



BMJ Open is committed to open peer review. As part of this commitment we make the peer review history of every article we publish publicly available.

When an article is published we post the peer reviewers' comments and the authors' responses online. We also post the versions of the paper that were used during peer review. These are the versions that the peer review comments apply to.

The versions of the paper that follow are the versions that were submitted during the peer review process. They are not the versions of record or the final published versions. They should not be cited or distributed as the published version of this manuscript.

BMJ Open is an open access journal and the full, final, typeset and author-corrected version of record of the manuscript is available on our site with no access controls, subscription charges or pay-per-view fees (<http://bmjopen.bmj.com>).

If you have any questions on BMJ Open's open peer review process please email info.bmjopen@bmj.com

BMJ Open

Results of a modified Delphi consensus on the optimal testing pathway for oesophago-gastric cancer care in the UK.

Journal:	<i>BMJ Open</i>
Manuscript ID	bmjopen-2024-094343
Article Type:	Original research
Date Submitted by the Author:	28-Sep-2024
Complete List of Authors:	Rodriguez-Justo, Manuel; University College London, Research Pathology, Cancer Institute Mansoor, Wasat; The Christie Hospital NHS Trust, Department of Oncology Bird, Thomas; University Hospitals Bristol NHS Foundation Trust, Oncology Eatock, Martin; Northern Ireland Cancer Centre Starling, Naureen; Royal Marsden Hospital NHS Trust Taniere, Philippe; University Hospitals Birmingham NHS Foundation Trust
Keywords:	Adult oncology < ONCOLOGY, Gastrointestinal tumours < ONCOLOGY, Protocols & guidelines < HEALTH SERVICES ADMINISTRATION & MANAGEMENT

SCHOLARONE™
Manuscripts



I, the Submitting Author has the right to grant and does grant on behalf of all authors of the Work (as defined in the below author licence), an exclusive licence and/or a non-exclusive licence for contributions from authors who are: i) UK Crown employees; ii) where BMJ has agreed a CC-BY licence shall apply, and/or iii) in accordance with the terms applicable for US Federal Government officers or employees acting as part of their official duties; on a worldwide, perpetual, irrevocable, royalty-free basis to BMJ Publishing Group Ltd ("BMJ") its licensees and where the relevant Journal is co-owned by BMJ to the co-owners of the Journal, to publish the Work in this journal and any other BMJ products and to exploit all rights, as set out in our [licence](#).

The Submitting Author accepts and understands that any supply made under these terms is made by BMJ to the Submitting Author unless you are acting as an employee on behalf of your employer or a postgraduate student of an affiliated institution which is paying any applicable article publishing charge ("APC") for Open Access articles. Where the Submitting Author wishes to make the Work available on an Open Access basis (and intends to pay the relevant APC), the terms of reuse of such Open Access shall be governed by a Creative Commons licence – details of these licences and which [Creative Commons](#) licence will apply to this Work are set out in our licence referred to above.

Other than as permitted in any relevant BMJ Author's Self Archiving Policies, I confirm this Work has not been accepted for publication elsewhere, is not being considered for publication elsewhere and does not duplicate material already published. I confirm all authors consent to publication of this Work and authorise the granting of this licence.

Results of a modified Delphi consensus on the optimal testing pathway for oesophago-gastric cancer care in the UK.

Rodriguez-Justo M.¹, Mansoor W.², Bird TG.³, Eatock M.⁴, Starling N.⁵, Tanniere P.⁶

1. Consultant Pathologist, University College London Hospitals, UK
2. Chair of Systemic Therapy Research, Christie Hospital NHS Foundation Trust, Manchester, UK
3. Consultant Clinical Oncologist, Bristol Cancer Institute, UK
4. Consultant/Honorary Senior Lecturer in Medical Oncology, Northern Ireland Cancer, Belfast, UK
5. Consultant Medical Oncologist at The Royal Marsden NHS Foundation
6. Consultant Histopathologist/Molecular Pathology, University Hospital Birmingham, UK

ABSTRACT WORD COUNT: 249

MAIN ARTICLE WORD COUNT: 3586

CORRESPONDING AUTHOR:

Manuel Rodriguez-Justo

Professor of Oncopathology, Research Department of Pathology

University College London,

Cancer Institute, Research Pathology, 72 Huntley Street

London, WC1E 6DD, United Kingdom

m.rodriguez-justo@ucl.ac.uk

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

ABSTRACT

Objective

To develop expert consensus on the optimal testing pathway for OG cancer care.

Methods and analysis

The process followed a modified Delphi methodology to develop consensus on the optimal testing pathway for OG cancer care. In November 2023, a review of available literature on the topic of OG cancer was conducted. The results of this review informed a steering group discussion on the barriers and opportunities within the OG testing pathway. Six domains of focus were agreed and used to develop 36 agreed statements were developed into a Likert survey, which was distributed by a third party (M3 Global Research). Completed surveys were analysed to produce an arithmetic agreement score for each statement. The results were then reviewed by the steering group to agree any recommendations and conclusions.

Results

A total of 50 responses were received from consultant oncologists (n=25), pathologists (n=15), specialist oncology pharmacists (n=5), and specialist oncology nurses (n=5). Consensus was achieved in 35/36 statements (97%). The steering group agreed a commentary on the results and a series of recommendations for best practice testing in OG cancer. Given the level of agreement and that the stopping criteria were met, it was decided not to undertake further Delphi rounds.

Conclusion

The recommendations support the use of a reflex testing approach for human epidermal growth factor receptor 2 (HER2), programmed death ligand 1 (PD-L1), and microsatellite instability high (MSI-H) / mismatch repair deficiency (dMMR) in patients diagnosed with OG cancer who are suitable for treatment with targeted therapy.

What is already known on this topic

Oesophago-gastric (OG) cancers are the fifth most common type of cancer in the UK, and patients with advanced disease have some of the worst outcomes among all cancers in England. With the move towards greater use of targeted treatments in OG cancer, there is a growing demand for histology/pathology services to support treatment decisions. This increase in demand requires careful planning to prevent unnecessary delays, which ultimately may prevent timely access to treatment and potentially lead to inferior outcomes for patients.

What this study adds

This study adds consensus from a multidisciplinary responder panel of experienced healthcare professionals regarding when reflex testing for biomarkers (HER-2, PD-L1, etc.) and a clear set of recommendations that can be implemented across OG cancer services that align with NHS priorities.

How this study might affect research, practice or policy

The outputs and recommendations should be used to promote local discussion of how OG testing can be adapted to reduce unnecessary delays and ultimately improve outcomes for patients. Whilst historically the use of a reflex testing approach may have been seen as problematic, in the context of the growing availability of targeted therapies for OG cancer, the NHS should consider how to enhance testing services to deliver optimal testing to support timely treatment decisions.

KEYWORDS

- Esophageal Neoplasms / diagnosis
 - Stomach Neoplasms / diagnosis
 - Adenocarcinoma / therapy
 - Esophagogastric Junction / pathology
 - Delphi Study
-

1

2

3

4

5

6

7

8

9

10

11

12

13

14

15

16

17

18

19

20

21

22

23

24

25

26

27

28

29

30

31

32

33

34

35

36

37

38

39

40

41

42

43

44

45

46

47

48

49

50

51

52

53

54

55

56

57

58

59

60

INTRODUCTION

Oesophago-gastric (OG) cancers, which affect the gullet and stomach, are the fifth most common type of cancer in the UK, with 13,000 people diagnosed annually in England and Wales.¹ Oesophageal cancers account for 72% of OG cancers, while stomach cancers make up the remaining 28%.¹ The most common types of OG cancer are adenocarcinoma and squamous cell carcinoma, with the former being the most prevalent in the UK.² One of the risk factors for OG cancer is the presence of Barrett's oesophagus, a metaplastic condition of the lower oesophagus associated with acid reflux.³

The treatment approach for OG cancer depends on several factors, including histological subtype, clinical stage, tumour location, presence of metastases, patient frailty/predicted treatment tolerance, and levels of treatment informing biomarkers such as human epidermal growth factor receptor 2 (HER2), programmed death ligand 1 (PD-L1), and the presence of microsatellite instability high (MSI-H)/mismatch repair deficiency (dMMR).⁴ Treatment may involve a combination of surgery, chemotherapy, radiotherapy, and immunotherapy.⁴

There are a number of biomarker dependant targeted therapies now available, and more are in development.⁵ These options play key role in treatment selection. For example, pembrolizumab and nivolumab are immune checkpoint inhibitors (ICIs) indicated for use in PD-L1 positive OG cancers but are used in different clinical situations depending on histological subtype, specific drug combination, and line of therapy.⁵

With the move towards greater use of targeted systemic treatments in OG cancer, there is a growing demand for histology/pathology services to support treatment decisions. This increase in demand requires careful planning to prevent unnecessary delays, which ultimately may prevent timely access to treatment if disease progression occurs as a consequence of delay.

In England, patients with OG cancer have some of the poorest outcomes among all cancers at present.⁶ Between 2020 and 2022, 44% of patients had Stage 4 cancer at diagnosis, and in the year 2021/22, 69% of individuals referred via GP services waited longer than the target of 62 days from urgent referral to treatment initiation.⁷ However, these patients are often symptomatic and require rapid access to treatment. The results of these delays could be that a patient is no longer fit to receive the optimal treatment, which could ultimately increase mortality. NHS England recognises that outcomes for OG cancer should be improved and has developed a best practice 28-day timed diagnostic pathway to support NHS providers in reducing waiting times and unwarranted variation in the diagnostic process.⁶ This is a valuable start, but there is still a need to address biomarker testing to support how and when decisions are made to use targeted therapy (such as ICIs). In addition, MSI-H/dMMR status may influence treatment decisions, particularly in advanced and early-stage disease.⁸

Not every OG patient requires biomarker testing. Those receiving supportive care will not receive targeted treatment, and those in the early stages of disease may be under consideration for endoscopic or surgical therapies. However, patients suitable for targeted immunotherapy will ideally have reflex (i.e. testing at diagnosis of adenocarcinoma) biomarker testing for HER2, PD-L1, and MSI-H/dMMR at the earliest practical time. In practice, NICE recommendations require an established HER2- negative status to allow access for some immunotherapies.^{9,10}, leading to a prioritisation of HER2 testing over other possible biomarker testing.

Biomarker testing is associated with resource use and cost, and as demand for targeted treatment grows, so will the pressure on pathology services. To ensure that oncologists have all the information needed to select a targeted immunotherapy treatment at the appropriate time, local services should consider how best to develop local testing pathways (ideally in a scalable way) to ensure that oncologists are able to initiate the most appropriate treatment at the earliest opportunity.

The aim of this study was to develop expert consensus to inform an optimal testing pathway for OG cancer care.

MATERIALS AND METHODS

The process followed a modified Delphi methodology (Figure 1) guided by the ACcurate COnsensus Reporting Document (ACCORD) checklist 2024, to develop consensus on the optimal testing pathway for OG cancer care.

In November 2023, a review of available literature on the topic of OG cancer was conducted primarily on PubMed, Google Scholar, and clinical trial registration databases. Search terms included but were not limited to: 'oesophago-gastric cancer', 'immunotherapy', 'biomarkers', 'HER2', 'PD-L1', 'histology'. A general web search using free text terms based on the inclusion criteria was also conducted to locate any additional publications relevant to this topic.

Guided by an independent facilitator (Triducive Partners Limited), a steering group of healthcare practitioners (4 consultant oncologists and 2 consultant pathologists) experienced in the diagnosis and treatment of OG cancer was gathered. These individuals were selected based on published research and experience in the testing pathway/patient selection for targeted therapies. In addition, members of the group serve on the UK-National Cancer Research Institute clinical research groups, have acted as clinical experts for NICE and RCPATH (Royal College Pathology) guidelines and are members of the ESMO (European Society of Medical Oncology) and International Academy of Pathology (IAP) faculty.

The information gathered from the literature review was used to develop key questions to drive the meeting discussion. During the meeting, the steering group agreed six broad domains to develop consensus statements around:

- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10
- 11
- 12
- 13
- 14
- 15
- 16
- 17
- 18
- 19
- 20
- 21
- 22
- 23
- 24
- 25
- 26
- 27
- 28
- 29
- 30
- 31
- 32
- 33
- 34
- 35
- 36
- 37
- 38
- 39
- 40
- 41
- 42
- 43
- 44
- 45
- 46
- 47
- 48
- 49
- 50
- 51
- 52
- 53
- 54
- 55
- 56
- 57
- 58
- 59
- 60
- A. Patient profile and type
- B. Testing pathway ideals
- C. Standards/Benchmarks
- D. Optimal roles and responsibilities to improve delivery of the testing pathway
- E. NHS system readiness
- F. Future considerations

Each domain was discussed in turn, and 39 statements were suggested by the steering group working collaboratively. The statements were then collated, and the steering group independently rated the statements as either “accept”, “remove”, “reword”, or suggested additional statements. During the review, recommendations were accepted based on a simple majority. This constituted the initial round of consensus.

The resulting statements were developed into a Likert survey, which was distributed by a third party (M3 Global Research) in Round 2 of the process.

Recruitment of panel members was according to the following criteria:

- Currently employed in the UK NHS
- Current role of either consultant oncologist, oncology specialist nurse, oncology specialist pharmacist, or pathologist
- Experienced, or currently involved in managing of OG cancers
- Pathologists must have responsibility for at least one of the following: diagnostic histopathology and/or molecular diagnostics

Anonymity of responders was planned into the study design, and no personal information beyond the current role and UK country was captured during the survey. The identity of respondents was not known to either the steering group or facilitator. M3 Global Research provided an incentive payment of up to £32 to panellists on the completion of the survey response.

Stopping criteria were established *a priori* as a maximum of 50 responses (comprising 25 consultant oncologists, 15 pathologists, 5 specialist oncology pharmacists, and 5 specialist oncology nurses), 90% of statements passing the threshold for consensus, and a threshold for consensus set at 75%, a widely accepted threshold.¹¹

A statement of consent was included at the start of the survey, and consent was implied by the completion and submission of the survey. As this study only collected the anonymous opinions of healthcare professionals and no patient-specific data was captured, ethical approval was not sought.

Completed surveys were analysed to produce an arithmetic agreement score for each statement using Microsoft Excel software. The responses were aggregated to provide an overall agreement level (i.e., the number of respondents expressing agreement as a percentage of the overall number of responses for each statement). This information was then reviewed by the steering group to agree any recommendations and conclusions as a consequence.

Analysis of Round 2 was carried out in April 2024, and the second steering group meeting held two weeks later for analysis and discussion of results.

Patient and Public Involvement

None. The stated objective was to examine the opinions of experienced healthcare professionals towards the principles of an optimal testing approach for OG cancer care in the UK.

Data Availability Statement

Anonymised data is included in the supplemental materials (Figure S2).

RESULTS

During the first round of statement review with the members of the steering group, of the initial 39 statements, 3 were removed, and 5 were reworded, resulting in a final agreed set of 36 statements.

At the end of Round 2, completed questionnaires were received from a total of 50 respondents, all of which met the inclusion criteria (Table 1). Distribution of responses was as planned. The vast majority of respondents (n=47) were from England, with the remaining three from Scotland. No responses were received from Wales or Northern Ireland.

As the stopping criteria were satisfied, the steering group agreed that no further rounds were necessary.

Results from Round 2 showed very strong agreement ($\geq 90\%$) in 22 (60%) statements, and strong agreement ($< 90\%$ and $\geq 75\%$) in 13 (36%) of statements. The remaining one statement failed to achieve consensus (Table 1, Figure 2).

Distribution of consensus scores on the four-point Likert scale provided to respondents is represented in Figure S1.

The steering group reconvened to discuss further, agree the key points for development into a manuscript, and formulate a set of recommendations to support optimal testing in OG cancer. Both the manuscript content and recommendations were independently reviewed by the steering group prior to finalisation.

DISCUSSION

Overall, there was very strong agreement amongst responders to all proposed statements, with the exception of Statement 9 (70%). There appears to be good awareness and desire to deliver optimal care amongst responders. It is hoped that this data can provide evidence to support the implementation of optimised testing pathways for treatment decisions in OG cancer.

Responses were received from 50 healthcare professionals working across the OG care pathway, with representation from consultant oncologists, oncology specialist nurses, oncology specialist pharmacists, and pathologists. 47 of the 50 responses were from England, and no responses were received from Wales and Northern Ireland. It is, therefore, true to say that the responses largely reflect opinions from healthcare professionals in England. The conclusions and recommendations are therefore not necessarily directly applicable to practice in the other UK nations and may require local adaptation.

A. Patient profile and type

Respondents agreed (80%) that at the time of diagnosis, all patients should be tested to establish HER2, PD-L1, and MSI-H/dMMR status. This reflex testing approach (as opposed to sequential or on-demand) has the key benefit of ensuring results are available rapidly and in time for the first oncology consultation when the treatment plan is agreed. It also means that the patient may have to undergo fewer invasive biopsy procedures. There may be valid reasons why an individual should not be tested in this manner, such as those who are not suitable for systemic/targeted therapy. There are some key considerations for this approach that require careful planning: this approach relies on enough viable tissue being collected during biopsy, and testing all patients at diagnosis will place an increased demand on pathology services. The ideal approach is to test all patients who may receive systemic therapy for these three biomarkers at the time of diagnosis, and local services should consider what barriers exist to prevent this in practice and how these can be mitigated.

B. Testing pathway ideals

In the UK, variability exists in facilities and implementation of molecular testing services, which is dependent on local pathways and funding.¹² The Institute of Cancer Research (ICR) has stated that 'there needs to be a clearer route to the NHS for non-genomic biomarker tests, such as transcriptional, protein expression and immunohistochemistry tests' in recognition of the lack of a national system for non-genomic testing (as is in place for genomic tests).¹³ This means that providers may struggle to provide reflex testing for non-genomic biomarkers at the point of diagnosis, which may delay

access to targeted treatments. Both American Society of Clinical Oncology (ASCO) and European Society for Medical Oncology (ESMO) guidelines recommend first-line treatments according to biomarker status (e.g., HER2 and PDL-1) implying that molecular testing will have been completed prior to initiation.^{4,14} This picture is reflective of the strong agreed that clear guidance is needed regarding when PD-L1 testing should be carried out (S3, 92%).

Pathology services to support PD-L1 testing may be either 'in-house' at the prescribing institution, or at a centralised testing hub that serves a local provider network. Both models have advantages and disadvantages. Centralised hubs offer efficiency and consistent quality control (S4, 94%), but there are logistic considerations regarding the transport of samples for testing and turnaround times to receive results back at the prescribing institution. In-house pathology services can, in theory, provide a quicker turnaround due to the fewer logistical requirements of sending samples off-site, but setting up and maintaining a laboratory facility requires significant investment and commitment. Regardless of the specific model in place, there should be a clear agreement to ensure that results are available prior to multidisciplinary team (MDT) discussion/treatment decision making to avoid delays in treatment initiation, which could result in worsening disease (S8, 96%). Although the majority of respondents agree that ideally, testing should be conducted in-house (S6, 70%), this statement did not achieve consensus agreement. On further analysis, there was a stark difference in response by role – pathologists' agreement was 47% compared with 80% agreement for all other roles, perhaps demonstrating appreciation amongst pathologists of the effort and complexity of setting up and maintaining in-house services.

There was strong agreement that reflex testing at the point of diagnosis offers benefits in reduced time to the initiation of treatment (S11, 82%), and is more cost-effective than sequential testing (S12, 80%). The responder panel very strongly supports reflex testing of all patients who are potentially suitable for systemic therapy (S13, 92%). Whilst no direct evidence exists regarding the cost-effectiveness of reflex testing in OG cancer, evidence does exist to support reflex testing approaches in other cancers. Gosney et al¹⁵ investigated the cost-effectiveness of pathologist-initiated reflex testing in non-small-cell lung cancer (NSCLC). They concluded that timely biomarker testing is crucial for selecting first-line systemic therapy for patients, and reflex testing is expeditious and standardises the ordering of biomarker tests. The authors suggest that reflex testing must be governed by an MDT-defined protocol, and that this protocol requires collaboration between MDT and policymakers to ensure compliance with the latest guidelines and reimbursement criteria. A retrospective cohort study of newly diagnosed stage IV non-squamous NSCLC patients found that implementation of a reflex molecular testing pathway increased the proportion of patients who underwent comprehensive tissue-based molecular testing upon initial diagnosis.¹⁶ Ideally, an audit or retrospective study addressing the cost-effectiveness/efficiency of using reflex vs sequential testing in OG cancer is needed to demonstrate logistical, time-to-treatment, or patient outcome gains in order to provide support for local business cases.

Intratumour, spatial (between baseline primary and metastatic tumours) and temporal (between tumour before and after chemotherapy) heterogeneity is well known in Upper GI cancers. Discrepancies rates have been reported in up to 33%

1 of cases between primary and metastatic deposit and concordance rates between tumours before and after
2 chemotherapy varied between 57-63% of cases.^{17,18} In addition in view of the risk of false negative scoring if only a
3 single biopsy is taken, several groups have suggested that multiple biopsies (at least 6) are recommended for accurate
4 diagnosis, biomarkers and molecular analysis of upper GI cancer.⁴ Although it has been suggested that multiple biopsies
5 of primary and metastatic sites might need to be tested before considering treatment options, there are no consensus
6 guidelines to recommend testing of metastatic deposit of re-biopsy after neo-adjuvant therapy if the diagnostic biopsy
7 was PD-L1 negative.

14
15
16 **C. Standards/Benchmarks**

17 Here, 94% of respondents agreed that biomarker tests should be turned around within 10 working days (S14), but a
18 lower agreement was achieved regarding the return of results within 5 working days from receipt of the sample by the
19 pathology lab (S15, 78%). Pathologists exhibited only 47% agreement with S15, perhaps as they are aware of the
20 logistical challenges in delivering results within 5 days. There is a need for clear UK standard guidelines regarding how a
21 realistic turnaround time (perhaps 10 days in line with S14) can be achieved agnostic of laboratory setting. These
22 guidelines should also stipulate that the laboratory facility must be the International Standards Organisation (ISO) 15189
23 United Kingdom Accreditation Service (UKAS) approved (S16, 94%).

24
25
26
27
28
29
30
31
32 Respondents agree that from request to results, the testing process is often delayed by logistical issues (S17, 76%). The
33 response by role is interesting as oncologists were the only role group with a response above the consensus threshold
34 (84%), suggesting that if responder numbers were equal amongst these groups, then this statement would not have
35 achieved consensus.

36
37
38
39
40 The key aim for optimising the testing pathway is to ensure that all relevant information is available to the MDT/oncologist
41 to allow for the most appropriate treatment to be recommended from the outset. This currently includes HER2, PD-L1,
42 and MSI-H/dMMR status but is likely to expand as new targeted/biomarker driven therapies become available in the
43 future. This should be accepted as the 'gold standard' for OG cancer care. The NHS England best practice timed
44 pathway⁶ proposes a 28-day period from referral through diagnosis to the first outpatient clinic; biopsy to support
45 diagnosis is scheduled within 7 days, once the diagnosis is confirmed (by Day 14) there is a 14-day window for
46 biomarker status testing provided appropriate samples can be collected at biopsy.

51
52
53
54 **D. Optimal roles and responsibilities to improve delivery of the testing pathway**

55 There was very strong agreement that a lack of coordination between disciplines can impact the testing pathway (S24,
56 96%), and that a dedicated coordinator should be in place to manage the test process from request to results
57 dissemination (S25, 84%). The role of the MDT is pivotal in ensuring that treatment is planned appropriately, and the

National Institute for Health and Care Excellence (NICE) Oesophago-gastric cancer Quality Standards define the core roles of the full MDT, but this can be augmented as needed.¹⁹

If results of biomarker testing are to be available for the 1st outpatient appointment with the oncologist, an efficient process must be implemented to minimise any potential logistical delays. The MDT should agree, document, and implement and audit appropriate performance measure (key performance indicators/KPIs) for the OG testing pathway to identify where delays occur and to modify the pathway to release these bottlenecks. Performance data can also be used to support business cases for improvements to the pathway and quantify the impact of making improvements versus the current status quo.

E. NHS system readiness

Results from this section demonstrate that there is strong agreement that the NHS and industry should work more collaboratively in horizon scanning of future technologies. This would provide a greater opportunity for the NHS to put services in place to support new technologies and also agree requirements to manage capacity according to anticipated demand for specific technologies (e.g., use of Dako versus Ventana technologies for biomarker testing). There is also potential for NHS pathology services to explore how the use of artificial intelligence (AI) might improve diagnostic efficiency – as is being realised in other therapy areas.^{20,21}

As part of 'future readiness', educational programmes should be in place for all MDT roles at the earliest practical point to support clinical decisions (S31, 96%).

It is also important that the NHS and NICE agree that when a technology is undergoing appraisal for cost-effectiveness, the costs of processes that are essential for meeting the reimbursement criteria (as set out by NICE) are packaged as part of the reimbursement package (S34, 98%). This is to avoid the situation where the availability of funding for diagnostic tests may act as a potential barrier to expediting recommended treatment initiation.

Strengths and limitations

All statements (with one exception) achieved consensus agreement, suggesting either that the responders recognise and agree with the perspectives of the steering group, or that the statements were (unconsciously) designed to be agreeable – indicating potential bias. Given the observed variation in responses to some statements, it is possible that had the roles been represented equally, the proportion of statements achieving consensus may have been different. In addition, a larger total cohort of responders would have provided greater certainty that the opinions expressed were representative of each individual role.

1 The responses from outside of England were low, with only 3 responses from Scotland and none from Wales or Northern
2 Ireland, potentially reducing the applicability of the recommendations made here to these health systems. There is a
3 clear need to understand the opinions of healthcare professionals in the devolved nations to provide a comparison and
4 extend the remit of this work and further work should be focused on this. As a consequence, where policy and
5 reimbursement have been discussed, the focus had been kept on the NHS in England to represent the responder
6 demographic.

7 The patient experience has not been investigated (as it was outside of the scope of the study objectives), but it would be
8 valuable in providing feedback on how problems in the current testing pathway can impact the individual, and, also, what
9 steps in the process that patients consider a priority.

10
11
12
13
14
15
16
17
18
19
20
21 **RECOMMENDATIONS**

22 Based on the survey results and subsequent discussions within the steering group, the authors propose the following
23 recommendations to support treatment decisions in OG cancer. A proposed diagnostic pathway that reflects the
24 recommendations is included in Figure 3.

- 25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
1. All patients suitable for systemic therapy should be tested for HER2, PD-L1, and MSI-H/dMMR at the time of diagnosis
 2. A dedicated coordinator should be in place to plan, request, and coordinate dissemination of test results
 3. Results of biomarker testing should be available within 10 days of request
 4. All tests should be conducted by an approved United Kingdom Accreditation Service (UKAS) laboratory
 5. Automatic transfer of specific tissue cores should be in place for centralised processing
 6. All test results should be made available on a single, integrated report
 7. All test results should be with the MDT/oncologist prior to the first consultation post-diagnosis
 8. Treatment should be initiated within 30 days of receiving biomarker test results at the latest
 9. All testing pathways should have MDT agreed KPIs in place and tracked for audit purposes
 10. Funding and reimbursement routes for mandatory diagnostic tests should be bundled with any NICE-approved treatments

57 To facilitate implementation of these recommendations, local services may need to construct a business case to ensure
58 funding is in place for reflex testing (and associated pathology resource requirements). Providers should also engage
59

with NHS, ICR and NICE regarding the potential for national provision of molecular testing as is currently in place for genomic testing.

CONCLUSION

This modified Delphi exercise was able to achieve agreement from a panel of 50 experts currently involved in OG cancer for 35 of 36 statements. In this paper we have described the current heterogeneity that exists in the UK NHS regarding the provision of molecular pathology in OG cancer, the results demonstrate clear recognition amongst responders of the need for clarity and standardisation of the testing pathway for OG cancer. These recommendations are designed to set a minimum bar for OG cancer services to ensure greater concordance between providers in patient experience and access to licensed and guideline-recommended treatments.

REFERENCES

1. Healthcare Quality Improvement Partnership. National Oesophago-Gastric Cancer Audit State of the Nation Report, www.hqip.org.uk/national-programmes.2024.
2. Royal College of Pathologists. Standards and datasets for reporting cancers. Dataset for histopathological reporting of oesophageal and gastric carcinoma (G006). 2019.
3. Quante M, Wang TC, Bass AJ. Adenocarcinoma of the oesophagus: Is it gastric cancer? Gut 2023; 72: 1027–1029.
4. Obermannová R, Alsina M, Cervantes A, et al. Oesophageal cancer: ESMO Clinical Practice Guideline for diagnosis, treatment and follow-up. Annals of Oncology 2022; 33: 992–1004.
5. Li JJ, Rogers JE, Yamashita K, et al. Therapeutic Advances in the Treatment of Gastroesophageal Cancers. Biomolecules; 13. Epub ahead of print 1 May 2023. DOI: 10.3390/biom13050796.
6. NHS England. Implementing a timed oesophago-gastric cancer diagnostic pathway, <https://future.nhs.uk/canc/view?objectId=27248560>. 2023.
7. National Oesophago-Gastric Cancer Audit. State of the Nation Report, www.hqip.org.uk/national-programmes. 2024.
8. Duan Y, Xu D. Microsatellite instability and immunotherapy in gastric cancer: a narrative review. Precision Cancer Medicine; 6. Epub ahead of print 30 June 2023. DOI: 10.21037/pcm-22-48.
9. NICE. Nivolumab with platinum-and fluoropyrimidine-based chemotherapy for untreated HER2-negative advanced gastric, gastro-oesophageal junction or oesophageal adenocarcinoma, www.nice.org.uk/guidance/ta857 (2023).

1
2 10. NICE. Pembrolizumab with platinum-and fluoropyrimidine-based chemotherapy for untreated advanced
3 oesophageal and gastro-oesophageal junction cancer Technology appraisal guidance,
4 www.nice.org.uk/guidance/ta737 (2021).
5
6
7 11. Diamond IR, Grant RC, Feldman BM, et al. Defining consensus: A systematic review recommends
8 methodologic criteria for reporting of Delphi studies. J Clin Epidemiol 2014; 67: 401–409.
9
10
11 12. West NP, Mansoor W, Taniere P, et al. Best-Practice Biomarker Testing of Oesophago-Gastric Cancer in the
12 UK: Expert Consensus Recommendations Developed Using a Modified Delphi. Clin Oncol. Epub ahead of print
13 2024. DOI: 10.1016/j.clon.2024.08.002.
14
15
16
17 13. Institute of Cancer Research. Accessing biomarker tests on the NHS Position Statement,
18 [https://www.icr.ac.uk/about-us/policy-and-engagement/position-statements/accessing-biomarker-tests-on-the-](https://www.icr.ac.uk/about-us/policy-and-engagement/position-statements/accessing-biomarker-tests-on-the-nhs)
19 [nhs](https://www.icr.ac.uk/about-us/policy-and-engagement/position-statements/accessing-biomarker-tests-on-the-nhs). January 2023.
20
21
22
23 14. Shah MA, Kennedy EB, Daniel, et al. Treatment of Locally Advanced Esophageal Carcinoma: ASCO Guideline.
24 J Clin Oncol. 2020 Aug 10;38(23):2677-2694. doi: 10.1200/JCO.20.00866. Epub 2020 Jun 22. Erratum in: J Clin
25 Oncol. 2020 Nov 20;38(33):3976. doi: 10.1200/JCO.20.02987. PMID: 32568633.
26
27
28 15. Gosney JR, Paz-Ares L, Jänne P, et al. Pathologist-initiated reflex testing for biomarkers in non-small-cell lung
29 cancer: expert consensus on the rationale and considerations for implementation. ESMO Open; 8. Epub ahead
30 of print 1 August 2023. DOI: 10.1016/j.esmoop.2023.101587.
31
32
33
34 16. Marmarelis M, Berman A, Scholes D, et al. P59.21 Impact of Reflex Testing on Pathology Based Molecular
35 Testing in Patients With Advanced Non-Squamous Non-Small Cell Lung Cancer (NSCLC). Journal of Thoracic
36 Oncology 2021; 16: S1157.
37
38
39
40 17. Liu D, Grabsch H, Gloor B et al. Programmed death-ligand 1 (PD-L1) expression in primary gastric
41 adenocarcinoma and matched metastases. J Cancer Res Clin Oncol 2023,149:13345-13352.
42
43
44 18. Zhou K, Peterson B, Serritella A et al. Spatial and Temporal Heterogeneity of PD-L1 Expression and Tumor
45 Mutational Burden in Gastroesophageal Adenocarcinoma at Baseline Diagnosis and after Chemotherapy. Clin
46 Cancer Res 2020, 26:6453-6463.
47
48
49 19. NICE. Oesophago-gastric cancer Quality standard Oesophago-gastric cancer (QS176),
50 www.nice.org.uk/guidance/qs176. 2018.
51
52
53 20. Heydon P, Egan C, Bolter L, et al. Prospective evaluation of an artificial intelligence-enabled algorithm for
54 automated diabetic retinopathy screening of 30 000 patients. British Journal of Ophthalmology 2021; 105: 723–
55 728.
56
57
58
59
60

21. Cha Y, Kim JT, Park CH, et al. Artificial intelligence and machine learning on diagnosis and classification of hip fracture: systematic review. *Journal of Orthopaedic Surgery and Research*; 17. Epub ahead of print 1 December 2022. DOI: 10.1186/s13018-022-03408-7.

SUPPLEMENTAL INFORMATION

Supplemental Figure (S1)

Anonymised Results Data

DECLARATIONS

This study did not require registration because neither the assigned interventions nor the outcomes assessed were related to the health of participants.

ETHICS APPROVAL AND CONSENT TO PARTICIPATE

Not applicable

CONSENT FOR PUBLICATION

Not applicable

AVAILABILITY OF DATA AND MATERIALS

The datasets used and/or analysed during the current study are available from the corresponding author on reasonable request.

FUNDING

MSD pharmaceuticals initiated and supported this consensus project including the selection of faculty of experts. MSD paid the expert group honorarium. MSD commissioned Triducive Ltd (UK) to facilitate the project and analyse the responses to the consensus statements, in line with Delphi methodology. MSD had no input into drafting or publication of the manuscript.

CONFLICTS OF INTEREST

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

All authors received honoraria from MSD while undertaking this study. MSD commissioned Triducive Partners Limited to facilitate the project and analyse the responses to the consensus statements in line with the Delphi methodology.

Author declarations:

The authors state the following conflicts of interest:

MR-J has received honoraria for attendance at advisory boards, chairing educational meetings, consultancy, travel, accommodation and registration at national/international meetings from BMS, MSD, Roche Diagnostics Solutions, Agilent, Ibex Medical and research/educational grants from Pfizer and Roche Diagnostics Limited.

TB has received lecture fees from MSD, AstraZeneca and Elekta, and consulting fees from MSD.

ME has received sponsorship from MSD to attend an international conference and honoraria from MSD and BMS and Servier for advisory work.

The following authors state no conflicts of interest: WM, NS, PT.

AUTHORS' CONTRIBUTIONS

All views expressed by the authors are those of the individual and do not represent those of their organisation/place of work. Contributors MRJ, WM, TB, ME, NS, PT agreed the design of the study, formulated and reviewed the statement set. Results of the study were discussed by all contributors as part of a formal Steering Group meeting where commentary was agreed for development into the initial draft manuscript. MRJ, WM, TB, ME, NS, PT took an equal role in reviewing the initial manuscript draft and providing comments, and all approved the final draft. MRJ is the guarantor for the work and/or conduct of the study, had access to the data and controlled the decision to publish.

ACKNOWLEDGEMENTS

The authors wish to thank Tim Warren and Ian Walker from Triducive Partners Limited for their support in collating the data, analysing the results, drafting the initial manuscript, and reviewing the final draft. This project was initiated & funded by MSD UK Ltd.

TABLES AND FIGURE LEGENDS

Table 1. Defined consensus statements and corresponding levels of agreement

No:	Statement:	Strongly Agree	Tend To Agree	Tend To Disagree	Strongly Disagree	Overall Agreement
Domain A: Patient profile and type						
1	All patients should be tested for HER2, PD-L1 and MSI-H/dMMR at time of diagnosis	46%	34%	6%	14%	80%
2	All patients considered potentially suitable for systemic therapy should be tested for HER2, PD-L1 and MSI-H/dMMR	64%	26%	0%	10%	90%
Domain B: Testing pathway ideals						
3	There is a need for clear guidance on which stage of the pathway PD-L1 testing should be used	44%	48%	2%	6%	92%
4	A centralised, testing service can provide more efficiency and quality control in the service	42%	52%	2%	4%	94%
5	PD-L1 testing should be completed in advance of MDTs to inform decision making	42%	44%	10%	4%	86%
6	Ideally, testing should be conducted within the prescribing institution	24%	46%	26%	4%	70%
7	Variance in the testing pathway leads to delays in patients accessing appropriate treatment	32%	58%	8%	2%	90%
8	A delay in the diagnostic process may potentially prevent optimal treatment entirely if the patient's disease worsens significantly	48%	48%	2%	2%	96%
9	It would be beneficial for automatic transfer of specific tissue cores to be in place for centralised processing	38%	50%	10%	2%	88%
10	Treating physicians need to be informed promptly when there is insufficient tissue to satisfy testing requirements and so re-biopsy may be indicated	66%	30%	2%	2%	96%
11	Reflex testing at the point of diagnosis is more efficient than sequential testing and may reduce the time to initiation of treatment	38%	44%	16%	2%	82%
12	Reflex testing at the point of diagnosis is more cost-effective than sequential testing	30%	50%	16%	4%	80%
13	Reflex testing at the point of diagnosis is recommended in all patients considered potentially suitable for systemic therapy	46%	46%	2%	6%	92%
Domain C: Standards/Benchmarks (inc. reference centre v in-house testing v regional hubs)						
14	Biomarker tests should be turned around within 10 working days	42%	52%	2%	4%	94%
15	Results of biomarker tests should be available no longer than 5 working days from the day the sample arrives at the pathology laboratory	30%	48%	12%	10%	78%
16	Either in-house or outsourced, tests need to be delivered by an approved United Kingdom Accreditation Service (UKAS) laboratory	52%	42%	4%	2%	94%
17	The process from requesting a test to receiving the results is often unduly delayed by logistical issues	32%	44%	20%	4%	76%
18	All test results should be made available on a single, integrated report	50%	40%	8%	2%	90%
19	All test results should be with the oncologist prior to the first consultation post-diagnosis	48%	38%	10%	4%	86%
20	If there is insufficient tissue for biomarker testing, this should be discussed at the MDT	48%	48%	2%	2%	96%
21	Treatment should be initiated within 30 days of receiving biomarker test results	46%	44%	8%	2%	90%
22	Positivity rates should be audited for the specific PD-L1 assay for comparison with literature-reported rates	42%	52%	4%	2%	94%
Domain D: Optimal roles and responsibilities to improve delivery of the testing pathway						

23	Clearly defined roles and responsibilities for each stage in the testing pathway would benefit the efficiency	44%	52%	2%	2%	96%
24	Lack of co-ordination between disciplines involved in the testing pathway can limit efficiency of the process	38%	56%	4%	2%	94%
25	A dedicated coordinator should be in place to plan, request, and coordinate dissemination of the results of tests	40%	44%	14%	2%	84%
26	The MDT is responsible for ensuring that the correct testing pathway is in place	48%	38%	10%	4%	86%
27	The testing pathway should have agreed and documented time and KPI targets	36%	52%	8%	4%	88%
28	Testing pathway performance should be measured by the MDT	34%	44%	18%	4%	78%
29	Business cases can benefit the establishment of consistent testing pathways that are efficient and accessible	38%	56%	4%	2%	94%
Domain E: NHS system readiness						
30	Collaborative horizon scanning between NHS and industry would be beneficial to help NHS readiness (scan and test machines, learn from HER2)	30%	68%	0%	2%	98%
31	Education of the entire MDT is vital to improve NHS system readiness for new tests and treatment modalities	54%	42%	2%	2%	96%
32	Any advent of technology and testing use needs to consider capacity concerns in the NHS	50%	46%	2%	2%	96%
33	Any advent of technology and testing use needs to consider resource requirements rather than just acquisition costs	46%	34%	6%	14%	94%
34	NHS and NICE need to work more collaboratively so when new therapies are approved there is resource in the NHS provision for the accompanying biomarker test	64%	26%	0%	10%	98%
Domain F: Future considerations						
35	A coordinated industry group to liaise with NHS and policy makers could help support future utilisation of new tests and modalities	44%	48%	2%	6%	92%
36	Artificial Intelligence technologies have the potential to improve the speed with which test results are analysed and processed	42%	52%	2%	4%	88%

Figure 1. Modified Delphi study design

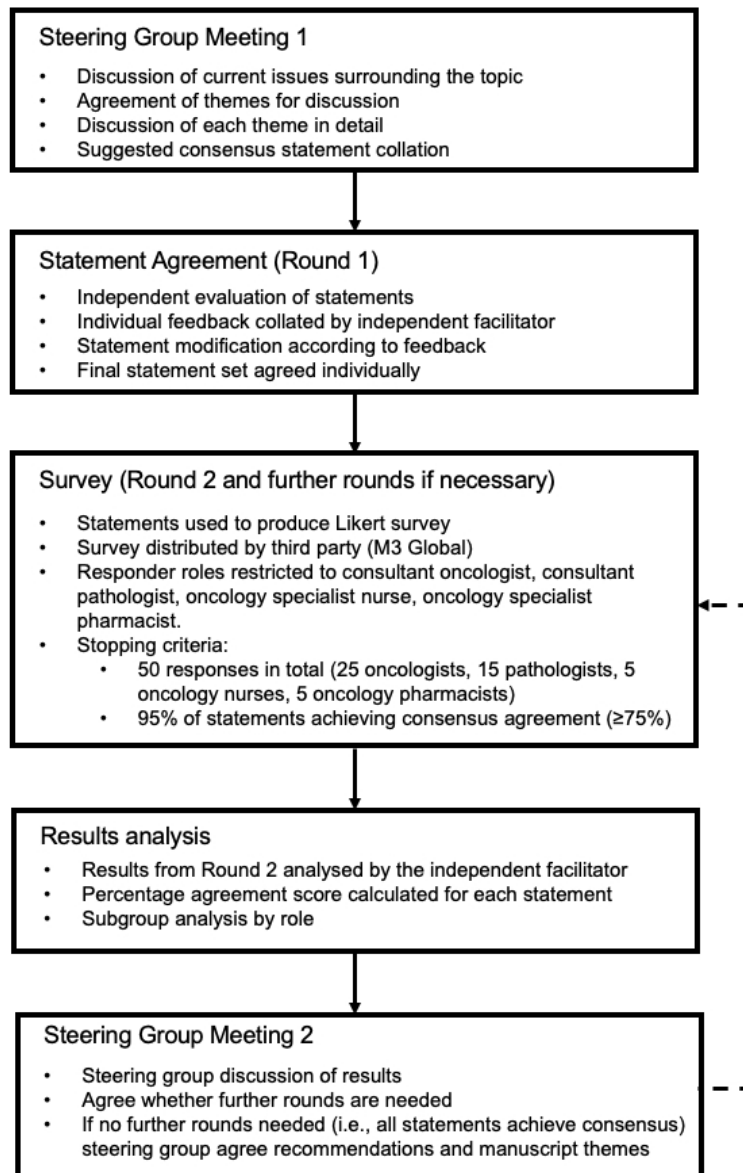
Figure 2. Consensus agreement levels by statement. The threshold for consensus is depicted by the green line (75%). The blue line signifies the threshold for very strong agreement (90%)

Figure 3. Potential diagnostic pathway and indicative timescales. Based on consensus results and NHS England 28-day best practice timed pathway⁶

Supplemental figures

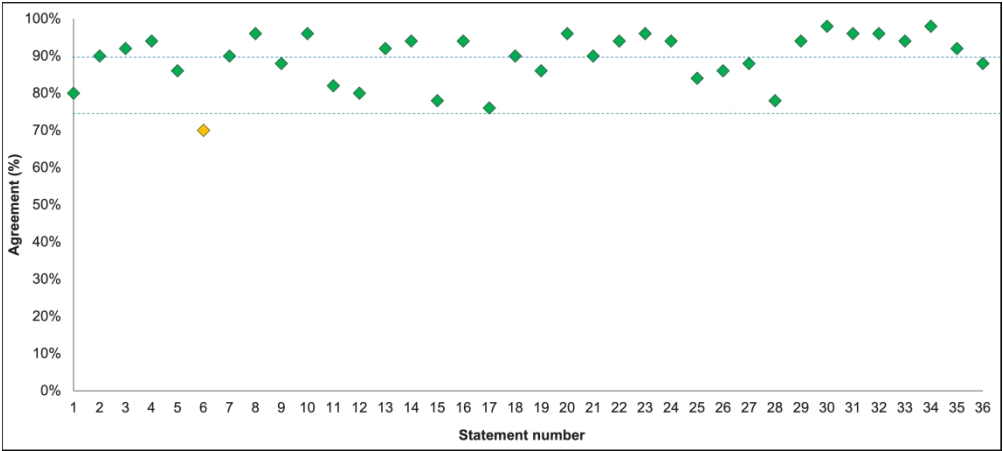
Figure S1. Percentages of agreement level by statement

Figure S2. Consensus Survey Results Data



Modified Delphi study design

202x312mm (72 x 72 DPI)



Consensus agreement levels by statement. The threshold for consensus is depicted by the green line (75%). The blue line signifies the threshold for very strong agreement (90%)

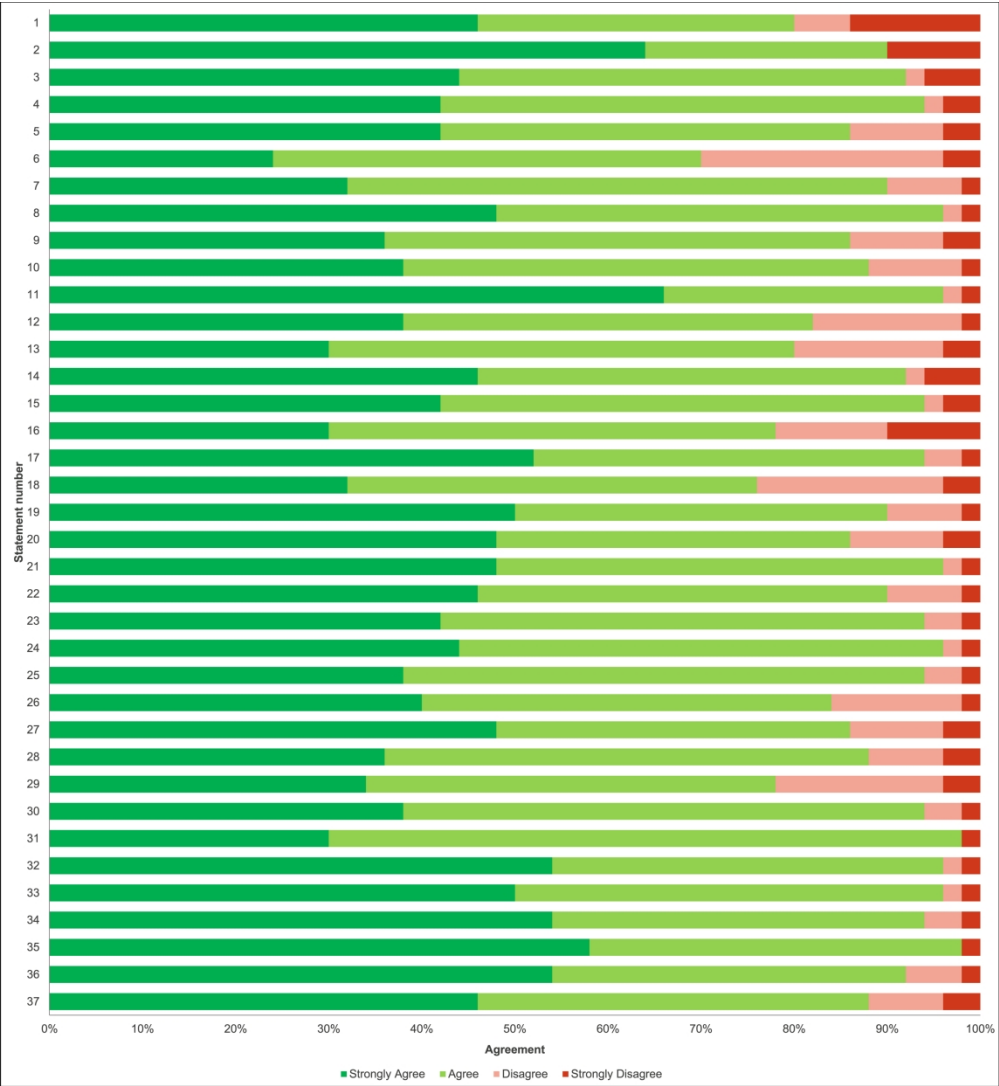
392x175mm (330 x 330 DPI)

Diagnosis			MDT	1st Outpatient Clinic
Day 0	Day +3	Day +4	Day +10	Day +18
Oesophago-gastro-duodenoscopy (OGD) to BSG/AUGIS quality standards	Diagnostic histology results reported	F-18 FDG PET-CT (within 24 hours) for those suitable for radical treatment (except for T1a tumours)	Specialist MDT	Outpatient clinic
Trans-nasal endoscopy (TNE)		+/- endoscopic ultrasound		Assessment of fitness to treat
Whole-body CT scan		+/- staging laparoscopy		Agree personalised treatment plan
Biopsy samples taken to support molecular testing		Reflex biomarker tests requested for HER2, PD-L1, MSI-H/dMMR for those who may receive a targeted therapy	Results of biomarker testing reported in 1 standardised report	Patient optimisation

Potential diagnostic pathway and indicative timescales. Based on consensus results and NHS England 28-day best practice timed pathway6

711x407mm (72 x 72 DPI)

Enseignement Supérieur (ABES) .



702x761mm (130 x 130 DPI)

BMJ Open

Results of a modified Delphi consensus on the optimal testing pathway for oesophago-gastric cancer care in the UK.

Journal:	<i>BMJ Open</i>
Manuscript ID	bmjopen-2024-094343.R1
Article Type:	Original research
Date Submitted by the Author:	03-Jan-2025
Complete List of Authors:	Rodriguez-Justo, Manuel; University College London, Research Pathology, Cancer Institute Mansoor, Wasat; The Christie Hospital NHS Trust, Department of Oncology Bird, Thomas; University Hospitals Bristol NHS Foundation Trust, Oncology Eatock, Martin; Northern Ireland Cancer Centre Starling, Naureen; Royal Marsden Hospital NHS Trust Taniere, Philippe; University Hospitals Birmingham NHS Foundation Trust
Primary Subject Heading:	Oncology
Secondary Subject Heading:	Gastroenterology and hepatology
Keywords:	Adult oncology < ONCOLOGY, Gastrointestinal tumours < ONCOLOGY, Protocols & guidelines < HEALTH SERVICES ADMINISTRATION & MANAGEMENT, Gastrointestinal tumours < GASTROENTEROLOGY

SCHOLARONE™
Manuscripts



I, the Submitting Author has the right to grant and does grant on behalf of all authors of the Work (as defined in the below author licence), an exclusive licence and/or a non-exclusive licence for contributions from authors who are: i) UK Crown employees; ii) where BMJ has agreed a CC-BY licence shall apply, and/or iii) in accordance with the terms applicable for US Federal Government officers or employees acting as part of their official duties; on a worldwide, perpetual, irrevocable, royalty-free basis to BMJ Publishing Group Ltd ("BMJ") its licensees and where the relevant Journal is co-owned by BMJ to the co-owners of the Journal, to publish the Work in this journal and any other BMJ products and to exploit all rights, as set out in our [licence](#).

The Submitting Author accepts and understands that any supply made under these terms is made by BMJ to the Submitting Author unless you are acting as an employee on behalf of your employer or a postgraduate student of an affiliated institution which is paying any applicable article publishing charge ("APC") for Open Access articles. Where the Submitting Author wishes to make the Work available on an Open Access basis (and intends to pay the relevant APC), the terms of reuse of such Open Access shall be governed by a Creative Commons licence – details of these licences and which [Creative Commons](#) licence will apply to this Work are set out in our licence referred to above.

Other than as permitted in any relevant BMJ Author's Self Archiving Policies, I confirm this Work has not been accepted for publication elsewhere, is not being considered for publication elsewhere and does not duplicate material already published. I confirm all authors consent to publication of this Work and authorise the granting of this licence.

Protected by copyright, including for uses related to text and data mining, AI training, and similar technologies. Enseignement Supérieur (ABES).

Results of a modified Delphi consensus on the optimal testing pathway for oesophago-gastric cancer care in the UK.

Rodriguez-Justo M.¹, Mansoor W.², Bird TG.³, Eatock M.⁴, Starling N.⁵, Tanniere P.⁶

1. Consultant Pathologist, University College London Hospitals, UK
2. Chair of Systemic Therapy Research, Christie Hospital NHS Foundation Trust, Manchester, UK
3. Consultant Clinical Oncologist, Bristol Cancer Institute, UK
4. Consultant/Honorary Senior Lecturer in Medical Oncology, Northern Ireland Cancer, Belfast, UK
5. Consultant Medical Oncologist at The Royal Marsden NHS Foundation
6. Consultant Histopathologist/Molecular Pathology, University Hospital Birmingham, UK

ABSTRACT WORD COUNT: 249

MAIN ARTICLE WORD COUNT: 3586

CORRESPONDING AUTHOR:

Manuel Rodriguez-Justo

Professor of Oncopatology, Research Department of Pathology

University College London,

Cancer Institute, Research Pathology, 72 Huntley Street

London, WC1E 6DD, United Kingdom

m.rodriquez-justo@ucl.ac.uk

1

2 **ABSTRACT**

3

4

5

6 **Objective**

7

8 To develop expert consensus on the optimal testing pathway for OG cancer care.

9

10 **Methods and analysis**

11

12 The process followed a modified Delphi methodology to develop consensus on the optimal testing pathway for OG

13 cancer care. In November 2023, a review of available literature on the topic of OG cancer was conducted. The results of

14 this review informed a steering group discussion on the barriers and opportunities within the OG testing pathway. Six

15 domains of focus were agreed and used to develop

16

17

18

19 36 agreed statements were developed into a Likert survey, which was distributed by a third party (M3 Global Research).

20 Completed surveys were analysed to produce an arithmetic agreement score for each statement. The results were then

21 reviewed by the steering group to agree any recommendations and conclusions.

22

23

24

25 **Results**

26

27 A total of 50 responses were received from consultant oncologists (n=25), pathologists (n=15), specialist oncology

28 pharmacists (n=5), and specialist oncology nurses (n=5).

29

30

31 Consensus was achieved in 35/36 statements (97%). The steering group agreed a commentary on the results and a

32 series of recommendations for best practice testing in OG cancer. Given the level of agreement and that the stopping

33 criteria were met, it was decided not to undertake further Delphi rounds.

34

35

36

37 **Conclusion**

38

39 The recommendations support the use of a reflex testing approach for human epidermal growth factor receptor 2

40 (HER2), programmed death ligand 1 (PD-L1), and microsatellite instability high (MSI-H) / mismatch repair deficiency

41 (dMMR) in patients diagnosed with OG cancer who are suitable for treatment with targeted therapy.

42

43

44

45

46

47

48

49 **Strengths and limitations of this study**

50

- 51
- 52 • Agreement was achieved for all but one of the statements based on 50 responses from a multi-disciplinary panel
 - 53 • The methodology developed consensus statements with an expert steering group for testing with an anonymous
 - 54 panel, minimising the potential for social bias
 - 55 • The majority of responses were from England, therefore the developed recommendations may not directly apply to
 - 56 services in Scotland, Wales and Northern Ireland.
 - 57
 - 58
 - 59
 - 60

- The two key responder roles (oncologists and pathologists) were not equally represented in the Delphi panel, therefore the overall results may be biased in favour of oncologists.

KEYWORDS

- Esophageal Neoplasms / diagnosis
- Stomach Neoplasms / diagnosis
- Adenocarcinoma / therapy
- Esophagogastric Junction / pathology
- Delphi Study

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

INTRODUCTION

Oesophago-gastric (OG) cancers, which affect the gullet and stomach, are the fifth most common type of cancer in the UK, with 13,000 people diagnosed annually in England and Wales.¹ Oesophageal cancers account for 72% of OG cancers, while stomach cancers make up the remaining 28%.¹ The most common types of OG cancer are adenocarcinoma and squamous cell carcinoma, with the former being the most prevalent in the UK.² One of the risk factors for OG cancer is the presence of Barrett's oesophagus, a metaplastic condition of the lower oesophagus associated with acid reflux.³

The treatment approach for OG cancer depends on several factors, including histological subtype, clinical stage, tumour location, presence of metastases, patient frailty/predicted treatment tolerance, and levels of treatment informing biomarkers such as human epidermal growth factor receptor 2 (HER2), programmed death ligand 1 (PD-L1), and the presence of microsatellite instability high (MSI-H)/mismatch repair deficiency (dMMR).⁴ Treatment may involve a combination of surgery, chemotherapy, radiotherapy, and immunotherapy.⁴

There are a number of biomarker dependant targeted therapies now available, and more are in development.⁵ These options play key role in treatment selection. For example, pembrolizumab and nivolumab are immune checkpoint inhibitors (ICIs) indicated for use in PD-L1 positive OG cancers but are used in different clinical situations depending on histological subtype, specific drug combination, and line of therapy.⁵

With the move towards greater use of targeted systemic treatments in OG cancer, there is a growing demand for histology/pathology services to support treatment decisions. This increase in demand requires careful planning to prevent unnecessary delays, which ultimately may prevent timely access to treatment if disease progression occurs as a consequence of delay.

In England, patients with OG cancer have some of the poorest outcomes among all cancers at present.⁶ Between 2020 and 2022, 44% of patients had Stage 4 cancer at diagnosis, and in the year 2021/22, 69% of individuals referred via GP services waited longer than the target of 62 days from urgent referral to treatment initiation⁷. However, these patients are often symptomatic and require rapid access to treatment. The results of these delays could be that a patient is no longer fit to receive the optimal treatment, which could ultimately increase mortality. NHS England recognises that outcomes for OG cancer should be improved and has developed a best practice 28-day timed diagnostic pathway to support NHS providers in reducing waiting times and unwarranted variation in the diagnostic process.⁶ This is a valuable start, but there is still a need to address biomarker testing to support how and when decisions are made to use targeted therapy (such as ICIs). In addition, MSI-H/dMMR status may influence treatment decisions, particularly in advanced and early-stage disease.⁸

Not every OG patient requires biomarker testing. Those receiving supportive care will not receive targeted treatment, and those in the early stages of disease may be under consideration for endoscopic or surgical therapies. However, patients suitable for targeted immunotherapy will ideally have reflex (i.e. testing at diagnosis of adenocarcinoma) biomarker testing for HER2, PD-L1, and MSI-H/dMMR at the earliest practical time. In practice, NICE recommendations require an established HER2- negative status to allow access for some immunotherapies,^{9,10} leading to a prioritisation of HER2 testing over other possible biomarker testing.

Biomarker testing is associated with resource use and cost, and as demand for targeted treatment grows, so will the pressure on pathology services. To ensure that oncologists have all the information needed to select a targeted immunotherapy treatment at the appropriate time, local services should consider how best to develop local testing pathways (ideally in a scalable way) to ensure that oncologists are able to initiate the most appropriate treatment at the earliest opportunity.

The aim of this study was to develop expert consensus to inform an optimal testing pathway for OG cancer care.

MATERIALS AND METHODS

The process followed a modified Delphi methodology (Figure 1) guided by the ACcurate COnsensus Reporting Document (ACCORD) checklist 2024, to develop consensus on the optimal testing pathway for OG cancer care.

In November 2023, a review of available literature on the topic of OG cancer was conducted primarily on PubMed, Google Scholar, and clinical trial registration databases. Search terms included but were not limited to: 'oesophago-gastric cancer', 'immunotherapy', 'biomarkers', 'HER2', 'PD-L1', 'histology'. A general web search using free text terms based on the inclusion criteria was also conducted to locate any additional publications relevant to this topic.

Guided by an independent facilitator (Triducive Partners Limited), a steering group of healthcare practitioners (4 consultant oncologists and 2 consultant pathologists) experienced in the diagnosis and treatment of OG cancer was gathered. These individuals were selected based on published research and experience in the testing pathway/patient selection for targeted therapies. In addition, members of the group have served on the UK-National Cancer Research Institute clinical research groups, have acted as clinical experts for NICE and RCPATH (Royal College Pathology) guidelines and are members of the ESMO (European Society of Medical Oncology) and International Academy of Pathology (IAP) faculty.

The information gathered from the literature review was used to develop key questions to drive the meeting discussion. During the meeting, the steering group agreed six broad domains to develop consensus statements around:

- A. Patient profile and type
- B. Testing pathway ideals
- C. Standards/Benchmarks
- D. Optimal roles and responsibilities to improve delivery of the testing pathway
- E. NHS system readiness
- F. Future considerations

Each domain was discussed in turn, and 39 statements were suggested by the steering group working collaboratively. The statements were then collated, and the steering group independently rated the statements as either “accept”, “remove”, “reword”, or suggested additional statements. During the review, recommendations were accepted based on a simple majority. This constituted the initial round of consensus.

The resulting statements were developed into a Likert survey, which was distributed by a third party (M3 Global Research) in Round 2 of the process.

Recruitment of panel members was according to the following criteria:

- Currently employed in the UK NHS
- Current role of either consultant oncologist, oncology specialist nurse, oncology specialist pharmacist, or pathologist
- Experienced, or currently involved in managing of OG cancers
- Pathologists must have responsibility for at least one of the following: diagnostic histopathology and/or molecular diagnostics

Anonymity of responders was planned into the study design, and no personal information beyond the current role and UK country was captured during the survey. The identity of respondents was not known to either the steering group or facilitator. M3 Global Research provided an incentive payment of up to £32 to panellists on the completion of the survey response.

Stopping criteria were established *a priori* as a maximum of 50 responses (comprising 25 consultant oncologists, 15 consultant pathologists, 5 specialist oncology pharmacists, and 5 specialist oncology nurses), 90% of statements passing the threshold for consensus, and a threshold for consensus set at 75%, a widely accepted threshold.¹¹

Protected by copyright, including for uses related to text and data mining, AI training, and similar technologies. Enseignement Supérieur (ABES)

A statement of consent was included at the start of the survey, and consent was implied by the completion and submission of the survey. As this study only collected the anonymous opinions of healthcare professionals and no patient-specific data was captured, ethical approval was not sought.

Completed surveys were analysed to produce an arithmetic agreement score for each statement using Microsoft Excel software. The responses were aggregated to provide an overall agreement level (i.e., the number of respondents expressing agreement as a percentage of the overall number of responses for each statement). This information was then reviewed by the steering group to agree any recommendations and conclusions as a consequence.

Analysis of Round 2 was carried out in April 2024, and the second steering group meeting held two weeks later for analysis and discussion of results.

Patient and Public Involvement

None. The stated objective was to examine the opinions of experienced healthcare professionals towards the principles of an optimal testing approach for OG cancer care in the UK.

Data Availability Statement

Anonymised data is included in the supplemental materials (Figure S2).

RESULTS

During the first round of statement review with the members of the steering group, of the initial 39 statements, 3 were removed, and 5 were reworded, resulting in a final agreed set of 36 statements.

At the end of Round 2, completed questionnaires were received from a total of 50 respondents, all of which met the inclusion criteria (Table 1). Distribution of responses was as planned. The vast majority of respondents (n=47) were from England, with the remaining three from Scotland. No responses were received from Wales or Northern Ireland.

As the stopping criteria were satisfied, the steering group agreed that no further rounds were necessary.

Results from Round 2 showed very strong agreement ($\geq 90\%$) in 22 (60%) statements, and strong agreement ($< 90\%$ and $\geq 75\%$) in 13 (36%) of statements. The remaining one statement failed to achieve consensus (Table 1, Figure 2).

Distribution of consensus scores on the four-point Likert scale provided to respondents is represented in Figure S1.

1
2 The steering group reconvened to discuss further, agree the key points for development into a manuscript, and formulate
3 a set of recommendations to support optimal testing in OG cancer. Both the manuscript content and recommendations
4 were independently reviewed by the steering group prior to finalisation.
5
6
7

8
9 **DISCUSSION**

10 Overall, consensus agreement was achieved for all proposed statements, with the exception of Statement 9 (70%).
11
12 There appears to be good awareness and desire to deliver optimal care amongst responders. It is hoped that this data
13 can provide evidence to support the implementation of optimised testing pathways for treatment decisions in OG cancer.
14
15

16
17 Responses were received from 50 healthcare professionals working across the OG care pathway, with representation
18 from consultant oncologists, oncology specialist nurses, oncology specialist pharmacists, and consultant pathologists. 47
19 of the 50 responses were from England, and no responses were received from Wales and Northern Ireland. It is,
20 therefore, true to say that the responses largely reflect opinions from healthcare professionals in England. The
21 conclusions and recommendations are therefore not necessarily directly applicable to practice in the other UK nations
22 and may require local adaptation.
23
24
25
26

27
28
29 **A. Patient profile and type**

30
31 Respondents agreed (80%) that at the time of diagnosis, all patients should be tested to establish HER2, PD-L1, and
32 MSI-H/dMMR status. This reflex testing approach (as opposed to sequential or on-demand) has the key benefit of
33 ensuring results are available rapidly and in time for the first oncology consultation when the treatment plan is agreed. It
34 also means that the patient may have to undergo fewer invasive biopsy procedures provided sufficient tissue is collected
35 during diagnostic biopsy. There may be valid reasons why an individual should not be tested in this manner, such as
36 those who are not suitable for systemic/targeted therapy. There are some key considerations for this approach that
37 require careful planning: this approach relies on enough viable tissue being collected during biopsy, and testing all
38 patients at diagnosis will place an increased demand on pathology services. The ideal approach is to test all patients
39 who may receive systemic therapy for these three biomarkers at the time of diagnosis, and local services should
40 consider what barriers exist to prevent this in practice and how these can be mitigated.
41
42
43
44
45
46
47
48
49

50
51 **B. Testing pathway ideals**

52
53 In the UK, variability exists in facilities and implementation of molecular testing services, which is dependent on local
54 pathways and funding.¹² The Institute of Cancer Research (ICR) has stated that 'there needs to be a clearer route to the
55 NHS for non-genomic biomarker tests, such as transcriptional, protein expression and immunohistochemistry tests' in
56 recognition of the lack of a national system for non-genomic testing (as is in place for genomic tests).¹³ This means that
57 providers may struggle to provide reflex testing for non-genomic biomarkers at the point of diagnosis, which may delay
58 access to targeted treatments. Both American Society of Clinical Oncology (ASCO) and European Society for Medical
59
60

Oncology (ESMO) guidelines recommend first-line treatments according to biomarker status (e.g., HER2 and PDL-1) implying that molecular testing will have been completed prior to initiation.^{4,14} This picture is reflective of the strong agreed that clear guidance is needed regarding when PD-L1 testing should be carried out (S3, 92%).

Pathology services to support PD-L1 testing may be either 'in-house' at the prescribing institution, or at a centralised testing hub that serves a local provider network. Both models have advantages and disadvantages. Centralised hubs offer efficiency and consistent quality control (S4, 94%), but there are logistic considerations regarding the transport of samples for testing and turnaround times to receive results back at the prescribing institution. In-house pathology services can, in theory, provide a quicker turnaround due to the fewer logistical requirements of sending samples off-site, but setting up and maintaining a laboratory facility requires significant investment and commitment. Regardless of the specific model in place, there should be a clear agreement to ensure that results are available prior to multidisciplinary team (MDT) discussion/treatment decision making to avoid delays in treatment initiation, which could result in worsening disease (S8, 96%). Although the majority of respondents agree that ideally, testing should be conducted in-house (S6, 70%), this statement did not achieve consensus agreement. On further analysis, there was a stark difference in response by role – pathologists' agreement was 47% compared with 80% agreement for all other roles, perhaps demonstrating appreciation amongst pathologists of the effort and complexity of setting up and maintaining in-house services, or possibly that the pathologists on the responder panel were based in centralised pathology laboratories. High-levels of agreement (S9, 88%) were achieved regarding the automated transfer of biopsy tissue cores for biomarker testing, in practice this would require collection of 6-8 endoscopic biopsy cores, half of which would be sent for routine diagnostic testing and the remainder automatically transferred for biomarker testing. This would support reflex testing at diagnosis, avoid potential wastage of tissue samples, and minimise the need for re-biopsy.

There was strong agreement that reflex testing at the point of diagnosis offers benefits in reduced time to the initiation of treatment (S11, 82%), and is more cost-effective than sequential testing (S12, 80%). The responder panel very strongly supports reflex testing of all patients who are potentially suitable for systemic therapy (S13, 92%). Restricting reflex testing only to individuals suitable for systemic therapy may seem logical for HER2/PD-L1 biomarkers, dMMR/MSI-H testing is part of routine surveillance for Lynch syndrome (which is a cause of gastric cancer) and so testing all diagnosed patients for HER2, PDL-1, MSI-H and dMMR may be valuable when patients progress in their disease. This approach would mean testing patients who will not go on to receive targeted therapy, but this may be beneficial to the efficiency of the treatment pathway overall and certainly to those patients who do go on to require such treatment and are not faced with delays due to a lack of biomarker characterisation. Whilst no direct evidence exists regarding the cost-effectiveness of reflex testing in OG cancer, evidence does exist to support reflex testing approaches in other cancers. Gosney et al¹⁵ investigated the cost-effectiveness of pathologist-initiated reflex testing in non-small-cell lung cancer (NSCLC). They concluded that timely biomarker testing is crucial for selecting first-line systemic therapy for patients, and reflex testing is expeditious and standardises the ordering of biomarker tests. The authors suggest that reflex testing

Protected by copyright, including for uses related to text and data mining, AI training, and similar technologies.
Enseignement Supérieur (ABES)

1 must be governed by an MDT-defined protocol, and that this protocol requires collaboration between MDT and
2
3 policymakers to ensure compliance with the latest guidelines and reimbursement criteria. A retrospective cohort study of
4
5 newly diagnosed stage IV non-squamous NSCLC patients found that implementation of a reflex molecular testing
6
7 pathway increased the proportion of patients who underwent comprehensive tissue-based molecular testing upon initial
8
9 diagnosis.¹⁶ Ideally, an audit or retrospective study addressing the cost-effectiveness/efficiency of using reflex vs
10
11 sequential testing in OG cancer is needed to demonstrate logistical, time-to-treatment, or patient outcome gains in order
12
13 to provide support for local business cases.

14
15 Intratumour, spatial (between baseline primary and metastatic tumours) and temporal (between tumour before and after
16
17 chemotherapy) heterogeneity is well known in Upper GI cancers. Discrepancies rates have been reported in up to 33%
18
19 of cases between primary and metastatic deposit and concordance rates between tumours before and after
20
21 chemotherapy varied between 57-63% of cases.^{17,18} In addition in view of the risk of false negative scoring if only a
22
23 single biopsy is taken, several groups have suggested that multiple biopsies (at least 6) are recommended for accurate
24
25 diagnosis, biomarkers and molecular analysis of upper GI cancer.⁴ Although it has been suggested that multiple biopsies
26
27 of primary and metastatic sites might need to be tested before considering treatment options, there are no consensus
28
29 guidelines to recommend testing of metastatic deposit of re-biopsy after neo-adjuvant therapy if the diagnostic biopsy
30
31 was PD-L1 negative.

32
33 **C. Standards/Benchmarks**

34
35 Here, 94% of respondents agreed that biomarker tests should be turned around within 10 working days (S14), but a
36
37 lower agreement was achieved regarding the return of results within 5 working days from receipt of the sample by the
38
39 pathology lab (S15, 78%). Whilst this may not reflect the current capability of in-house pathology services, it should be
40
41 the aspiration to deliver this level of service and funding should reflect this growing need. Pathologists exhibited only
42
43 47% agreement with S15, perhaps as they are aware of the logistical challenges in delivering results within 5 days.
44
45 There is a need for clear UK standard guidelines regarding how a realistic turnaround time (perhaps 10 days in line with
46
47 S14) can be achieved agnostic of laboratory setting. These guidelines should also stipulate that the laboratory facility
48
49 must be the International Standards Organisation (ISO) 15189 United Kingdom Accreditation Service (UKAS) approved
50
51 (S16, 94%). The external assurance framework for pathology services is based on both external quality assurance (EQA)
52
53 and UKAS. The laboratory facility must therefore relevant EQA annual subscription (where available) and must obtain
54
55 adequate scores during this process.¹⁹

56
57 Respondents agree that from request to results, the testing process is often delayed by logistical issues (S17, 76%). The
58
59 response by role is interesting as oncologists were the only role group with a response above the consensus threshold
60
achieved consensus.

The key aim for optimising the testing pathway is to ensure that all relevant information is available to the MDT/oncologist to allow for the most appropriate treatment to be recommended from the outset. This currently includes HER2, PD-L1, and MSI-H/dMMR status but is likely to expand as new targeted/biomarker driven therapies become available in the future. This should be accepted as the 'gold standard' for OG cancer care. The NHS England best practice timed pathway⁶ proposes a 28-day period from referral through diagnosis to the first outpatient clinic; biopsy to support diagnosis is scheduled within 7 days, once the diagnosis is confirmed (by Day 14) there is a 14-day window for biomarker status testing provided appropriate samples can be collected at biopsy.

D. Optimal roles and responsibilities to improve delivery of the testing pathway

There was very strong agreement that a lack of coordination between disciplines can impact the testing pathway (S24, 96%), and that a dedicated coordinator should be in place to manage the test process from request to results dissemination (S25, 84%). The role of the MDT is pivotal in ensuring that treatment is planned appropriately, and the National Institute for Health and Care Excellence (NICE) Oesophago-gastric cancer Quality Standards define the core roles of the full MDT, but this can be augmented as needed.²⁰

If results of biomarker testing are to be available for the 1st outpatient appointment with the oncologist, an efficient process must be implemented to minimise any potential logistical delays. The MDT should agree, document, and implement and audit appropriate performance measure (key performance indicators/KPIs) for the OG testing pathway to identify where delays occur and to modify the pathway to release these bottlenecks. Performance data can also be used to support business cases for improvements to the pathway and quantify the impact of making improvements versus the current status quo.

E. NHS system readiness

Results from this section demonstrate that there is strong agreement that the NHS and industry should work more collaboratively in horizon scanning of future technologies. This would provide a greater opportunity for the NHS to put services in place to support new technologies and also agree requirements to manage capacity according to anticipated demand for specific technologies (e.g., use of Dako versus Ventana technologies for biomarker testing). There is also potential for NHS pathology services to explore how the use of artificial intelligence (AI) might improve diagnostic efficiency – as is being realised in other therapy areas.^{21,22}

As part of 'future readiness', educational programmes should be in place for all MDT roles at the earliest practical point to support clinical decisions (S31, 96%).

1
2 It is also important that the NHS and NICE agree that when a technology is undergoing appraisal for cost-effectiveness,
3 the costs of processes that are essential for meeting the reimbursement criteria (as set out by NICE) are packaged as
4 part of the reimbursement package (S34, 98%). This is to avoid the situation where the availability of funding for
5 diagnostic tests may act as a potential barrier to expediting recommended treatment initiation.
6
7
8
9

10 **Strengths and limitations**

11 All statements (with one exception) achieved consensus agreement, suggesting either that the responders recognise and
12 agree with the perspectives of the steering group, or that the statements were (unconsciously) designed to be agreeable
13 – indicating potential bias. There was a difference in number of responses sought from oncologists (n=25) and
14 pathologists (n=15). The steering group suggested and agreed these numbers at the first meeting, however, given some
15 of the differing responses to some of the statements by these groups, an equal representation (both n=20) may have
16 provided a more equitable representation and led to a difference in the achieved results, signifying a methodological
17 limitation. In addition, a larger total cohort of responders would have provided greater certainty that the opinions
18 expressed were representative of each individual role.
19
20
21
22
23
24
25
26

27 The responses from outside of England were low, with only 3 responses from Scotland and none from Wales or Northern
28 Ireland, potentially reducing the applicability of the recommendations made here to these health systems. There is a
29 clear need to understand the opinions of healthcare professionals in the devolved nations to provide a comparison and
30 extend the remit of this work and further work should be focused on this. As a consequence, where policy and
31 reimbursement have been discussed, the focus had been kept on the NHS in England to represent the responder
32 demographic.
33
34
35
36
37
38
39

40 The patient experience has not been investigated (as it was outside of the scope of the study objectives), but it would be
41 valuable in providing feedback on how problems in the current testing pathway can impact the individual, and, also, what
42 steps in the process that patients consider a priority.
43
44
45

46 **RECOMMENDATIONS**

47 Based on the survey results and subsequent discussions within the steering group, the authors propose the following
48 recommendations to support treatment decisions in OG cancer. A proposed diagnostic pathway that reflects the
49 recommendations is included in Figure 3.
50
51
52
53
54

- 55
56 1. All patients suitable for systemic therapy should be tested for HER2, PD-L1, and MSI-H/dMMR at the time of
57 diagnosis
58
59 2. A dedicated coordinator should be in place to plan, request, and coordinate dissemination of test results
60

3. Results of biomarker testing should be available within 10 days of request
4. All tests should be conducted by an approved United Kingdom Accreditation Service (UKAS) laboratory
5. Automatic transfer of specific tissue cores should be in place for centralised processing
6. All test results should be made available on a single, integrated report
7. All test results should be with the MDT/oncologist prior to the first consultation post-diagnosis
8. Treatment should be initiated within 30 days of receiving biomarker test results at the latest
9. All testing pathways should have MDT agreed KPIs in place and tracked for audit purposes
10. Funding and reimbursement routes for mandatory diagnostic tests should be bundled with any NICE-approved treatments

To facilitate implementation of these recommendations, local services may need to construct a business case to ensure funding is in place for reflex testing (and associated pathology resource requirements). Providers should also engage with NHS and NICE regarding the potential for national provision of molecular testing as is currently in place for genomic testing.

CONCLUSION

This modified Delphi exercise was able to achieve agreement from a panel of 50 experts currently involved in OG cancer for 35 of 36 statements. In this paper we have described the current heterogeneity that exists in the UK NHS regarding the provision of molecular pathology in OG cancer, the results demonstrate clear recognition amongst responders of the need for clarity and standardisation of the testing pathway for OG cancer. These recommendations are designed to set a minimum bar for OG cancer services to ensure greater concordance between providers in patient experience and access to licensed and guideline-recommended treatments.

REFERENCES

1. Healthcare Quality Improvement Partnership. National Oesophago-Gastric Cancer Audit State of the Nation Report, www.hqip.org.uk/national-programmes.2024.
2. Royal College of Pathologists. Standards and datasets for reporting cancers. Dataset for histopathological reporting of oesophageal and gastric carcinoma (G006). 2019.
3. Quante M, Wang TC, Bass AJ. Adenocarcinoma of the oesophagus: Is it gastric cancer? *Gut* 2023; 72: 1027–1029.
4. Obermannová R, Alsina M, Cervantes A, et al. Oesophageal cancer: ESMO Clinical Practice Guideline for diagnosis, treatment and follow-up. *Annals of Oncology* 2022; 33: 992–1004.

1
2 5. Li JJ, Rogers JE, Yamashita K, et al. Therapeutic Advances in the Treatment of Gastroesophageal Cancers.
3 Biomolecules; 13. Epub ahead of print 1 May 2023. DOI: 10.3390/biom13050796.
4
5
6 6. NHS England. Implementing a timed oesophago-gastric cancer diagnostic pathway,
7 <https://future.nhs.uk/canc/view?objectId=27248560>. 2023.
8
9
10 7. National Oesophago-Gastric Cancer Audit. State of the Nation Report, www.hqip.org.uk/national-programmes.
11 2024.
12
13 8. Duan Y, Xu D. Microsatellite instability and immunotherapy in gastric cancer: a narrative review. Precision
14 Cancer Medicine; 6. Epub ahead of print 30 June 2023. DOI: 10.21037/pcm-22-48.
15
16
17 9. NICE. Nivolumab with platinum-and fluoropyrimidine-based chemotherapy for untreated HER2-negative
18 advanced gastric, gastro-oesophageal junction or oesophageal adenocarcinoma,
19 www.nice.org.uk/guidance/ta857 (2023).
20
21
22
23 10. NICE. Pembrolizumab with platinum-and fluoropyrimidine-based chemotherapy for untreated advanced
24 oesophageal and gastro-oesophageal junction cancer Technology appraisal guidance,
25 www.nice.org.uk/guidance/ta737 (2021).
26
27
28
29 11. Diamond IR, Grant RC, Feldman BM, et al. Defining consensus: A systematic review recommends
30 methodologic criteria for reporting of Delphi studies. J Clin Epidemiol 2014; 67: 401–409.
31
32
33 12. West NP, Mansoor W, Taniere P, et al. Best-Practice Biomarker Testing of Oesophago-Gastric Cancer in the
34 UK: Expert Consensus Recommendations Developed Using a Modified Delphi. Clin Oncol. Epub ahead of print
35 2024. DOI: 10.1016/j.clon.2024.08.002.
36
37
38
39 13. Institute of Cancer Research. Accessing biomarker tests on the NHS Position Statement,
40 [https://www.icr.ac.uk/about-us/policy-and-engagement/position-statements/accessing-biomarker-tests-on-the-](https://www.icr.ac.uk/about-us/policy-and-engagement/position-statements/accessing-biomarker-tests-on-the-nhs)
41 [nhs](https://www.icr.ac.uk/about-us/policy-and-engagement/position-statements/accessing-biomarker-tests-on-the-nhs). January 2023.
42
43
44 14. Shah MA, Kennedy EB, Daniel, et al. Treatment of Locally Advanced Esophageal Carcinoma: ASCO Guideline.
45 J Clin Oncol. 2020 Aug 10;38(23):2677-2694. doi: 10.1200/JCO.20.00866. Epub 2020 Jun 22. Erratum in: J Clin
46 Oncol. 2020 Nov 20;38(33):3976. doi: 10.1200/JCO.20.02987. PMID: 32568633.
47
48
49
50 15. Gosney JR, Paz-Ares L, Jänne P, et al. Pathologist-initiated reflex testing for biomarkers in non-small-cell lung
51 cancer: expert consensus on the rationale and considerations for implementation. ESMO Open; 8. Epub ahead
52 of print 1 August 2023. DOI: 10.1016/j.esmoop.2023.101587.
53
54
55
56 16. Marmarelis M, Berman A, Scholes D, et al. P59.21 Impact of Reflex Testing on Pathology Based Molecular
57 Testing in Patients With Advanced Non-Squamous Non-Small Cell Lung Cancer (NSCLC). Journal of Thoracic
58 Oncology 2021; 16: S1157.
59
60

Protected by copyright, including for uses related to text and data mining, AI training, and similar technologies. Enseignement Supérieur (ABES).

17. Liu D, Grabsch H, Gloor B et al. Programmed death-ligand 1 (PD-L1) expression in primary gastric adenocarcinoma and matched metastases. *J Cancer Res Clin Oncol* 2023;149:13345-13352.
18. Zhou K, Peterson B, Serritella A et al. Spatial and Temporal Heterogeneity of PD-L1 Expression and Tumor Mutational Burden in Gastroesophageal Adenocarcinoma at Baseline Diagnosis and after Chemotherapy. *Clin Cancer Res* 2020, 26:6453-6463.
19. Pathology Quality Assurance Review. January 2014.
20. NICE. Oesophago-gastric cancer Quality standard Oesophago-gastric cancer (QS176), www.nice.org.uk/guidance/qs176. 2018.
21. Heydon P, Egan C, Bolter L, et al. Prospective evaluation of an artificial intelligence-enabled algorithm for automated diabetic retinopathy screening of 30 000 patients. *British Journal of Ophthalmology* 2021; 105: 723–728.
22. Cha Y, Kim JT, Park CH, et al. Artificial intelligence and machine learning on diagnosis and classification of hip fracture: systematic review. *Journal of Orthopaedic Surgery and Research*; 17. Epub ahead of print 1 December 2022. DOI: 10.1186/s13018-022-03408-7.

SUPPLEMENTAL INFORMATION

Supplemental Figure (S1)

Anonymised Results Data

DECLARATIONS

This study did not require registration because neither the assigned interventions nor the outcomes assessed were related to the health of participants.

ETHICS APPROVAL AND CONSENT TO PARTICIPATE

Not applicable

CONSENT FOR PUBLICATION

Not applicable

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60

AVAILABILITY OF DATA AND MATERIALS

The datasets used and/or analysed during the current study are available from the corresponding author on reasonable request.

FUNDING

MSD pharmaceuticals initiated and supported this consensus project including the selection of faculty of experts. MSD paid the expert group honorarium. MSD commissioned Triducive Ltd (UK) to facilitate the project and analyse the responses to the consensus statements, in line with Delphi methodology. MSD had no input into drafting or publication of the manuscript.

CONFLICTS OF INTEREST

All authors received honoraria from MSD while undertaking this study. MSD commissioned Triducive Partners Limited to facilitate the project and analyse the responses to the consensus statements in line with the Delphi methodology.

Author declarations:

ME has received sponsorship from MSD to attend an international conference and honoraria from MSD and BMS and Servier for advisory work. **MR-J** has received honoraria for attendance at advisory boards, chairing educational meetings, consultancy, travel, accommodation and registration at national/international meetings from BMS, MSD, Roche Diagnostics Solutions, Agilent, Ibex Medical and research/educational grants from Pfizer and Roche Diagnostics Limited. **NS** has received honoraria for attendance at advisory boards, consultancy, travel, accommodation and registration at national/international meetings from Servier, GSK, Takeda, BMS, Merck, MSD, Pierre Fabre, Astellas, Natera, Daiichi Sankyo and Tempus. NS has also received research/educational grants from Gilead. **PT** has received honoraria for attendance at advisory boards, consultancy, travel, accommodation and registration at national/international meetings from Agilent, AstraZeneca, Bristol-Myers Squibb, Lilly, Merck Serono, MSD, Novartis, Pfizer, Roche, Takeda, Janssen, Biocartis, Diaceutics, Astellas. **TB** has received lecture fees from MSD, AstraZeneca and Elekta, and consulting fees from MSD. **WM** has received honoraria for attendance at advisory boards, consultancy, travel, accommodation and registration at national/international meetings from Amgen, BMS, Beigene, Pfizer , MSD, Servier and BMS.

AUTHORS' CONTRIBUTIONS

All views expressed by the authors are those of the individual and do not represent those of their organisation/place of work. Contributors MRJ, WM, TB, ME, NS, PT agreed the design of the study, formulated and reviewed the statement set. Results of the study were discussed by all contributors as part of a formal Steering Group meeting where commentary was agreed for development into the initial draft manuscript. MRJ, WM, TB, ME, NS, PT took an equal role

in reviewing the initial manuscript draft and providing comments, and all approved the final draft. MRJ is the guarantor for the work and/or conduct of the study, had access to the data and controlled the decision to publish.

ACKNOWLEDGEMENTS

The authors wish to thank Tim Warren and Ian Walker from Triducive Partners Limited for their support in collating the data, analysing the results, drafting the initial manuscript, and reviewing the final draft. This project was initiated & funded by MSD UK Ltd.

TABLES AND FIGURE LEGENDS

Table 1. Defined consensus statements and corresponding levels of agreement

No:	Statement:	Strongly Agree	Tend To Agree	Tend To Disagree	Strongly Disagree	Overall Agreement
Domain A: Patient profile and type						
1	All patients should be tested for HER2, PD-L1 and MSI-H/dMMR at time of diagnosis	46%	34%	6%	14%	80%
2	All patients considered potentially suitable for systemic therapy should be tested for HER2, PD-L1 and MSI-H/dMMR	64%	26%	0%	10%	90%
Domain B: Testing pathway ideals						
3	There is a need for clear guidance on which stage of the pathway PD-L1 testing should be used	44%	48%	2%	6%	92%
4	A centralised, testing service can provide more efficiency and quality control in the service	42%	52%	2%	4%	94%
5	PD-L1 testing should be completed in advance of MDTs to inform decision making	42%	44%	10%	4%	86%
6	Ideally, testing should be conducted within the prescribing institution	24%	46%	26%	4%	70%
7	Variance in the testing pathway leads to delays in patients accessing appropriate treatment	32%	58%	8%	2%	90%
8	A delay in the diagnostic process may potentially prevent optimal treatment entirely if the patient's disease worsens significantly	48%	48%	2%	2%	96%
9	It would be beneficial for automatic transfer of specific tissue cores to be in place for centralised processing	38%	50%	10%	2%	88%
10	Treating physicians need to be informed promptly when there is insufficient tissue to satisfy testing requirements and so re-biopsy may be indicated	66%	30%	2%	2%	96%
11	Reflex testing at the point of diagnosis is more efficient than sequential testing and may reduce the time to initiation of treatment	38%	44%	16%	2%	82%
12	Reflex testing at the point of diagnosis is more cost-effective than sequential testing	30%	50%	16%	4%	80%
13	Reflex testing at the point of diagnosis is recommended in all patients considered potentially suitable for systemic therapy	46%	46%	2%	6%	92%
Domain C: Standards/Benchmarks (inc. reference centre v in-house testing v regional hubs)						
14	Biomarker tests should be turned around within 10 working days	42%	52%	2%	4%	94%

15	Results of biomarker tests should be available no longer than 5 working days from the day the sample arrives at the pathology laboratory	30%	48%	12%	10%	78%
16	Either in-house or outsourced, tests need to be delivered by an approved United Kingdom Accreditation Service (UKAS) laboratory	52%	42%	4%	2%	94%
17	The process from requesting a test to receiving the results is often unduly delayed by logistical issues	32%	44%	20%	4%	76%
18	All test results should be made available on a single, integrated report	50%	40%	8%	2%	90%
19	All test results should be with the oncologist prior to the first consultation post-diagnosis	48%	38%	10%	4%	86%
20	If there is insufficient tissue for biomarker testing, this should be discussed at the MDT	48%	48%	2%	2%	96%
21	Treatment should be initiated within 30 days of receiving biomarker test results	46%	44%	8%	2%	90%
22	Positivity rates should be audited for the specific PD-L1 assay for comparison with literature-reported rates	42%	52%	4%	2%	94%
Domain D: Optimal roles and responsibilities to improve delivery of the testing pathway						
23	Clearly defined roles and responsibilities for each stage in the testing pathway would benefit the efficiency	44%	52%	2%	2%	96%
24	Lack of co-ordination between disciplines involved in the testing pathway can limit efficiency of the process	38%	56%	4%	2%	94%
25	A dedicated coordinator should be in place to plan, request, and coordinate dissemination of the results of tests	40%	44%	14%	2%	84%
26	The MDT is responsible for ensuring that the correct testing pathway is in place	48%	38%	10%	4%	86%
27	The testing pathway should have agreed and documented time and KPI targets	36%	52%	8%	4%	88%
28	Testing pathway performance should be measured by the MDT	34%	44%	18%	4%	78%
29	Business cases can benefit the establishment of consistent testing pathways that are efficient and accessible	38%	56%	4%	2%	94%
Domain E: NHS system readiness						
30	Collaborative horizon scanning between NHS and industry would be beneficial to help NHS readiness	30%	68%	0%	2%	98%
31	Education of the entire MDT is vital to improve NHS system readiness for new tests and treatment modalities	54%	42%	2%	2%	96%
32	Any advent of technology and testing use needs to consider capacity concerns in the NHS	50%	46%	2%	2%	96%
33	Any advent of technology and testing use needs to consider resource requirements rather than just acquisition costs	46%	34%	6%	14%	94%
34	NHS and NICE need to work more collaboratively so when new therapies are approved there is resource in the NHS provision for the accompanying biomarker test	64%	26%	0%	10%	98%
Domain F: Future considerations						
35	A coordinated industry group to liaise with NHS and policy makers could help support future utilisation of new tests and modalities	44%	48%	2%	6%	92%
36	Artificial Intelligence technologies have the potential to improve the speed with which test results are analysed and processed	42%	52%	2%	4%	88%

Figure 1. Modified Delphi study design

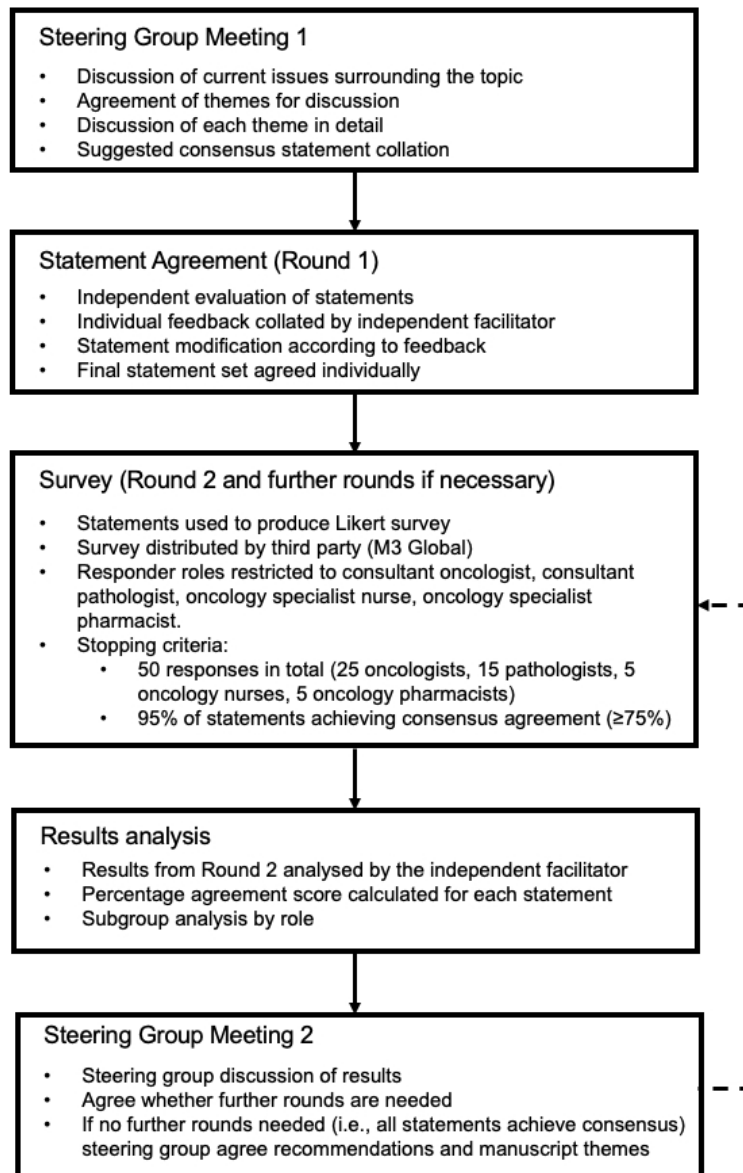
Figure 2. Consensus agreement levels by statement. The threshold for consensus is depicted by the green line (75%).
The blue line signifies the threshold for very strong agreement (90%)

Figure 3. Potential diagnostic pathway and indicative timescales. Based on consensus results and NHS England 28-day best practice timed pathway⁶

Supplemental figures

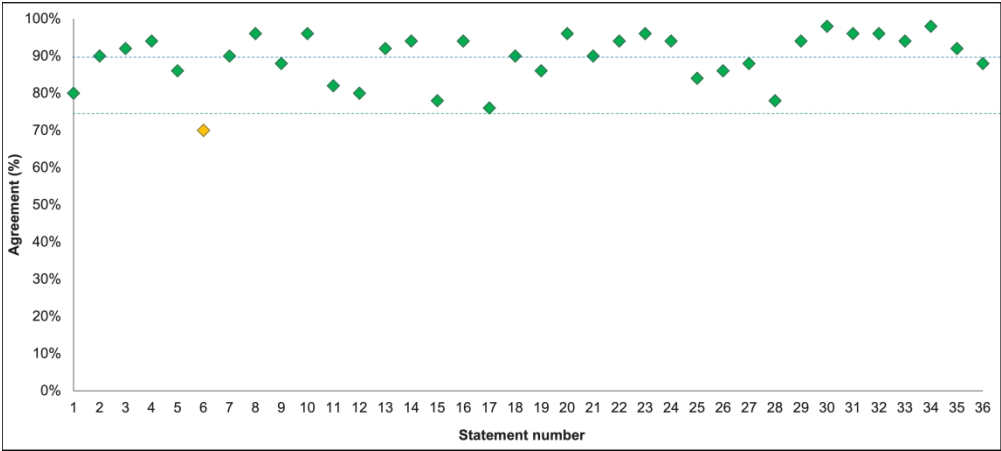
Figure S1. Percentages of agreement level by statement

Figure S2. Consensus Survey Results Data



Modified Delphi study design

202x312mm (72 x 72 DPI)



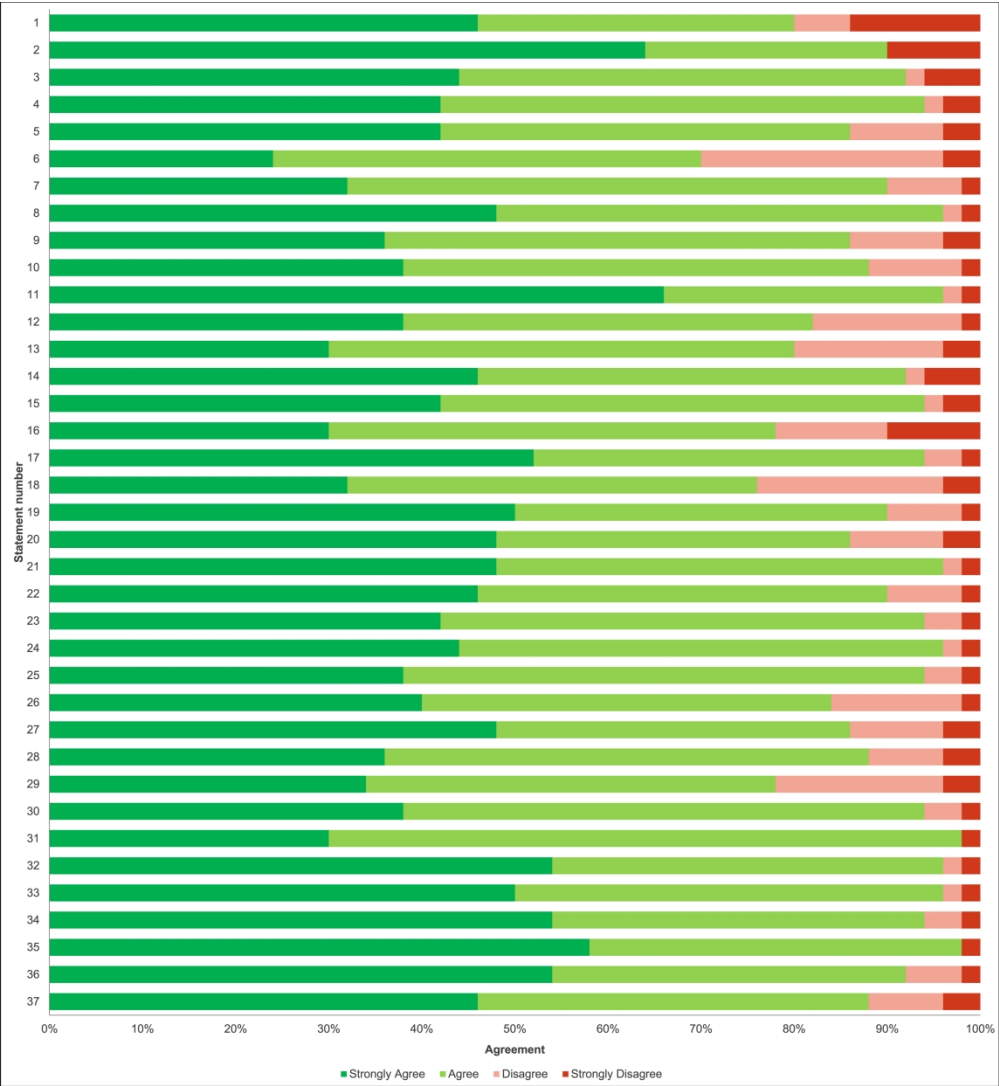
Consensus agreement levels by statement. The threshold for consensus is depicted by the green line (75%).
The blue line signifies the threshold for very strong agreement (90%)

392x175mm (330 x 330 DPI)

Diagnosis			MDT	1st Outpatient Clinic
Day 0	Day +3	Day +4	Day +10	Day +18
Oesophago-gastro-duodenoscopy (OGD) to BSG/AUGIS quality standards	Diagnostic histology results reported	F-18 FDG PET-CT (within 24 hours) for those suitable for radical treatment (except for T1a tumours)	Specialist MDT	Outpatient clinic
Trans-nasal endoscopy (TNE)		+/- endoscopic ultrasound		Assessment of fitness to treat
Whole-body CT scan		+/- staging laparoscopy		Agree personalised treatment plan
Biopsy samples taken to support molecular testing		Reflex biomarker tests requested for HER2, PD-L1, MSI-H/dMMR for those who may receive a targeted therapy	Results of biomarker testing reported in 1 standardised report	Patient optimisation

Potential diagnostic pathway and indicative timescales. Based on consensus results and NHS England 28-day best practice timed pathway6

711x407mm (72 x 72 DPI)



702x761mm (130 x 130 DPI)

BMJ Open: first published as 10.1136/bmjopen-2024-024343 on 6 February 2025. Downloaded from <http://bmjopen.bmj.com/> on June 10, 2025 at Agence Bibliographique de l'Enseignement Supérieur (ABES) : Université de Bourgogne. All rights reserved. No reuse allowed without permission. by copyright, including for uses related to text and data mining, AI training, and similar technologies.

		ID	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50		
Pathologist specific focus		Specialty (1=Consultant Oncologist, 2=Consultant Pathologist, 3=Specialist Oncology Nurse, 4=Specialist Oncology Pharmacist)	4	4	3	1	1	1	1	1	3	3	1	1	1	4	1	1	4	4	3	1	1	2	1	1	1	1	1	1	2	2	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1				
		Histopathology																						1																														
		Molecular Diagnostics																						0																														
		Coagulation																						0																														
		Haematology																						0																														
		Immunology																						0																														
		Toxicology																						0																														
		None of the above																					0																															
		Are you currently involved with, or do you have experience with, oesophago-gastric cancer?	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y					
		Do you have experience testing for PDL1 in oesophago-gastric cancers?																					Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y					
		Where is your primary place of work? (1=England, 2=Scotland, 3=Northern Ireland, 4=Wales)	1	1	1	1	1	1	1	1	1	1	1	1	1	1	2	1	1	1	1	1	1	1	1	2	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1				
		What is the estimated number of cases of oesophago-gastric cancer do you see each year? (1=<20, 2=20-50, 3=>50)	3	3	3	2	1	1	2	3	3	2	3	2	3	2	2	2	1	3	3	3	3	3	2	2	2	2	2	2	3	3	2					3	3	3	3	3	2	2	2	3	1	2	1	1	2	3	2	2
		1 All patients should be tested for HER2, PD-L1 and MSI/MMMR at time of diagnosis	3	4	4	4	4	1	3	4	1	4	3	4	3	4	3	2	3	1	3	3	4	4	1	3	4	3	4	4	1	2					4	4	3	4	4	4	3	4	1	3	4	3	3	1	4	2	4	
		2 All patients considered potentially suitable for systemic therapy should be tested for HER2	4	4	4	4	1	4	4	1	4	3	4	4	4	4	4	4	4	3	1	3	3	4	4	4	3	4	3	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	
		3 There is a need for clear guidance on which stage of the pathway PD-L1 testing should be used	3	3	4	3	4	3	3	4	1	4	4	3	4	4	4	4	4	1	3	3	3	2	3	3	1	3	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4		
		4 A centralised, testing service can provide more efficiency and quality control in the service	3	4	4	4	3	4	3	3	1	4	3	4	3	4	4	3	3	4	3	3	4	4	1	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3		
		5 PD-L1 testing should be completed in advance of MDTs to inform decision making	2	4	4	4	3	4	3	1	4	4	3	4	4	3	3	3	3	4	3	4	4	4	4	2	4	3	4	2	4	1	3				4	4	3	3	4	3	3	2	3	4	2	3	3	3	3			
		6 Ideally, testing should be conducted within the prescribing institution	4	4	4	4	2	3	4	3	1	4	3	3	2	3	3	3	3	4	3	4	3	2	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3		
		7 Variance in the testing pathway leads to delays in patients accessing appropriate treatment	3	4	4	3	3	4	3	4	1	4	3	4	3	3	2	3	3	2	3	3	3	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3		
		8 A delay in the diagnostic process may potentially prevent optimal treatment entirely if the delay is prolonged	4	4	4	4	4	3	3	4	1	4	2	3	3	4	4	3	3	3	3	3	4	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4		
		9 It would be beneficial for automatic transfer of specific tissue cores to be in place for centralised testing	3	3	4	4	4	3	3	1	4	4	3	4	3	4	3	3	3	3	3	3	3	4	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3		
		10 Treating physicians need to be informed promptly when there is insufficient tissue to satisfactorily test	4	4	4	4	4	4	4	1	4	3	3	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4		
		11 Reflex testing at the point of diagnosis is more efficient than sequential testing and may reduce costs	3	3	4	4	4	3	3	4	1	4	3	4	2	3	3	3	3	3	3	3	3	2	4	4	4	3	3	3	4	2	4	3	4	2	4	3	4	2	4	3	4	2	4	3	3	4	2	3	4			
		12 Reflex testing at the point of diagnosis is more cost-effective than sequential testing	2	2	4	4	4	3	4	1	4	3	4	2	3	3	3	3	3	3	3	3	3	4	4	2	3	3	4	2	3	4	1	3			2	4	3	3	3	4	4	2	4	3	3	4	2	3				
		13 Reflex testing at the point of diagnosis is recommended in all patients considered potentially suitable for testing	3	3	4	4	4	3	3	4	1	3	4	1	3	3	3	3	3	3	3	3	3	4	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4			
		14 Biomarker tests should be turned around within 10 working days	3	3	3	3	4	3	4	1	3	3	3	4	4	4	3	2	4	3	3	4	3	4	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4			
		15 Results of biomarker tests should be available no longer than 5 working days from the date of testing	3	4	4	3	3	4	4	1	4	3	3	3	3	4	3	3	3	3	3	3	3	3	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3			
		16 Either in-house or outsourced, tests need to be delivered by an approved United Kingdom laboratory	3	4	4	3	3	3	4	1	4	4	3	3	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4		
		17 The process from requesting a test to receiving the results is often unduly delayed by local factors	2	3	3	3	2	3	4	1	4	4	4	4	4	3	4	2	3	2	3	2	3	4	1	4	2	2	3	3	4	2	3	3	4	2	3	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4		
		18 All test results should be made available on a single, integrated report	3	4	4	4	2	4	3	4	1	4	3	3	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4		
		19 All test results should be with the oncologist prior to the first consultation post-diagnosis	3	4	3	4	3	4	3	4	1	4	4	2	3	3	4	3	2	4	3	3	4	4	4	2	4	3	4	3	4	2	4	3	4	2	4	3	4	2	4	3	4	2	4	3	4	2	4	3	4			
		20 If there is insufficient tissue for biomarker testing, this should be discussed at the MDT	4	4	4	3	4	4	3	1	4	3	3	3	3	4	3	3	4	3	3	3	4	4	4	3	4	4	3	4	3	4	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4			
		21 Treatment should be initiated within 30 days of receiving biomarker test results	4	4	4	4	4	3	3	1	4	2	4	4	4	4	4	4	4	3	3	4	3	3	2	4	4	4	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4			
		22 Positivity rates should be audited for the specific PD-L1 assay for comparison with literature	3	4	4	4	3	3	3	4	1	4	4	3	2	3	4	3	3	3	3	3	3	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4	3	4			
		23 Clearly defined roles and responsibilities for each stage in the testing pathway would be beneficial	4	4	4	4	3	4	3	3	1	4	3	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4		
		24 Lack of co-ordination between disciplines involved in the testing pathway can limit efficiency	3	4	4	3	3	3	3	1	4</																																											