

**Studies of Human Performance in Older People: Health  
Questionnaire**

**Name:**

**Address:**

**Date of Birth:**

**Telephone no.:**

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**If the answer is YES to any of the following questions, please give some details including dates where possible.**

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Have you any history of heart trouble?  
(such as heart attack, angina, valve disease, palpitations, pains in chest, dizzy spells)

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Have you any history of problems with blood vessels?  
(such as thrombosis, embolus, claudication, aneurysm, dizzy spells, stroke, blood clots)

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Have you any history of chest problems?  
(bronchitis, asthma or wheezy chest)

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Have you ever smoked?  
(if YES please state whether you are a current or ex-smoker and how much)

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Do you suffer from diabetes?  
(if YES please state if insulin dependent)

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Have you any history of major illness now or in the last 20 years?  
(such as rheumatoid arthritis, blood disorders, cancer)

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Have you any history of emotional or psychiatric problems?

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Do you suffer from osteoarthritis?  
(if YES please state joints affected and indicate mild, moderate or severe  
and any medication regularly taken)

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Have you broken or fractured any bones? If so, when?

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Do you have any problems with your bones?  
(osteoporosis, loss of height)

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Have you any history of back problems? If so, when did they start and do  
they still affect you in any way?

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Have you had any surgery on your joints? If so, when?

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Do you suffer from high blood pressure?

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Have you had any acute illness in the last six months?  
(such as influenza, recurrent sore-throat, bronchitis)

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Please state any medication, prescribed or over the counter, regularly taken for any condition

Name of medication

How often medication is taken

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Have you been in hospital in the last 5 years? If so, why and for how long?

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Do you have any physical disabilities?  
(such as visual or hearing problems)

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Is there any other illness or condition that affects your general health or interferes with your mobility?

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Approximately how tall are you?

Approximately how much do you weigh?

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Your Doctor's Name:

Your Doctor's Address:

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**Thank you for completing this questionnaire**