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Prenatal exposure to antibiotics and the risk of orofacial clefts: a protocol for a systematic review and meta-analysis of observational studies

Journal:	<i>BMJ Open</i>
Manuscript ID	bmjopen-2024-092019
Article Type:	Protocol
Date Submitted by the Author:	05-Aug-2024
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Keywords:	Anti-Bacterial Agents, Fetal medicine < OBSTETRICS, EPIDEMIOLOGY, Child

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Manuscripts

Prenatal exposure to antibiotics and the risk of orofacial clefts: a protocol for a systematic review and meta-analysis of observational studies

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25 **Word count**

26 Abstract: 346 words

27 Full text: 2151 words

28 Tables: 1

29 Figures: 1

30 Supplemental material: 1

54 exposure specifics, and outcome measures. A random-effects meta-analysis will aggregate
55 summary effect sizes, and heterogeneity will be assessed using I^2 and Q statistics.

56 **Ethics and dissemination:** Ethical approval is not required for this systematic review, as it relies
57 on already published data. The findings will be disseminated through peer-reviewed journals and
58 conference presentations, providing critical insights into clinical practice and public health
59 policies regarding antibiotic use during pregnancy.

60 **PROSPERO registration number:** CRD42024565064

61 **Key words:** antibiotics; orofacial clefts; cleft lip; cleft palate

78 INTRODUCTION

79 Orofacial clefts (OFCs) are among the most common craniofacial malformations in newborns
80 and present significant healthcare challenges because of their complex aetiology and
81 multifaceted impact on health [1–3]. They affect an estimated 4.6 million individuals globally,
82 resulting in a burden of ~529,758.92 disability-adjusted life years (DALYs) [4]. OFCs—which
83 include cleft lip (CL), cleft palate (CP), and combined cleft lip and palate (CLP)—result from
84 disruptions in the normal development of the orofacial region during embryogenesis [2], and are
85 specifically influenced by a combination of genetic, environmental, and maternal lifestyle factors
86 [2,3,5]. Environmental influences such as maternal smoking, alcohol consumption, nutritional
87 deficiencies, and medication use during pregnancy, have also been implicated in the
88 pathogenesis of OFCs [5–7]

89 Recent research has raised concerns regarding the potential impact of prenatal exposure to
90 antibiotics on foetal development [8–10]. Antibiotics are commonly prescribed during pregnancy
91 to manage infections that, if left untreated, can pose significant risks to both the mother and the
92 developing foetus [11–13]. However, the teratogenic potential of antibiotics, particularly those
93 that cross the placental barrier, remains a topic of considerable debate and investigation [14].
94 Potential mechanisms through which antibiotics may contribute to the development of OFCs
95 include the disruption of normal cellular processes, interference with folate metabolism, and
96 induction of oxidative stress in the developing embryo [15].

97 Several studies have suggested an association between prenatal antibiotic exposure and an
98 increased risk of OFCs [16–19], although current evidence on the matter is inconsistent overall
99 [20–23], varying significantly across different antibiotic classes, dosages, and timings of
100 exposure. The current body of literature on this topic is characterised by heterogeneity in terms

123 ELIGIBILITY

124 Inclusion and exclusion criteria

125 *Participants*

126 The participants in this study will be mother-child pairs. We will include all pregnant individuals
127 regardless of age, ethnicity, or health status. We will include studies with explicit documentation
128 of antibiotic exposure during pregnancy—including prescription records, patient self-reports, and
129 medical notes confirming antibiotic use. The exclusion criteria include: studies lacking specific
130 information regarding the pregnancy status of the participants, or those with ambiguous details
131 regarding the timing and confirmation of pregnancy. We will also exclude studies in which
132 antibiotic exposure is not explicitly linked to the pregnancy period, or where such exposure is
133 inferred but not documented.

134 *Exposure*

135 Exposure to any class of antibiotics during pregnancy—including (but not limited to) penicillins,
136 cephalosporins, macrolides, tetracyclines, fluoroquinolones, and sulfonamides—will be noted.
137 We will include studies that provide details regarding the type of antibiotic (specific name or
138 class), frequency of intake and trimester during which the exposure occurred. This detailed
139 information is crucial for understanding the potential dose-response relationships and most
140 critical periods of foetal development. However, studies with grouped antibiotic exposures that
141 do not distinguish between different antibiotics or classes will be excluded. Reports with unclear
142 or inconsistent information regarding the frequency, dosage, or timing of antibiotic exposure
143 during pregnancy will also be excluded.

144 *Comparator/Control*

Our search methodology has been meticulously designed to identify both published and unpublished studies. This comprehensive approach covers electronic repositories, conference records, virtual platforms, scholarly dissertations, and (if necessary) direct correspondences with primary authors. The search will be limited to articles published in English. We will search databases including CINAHL, Cochrane Library, EMBASE, PubMed, Scopus, and Web of Science. Index terms and keywords will be carefully tailored to the unique characteristics of each database. Google Scholar will also be searched for gray literature and ongoing studies. The following search terms will be combined and adapted as needed to meet the database specifications: ("antibiotics" OR "antimicrobial agents" OR "anti-infective agents" OR "antibacterial drugs" OR "broad spectrum antibiotics" AND "prenatal exposure delayed effects" OR "maternal exposure" OR "intrauterine exposure" OR "gestational drug exposure") AND ("orofacial clefts" OR "cleft lip" OR "cleft palate" OR "congenital defects" OR "birth defects" OR "congenital anomalies" AND ("observational study" OR "longitudinal study" OR "retrospective study" OR "prospective study" OR "epidemiological research". Both MeSH terms and other appropriate subject headings will be used in the database search. The search strategy for the databases is illustrated in **Table 1**.

A team of three independent assessors will conduct the search. The retrieved studies will be imported into Rayyan (<https://rayyan.ai/>), a systematic review software platform [26]. Initially, two independent assessors will assess the suitability of the titles and abstracts of all screened publications, followed by full-text examinations in accordance with our inclusion criteria. Two assessors will concurrently evaluate the abstracts and full-text materials, and any discrepancies will be resolved through comprehensive discussions. **Figure 1** illustrates the screening process.

formulae. Both fixed-effect and random-effects meta-analyses will be used to estimate the pooled ESs along with their associated 95% confidence intervals. Significance levels will be documented. Inter-study variability, measured using the Cochrane Q or I^2 statistics will be explored, as well as potential impacts from smaller studies. I^2 values of 25%, 50%, and 75% will be assumed to represent low, moderate, and high heterogeneity, respectively. The significance of heterogeneity will be determined via χ^2 values for Q statistics, with $p < 0.05$. If the level of between-study heterogeneity is higher ($I^2 > 75\%$), a random-effects meta-regression will be performed to identify the potential moderators. A leave-one-sample-out validation will be used to explore the influences of each included study on the pooled ES. Funnel plots will be used to detect potential publication bias and small-study effects. $p < 0.05$ will be considered indicative of statistically significant publication bias. For outcomes with more than 10 individual studies, we will use Egger's regression test to assess asymmetry. The combined effect size will be visually represented using a forest plot. If the number of studies included is insufficient (< 3), a narrative review of the study findings will be presented instead of a meta-analysis.

Sensitivity analyses on primary outcomes will be conducted, and will involve excluding studies with a high risk of bias or incomplete data. Efforts will be made to contact researchers or study sponsors to obtain any missing information. If this is not possible, established methods for estimating missing data using multiple imputation will be applied. The validity of imputed data will be assessed through a sensitivity analysis. Subgroup analyses will explore the effects of timing of exposures, types and dosages of medication, and socio-economic status. Furthermore, we will define groups based on exposure to different classes of antibiotics and the timing of antibiotic administration during pregnancy, and conduct a comparative analysis across various exposure scenarios. All statistical analyses will be conducted in Stata version 18 (StataCorp).

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DISCUSSION

This systematic review and meta-analysis protocol represents the first comprehensive effort to investigate the association between prenatal antibiotic exposure and the risk of OFCs. Its findings are expected to provide critical insights into medication safety during pregnancy and its potential teratogenic effects on foetal development, particularly regarding the occurrence of OFCs. Our conclusions will be based on the combined results of the included studies, presented through quantitative analysis or narrative synthesis.

Understanding the relationship between prenatal antibiotic exposure and OFCs is crucial for clinical decision-making and patient counselling. If a significant association is found, it will highlight the need for careful consideration of antibiotic prescriptions during pregnancy. This could lead to the development of guidelines and protocols aimed at minimising unnecessary antibiotic use and selecting safer alternatives when treatment is necessary. The results will also hopefully ensure that healthcare providers are better equipped to inform expectant mothers about the potential risks and benefits of antibiotic use during pregnancy, thereby facilitating more informed choices.

The major strengths of this planned systematic review lie in its rigorous methodological approach, adherence to the PRISMA-P guidelines, and use established quality assessment tools such as the Newcastle-Ottawa Scale and GRADE criteria. However, several methodological challenges must also be addressed. First, the included studies are likely to vary in their designs, populations, antibiotic types, dosages, and timing of exposure, which may introduce significant heterogeneity. This variability can complicate the synthesis of the results and limit the generalisability of our findings. Subgroup and sensitivity analyses will be crucial to addressing these issues. Second, the exclusion of non-English publications and the potential under-

representation of unpublished or negative findings may also introduce publication bias. Funnel plots and Egger's tests will be used to assess and mitigate this bias; however, its presence cannot be entirely ruled out. Third, the conclusions drawn from this review will depend on the methodological quality and reporting standards of the included studies. Variations regarding how antibiotic exposure and OFCs are defined and measured may impact the robustness of the findings. The use of the GRADE criteria will help evaluate the strength and quality of the evidence, providing a clearer understanding of the confidence that can be placed in the results. Nevertheless, this review is expected to identify gaps in the current literature and suggest areas for future research.

ETHICS AND DISSEMINATION

Obtaining ethical approval was not deemed necessary for this study, as it pertains to a protocol for a systematic review that relies on published and therefore publically available data. The findings of this study will be communicated through peer-reviewed articles and presentations at conferences.

ADDITIONAL INFORMATION

Author contributions: AN, MSF, and MMR conceived of the study's concept and drafted the initial version. TK, SS, KO, and MR provided guidance to the research teams. All of the authors participated in drafting and revising the manuscript, formulating the review questions, and designing the study. The final version of this manuscript has been read and approved by all of the authors.

Conflict of Interest Disclosures: The authors declare no competing interests.

Funding/Support: This research did not receive any specific funding from public, commercial, or nonprofit organisations.

Patient and public involvement: Patients and/or the public did not participate in the design, conduct, reporting, or dissemination plans for this study.

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BMJ Open: first published as 10.1136/bmjopen-2024-092019 on 19 November 2024. Downloaded from <http://bmjopen.bmj.com/> on June 10, 2025 at Agence Bibliographique de l'Enseignement Supérieur (ABES). Protected by copyright, including for uses related to text and data mining, AI training, and similar technologies.

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Table 1: Search strategy of databases

No	Database	Search strategy
1	PubMed	((("antibiotics" [MeSH Terms] OR "antimicrobial agents" [MeSH Terms] OR "anti-infective agents" [MeSH Terms] OR "antibacterial drugs" [All Fields] OR "broad spectrum antibiotics" [All Fields]) AND ("prenatal exposure delayed effects" [MeSH Terms] OR "maternal exposure" [All Fields] OR "intrauterine exposure" [All Fields] OR "gestational drug exposure" [All Fields]) AND ("orofacial clefts" [MeSH Terms] OR "cleft lip" [MeSH Terms] OR "cleft palate" [MeSH Terms] OR "congenital defects" [MeSH Terms] OR "birth defects" [All Fields] OR "congenital anomalies" [All Fields]) AND ("observational study" [MeSH Terms] OR "longitudinal study" [MeSH Terms] OR "retrospective study" [MeSH Terms] OR "prospective study" [MeSH Terms] OR "epidemiological research" [All Fields])))
2	Web of Science	TS=("antibiotics" OR "antimicrobial agents" OR "anti-infective agents" OR "antibacterial drugs" OR "broad spectrum antibiotics") AND TS=("prenatal exposure delayed effects" OR "maternal exposure" OR "intrauterine exposure" OR "gestational drug exposure") AND TS=("orofacial clefts" OR "cleft lip" OR "cleft palate" OR "congenital defects" OR "birth defects" OR "congenital anomalies") AND TS=("observational study" OR "longitudinal study" OR "retrospective study" OR "prospective study" OR "epidemiological research")

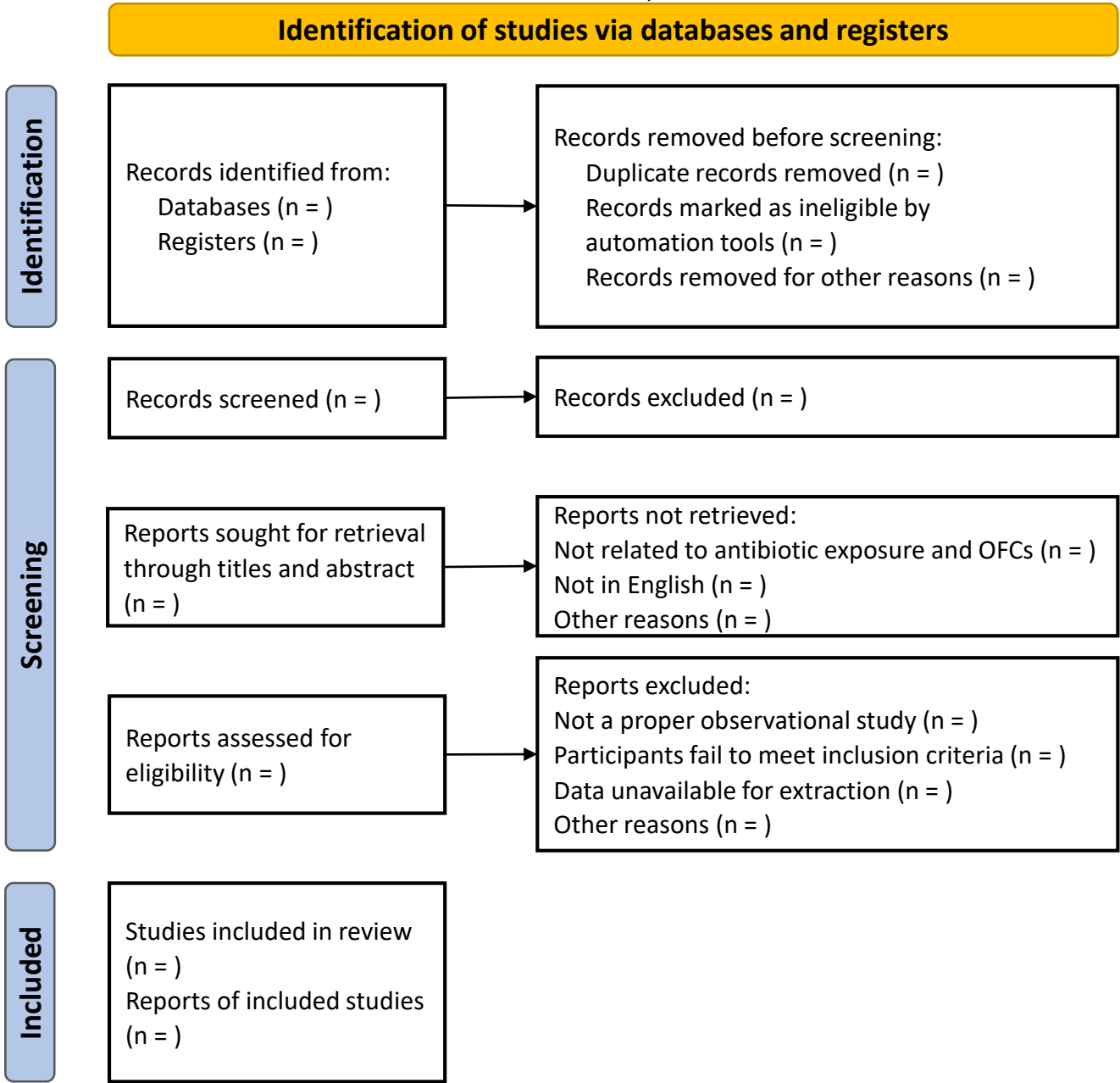
3	EMBASE	('antibiotic'/exp OR 'antimicrobial agent'/exp OR 'anti-infective agent'/exp OR 'antibacterial drug' OR 'broad spectrum antibiotic') AND ('prenatal exposure'/exp OR 'maternal exposure' OR 'intrauterine exposure' OR 'gestational drug exposure') AND ('orofacial cleft'/exp OR 'cleft lip'/exp OR 'cleft palate'/exp OR 'congenital defect'/exp OR 'birth defect' OR 'congenital anomaly') AND ('observational study'/exp OR 'longitudinal study'/exp OR 'retrospective study'/exp OR 'prospective study'/exp OR 'epidemiological research')
4	Scopus	(TITLE-ABS-KEY(antibiotics) OR TITLE-ABS-KEY(antimicrobial agents) OR TITLE-ABS-KEY(anti-infective agents) OR TITLE-ABS-KEY(antibacterial drugs) OR TITLE-ABS-KEY(broad spectrum antibiotics)) AND (TITLE-ABS-KEY(prenatal exposure delayed effects) OR TITLE-ABS-KEY(maternal exposure) OR TITLE-ABS-KEY(intrauterine exposure) OR TITLE-ABS-KEY(gestational drug exposure)) AND (TITLE-ABS-KEY(orofacial clefts) OR TITLE-ABS-KEY(cleft lip) OR TITLE-ABS-KEY(cleft palate) OR TITLE-ABS-KEY(congenital defects) OR TITLE-ABS-KEY(birth defects) OR TITLE-ABS-KEY(congenital anomalies)) AND (TITLE-ABS-KEY(observational study) OR TITLE-ABS-KEY(longitudinal study) OR TITLE-ABS-KEY(retrospective study) OR TITLE-ABS-KEY(prospective study) OR TITLE-ABS-KEY(epidemiological research))

5	PSycINFO	("antibiotics" OR "antimicrobial agents" OR "anti-infective agents" OR "antibacterial drugs" OR "broad spectrum antibiotics") AND ("prenatal exposure delayed effects" OR "maternal exposure" OR "intrauterine exposure" OR "gestational drug exposure") AND ("orofacial clefts" OR "cleft lip" OR "cleft palate" OR "congenital defects" OR "birth defects" OR "congenital anomalies") AND ("observational study" OR "longitudinal study" OR "retrospective study" OR "prospective study" OR "epidemiological research")
6	Cochrane Library	("antibiotics" [MeSH descriptor] OR "antimicrobial agents" OR "anti-infective agents" OR "antibacterial drugs" OR "broad spectrum antibiotics") AND ("prenatal exposure delayed effects" [MeSH descriptor] OR "maternal exposure" OR "intrauterine exposure" OR "gestational drug exposure") AND ("orofacial clefts" [MeSH descriptor] OR "cleft lip" OR "cleft palate" OR "congenital defects" OR "birth defects" OR "congenital anomalies") AND ("observational studies" [MeSH descriptor] OR "longitudinal studies" OR "retrospective studies" OR "prospective studies" OR "epidemiological research")

368 **Figure 1:** Flowchart illustrating the study process, following the PRISMA-P guidelines.
369 PRISMA-P, Preferred Reporting Items for Systematic Review and Meta-Analysis Protocols.

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BMJ Open

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Journal:	<i>BMJ Open</i>
Manuscript ID	bmjopen-2024-092019.R1
Article Type:	Protocol
Date Submitted by the Author:	09-Oct-2024
Complete List of Authors:	Nagata, Abir; Osaka University Rahman, Md. Shafiur ; School of Health Innovation, Kanagawa University of Human Services; Research Centre for Child Mental Development, Hamamatsu University School of Medicine Rahman, Mahfuzur; Graduate School of Public Health, St. Luke's International University Nakagawa, Takatoshi; Graduate School of Medicine, Osaka University Sharmin, Salma; Department of Dental Public Health, University Dental College and Hospital Ohnishi, Kazunari ; Graduate School of Public Health, St. Luke's International University Rahman, Mahbubur; Graduate School of Public Health, St. Luke's International University
Primary Subject Heading:	Epidemiology
Secondary Subject Heading:	Epidemiology, Public health
Keywords:	Anti-Bacterial Agents, Fetal medicine < OBSTETRICS, EPIDEMIOLOGY, Child

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25 **Word count**

26 Abstract: 348 words

27 Full text: 2670 words

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30 Supplemental material: 2

characteristics, participant details, exposure specifics, and outcome measures. A random-effects meta-analysis will aggregate summary effect sizes, and heterogeneity will be assessed using I^2 and Q statistics.

Ethics and dissemination: Ethical approval is not required for this systematic review, as it relies on already published data. The findings will be disseminated through peer-reviewed journals and conference presentations, providing critical insights into clinical practice and public health policies regarding antibiotic use during pregnancy.

PROSPERO registration number: CRD42024565064

Key words: antibiotics; orofacial clefts; cleft lip; cleft palate

74 INTRODUCTION

75 Orofacial clefts (OFCs) are among the most common craniofacial malformations in newborns
76 and present significant healthcare challenges because of their complex aetiology and
77 multifaceted impact on health.¹⁻³ They affect an estimated 4.6 million individuals globally,
78 resulting in a burden of ~529,758.92 disability-adjusted life years.⁴ OFCs—which include cleft
79 lip (CL), cleft palate (CP), and combined cleft lip and palate (CLP)—result from disruptions in
80 the normal development of the orofacial region during embryogenesis² and are specifically
81 influenced by a combination of genetic, environmental, and maternal lifestyle factors.^{2 3 5}
82 Environmental influences, including maternal smoking, alcohol consumption, nutritional
83 deficiencies, and medication use during pregnancy, have been implicated in the pathogenesis of
84 OFCs.⁵⁻⁷

85 Recent research has raised concerns regarding the potential impact of prenatal exposure to
86 antibiotics on foetal development.⁸⁻¹⁰ Antibiotics are commonly prescribed during pregnancy to
87 manage infections that, if left untreated, can pose significant risks to both the mother and the
88 developing foetus.¹¹⁻¹³ However, the teratogenic potential of antibiotics, particularly those that
89 cross the placental barrier, remains a topic of considerable debate and investigation.¹⁴ Potential
90 mechanisms through which antibiotics may contribute to the development of OFCs include the
91 disruption of normal cellular processes, interference with folate metabolism, and induction of
92 oxidative stress in the developing embryo.¹⁵
93 Several studies have suggested an association between prenatal antibiotic exposure and an
94 increased risk of OFCs.¹⁶⁻¹⁹ However, current evidence on the matter is inconsistent overall,²⁰⁻²³
95 varying significantly across different antibiotic classes, dosages, and timings of exposure.
96 Specifically, the current body of literature on this topic is characterized by heterogeneity in study

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3 97 designs and populations, potentially due to variations in study populations, classifications of
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5 98 antibiotic exposure, and the control of confounding variables. Therefore, a systematic approach
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8 99 to synthesising this evidence is essential for drawing robust and generalisable conclusions.
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10 100 Understanding the potential teratogenic effects of antibiotics is crucial for clinical practice and
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12 101 public health. Therefore, the following proposed study is not only important for informing
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14 102 clinical practice and guiding patient counselling but also pivotal for shaping public health
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16 103 policies and future research trajectories in prenatal care and teratology.

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20 104 **OBJECTIVES**

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23 105 The objective is to answer the following PICO (Population, Intervention, Comparison, Outcome)
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25 106 question: what is the association between prenatal antibiotic exposure and the risk of developing
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27 107 OFCs in children, compared to the risk in children with no antibiotic exposure during
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33 109 Specific objectives:

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36 110 1. To systematically review studies investigating the relationship between prenatal
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38 111 antibiotic exposure and the risk of developing OFCs, with a particular focus on
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40 112 elucidating the role of antibiotic type, dosage, and timing of exposure.
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42 113 2. To conduct a meta-analysis that quantitatively synthesises data from individual studies,
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44 114 providing a robust estimate of the association between prenatal antibiotic exposure and
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46 115 the risk of OFCs while accounting for potential moderating factors.

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50 116 **METHODS AND ANALYSIS**

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53 117 **Protocol development**

118 The protocol for this study aligns with the guidelines established by the Preferred Reporting
119 Items for Systematic Reviews and Meta-Analyses Protocols (PRISMA-P).^{24 25} The PRISMA-
120 Protocols checklist is provided in online supplemental file 1. The registration code for this
121 review protocol (CRD42024565064) will be accessible on the PROSPERO International
122 Prospective Register of Systematic Reviews. Any updates to the protocol and review process will
123 be promptly reflected in the PROSPERO registration. The study is scheduled to commence in
124 December 2024 and is expected to be completed by May 2025.

125 **ELIGIBILITY**

126 **PICO Framework**

127 Population: pregnant individuals and their children (mother–child pairs).

128 Intervention/Exposure: prenatal exposure to antibiotics.

129 Comparator: no exposure to antibiotics.

130 Outcome: the occurrence of OFCs, CL, CP, and CLP.

131 **Inclusion and exclusion criteria**

132 *Participants*

133 The participants in this study will be mother–child pairs. We will include all pregnant individuals
134 regardless of age, ethnicity, or health status. We will include studies with explicit documentation
135 of antibiotic exposure during pregnancy—including prescription records, patient self-reports, and
136 medical notes confirming antibiotic use. The exclusion criteria include studies lacking specific
137 information regarding the pregnancy status of the participants or those with ambiguous details
138 regarding the timing and confirmation of pregnancy. We will also exclude studies in which

161 to be safe during pregnancy. This will help account for potential confounding by indication, as
162 some bacterial infections themselves may increase the risk of birth defects.²⁷ Furthermore, we
163 will consider comparator groups based on the timing of antibiotic exposure (e.g., first-trimester
164 exposure vs. second and/or third-trimester exposure). Finally, we will exclude studies that lack a
165 well-defined control or comparison group, thus failing to provide a clear contrast for the analysis.

166 *Outcomes*

167 The primary focus of this study will be on OFCs, including both syndromic and non-syndromic
168 CL, CP, and combined CLP. All OFC diagnoses should be based on clinical examinations,
169 medical records, or standardised screening protocols—either prenatally, at birth, or within a
170 defined postnatal period (up to 1 year). Studies that focused on outcomes unrelated to OFCs or
171 speculative studies, will be excluded.

172 *Types of studies*

173 Longitudinal cohort studies (both prospective and retrospective), case-control studies, and
174 interventional trials that quantitatively assessed the relationship between prenatal antibiotic
175 exposure and OFCs will be included. All included studies must have a sound methodological
176 design, including well-defined populations, clear exposure and outcome measures, and
177 appropriate statistical analyses. Cross-sectional studies will be excluded as they do not establish
178 a temporal relationship between exposure and outcome; therefore, causality cannot be inferred.
179 We will also exclude case reports and case series, as they often lack generalisability, as well as
180 reviews, editorials, commentaries, and animal studies, because they typically do not provide
181 original empirical data. Studies with methodological flaws, such as inadequate sample sizes or
182 lack of statistical rigor, will also be excluded. No restrictions will be applied regarding the

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183 language of the studies or publication length, and translation will be performed using Google
184 Translate or by individuals capable of providing a translation.

185 **Search strategy and study selection**

186 Our search methodology has been meticulously designed to identify both published and
187 unpublished studies. This comprehensive approach covers electronic repositories, conference
188 records, virtual platforms, scholarly dissertations, and (if necessary) direct correspondences with
189 primary authors. We will search databases including CINAHL, Cochrane Library,
190 ClinicalTrials.gov, EMBASE, PubMed, Scopus, and Web of Science. Index terms and keywords
191 will be carefully tailored to the unique characteristics of each database. Google Scholar will also
192 be used to search for gray literature and ongoing studies. The following search terms will be
193 combined and adapted as needed to meet the database specifications: ("antibiotics" OR
194 "antimicrobial agents" OR "anti-infective agents" OR "antibacterial drugs" OR "broad spectrum
195 antibiotics" AND "prenatal exposure delayed effects" OR "maternal exposure" OR "intrauterine
196 exposure" OR "gestational drug exposure") AND ("orofacial clefts" OR "cleft lip" OR "cleft
197 palate" OR "congenital defects" OR "birth defects" OR "congenital anomalies" AND
198 ("observational study" OR "longitudinal study" OR "retrospective study" OR "prospective study"
199 OR "epidemiological research". Both MeSH terms and other appropriate subject headings will be
200 used in the database search. The search strategy for the databases is illustrated in online
201 supplemental file 2.

202 A team of three independent assessors will conduct the search. The retrieved studies will be
203 imported into Rayyan (<https://rayyan.ai/>), a systematic review software platform²⁸ Initially, two
204 independent assessors will assess the suitability of the titles and abstracts of all screened
205 publications, followed by full-text examinations in accordance with our inclusion criteria. Two

assessors will concurrently evaluate the abstracts and full-text materials, and any discrepancies will be resolved through comprehensive discussions. **Figure 1** illustrates the screening process. In cases where significant disparities persist, the ultimate resolution will be entrusted to the other assessors.

Quality assessment

Two assessors will independently evaluate the methodological rigor of the included studies using the Newcastle–Ottawa Scale to assess the quality of the non-randomised studies included in the meta-analyses. If RCTs are included, the Cochrane Risk of Bias (ROB V.2)²⁹ tool will be applied. Additionally, two assessors will independently apply the GRADE assessment to categorise the quality and strength of evidence in each publication as high, moderate, low, or very low in terms of its primary outcomes. Any discrepancies between assessments will be resolved through constructive discussions. The assessment of methodological quality will be integrated into the discussion of the respective study findings.

Data extraction

Two assessors will independently review the included studies and extract relevant information using a pre-designed form. Discrepancies will be resolved through discussion until a consensus is reached. The data extracted from each study will encompass, though not be limited to: (a) *study characteristics*: author names, publication year, citation, study location, study design, study dates, participant selection criteria, statistical analysis methods, funding sources, and conflicts of interest; (b) *participant characteristics*: including the number of mother–child pairs (sample size), sampling methods, sex, age, and any reported sociodemographic data; (c) *exposure*: type of antibiotic (specific name or class), frequency of use, the trimester during which exposure

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occurred, and the method of data collection; (d) *comparator*: participants who were not exposed to antibiotics; (e) *outcome*: type of OFCs, such as CL, CP, or combined CLP, the method of outcome data collection, and covariate adjustment in the analysis; and (f) *results*: statistical outcomes, including effect measures, confidence intervals, and p-values.

OFC diagnoses must be confirmed through clinical examinations, medical records, or standardised screening protocols, either during the prenatal stage, at birth, or within a specified postnatal period. Secondary outcomes may include variations in the risk of OFCs based on antibiotic dosage, active comparators, and socio-economic status. We will prioritise studies with the clearest and most consistent definitions of both exposure and outcomes.

Data analysis and synthesis

The findings will be reported and presented in accordance with the PRISMA statement.³⁰ Additionally, if only observational studies are included, we will also follow the MOOSE (Meta-Analysis of Observational Studies in Epidemiology) checklist.³¹ The findings will be comprehensively presented using tables and figures. The effect size (ES) of interest will be the relative risk (RR). When effect estimates are provided as crude or adjusted odds ratios (ORs) or RRs, we will prioritise collecting the adjusted estimates and provide a descriptive summary of the covariates adjusted for each study. In cases where the ES is not present, an unadjusted RR will be estimated from contingency tables. ORs will be converted to RRs using appropriate formulae. Both fixed-effect and random-effects meta-analyses will be used to estimate the pooled ESs along with their associated 95% confidence intervals. Significance levels will be documented. Inter-study variability, measured using the Cochrane Q or I^2 statistics, will be explored, as well as potential impacts from smaller studies. I^2 values of 25%, 50%, and 75% will be assumed to represent low, moderate, and high heterogeneity, respectively. The

significance of heterogeneity will be determined via χ^2 values for Q statistics, with $p < 0.05$. If the level of between-study heterogeneity is higher ($I^2 > 75\%$), a random-effects meta-regression will be performed to identify the potential moderators. A leave-one-sample-out validation will be used to explore the influences of each included study on the pooled ES. Funnel plots will be used to detect potential publication bias and small-study effects. $p < 0.05$ will be considered indicative of statistically significant publication bias. For outcomes with more than 10 individual studies, we will use Egger's regression test to assess asymmetry. The combined effect size will be visually represented using a forest plot. If the number of studies included is insufficient (< 3), a narrative review of the study findings will be presented instead of a meta-analysis.

Sensitivity analyses on primary outcomes will be conducted and will involve excluding studies with a high risk of bias or incomplete data. Efforts will be made to contact researchers or study sponsors to obtain any missing information. If this is not possible, established methods for estimating missing data using multiple imputations will be applied. The validity of imputed data will be assessed through a sensitivity analysis. Subgroup analyses will explore the effects of medication dosages and active comparators. Furthermore, we will conduct a meta-regression analysis across various subgroups, including, but not limited to, confounding factors (crude or adjusted), socio-economic status, and study design. All statistical analyses will be conducted in Stata version 18 (StataCorp).

DISCUSSION

This systematic review and meta-analysis protocol represents the first comprehensive effort to investigate the association between prenatal antibiotic exposure and the risk of OFCs. Its findings are expected to provide critical insights into medication safety during pregnancy and its potential teratogenic effects on foetal development, particularly regarding the occurrence of

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OFCs. Our conclusions will be based on the combined results of the included studies, presented through quantitative analysis or narrative synthesis.

Understanding the relationship between prenatal antibiotic exposure and OFCs is crucial for clinical decision-making and patient counselling. If a significant association is found, it will highlight the need for careful consideration of antibiotic prescriptions during pregnancy. This could lead to the development of guidelines and protocols aimed at minimising unnecessary antibiotic use and selecting safer alternatives when treatment is necessary. The results will also hopefully ensure that healthcare providers are better equipped to inform expectant mothers about the potential risks and benefits of antibiotic use during pregnancy, thereby facilitating more informed choices.

The major strengths of this planned, systematic review lie in its rigorous methodological approach, adherence to the PRISMA-P guidelines, and use of established quality assessment tools such as the Newcastle–Ottawa Scale and GRADE criteria. However, several methodological challenges must also be addressed. First, the included studies are likely to vary in their designs, populations, antibiotic types, dosages, and timing of exposure, which may introduce significant heterogeneity. This variability can complicate the synthesis of the results and limit the generalisability of our findings. Subgroup and sensitivity analyses will be crucial to addressing these issues. Second, the potential under-representation of unpublished or negative findings may also introduce publication bias. Funnel plots and Egger’s tests will be used to assess and mitigate this bias; however, its presence cannot be entirely ruled out. Third, the conclusions drawn from this review will depend on the methodological quality and reporting standards of the included studies. Variations regarding how antibiotic exposure and OFCs are defined and measured may impact the robustness of the findings. The use of the GRADE criteria

will help evaluate the strength and quality of the evidence, providing a clearer understanding of the confidence that can be placed in the results. Nevertheless, this review is expected to identify gaps in the current literature and suggest areas for future research.

ETHICS AND DISSEMINATION

Obtaining ethical approval was not deemed necessary for this study, as it pertains to a protocol for a systematic review that relies on published, and therefore, publically available data. The findings of this study will be communicated through peer-reviewed articles and presentations at conferences.

ADDITIONAL INFORMATION

Author contributions: AN, MSF, and MMR conceived of the study's concept and drafted the initial version. TK, SS, KO, and MR provided guidance to the research teams. All of the authors participated in drafting and revising the manuscript, formulating the review questions, and designing the study. All of the authors have read and approved the final version of this manuscript. AN serves as the guarantor, accepting full responsibility for the work and/or the conduct of the study, has access to the data, and controls the decision to publish.

Conflict of Interest Disclosures: The authors declare no competing interests.

Funding/Support: This research did not receive any specific funding from public, commercial, or nonprofit organisations.

Patient and public involvement: Patients and/or the public did not participate in the design, conduct, reporting, or dissemination plans for this study.

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399 **Figure 1:** Flowchart illustrating the study process, following the PRISMA-P guidelines.
400 PRISMA-P, Preferred Reporting Items for Systematic Review and Meta-Analysis Protocols.

For peer review only

Identification of studies via databases and registers**Identification**

Records identified from:
Databases (n =)
Registers (n =)

Records removed before screening:
Duplicate records removed (n =)
Records marked as ineligible by
automation tools (n =)
Records removed for other reasons (n =)

Screening

Records screened (n =)

Records excluded (n =)

Reports sought for retrieval
through titles and abstract
(n =)

Reports not retrieved:
Not related to antibiotic exposure and OFCs (n =)
Not in English (n =)
Other reasons (n =)

Reports assessed for
eligibility (n =)

Reports excluded:
Not a proper observational study (n =)
Participants fail to meet inclusion criteria (n =)
Data unavailable for extraction (n =)
Other reasons (n =)

Included

Studies included in review
(n =)
Reports of included studies
(n =)

Table 1: Search strategy of databases

No.	Database	Search strategy
1	PubMed	((("antibiotics" [MeSH Terms] OR "antimicrobial agents" [MeSH Terms] OR "anti-infective agents" [MeSH Terms] OR "antibacterial drugs" [All Fields] OR "broad spectrum antibiotics" [All Fields]) AND ("prenatal exposure delayed effects" [MeSH Terms] OR "maternal exposure" [All Fields] OR "intrauterine exposure" [All Fields] OR "gestational drug exposure" [All Fields]) AND ("orofacial clefts" [MeSH Terms] OR "cleft lip" [MeSH Terms] OR "cleft palate" [MeSH Terms] OR "congenital defects" [MeSH Terms] OR "birth defects" [All Fields] OR "congenital anomalies" [All Fields]) AND ("observational study" [MeSH Terms] OR "longitudinal study" [MeSH Terms] OR "retrospective study" [MeSH Terms] OR "prospective study" [MeSH Terms] OR "epidemiological research" [All Fields] OR "randomized controlled trial" [MeSH Terms] OR "RCT" [All Fields] OR "clinical trial" [MeSH Terms]))
2	Web of Science	TS=("antibiotics" OR "antimicrobial agents" OR "anti-infective agents" OR "antibacterial drugs" OR "broad spectrum antibiotics") AND TS=("prenatal exposure delayed effects" OR "maternal exposure" OR "intrauterine exposure" OR "gestational drug exposure") AND TS=("orofacial clefts" OR "cleft lip" OR "cleft palate" OR "congenital defects" OR "birth defects" OR "congenital anomalies") AND TS=("observational study" OR "longitudinal study" OR "retrospective study" OR "prospective study" OR "epidemiological research" OR "randomized controlled trial" OR "RCT" OR "clinical trial")
3	EMBASE	('antibiotic'/exp OR 'antimicrobial agent'/exp OR 'anti-infective agent'/exp OR 'antibacterial drug' OR 'broad spectrum antibiotic') AND ('prenatal exposure'/exp OR 'maternal exposure' OR 'intrauterine exposure' OR 'gestational drug exposure') AND ('orofacial cleft'/exp OR 'cleft lip'/exp OR 'cleft palate'/exp OR 'congenital defect'/exp OR 'birth defect' OR 'congenital anomaly')

		AND ('observational study'/exp OR 'longitudinal study'/exp OR 'retrospective study'/exp OR 'prospective study'/exp OR 'randomized controlled trial'/exp OR 'RCT'/exp OR 'clinical trial'/exp)
4	Scopus	(TITLE-ABS-KEY(antibiotics) OR TITLE-ABS-KEY(antimicrobial agents) OR TITLE-ABS-KEY(anti-infective agents) OR TITLE-ABS-KEY(antibacterial drugs) OR TITLE-ABS-KEY(broad spectrum antibiotics)) AND (TITLE-ABS-KEY(prenatal exposure delayed effects) OR TITLE-ABS-KEY(maternal exposure) OR TITLE-ABS-KEY(intrauterine exposure) OR TITLE-ABS-KEY(gestational drug exposure)) AND (TITLE-ABS-KEY(orofacial clefts) OR TITLE-ABS-KEY(cleft lip) OR TITLE-ABS-KEY(cleft palate) OR TITLE-ABS-KEY(congenital defects) OR TITLE-ABS-KEY(birth defects) OR TITLE-ABS-KEY(congenital anomalies)) AND (TITLE-ABS-KEY(observational study) OR TITLE-ABS-KEY(longitudinal study) OR TITLE-ABS-KEY(retrospective study) OR TITLE-ABS-KEY(prospective study) OR TITLE-ABS-KEY(randomized controlled trial) OR TITLE-ABS-KEY(RCT) OR TITLE-ABS-KEY(clinical trial))
5	PSycINFO	("antibiotics" OR "antimicrobial agents" OR "anti-infective agents" OR "antibacterial drugs" OR "broad spectrum antibiotics") AND ("prenatal exposure delayed effects" OR "maternal exposure" OR "intrauterine exposure" OR "gestational drug exposure") AND ("orofacial clefts" OR "cleft lip" OR "cleft palate" OR "congenital defects" OR "birth defects" OR "congenital anomalies") AND ("observational study" OR "longitudinal study" OR "retrospective study" OR "prospective study" OR "randomized controlled trial" OR "RCT" OR "clinical trial")
6	Cochrane Library	("antibiotics" [MeSH descriptor] OR "antimicrobial agents" OR "anti-infective agents" OR "antibacterial drugs" OR "broad spectrum antibiotics")

		AND ("prenatal exposure delayed effects" [MeSH descriptor] OR "maternal exposure" OR "intrauterine exposure" OR "gestational drug exposure") AND ("orofacial clefts" [MeSH descriptor] OR "cleft lip" OR "cleft palate" OR "congenital defects" OR "birth defects" OR "congenital anomalies") AND ("observational studies" [MeSH descriptor] OR "longitudinal studies" OR "retrospective studies" OR "prospective studies" OR "randomized controlled trial" OR "RCT" OR "clinical trial")
7	ClinicalTrials.gov	Condition: "Orofacial clefts" OR "cleft lip" OR "cleft palate" OR "congenital defects" Intervention: "antibiotics" OR "antimicrobial agents" OR "anti-infective agents" OR "antibacterial drugs" Study Type: Interventional Studies (Clinical Trials)