 January 2000 onwards, considering that portable ultrasound devices are a relatively new technology. While the aim of the review was to identify portable ultrasound devices specifically for gestational age estimation, we decided to use eligibility criteria that captured any study assessing the use of a portable ultrasound device for any pregnancy-related indication, to ensure that no eligible devices or data were missed. This was also because some ultrasound devices might have multiple uses (such as gestational age estimation, assessing position of the placenta, or detecting fetal anomaly). Studies that related to the use of conventional ultrasound systems only (ie, cart-based ultrasound devices), or studies that assessed portable ultrasound use in clinical contexts outside of obstetric applications were not included. Conference abstracts, case reports, case series, study protocols and editorial letters were also not eligible. Systematic reviews 8 were not considered eligible but were checked for any studies not identified through our searches.

Literature searching and assessment of eligibility

Literature searching and assessment of eligibility
We searched four databases—Medline, Embase, CINAHL and Maternal and Infant Care—on 29 July 2021. With **∃** support from two information specialists, search strategies were constructed for each database, combining relevant synonyms and search terms for pregnancy (including terms related to foetal biometry and GA estimation) and portable ultrasound devices (online supplemental tables S1-S4). Identified citations were collated and deduplicated in Endnote, ¹⁴ before uploading to Covidence for screening. 15 Two reviewers independently screened and assessed titles and abstracts of all retrieved citations for potential eligibility. For potentially eligible studies, full texts were retrieved and assessed by two independent reviewers according to the review's eligibility criteria. Disagreements during both stages were resolved either through discussion or consultation with a third author.

Separate to the searches of these four databases, we used Google searches to identify portable ultrasound devices that were commercially available at the time of searching. These searches used structured search terms and synonyms to identify manufacturers of portable ultrasound systems (online supplemental table S5). We also searched individual websites of ultrasound manufacturers to identify what (if any) portable ultrasound systems were currently available (online supplemental table S6). Once the scoping review was completed, we updated these



searches to ensure that manufacturers identified in the included studies were also included in these web searches.

Data collection and analysis

For the scoping review, data extraction was conducted using a customised Google Sheet, which was pretested and refined on five eligible studies. For each included study, we extracted data on: study title, author, year of publication, country and region where the study was conducted, study design, population, setting, stage of pregnancy, method of measurement (transabdominal, transvaginal, and/or transperineal), device used and what parameters were assessed. By parameters, we mean whether the study reported on accuracy, effects on health outcomes, feasibility, whether training programmes were used, and whether they compared findings to conventional ultrasound devices. The country where a study was conducted was classified into income levels using 2021 World Bank categories. 16

Study designs were classified according to the Centre for Evidence-Based Medicine's published hierarchies of evidence, 17 while those studies that self-described as pilot, field or validation studies were classified as 'other primary research design'. We also classified each study based on its main objective—for example, whether the study used portable ultrasound primarily for: gestational age estimation, confirming pregnancy, routine antenatal ultrasound scans, identifying ectopic pregnancy, identifying or monitoring placental abnormalities, congenital anomaly screening, monitoring labour progress, or emergency/trauma applications for pregnant women (online supplemental table S7). For those studies that formally validated a portable device against a conventional ultrasound system for gestational age estimation, the findings of that validation analysis were reported. As a scoping review, quality assessment of individual studies was not performed. Data were analysed descriptively. For the purposes of reporting review findings, the term "portable ultrasound" was used to mean any pointof-care, wireless, compact or mobile-based ultrasound device, as distinct from conventional (non-portable) or cart-based ultrasound devices.

For the web searches to identify commercially available portable ultrasound devices, we extracted available data on country of manufacture, countries of registration, intended use and user, what training is provided or available, and the device characteristics. This included the device's power supply, battery life, transducers, obstetric software presets, estimated lifetime, drop and waterproof standards, weight, dimensions, accessories, screen resolutions, software requirements, storage, data export options, price and warranty. In 2018, WHO published a policy brief on their antenatal care recommendations, identifying eight suggested requirements that obstetric ultrasound equipment should meet for antenatal care (box 1). We assessed all identified ultrasound systems against these eight requirements.⁶

Suggested equipment capacity for obstetric ultrasound (US; reproduced with permission from the WHO's recommendations on antenatal care for a positive pregnancy experience)⁶

- ⇒ Real-time, grayscale capabilities
- Transabdominal transducer (3–5 MHz)
- Transvaginal US transducer to help detect placental abnormalities and extrauterine pregnancies
- ⇒ Adjustable acoustic power output controls with output display standards
- ⇒ Freeze-frame capabilities and electronic callipers
- ⇒ Obstetric presets (software) to estimate gestational age
- ⇒ Capacity to print or store images
- Regular maintenance and servicing, important for optimal equipment performance

In general, service delivery settings that will only conduct routine basic obstetric ultrasound will not require a machine with additional features such as Doppler or 3-D/4-D imaging.

A transvaginal transducer may also be useful in some examinations where an experienced provider is unable to visualise anatomy with a transabdominal transducer.

RESULTS

Literature searches for the scoping review identified 2770 citations, of which 793 duplicates were removed. Title and abstract screening of the remaining 1977 unique citations identified 269 citations which were potentially eligible. After reviewing full texts, 56 studies were included for analysis (figure 1). The most common reasons for exclusion included conference abstracts (86 studies), ultrasound device was not described (34 studies), or studies using an ineligible intervention (such as conventional ultrasound devices only) (26 studies). Six full texts were unable to be located. All data used in the results are publicly available online. 18

Characteristics of included studies

Included studies were published between 2005 and 2021. Studies were conducted in 34 different countries across six regions (2 studies were conducted in multiple countries). High-income countries accounted for 24 studies (42.9%), lower middle income countries for 13 studies (23.2%), upper middle income for 9 studies (16.1%) and low-income countries for 8 studies (14.3%) (table 1). In terms of geographical regions, 16 studies (28.6%) were from sub-Saharan African countries, followed by Latin American and Caribbean countries (13 studies, 23.2%). The country with the highest number of studies was the **3** USA (10 studies, 17.9%).

Cross-sectional study designs were most common (15 studies, 26.8%), followed by prospective or retrospective cohort studies (11 studies, 19.6%) and a single study using a case-control study design. The remaining 29 studies were pilot, field or validation studies. Studies were most commonly using portable ultrasound devices for transabdominal assessment (36 studies, 64.3%). Other studies related to training programmes for portable ultrasound

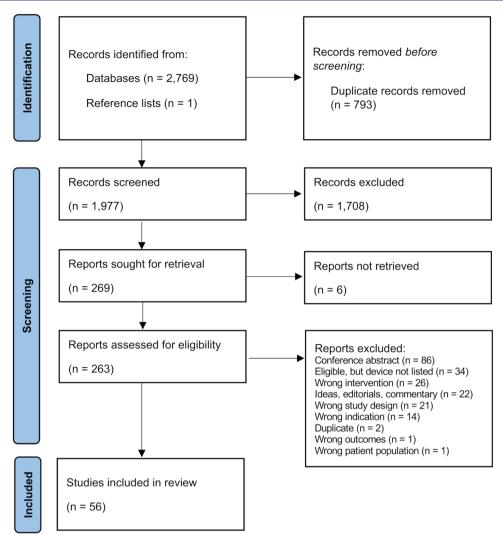


Figure 1 Preferred Reporting Items for Systematic Reviews and Meta-Analyses flow chart of the screening process for scoping review.

use in pregnancy-related indications (9 studies, 16.1%), using portable devices with transvaginal ultrasound only (8 studies, 14.3%), and studies where existing ultrasound devices were modified, such as attaching a motor to a probe to allow for remote control of an ultrasound device (3 studies, 5.4%). In total, 21 studies related to

Table 1 Number of studies per World Bank (2021) income level

Income level	Number of studies	% of total studies
High income	24	42.9
Upper middle income	9	16.1
Lower middle income	13	23.2
Low income	8	14.3
Multiple*	2	3.6
Total	56	100.0

*Both studies categorised under multiple were across countries classified as high income and upper middle income.

assessment of fetal characteristics or performing gestational dating (37.5%). Other studies used portable ultrasound for routine antenatal scans or clinical observations (13 studies, 23.2%) and ultrasound use in emergency/trauma situations involving pregnant women (10 studies, 17.9%) (figure 2).

The 56 studies used 27 different portable ultrasound models, from 17 manufacturers (table 2). Nearly half used a device produced by SonoSite, with the most common being the SonoSite M-Turbo (10 studies, 17.9%) followed by the General Electric (GE) VScan (8 studies), SonoSite Titan and Micromaxx (4 studies each), and GE Voluson i (three studies). One device, the Enlace Hispano Americano de Salud Healthy Pregnancy Kit device, was described in two studies but does not appear to be commercially available. ^{19 20}

Of the 56 studies, 47 (83.9%) primarily focused on pregnant women as participants, and 9 studies (16.1%) collected data related to staff members who participated in portable ultrasound training programmes. The 47 studies involved pregnant women without specific

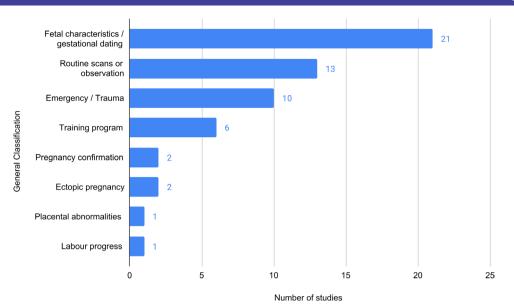


Figure 2 Studies classified by their main objective in using a portable ultrasound.

restrictions (32 studies), pregnant women who presented with vaginal bleeding (5 studies) or women with ectopic or clinically high-risk pregnancies (10 studies). For the nine studies that reported data on staff members being trained in portable ultrasound use, these involved multiple groups of health professionals (four studies), physicians only (two studies), nurses/midwives only (two studies) and medical students (one study).

Most studies (53 studies, 94.6%) were conducted in the antenatal period, though 2 were intrapartum and 1 was both antenatal and intrapartum. Of those 53 studies in the antenatal period, 10 were in the first trimester only, 5 in the second trimester only, 5 in the third trimester only and 5 across both second and third trimesters (the remaining 28 studies did not specify the pregnancy term period). Studies were conducted in outpatient antenatal care settings (30 studies, 53.6%), inpatient (24 studies, 42.9%) and community settings, such as local marketplaces or 'field investigations' (8 studies, 14.3%). One study assessed portable ultrasound in the context of telemedicine, and one study did not describe the setting.

Accuracy of portable ultrasound devices

A total of 21 studies related to portable ultrasound use for assessment of fetal characteristics and/or gestational age estimation, though only 10 of these formally validated a portable device against a conventional ultrasound. Findings from these 10 studies—including study design, objective, devices used and key findings—are presented in table 3. The devices used in these 10 studies were the GE VScan (4 studies); GE Logiq i (1 study); Konted Gen 1 C10R (1 study); Mindray DP-10 (1 study); Siemens Accuson 10 (1 study); SonoSite M-Turbo (1 study); and SonoSite Titan (1 study). These validation studies investigated device accuracy with regards to fetal biometric measurements such as biparietal diameter and femur length, as well as fetal number, fetal lie, gestational age, placental location, small or large for gestational age. The

studies were conducted with women across a range of gestational ages. Of these 10 studies, 9 reported that the portable ultrasound device was partially or fully validated.

Commercially available portable ultrasounds

Web searches identified 106 portable ultrasound devices made by 26 different manufacturers (online supplemental table S8). The majority were produced in China, and prices ranged from US\$1190 to US\$30000. Devices ranged in weight from 0.9 kg to 13.0 kg and battery life was from 40 min up to 8 hours. Identified devices were a mix of handheld devices with either wired or wireless connection to a user's device (typically a phone or computer), or laptop-style portable ultrasound devices.

Where sufficient data were available, we compared available devices against the requirements identified in WHO's antenatal care recommendations for ultrasound devices (box 1). Though we did not have complete data on all identified devices, it was common for identified devices to have a transabdominal transducer, greyscale imaging capabilities, adjustable acoustic power output controls, freeze-frame capabilities, the capacity to store and print images and obstetric presets. For most devices, information was not available on whether regular servicing and maintenance was offered, and it was less common for transvaginal transducers to be available.

DISCUSSION **Summary of main findings**

This scoping review identified 56 studies related to the use of portable ultrasound devices in obstetric care, more than half of which were in LMICs. The review found that 27 portable ultrasound devices (from 17 manufacturers) had been formally evaluated in the peer-reviewed literature. These studies most commonly related to abdominal assessment using a portable ultrasound device, though studies relating to transvaginal ultrasound assessment and

Table 2 Number of studies, stratified by manufacturer and model of portable ultrasound device

Manufacturer	Portable ultrasound device model	Number of studies	% total studies
Enlace Hispano Americano de Salud	Healthy Pregnancy Kit specific ^{19 20}	2	3.6
General Electric	Logiq e ²³	1	1.8
	Logiq I ²⁴	1	1.8
	Voluson I ^{25–27}	3	5.4
	VScan ²⁸⁻³⁵	8	14.3
Healcerion	SONON 300C ³⁶	1	1.8
Konted	Gen 1 C10R ²¹	1	1.8
Lequio	US-304 ³⁷	1	1.8
Mindray	DP-10 ³⁸	1	1.8
	DP-20 ^{39 40}	2	3.6
Phillips	Lumify ⁴¹	1	1.8
	VISIQ ⁴²	1	1.8
Primedic	Handyscan ⁴³	1	1.8
Siemens	Accuson 10 ⁴⁴	1	1.8
Signostics	Signos ⁴⁵	1	1.8
SONON	300 L ⁴⁶	1	1.8
Sonoscanner	Orcheo Lite ^{47 48}	2	3.6
SonoScape	S2 ⁴⁹	1	1.8
SonoSite	180 ^{50 51}	2	3.6
	180 Plus ⁵²	1	1.8
	Edge ⁵³	1	1.8
	M-Turbo ^{54–62}	9	16.1
	Micromaxx ^{63–65}	3	5.4
	Micromaxx OR M- Turbo ⁶⁶	1	1.8
	S180 ⁶⁷	1	1.8
	Titan ^{68–71}	4	7.1
	Model not specified ⁷²	1	1.8
Sony	Model not specified ⁷³	1	1.8
Toshiba	SSA-510 A ⁷⁴	1	1.8
Whale Imaging	Sigma P5 ⁷⁵	1	1.8

training programmes for healthcare workers on using portable ultrasound were also identified. Our results found that only 10 studies formally validated portable ultrasound devices against a conventional ultrasound device. Four studies assessed accuracy of gestational age estimation, while six studies assessed accuracy of selected fetal biometry measures, which can be used in estimating gestational age. These 10 studies incorporated 7 devices, with which only 6 were described as valid compared with their conventional counterpart. By comparison, 102

portable ultrasound devices are currently commercially available. While many of the available devices are promising in terms of function, portability and affordability, we identified no validation studies for the majority of commercially available devices.

Strengths and limitations

This review was conducted in accordance with a prespecified protocol, and in line with current scoping review methodological guidance. 10-12 We searched a wide range of sources using robust search strategies, and studies were screened and extracted in duplicate and verified. The scoping review was augmented by additional web searches of ultrasound manufacturers, providing useful corollary information on the commercial availability of portable devices. However, some limitations must be acknowledged. Despite our best efforts, we were unable to locate six potentially eligible studies, which may have impacted the findings of this review. Also, some of the included studies required extensive discussions in the review team regarding the study design, intervention and what fetal measurements had been evaluated. We aimed to mitigate this through using operational definitions for study classification and data extraction, though this was challenging for some studies that were poorly reported. While nine studies were identified in which portable ultrasound devices were determined to be valid, it is possible that validation studies in other settings or populations may find different results. Also, sample sizes for these studies were not large—up to 251 women, and including a proof-of-concept study in a single woman.²¹ Hence, we consider it likely that further studies will be required for these devices also. It is important to acknowledge that ultrasound manufacturers may have conducted formal validation for portable ultrasound devices, but that these may not be available in the public domain. However, we consider it critical that any such studies should be made publicly available in the peer-reviewed literature, so that clinicians, administrators and policy-makers can appropriately scrutinise their accuracy and reliability.

Interpretation

This is the first review specifically examining the use of portable ultrasound devices for use in pregnant women. A 2016 review by Becker *et al* investigated portable ultrasound use across multiple health topics, identifying only three studies on pregnancy-related indications. Our review identified a higher number of studies, probably reflecting that a number of portable devices have entered the market since 2016, with an associated increase in research interest. It was noteworthy that over half of identified studies were conducted in LMICs, likely reflecting that this innovative technology is promising for limited-resource settings.

The large number of devices commercially available is consistent with expansion of this technology in recent years. However, only 27 of these devices have had been formally evaluated through some form of peer-reviewed

Continued

Characteristics and findings from studies comparing portable ultrasound devices against conventional ultrasound for assessing fetal characteristics and Table 3

6

gestational age estimation	nge estim	ation							
Author	Year	Country	Study design	Sample size	Gestational age	Portable ultrasound device used	Comparator	Key findings	Review team assessment
Dougherty et al ²⁴	4 2021	USA	Quality assurance and improvement protocol	113 pregnant women	14-26 weeks	GE Logiq i	A diagnostic obstetric ultrasound scan performed with Voluson E8 system by a trained sonographer	For biometric measures and calculations of estimated gestational age, inter-reader reliability ranged from 0.79 to 0.85 for all parameters except femur length. Over 94% of the obstetric sweep protocol of the obstetric sweep protocol ultrasound ages were within 7 days of the corresponding gold-standard age	Study demonstrates validity for these measures
Galjaard <i>et al</i> ³0	2014	Belgium	Cohort study (prospective)	51 pregnant women	'Third trimester' (range not indicated)	, GE VScan	Comparison to routine scan performed by an experienced ultrasonographer on a Voluson E730 Expert	Regarding fetal growth measurements, there was very good agreement for measurements of biparietal diameter (BPD) and good agreement for femur length (FL) and trans-cerebellar diameter (TCD)	Study demonstrates validity for these measures
Haragan <i>et al⁸¹</i>	2015	USA	Diagnostic accuracy study	251 pregnant women	24-40 weeks	GE VScan	Formal growth ultrasound by registered diagnostic medical sonographers (device not specified)	Authors found a highly significant correlation between handheld and formal ultrasound measurements of abdominal circumference (R=0.939; p<0.001). Handheld ultrasound was also found to be viable for screening for Fetal Growth Restriction and Large for Gestational Age	Study demonstrates validity for these measures
Lausin e <i>t al</i> ⁴⁴	2009	Croatia	Diagnostic accuracy study	100 pregnant women	16-41 weeks	Siemens Accuson 10	Larger, traditional ultrasound devices used at the studies clinic (devices not specified)	Portable ultrasound device was found to be effective for measuring the following: quantity of amniotic fluid, position of the placenta, position of the fetus and fetal heartbeat. Regarding biometrical measurements, BPD was determined in 97% of patients, FL in 73% and AC in only 67%.	Study demonstrates validity for some measures, but not for others
Maraci e <i>t al</i> ²¹	2020	ž	Proof-of-concept evaluation	1 pregnant woman	Not indicated	Konted Gen 1 C10R	1)Sonographer performed manual estimation of TCD on scan; and 2) clinical hospital scan TCD measurement on the same subject made using a high-end ultrasound machine (GE Voluson E8)	TCD automated measurement (26.2 mm) was an underestimation compared with manual measurement (34.9 mm) and the hospital measurement (36.2 mm). It is not known whether this is a fault of the scan being from a portable device, or from the automated system itself.	Study did not demonstrate validity of a machine learning algorithm for TCD macsurement, though sample size is small (n=1)
Saul et al ⁷¹	2012	USA	Cross-sectional study	68 pregnant women	'First trimester' (range not indicated)	SonoSite Titan	Gestational age estimated by ultrasound performed in the department of radiology (device not specified)	Excluding cases with no fetal pole, the median discrepancy between emergency-physician performed and radiology department gestational age estimation was 2 days. The correlation coefficient was 0.978	Study demonstrates validity for these measures
									:

BMJ Open: first published as 10.1136/bmjopen-2022-065181 on 30 November 2022. Downloaded from http://bmjopen.bmj.com/ on June 13, 2025 at Agence Bibliographique de I Enseignement Superieur (ABES) . Protected by copyright, including for uses related to text and data mining, Al training, and similar technologies.

Table 3 Con	Continued								
Author	Year	Country	Study design	Sample size	Gestational age	Portable ultrasound device used	Comparator	Key findings	Review team assessment
Sayasneh <i>et al⁰⁴</i>	2012	ž	Cohort study (prospective)	204 women	Group 1: 'early pregnancy' (range not indicated) Group 2: >14 weeks Group 3: Not applicable	GE VScan	Transvaginal and/or transabdominal examination depending on the clinical indication, using a Voluson E8 Expert	In group 1, there was good to very good agreement or identifying presence or absence of embryo, gestational sac, fetal heart motion, pregancy location and final diagnostic outcome. In group 2, there was good to very good agreement for fetal presentation, placental location, and placental position. In group 3, there was very good agreement for final diagnosis and type of ovarian mass. For continuous variables, there was close agreement for CRL, mean sac diameter, FL and mean diameter of an ovarian mass.	Study demonstrates validity for these measures
Shah <i>et al⁶¹</i>	2010	nsA	Cross-sectional study	96 ultrasound examinations on 38 pregnant women	14-40 weeks	SonoSite M- Turbo	Formal sonography by an ultrasound technician using Accuvix XQ ultrasound machine	When comparing physician- performed measurements with true gestational age measurements, BPD had a correlation coefficient of 0.947 and FL had a correlation coefficient of 0.957. Physician's determination of fetal viability had an overall accuracy of 96% when using ultrasound	Study demonstrates validity for these measures
Toscano et al ³⁸	2021	Peru	Single-centre pilot study	126 pregnant women	'Second or third trimester' (range not indicated)	Mindray DP-10	Conourrently performed standard of care ultrasound obtained and interpreted by an experienced ultrasonographer	Telediagnostic system with ultrasound protocol showed excellent agreement with standard of care ultrasound allowing identification of number of fetuses, fetal presentation, placental location and assessment of amniotic fluid volume. Intraclass correlation was good or excellent for all fetal biometric measurements—including kappa coefficient of 0.95 for estimated gestational age	Study demonstrates validity for these measures
Troyano <i>et al³⁵</i>	2013	Spain	Pilot study	80women	11–13 weeks	GE VScan	The same measurements performed with a traditional US device (Voluson 730 Expert)	When comparing to the conventional ultrasound findings, there was high Pearson's correlation coefficient for BPD, gynaecological measurements and overall correlation	Study demonstrates validity for these measures

research regarding their accuracy, feasibility, reliability or acceptability. In their 2019 commentary on medical device regulation, Charlesworth and van Zundert argued that while medical device manufacturers may posit that it is too costly, time-consuming, and impractical to generate evidence on devices from large studies, primary research is undeniably critical to ensuring that large-scale implementation will be beneficial.²² Relatedly, a major finding from this review is that further research on portable ultrasound devices—in particular their accuracy and acceptability when used in antenatal care contexts—are needed to guide decision-making around selection and procurement of ultrasound models.

Since 2016, WHO has recommended that all women should have an ultrasound prior to 24 weeks' gestation; however, the coverage of ultrasound use remains limited in many countries.⁷⁸ Findings of this review can be useful to maternity care clinicians, programme administrators and policy-makers who are seeking to identify reliable, affordable and portable ultrasound systems to use in their settings. However, available information was insufficient for most models, and only 10 had been formally validated for fetal biometry measures. In order to respond to this knowledge gap, and the growing number of commercially available devices, further peer-reviewed studies into portable ultrasound devices for obstetric use are required. These studies would ideally be independent (free from any financial bias or incentives from device manufacturers); use a diagnostic accuracy design (or similar) for routine fetal biometry measures; assess promising handlhed devices against a standard control; and be peer reviewed and publicly available. It is hoped that these studies would demonstrate convincingly that handheld devices perform as well as conventional ultrasound systems used in obstetrics.

CONCLUSION

A large number of portable ultrasound devices for obstetric use are commercially available; however, there is limited peer-reviewed research that has formally assessed how these devices perform against conventional ultrasound machines. Findings from this review, combined with future studies that assess the accuracy and validity of new technologies, can help support safe and effective implementation of portable devices, particularly for limited-resource settings where access to obstetric ultrasound is limited.

Acknowledgements Lorena Romero (an information specialist) helped with the initial design of the search strategy. Anna Shalit and Lauren Vallely (medical students) helped with the initial title/abstract screening.

Contributors AJE developed the review protocol and data extraction tools. AJE and SM (an information specialist) developed the search strategy. AJE, EF and SA conducted title/abstract and full-text screening and data extraction-conflicts were resolved by either EF or SA depending on which was not involved in the initial decision. AJE prepared the first draft of the analysis, which was reviewed by all authors and revised following their input. AJE is responsible for the overall content as guarantor for this review. All named authors contributed to the writing of this

manuscript. The authorship team is comprised of medical doctors, a maternal and public health researcher, and an information specialist.

Funding The authors have not declared a specific grant for this research from any funding agency in the public, commercial or not-for-profit sectors.

Competing interests None declared.

Patient and public involvement Patients and/or the public were not involved in the design, or conduct, or reporting, or dissemination plans of this research.

Patient consent for publication Not applicable.

Ethics approval Not applicable.

Provenance and peer review Not commissioned; externally peer reviewed.

Data availability statement Data are available in a public, open access repository.

Supplemental material This content has been supplied by the author(s). It has not been vetted by BMJ Publishing Group Limited (BMJ) and may not have been peer-reviewed. Any opinions or recommendations discussed are solely those of the author(s) and are not endorsed by BMJ. BMJ disclaims all liability and responsibility arising from any reliance placed on the content. Where the content includes any translated material, BMJ does not warrant the accuracy and reliability of the translations (including but not limited to local regulations, clinical guidelines, terminology, drug names and drug dosages), and is not responsible for any error and/or omissions arising from translation and adaptation or otherwise.

Open access This is an open access article distributed in accordance with the Creative Commons Attribution Non Commercial (CC BY-NC 4.0) license, which permits others to distribute, remix, adapt, build upon this work non-commercially, and license their derivative works on different terms, provided the original work is properly cited, appropriate credit is given, any changes made indicated, and the use is non-commercial. See: http://creativecommons.org/licenses/by-nc/4.0/.

ORCID iDs

Alexander John Eggleston http://orcid.org/0000-0001-7458-7092 Elise Farrington http://orcid.org/0000-0001-8710-4360 Steve McDonald http://orcid.org/0000-0003-2832-5205 Samia Aziz http://orcid.org/000-0002-7670-1116

REFERENCES

- World Health Organization. WHO recommendations on antenatal care for a positive pregnancy experience. Geneva World Health Organization: 2016.
- Whitworth M, Bricker L, Mullan C, et al. Ultrasound for fetal assessment in early pregnancy. Cochrane Database Syst Rev
- World Health Organization. WHO recommendations on interventions to improve preterm birth outcomes. Geneva World Health Organization: 2015.
- World Health Organization. WHO recommendations on antiplatelet agents for the prevention of pre-eclampsia. Geneva, Switzerland WHO; 2021.
- World Health Organization. WHO recommendations: induction of labour at or beyond term. Geneva, Switzerland World Health Organization; 2018.
- World Health Organization. WHO recommendations on antenatal care for a positive pregnancy experience: ultrasound examination. Geneva, Switzerland WHO: 2018.
- Shah S, Bellows BA, Adedipe AA, et al. Perceived barriers in the use of ultrasound in developing countries. Crit Ultrasound J 2015;7:11.
- Franklin HL, Mirza W, Swanson DL, et al. Factors influencing referrals for ultrasound-diagnosed complications during prenatal care in five low and middle income countries. Reprod Health 2018;15:204.
- Becker DM, Tafoya CA, Becker SL, et al. The use of portable ultrasound devices in low- and middle-income countries: a systematic review of the literature. Trop Med Int Health 2016:21:294-311
- Tricco AC, Lillie E, Zarin W, et al. PRISMA extension for scoping reviews (PRISMA-ScR): checklist and explanation. Ann Intern Med 2018;169:467-73.
- Peters MD, Godfrey C, McInerney P, et al. Scoping reviews. Joanna Briggs Institute reviewer's manual, 2017: 408-46.
- 12 Peters MDJ, Marnie C, Tricco AC, et al. Updated methodological guidance for the conduct of scoping reviews. JBI Evid Synth 2020;18:2119–26.
- Eggleston AV J. Point-Of-Care ultrasound technologies for gestational age dating: rapid scoping review: OSF registries 2021.

- 14 Web of Science Group. EndNote USA: Clarivate, 2020. Available: https://endnote.com/
- 15 Covidence. About Covidence Australia, 2020. Available: https://www.covidence.org/ [Accessed 14 Oct 2020].
- 16 World Bank Group. The world bank USA, 2021. Available: https://www.worldbank.org/
- 17 CEBM. Centre for evidence based medicine, 2020. Available: https://www.cebm.net/
- 18 Data from: portable ultrasound technologies for estimating gestational age in pregnant women: a scoping review and analysis of commercially available models 2022.
- 19 Crispín Milart PH, Diaz Molina CA, Prieto-Egido I, et al. Use of a portable system with ultrasound and blood tests to improve prenatal controls in rural Guatemala. Reprod Health 2016;13:110.
- 20 Crispín Milart PH, Prieto-Egido I, Díaz Molina CA, et al. Detection of high-risk pregnancies in low-resource settings: a case study in Guatemala. Reprod Health 2019;16:80.
- 21 Maraci MA, Yaqub M, Craik R, et al. Toward point-of-care ultrasound estimation of fetal gestational age from the trans-cerebellar diameter using CNN-based ultrasound image analysis. J Med Imaging 2020:7:1.
- 22 Charlesworth M, van Zundert AAJ. Medical device regulation: the need for clinical vigilance and oversight. *Anaesthesia* 2019:74:693–5.
- 23 Kawooya MG, Nathan RO, Swanson J, et al. Impact of introducing routine antenatal ultrasound services on reproductive health indicators in Mpigi district, central Uganda. *Ultrasound Q* 2015;31:285–9.
- 24 Dougherty A, Kasten M, DeSarno M, et al. Validation of a telemedicine quality assurance method for point-of-care obstetric ultrasound used in low-resource settings. J Ultrasound Med 2021;40:529–40.
- 25 Di Lieto A, De Falco M, Pontillo M. The wireless tele-ultrasonography in prenatal telemedicine. Giornale Italiano di Ostetricia e Ginecologia 2011;33:158–62.
- 26 Rijken MJ, de Wit MC, Mulder EJH, et al. Effect of malaria in pregnancy on foetal cortical brain development: a longitudinal observational study. Malar J 2012;11:222.
- 27 Rijken MJ, Moroski WE, Kiricharoen S, et al. Effect of malaria on placental volume measured using three-dimensional ultrasound: a pilot study. *Malar J* 2012;11:5.
- 28 Bruns RF, Menegatti CM, Martins WP, et al. Applicability of pocket ultrasound during the first trimester of pregnancy. Med Ultrason 2015:17:284–8.
- 29 Dalmacion GV, Reyles RT, Habana AE, et al. Handheld ultrasound to AVERT maternal and neonatal deaths in 2 regions of the Philippines: an iBuntis® intervention study. BMC Pregnancy Childbirth 2018:18:32.
- 30 Galjaard S, Baeck S, Ameye L, et al. Use of a pocket-sized ultrasound machine (PUM) for routine examinations in the third trimester of pregnancy. Ultrasound Obstet Gynecol 2014;44:64–8.
- 31 Haragan AF, Hulsey TC, Hawk AF, et al. Diagnostic accuracy of fundal height and handheld ultrasound-measured abdominal circumference to screen for fetal growth abnormalities. Am J Obstet Gynecol 2015;212:820.e1–820.e8.
- 32 Mbuyita S, Tillya R, Godfrey R, et al. Effects of introducing routinely ultrasound scanning during Ante Natal Care (ANC) clinics on number of visits of ANC and facility delivery: a cohort study. Arch Public Health 2015;73:36.
- 33 Pedersen JK, Sira C, Trovik J. Handheld transabdominal ultrasound, after limited training, may confirm first trimester viable intrauterine pregnancy: a prospective cohort study. Scand J Prim Health Care 2021;39:123–30.
- 34 Sayasneh A, Preisler J, Smith A, et al. Do pocket-sized ultrasound machines have the potential to be used as a tool to triage patients in obstetrics and gynecology? *Ultrasound Obstet Gynecol* 2012;40:145–50.
- 35 Troyano Luque JM, Ferrer-Roca O, Barco-Marcellán MJ, et al. Modification of the hand-held Vscan ultrasound and verification of its performance for transvaginal applications. *Ultrasonics* 2013;53:17–22.
- 36 Kim J, Kim S, Jeon S, et al. A longitudinal study investigating cervical changes during labor using a wireless ultrasound device. J Matern Fetal Neonatal Med 2018;31:1787–91.
- 37 Kodaira Y, Pisani L, Boyle S, et al. Reliability of ultrasound findings acquired with handheld apparatuses to inform urgent obstetric diagnosis in a high-volume resource-limited setting. Int J Gynaecol Obstet 2021;153:280–6.
- 38 Toscano M, Marini TJ, Drennan K, et al. Testing telediagnostic obstetric ultrasound in Peru: a new horizon in expanding access to prenatal ultrasound. BMC Pregnancy Childbirth 2021;21:328.

- 39 Amoah B, Anto EA, Osei PK, et al. Boosting antenatal care attendance and number of hospital deliveries among pregnant women in rural communities: a community initiative in Ghana based on mobile phones applications and portable ultrasound scans. BMC Pregnancy Childbirth 2016;16:141.
- 40 Anto EA, Amoah B, Crimi A. Segmentation of ultrasound images of fetal anatomic structures using random forest for low-cost settings. Annu Int Conf IEEE Eng Med Biol Soc 2015;2015:793–6.
- 41 Straily A, Malit AO, Wanja D, et al. Use of a tablet-based system to perform abdominal ultrasounds in a field investigation of Schistosomiasis-Related morbidity in Western Kenya. Am J Trop Med Hyg 2021.
- 42 Vinayak S, Sande J, Nisenbaum H, et al. Training midwives to perform basic obstetric point-of-care ultrasound in rural areas using a tablet platform and mobile phone transmission Technology-A WFUMB COE project. *Ultrasound Med Biol* 2017;43:2125–32.
- 43 Busch M. Portable ultrasound in pre-hospital emergencies: a feasibility study. *Acta Anaesthesiol Scand* 2006;50:754–8.
- 44 Lausin I, Kurjak A, Miskovic B, et al. Sonoscope, fiction or reality? Gynaecologia et Perinatologia 2009;18:30–3.
- 45 Shorter M, Macias DJ. Portable handheld ultrasound in austere environments: use in the Haiti disaster. *Prehosp Disaster Med* 2012;27:172–7.
- 46 Choi MJ, Lim CM, Jeong D, et al. Efficacy of intraoperative wireless ultrasonography for uterine incision among patients with adherence findings in placenta previa. J Obstet Gynaecol Res 2020;46:876–82.
- 47 Arbeille P, Zuj K, Blouin J. Remote echography & Doppler using tele-operated compact motorised probes & portable echograph. Application to 200 isolated patient in rural areas. *Angeiologie* 2016;68:23–34.
- 48 Arbeille P. 2074546 Tele-Operated Echograph and Motorised probe transducer for remote echography in isolated environment. Application to space exploration and isolated medical centre. *Ultrasound Med Biol* 2015;41:S28.
- 49 Lindgaard K, Riisgaard L. 'Validation of ultrasound examinations performed by general practitioners'. Scand J Prim Health Care 2017;35:256–61.
- 50 Bentley S, Hexom B, Nelson BP. Evaluation of an obstetric ultrasound curriculum for midwives in Liberia. J Ultrasound Med 2015;34:1563–8.
- 51 Kimberly HH, Murray A, Mennicke M, et al. Focused maternal ultrasound by midwives in rural Zambia. *Ultrasound Med Biol* 2010;36:1267–72.
- 52 Blaivas M, Kuhn W, Reynolds B, et al. Change in differential diagnosis and patient management with the use of portable ultrasound in a remote setting. Wilderness Environ Med 2005;16:38–41.
- 53 Shah S, Adedipe A, Ruffatto B, et al. BE-SAFE: bedside sonography for assessment of the fetus in emergencies: educational intervention for late-pregnancy obstetric ultrasound. West J Emerg Med 2014;15:636–40.
- 54 Varner CB, Borgundvaag D.;, McLeod B.;, et al. Correction: fetal outcomes following emergency department point-of-care ultrasound for vaginal bleeding in early pregnancy. Can Fam Physician 2016;62:628.
- 55 Bailey C, Carnell J, Vahidnia F, et al. Accuracy of emergency physicians using ultrasound measurement of crown-rump length to estimate gestational age in pregnant females. Am J Emerg Med 2012;30:1627–9.
- 56 Chiem AT, Chan CH-Y, Ibrahim DY, et al. Pelvic ultrasonography and length of stay in the ED: an observational study. Am J Emerg Med 2014;32:1464–9.
- 57 Hall EA, Matilsky D, Zang R, et al. Analysis of an obstetrics pointof-care ultrasound training program for healthcare practitioners in Zanzibar, Tanzania. *Ultrasound J* 2021;13:18.
- 58 Mbonyizina C, Ntirushwa D, Bazzett-Matabele L, et al. Point of care ultrasound: does the presence of ascites in severe pre-eclampsia correlate with poor maternal and neonatal outcome? *Trop Med Int Health* 2019;24:1018–22.
- 59 Osborne B, Thoirs K, Parange N. The effectiveness of simulation training in the teaching of skills required for sonographic fetal assessment in mid-trimester pregnancy to novices: a pilot study. *Australas J Ultrasound Med* 2016;19:147–53.
- 60 Reynolds TA, Amato S, Kulola I, et al. Impact of point-of-care ultrasound on clinical decision-making at an urban emergency department in Tanzania. PLoS One 2018;13:e0194774.
- 61 Shah S, Teismann N, Zaia B, et al. Accuracy of emergency physicians using ultrasound to determine gestational age in pregnant women. Am J Emerg Med 2010;28:834–8.

Protected by copyright, including for uses related to text and data mining, Al training, and similar technologies

- Vyas A, Moran K, Livingston J, et al. Feasibility study of minimally trained medical students using the rural obstetrical ultrasound triage exam (ROUTE) in rural Panama. World J Emerg Med 2018;9:216-22.
- Dean AJ, Ku BS, Zeserson EM. The utility of handheld ultrasound in an austere medical setting in Guatemala after a natural disaster. Am J Disaster Med 2007;2:249-56.
- MacVane CZ, Irish CB, Strout TD, et al. Implementation of transvaginal ultrasound in an emergency department residency program: an analysis of resident interpretation. J Emerg Med 2012-43-124-8
- Shah SP, Epino H, Bukhman G, et al. Impact of the introduction of ultrasound services in a limited resource setting: rural Rwanda 2008. BMC Int Health Hum Rights 2009;9:4.
- Wang R, Reynolds TA, West HH, et al. Use of a β-hCG discriminatory zone with bedside pelvic ultrasonography. Ann Emerg Med 2011:58:12-20.
- Wylie B, Mawindo P, Nyirenda O, et al. Accuracy of gestational dating in an observational pregnancy malaria cohort in Malawi: an ultrasound demonstration project. American Journal of Tropical Medicine and Hygiene 2010;83:287.
- Adhikari S, Blaivas M, Lyon M. Diagnosis and management of ectopic pregnancy using bedside transvaginal ultrasonography in the ED: a 2-year experience. Am J Emerg Med 2007;25:591-6.

- Adler D, Mgalula K, Price D, et al. Introduction of a portable ultrasound unit into the health services of the Lugufu refugee cAMP, Kigoma district, Tanzania. Int J Emerg Med 2008;1:261-6.
- 70 Kolbe N. Killu K. Coba V. et al. Point of care ultrasound (POCUS) telemedicine project in rural Nicaragua and its impact on patient management. J Ultrasound 2015;18:179-85.
- Saul T, Lewiss RE, Rivera MDR. Accuracy of emergency physician performed bedside ultrasound in determining gestational age in first trimester pregnancy. Crit Ultrasound J 2012;4:22.
- 72 Goodman A, Black L, Briggs S. Obstetrical care and women's health in the aftermath of disasters: the first 14 days after the 2010 Haitian earthquake. Am J Disaster Med 2014:9:59-65.
- Ndiaye P, Aris FB, Diedhiou A, et al. Annual assessement of a mobile ultrasonography service in the region of Ziguinchor, Senegal]. Bilan d'activite annuel de l'echographie en strategie avancee dans la region de Ziguinchor 2007;67:38-42.
- Dimassi K. Douik F. Airoudi M. et al. Ultrasound fetal weight estimation: how accurate are we now under emergency conditions? Ultrasound Med Biol 2015;41:2562-6.
- Sibbald CA, Nicholas JL, Chapnick M, et al. Fetal brain ultrasound measures and maternal nutrition: a feasibility study in Ecuador. Am J Hum Biol 2021;33:e23467.