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# Visual Prognosis and Complications of Congenital Ectopia Lentis: A Prospective Follow-up Cohort Study

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 Visual Prognosis and Complications of Congenital Ectopia Lentis: A Prospective Follow-up Cohort Study

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Visual Prognosis and Complications of Congenital Ectopia Lentis: A Prospective Follow-up Cohort Study

#### **ABSTRACT**

Introduction Congenital ectopia lentis (CEL) is a rare ocular disease characterized by the dislocation or displacement of the lens. Patients with a mild degree of lens dislocations can be treated with conservative methods (e.g., corrective eyeglasses or contact lenses). In contrast, patients with severe CEL are usually treated with surgical treatment. However, few studies have focused on the visual prognosis and complications in conservative and surgical treatment patients. This study aims to investigate the prognosis and complications in CEL patients with conservative and surgical treatment, which is vital for CEL management, especially the choice of surgical timing and surgical method.

Methods and analysis A follow-up cohort study will be conducted at Zhongshan Ophthalmic Center. All patients diagnosed with congenital ectopia lentis and aged ≥ 3 years old will be enrolled. Patients with mild lens subluxation and stable visual conditions will be included in the non-surgical group and follow-up at 1, 2 and 3 years after enrollment. Patients with severe lens subluxation that accept CEL surgery will be included in the surgical group. Different surgical techniques will be used depending on the severity of dislocation. Patients will be followed up at 3, 6 months, and 1, 2 and 3 years postoperatively. Over a 5-year follow-up period, patients will receive a detailed ocular examination, including optometry, biological measurement, endokeratoscope, ultrasound biomicroscopy, anterior segment and posterior segment optical coherence tomography (OCT), optical coherence tomography angiography (OCTA), echocardiography and questionnaires on vision-related quality of life. The primary outcome is the change of best corrected visual acuity and the incidence of complications in both groups.

Ethics and dissemination Ethics approval was obtained from the ethics

committee of the Zhongshan Ophthalmic Center (number: 2022KYPJ207). Study findings will be published in a peer-reviewed journal.

Trial registration number NCT05654025.



# Strengths and limitations of this study

- This study is the first follow-up cohort of congenital ectopia lentis (CEL) in the Chinese population.
- Long-term follow-up will provide valuable evidence for CEL management, especially the choice of surgical timing and surgical method.
  - Detailed examinations will help to more accurately understand the present landscape of patients with CEL and provide a basis for personalized examinations and treatments in the future. ins and

#### INTRODUCTION

Congenital ectopia lentis (CEL) is a rare ocular disease characterized by the dislocation or displacement of the lens. The prevalence rate of CEL is about 6.4/100,000.<sup>1</sup> Several systemic diseases have been reported to be associated with CEL, such as Marfan syndrome, homocystinuria, Weill-Marchesani syndrome and Ehlers-Danlos syndrome.<sup>2</sup>

Patients with mild lens dislocations can be treated with conservative methods (e.g., corrective eyeglasses or contact lenses).<sup>3</sup> However, progressive subluxation or complete dislocation of the lens can cause a high degree of myopia or astigmatism, even amblyopia.<sup>4</sup> Surgical intervention is crucial in the management of patients with severe CEL. Currently, there is no unified standard for operation timing for CEL. A previous study recommended surgical intervention when the near vision of children was less than 0.4.<sup>5</sup> However, some researchers suggested that surgery should be performed when the best corrected visual acuity (BCVA) is less than 0.3 or monocular diplopia occurs.<sup>4</sup> <sup>6</sup> Few studies have focused on the refractive change and visual prognosis in CEL patients both with conservative treatment and surgical treatment.<sup>7</sup>

Several surgical techniques have been reported over the past decades, such as lensectomy, phacoemulsification without intraocular lens (IOL) implantation, phacoemulsification and IOL implantation (with or without capsular tension ring) and various transscleral fixation of IOL.<sup>8-10</sup> However, the safety and efficacy of these techniques have not been fully validated so far, especially in the Chinese population. Herein we will conduct this prospective follow-up cohort study at the Zhongshan Ophthalmic Center, one of the biggest ophthalmic hospitals in China.<sup>11</sup> All children diagnosed with CEL will be followed up for at least three years. Long-term changes in best-corrected visual acuity and the incidence of complications will be evaluated in patients with conservative treatment and surgical treatment.

# **METHODS AND ANALYSIS**

This study will be conducted from 5 December 2022 to 5 December 2027. The study was registered on Clinicaltrials.gov (NCT05654025).

# Objective

 The study is designed as a prospective clinical trial to investigate the prognosis and complications in CEL patients with conservative and surgical treatment. The aim is to serve as a reference for disease management, specifically for choice of surgical timing and surgical method.

# Study design

An approximately 5-year longitudinal cohort study will be conducted at Zhongshan Ophthalmic Centre, Guangzhou, China. This study will adhere to the Declaration of Helsinki, and ethics have been approved by the ethics committee of the Zhongshan Ophthalmic Center (number: 2022KYPJ207). This study is designed used the SPIRIT reporting guidelines.<sup>12</sup>

#### Eligibility criteria

#### Inclusion criteria

- 1. Diagnosed with congenital lens dislocation and age  $\geq$  3 years old.
- 2. Agree to participate in this study with written informed consent from patients or legal guardians.

#### **Exclusion Criteria**

- 1. History of ophthalmic trauma or other ophthalmic surgeries.
- 2. Combined with other ophthalmic diseases such as glaucoma, uveitis and corneal disease.
- 3. Patients who could not cooperate in the examinations.

# Study setting and participants

This clinical trial will be conducted at Zhongshan Ophthalmic Center, one of the largest ophthalmic hospitals in China. This study aims to investigate the visual prognosis and complications in CEL patients with different treatments. Patients aged three years or above diagnosed with CEL will be recruited from Zhongshan Ophthalmic Center. Moreover, each participant will be followed for at least three years.

Once the participants meet the requirement of our eligibility criteria, they will be asked to join the WeChat (an instant messaging tool) group on the phone and be provided with informed consent. Interested participants or their guardians will sign the consent form and, if appropriate, will complete a thorough ocular examination and systemic evaluations.

#### Recruitment

The outpatient clinics will carry out the first screening at Zhongshan Ophthalmic Center. Potential participants will be further confirmed by eligibility and recruited at Zhongshan Ophthalmic Center for clinical trials. One of our researchers will contact the participants and explain the trial process in detail to ensure the participants or guardians fully understand the whole study. Once they agree and sign the consent form, further information will be provided, including the purpose of the study, examinations, the importance of follow-up time and duration, and possible risk in treatment. Then the trial will proceed subsequently.

#### Sample size

Sample size will be estimated as follows: Assuming the incidence of complications in CEL patients is 15%, and the margin of error is 20%. For a 5% significance level,  $Z_{\alpha/2}$  is 1.96 for the two-tailed alternative hypothesis. Sample size =  $(Z_{\alpha/2})^2 \cdot P(1-P)^* 1/E^2 = (1.96)^2 \cdot 15\% \cdot (1-15\%)/(15\% \cdot 20\%) = 544$ . Assuming

the loss ratio of 10%, the adjusted sample size will be 544/(1-0.1) = 544/0.9 = 604.

# **Preoperative management**

All patients diagnosed with CEL will be followed up since the enrollment. The surgery will be performed when either of the following situations occurs: 1) BCVA < 0.3; 2) monocular diplopia; 3) progressive subluxation of the lens affecting the pupillary axis; 4) complicated with severe cataract or secondary glaucoma or corneal endothelial decompensation or retinal detachment.<sup>7</sup>

## Preoperative medication

All patients will be routinely administered levofloxacin eye drops (four times a day for three days) before surgery to minimize the risk of infection. An intramuscular injection of ethamsylate  $(1\text{mg/kg})^{13}$  will be used 30 minutes before surgery to reduce bleeding.

#### Anaesthesia

General anaesthesia or retrobulbar anaesthesia will be used according to the standard clinical routine.

# **Surgery methods management**

The choice of surgical methods depends on the degree of ectopia lentis and the state of zonules. If the extent of the unhealthy zonules (broken or weak) ≤ 180°, phacoemulsification and in-the-bag IOL implantation (with or without capsular tension ring) will be used. Otherwise, the capsular bag will be removed, and IOL will be fixed through transscleral fixation. Surgery will be performed by the same surgeon (Dr. DY Zheng). Rayner 920H/970C or Sensar AR40e will be used as the implanted IOL.

The surgical techniques for patients who received in-the-bag IOL implantation are as follows: A 3.0 mm corneal tunnel incision will be made at

12 o'clock. Then, a continuous circular capsulorhexis will be performed manually. Iris retractors will stabilize the bag, and the lens will be aspirated with a phacoemulsifer. IOL will be implanted in-the-bag, and the capsular tension ring will be implanted when the IOL cannot be stably fixed.

For patients who received transscleral fixation of IOL, the surgical techniques will be performed as the previous study described. In brief, a 3.0 mm corneal tunnel incision will be made at 12 o'clock. Then, a continuous circular capsulorhexis will be performed manually, and the capsular bag will be removed after the phacoaspiration. Transscleral fixation of IOL will be performed with the two IOL haptic sutured by 8-0 polypropylene at 2.0 mm posterior to the corneal limbus. Anterior vitrectomy will be performed when severe vitreous prolapse occurs.

# Postoperative management

After surgery, topical anti-inflammatory and anti-infective treatment will be routinely administered. If intraocular pressure (IOP) is higher than 25 mmHg, topical IOP-lowering medication will be used. If IOP is higher than 40 mmHg, an intravenous drip of 20% mannitol will be used. If IOP is higher than 40 mmHg, an intravenous drip of 20% mannitol will be used. In case necessary, anterior chamber drainage will be performed through the side incision.

#### **Outcome measures**

#### **Primary outcome**

The primary outcome is the change of best corrected visual acuity (BCVA) and the incidence of complications (time frame: Non-surgical group is evaluated at the first visit and 1, 2, 3 years after enrollment. Surgical group is evaluated at preoperation, 3, 6 months, and 1, 2, 3 years postoperatively)

#### Secondary outcomes

1. Change of axial length (time frame: Non-surgical group is evaluated at the first visit and 1, 2, 3 years after enrollment. Surgical group is evaluated at preoperation, 3, 6 months, and 1, 2, 3 years postoperatively)

- 2. High order aberrations (time frame: Non-surgical group is evaluated at the first visit and 1, 2, 3 years after enrollment. Surgical group is evaluated at preoperation, 3, 6 months, and 1, 2, 3 years postoperatively)
- 3. Central cornea endothelial cell loss (time frame: Preoperation, 3, 6 months, and 1, 2, 3 years postoperatively)
- 4. The state of zonules (time frame: Non-surgical group is assessed at the first visit and 1, 2, 3 years after enrollment. Surgical group will be assessed preoperation)
- 5. Anterior chamber angle (time frame: Non-surgical group is assessed at the first visit and 1, 2, 3 years after enrollment. Surgical group will be assessed preoperation, 3, 6 months, and 1, 2, 3 years postoperatively)
- 6. Tilt and eccentricity of intraocular lens (time frame: 3, 6 months, and 1, 2, 3 years postoperatively)
- 7. Intraocular pressure (time frame: Non-surgical group is evaluated at the first visit and 1, 2, 3 years after enrollment. Surgical group is evaluated at preoperation, 3, 6 months, and 1, 2, 3 years postoperatively)
- 8. Aortic root diameter (time frame: Non-surgical group is evaluated at the first visit and 1, 2, 3 years after enrollment. Surgical group is evaluated at preoperation and 1, 2, 3 years postoperatively)
- 9. Aortic Root (Sinuses of Valsalva) Z-score, adjusted by body-surface-area (Z-score) (time frame: Non-surgical group is evaluated at the first visit and 1, 2, 3 years after enrollment. Surgical group is evaluated at preoperation and 1, 2, 3 years postoperatively)
- 10. Incidence of valvular heart disease (time frame: Non-surgical group is evaluated at the first visit and 1, 2, 3 years after enrollment. Surgical group is evaluated at preoperation and 1, 2, 3 years postoperatively)
- 11. Body mass index (BMI) (time frame: Non-surgical group is evaluated at the first visit and 1, 2, 3 years after enrollment. Surgical group is evaluated at preoperation and 1, 2, 3 years postoperatively)
- 12. Metacarpophalangeal joint length (time frame: Non-surgical group is evaluated at the first visit and 1, 2, 3 years after enrollment. Surgical group is evaluated at preoperation and 1, 2, 3 years postoperatively.)
- 13. Choroidal thickness (time frame: Non-surgical group is evaluated at the first visit and 1, 2, 3 years after enrollment. Surgical group is evaluated at preoperation and 1, 2, 3 years postoperatively)
- 14. Choriocapillaris flow deficits (time frame: Non-surgical group is evaluated at the first visit and 1, 2, 3 years after enrollment. Surgical group is evaluated at preoperation and 1, 2, 3 years postoperatively)

- 15. Genetic mutation state of patients (time frame: preoperation)
- 16. Vision-related quality of life (time frame: Non-surgical group is evaluated at the first visit and 1, 2, 3 years after enrollment. Surgical group is evaluated at preoperation and 1, 2, 3 years postoperatively)

#### **Examinations**

Baseline data and follow-up examination items are as follows:

- 1. Demographic characteristics, including name, gender, and date of birth.
- 2. Height, weight, body mass index (BMI), and length of metacarpophalangeal joints. BMI is a person's weight in kilograms divided by the square of height in meters. The normal range for the Chinese population is 18.5 to 23.9. A higher BMI can indicate higher levels of body fat. Metacarpophalangeal joint length will be measured using a palmar radiograph.
- 3. Echocardiography examination: This examination will be performed using doppler echocardiography (HP/Philips Sonos 5500, Philips, Bothell, WA, USA). A skilled technician will measure the aortic root diameter. Z-Score will be calculated using the Marfan foundation's calculator (https://marfan.org/dx/zscore-children/). Normal Z-score ranges from -2 to 2. A dilated aortic root is defined as a Z-score ≥ 2.0. A larger Z-score is associated with an increased risk of aortic complications such as dissection, rupture, and valvular regurgitation. An experienced cardiologist will determine the presence or absence of heart valve disease (HVD).
- 4. Gene detection: Genomic DNA from each subject in the study will be analyzed by whole-exome sequencing (WES) to detect mutations and diagnosis.
- 5. Intraocular pressure (IOP) measures: The IOP in the patient's eyes will be measured using a non-contact-tonometer at each visit, and the average of the three measures will be taken.
- 6. Visual acuity and subjective refraction: the uncorrected visual acuity and best corrected visual acuity (BCVA) will be evaluated with ETDRS LogMAR visual acuity chart (Precision Vision, Villa Park, Illinois, USA) at a test distance of 4.0m. The refractive error will be determined by subjective refraction following an objective measurement. Spherical equivalent (SE) will be

obtained with the calculation of spherical power plus half of the cylindrical power.

- 7. Slit-lamp examination: Slit-lamp examination (BQ-900, Haag Streit, Switzerland) and fundus examination will be performed at each visit.
- 8. Axial length measures: Axial length will be measured using IOLMaster 700 (Carl Zeiss AG, Jena, Germany).
- 8. Corneal astigmatism and high-order aberrations will be assessed using Nidek OPD-Scan III (Gamagori, Japan).
- 9. Corneal endothelial cell counting and morphology will be detected using an endokeratoscope (SP-2000P, Topcon, Japan).
- 10. The morphology of the anterior segment before surgery, particularly the state of zonules, will be assessed with ultrasound biomicroscopy (UBM).
- 11. The structure of the anterior chamber angle will be examined using a Tomey Casia 2 anterior segment optical coherence tomography (OCT) (Tomey, Tokyo, Japan).<sup>15</sup>
- 12. The tilt and eccentricity of IOL will be evaluated using Pentacam AXL (Oculus, Germany).<sup>16</sup>
- 13. The choroidal thickness and choriocapillaris flow deficits will be measured using posterior segment optical coherence tomography (OCT) and optical coherence tomography angiography (OCTA) (Zeiss Cirrus 5000 with AngioPlex).
- 14. Vision-related quality of life will be assessed using the Pediatric Eye Questionnaire (PedEyeQ).<sup>17</sup>
- 15. Adverse events or complications will be collected at each visit.

#### Workflow

 The workflow will be carried out in the order mentioned above, starting with anthropometry (including height, weight, BMI, and length of metacarpophalangeal joints) and ending with PedEyeQ.(Figure 1 and 2). The non-surgical group will be followed up 1, 2, and 3 years after enrollment. The surgical group will be followed up at 3, 6 months, and 1, 2, 3 years postoperatively.

# Data collection and management

The case report form (CRF) will collect basic demographic and clinical information. Results of eye examinations will be recorded on paper, and questionnaires will be filled out in the paper form. Original data will enter the lens dislocation case database at the Zhongshan Ophthalmic Center. After the study, relevant documents will be stored securely at the Zhongshan Ophthalmic Center for ten years for specific scientific research purposes.

## Statistical analysis plan

Statistical analysis will be performed using Stata 15.0 (StataCorp, College Station, Texas, USA). Quantitative data conforming to a normal distribution will be described as the mean ± SD. The difference between the baseline and follow-up data will be compared by one-way analysis of variance (ANOVA). The median ± interquartile range will describe the quantitative data of the skewness distribution. The Wilcoxon signed-rank test will be used to compare these data's differences. For qualitative data described as proportions, the chi-square test or Fisher's exact test will be used to compare the differences between groups. P<0.05 is considered statistically significant. The differences and 95% confidence interval (CI) in the changes of BCVA and other parameters will be calculated. The univariable linear regression model will estimate these changes and their associated factors. All variables with P<0.05 in the univariable regression analysis will be included in the multivariable linear regression model.

#### Study monitoring

Clinical examiners will regularly check each patient's informed consent and eligibility to ensure that all CRFs are correct and in accordance with the original data. All errors and omissions should be recorded and corrected. The examiner should ensure every participant's withdrawal and loss of follow-up

are recorded and explained in CRF, and all adverse events are recorded. The surgical operations in this project are standard methods and do not pose significant risks. The principal risks include general anaesthesia adverse effects and adverse drug reactions. The trial will be conducted under the guidance of the ethics committee of the Zhongshan Ophthalmic Center.

# Patient and public involvement

Neither the patients nor the public is involved in our research's design, conduct, reporting, or dissemination plans.

#### **Ethics and dissemination**

Ethics approval was obtained from the ethics committee of the Zhongshan Ophthalmic Center (number: 2022KYPJ207). Signed consents will be obtained from the legal guardians of participants after they have been informed of the study workflow and their right to withdraw from the trial. This project has been designed following the principles of the Declaration of Helsinki.

The content of this clinical study is confidential information. Clinical records and data sets will be kept at the Zhongshan Ophthalmic Center in strict confidence and will only be assessed by the study investigators and authorized personnel. The results without personal data will be disseminated through peer-reviewed publications and conference presentations.

#### **Discussion**

Marfan syndrome is the most common cause of congenital ectopia lentis (CEL).<sup>18</sup> In Germany, an average Marfan syndrome patient generates excess medical costs of 2496 euros compared to a healthy individual.<sup>19</sup> In China, patients with rare diseases have to cover 70% of the medical expenditure themselves.<sup>20</sup> Understanding different treatments' visual prognosis and complications is of great significance in reducing patients' economic burden

and improving disease management. In this study, we will measure the best corrected visual acuity (BCVA) change and the incidence of complications in patients accepting conservative and surgical treatments for CEL. In this way, we can lay the foundation for individualized management, specifically regarding the choice of surgical timing and surgical method of CEL for the future.



**Contributors** PX, KN, LJ, ZL, XZ, GJ, and DZ conceived and designed the study. PX, KN, SL, and XL wrote the draft. CY, GJ and DZ revised the draft. GJ will lead the statistical analysis. ZL, XZ, GJ and DZ will oversee data acquisition and implementation on-site. All authors reviewed and approved the final manuscript.

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**Competing interests** None of the authors has a financial or proprietary interest in any material or method mentioned.

Patient consent for publication Not applicable.

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Figure legends:

Figure 1. Flowchart of the study. CEL, congenital ectopia lentis.

Figure 2. Flowchart of the examinations. BMI, Body mass index; HVD, heart valve disease; IOP, intraocular pressure; UBM, ultrasound biomicroscopy; OCT, optical coherence tomography; IOL, intraocular lens; OCTA, optical coherence tomography angiography; PedEyeQ, Pediatric Eye Questionnaire.



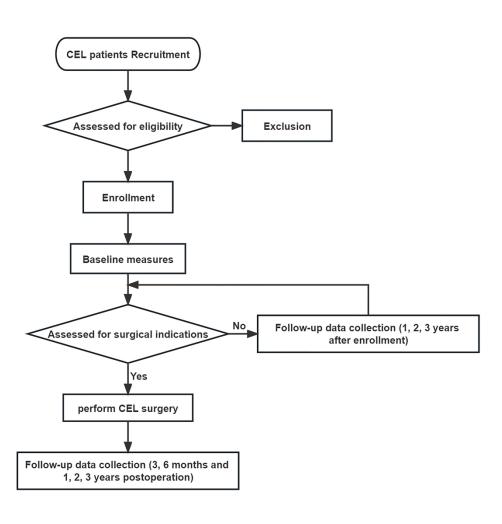


Figure 1. Flowchart of the study. CEL, congenital ectopia lentis.  $455 x 445 mm \; (300 \; x \; 300 \; DPI)$ 

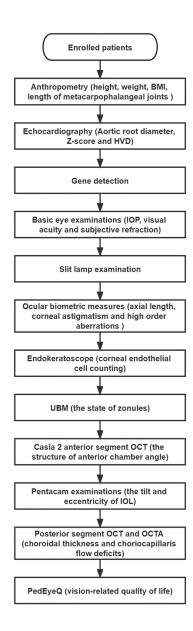


Figure 2. Flowchart of the examinations. BMI, Body mass index; HVD, heart valve disease; IOP, intraocular pressure; UBM, ultrasound biomicroscopy; OCT, optical coherence tomography; IOL, intraocular lens; OCTA, optical coherence tomography angiography; PedEyeQ, Pediatric Eye Questionnaire.

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# Reporting checklist for protocol of a clinical trial.

Based on the SPIRIT guidelines.

# Instructions to authors

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Elaboration: Guidance for protocols of clinical trials. BMJ. 2013;346:e7586

Reporting Item

#### Administrative

#### information

Descriptive title identifying the study design, Title #1 population, interventions, and, if applicable, trial

acronym

Trial registration #2a Trial identifier and registry name. If not yet 3,5,8-9,18

		registered, name of intended registry		
Trial registration:	<u>#2b</u>	All items from the World Health Organization Trial	9	
data set		Registration Data Set		
Protocol version	<u>#3</u>	Date and version identifier	n/a, 2022-Dec-27	
			Original	Protect
Funding	<u>#4</u>	Sources and types of financial, material, and other support	18	Protected by copyright, including for uses related to text and
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Roles and	<u>#5a</u>	Names, affiliations, and roles of protocol	18	luding
responsibilities:		contributors		g for u
contributorship				ses rel
Roles and	<u>#5b</u>	Name and contact information for the trial sponsor	18	ated to
responsibilities:				text a
sponsor contact				nd dat
information				a mining,
Roles and	<u>#5c</u>	Role of study sponsor and funders, if any, in study	n/a, study sponsor	≥
responsibilities:		design; collection, management, analysis, and	and funders don't	ining,
sponsor and funder		interpretation of data; writing of the report; and the	participate in the	training, and similar technologies.
		decision to submit the report for publication,	study	nilar te
		including whether they will have ultimate authority		chnol
		over any of these activities		ogies.
Roles and	<u>#5d</u>	Composition, roles, and responsibilities of the	16	
responsibilities:		coordinating centre, steering committee, endpoint		
committees		adjudication committee, data management team,		

and other individuals or groups overseeing the trial, if applicable (see Item 21a for data monitoring committee)

# Introduction

Introduction			
Background and	<u>#6a</u>	Description of research question and justification	7
rationale		for undertaking the trial, including summary of	
		relevant studies (published and unpublished)	
		examining benefits and harms for each	
		intervention	
Background and	<u>#6b</u>	Explanation for choice of comparators	7
rationale: choice of			
comparators			
Objectives	<u>#7</u>	Specific objectives or hypotheses	7
Trial design	<u>#8</u>	Description of trial design including type of trial	7
		(eg, parallel group, crossover, factorial, single	
		group), allocation ratio, and framework (eg,	
		superiority, equivalence, non-inferiority,	
		exploratory)	

Methods:

Participants,

interventions, and

outcomes

Study setting #9 Description of study settings (eg, community

		clinic, academic hospital) and list of countries where data will be collected. Reference to where	
Eligibility criteria	#1 <u>0</u>	list of study sites can be obtained  Inclusion and exclusion criteria for participants. If	8-9
)		applicable, eligibility criteria for study centres and	
<u>.</u>		individuals who will perform the interventions (eg,	
		surgeons, psychotherapists)	
		surgeons, psychotherapists)	
Interventions:	<u>#11a</u>	Interventions for each group with sufficient detail	10-11
description		to allow replication, including how and when they	
<u>.</u> 3		will be administered	
i i , , , , , , , , , , , , , , , , , ,			10
Interventions:	<u>#11b</u>	Criteria for discontinuing or modifying allocated	10
modifications		interventions for a given trial participant (eg, drug	
		dose change in response to harms, participant	
<u>!</u> }		request, or improving / worsening disease)	
Interventions:	<u>#11c</u>	Strategies to improve adherence to intervention	9
adherance		protocols, and any procedures for monitoring	
		adherence (eg, drug tablet return; laboratory	
<u>.</u> 3		tests)	
Interventions:	<u>#11d</u>	Relevant concomitant care and interventions that	9
concomitant care		are permitted or prohibited during the trial	
Outcomes	<u>#12</u>	Primary, secondary, and other outcomes,	11-13
} 		including the specific measurement variable (eg,	
5		systolic blood pressure), analysis metric (eg,	
3		change from baseline, final value, time to event),	
)	For peer r	eview only - http://bmjopen.bmj.com/site/about/guidelines.xhtml	

60

method of aggregation (eg, median, proportion), and time point for each outcome. Explanation of the clinical relevance of chosen efficacy and harm outcomes is strongly recommended Time schedule of enrolment, interventions Participant timeline #13 8 (including any run-ins and washouts), assessments, and visits for participants. A schematic diagram is highly recommended (see Figure) Sample size #14 Estimated number of participants needed to 9-10 achieve study objectives and how it was determined, including clinical and statistical assumptions supporting any sample size calculations Recruitment #15 Strategies for achieving adequate participant 9 enrolment to reach target sample size Methods: Assignment of interventions (for controlled trials) Allocation: #16a Method of generating the allocation sequence (eg. n/a, non-random computer-generated random numbers), and list of cohort sequence generation any factors for stratification. To reduce predictability of a random sequence, details of any

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		planned restriction (eg, blocking) should be	
		provided in a separate document that is	
		unavailable to those who enrol participants or	
		assign interventions	
A.II	<b>#40</b> 1		,
Allocation	<u>#16b</u>	Mechanism of implementing the allocation	n/a, non-random
concealment		sequence (eg, central telephone; sequentially	cohort
mechanism		numbered, opaque, sealed envelopes), describing	
		any steps to conceal the sequence until	
		interventions are assigned	
Alla antione	#40-	M/ha will appropriate the allocation occurrence who	
Allocation:	<u>#16c</u>	Who will generate the allocation sequence, who	n/a, non-random
implementation		will enrol participants, and who will assign	cohort
		participants to interventions	
Blinding (masking)	#17a	Who will be blinded after assignment to	n/a, un-blinded
		interventions (eg, trial participants, care providers,	study
		outcome assessors, data analysts), and how	•
Blinding (masking):	<u>#17b</u>	If blinded, circumstances under which unblinding	n/a, un-blinded
emergency		is permissible, and procedure for revealing a	study
unblinding		participant's allocated intervention during the trial	
Methods: Data			
collection,			
management, and			
analysis			
Data collection plan	<u>#18a</u>	Plans for assessment and collection of outcome,	15
		baseline, and other trial data, including any	
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related processes to promote data quality (eg, duplicate measurements, training of assessors) and a description of study instruments (eg, questionnaires, laboratory tests) along with their reliability and validity, if known. Reference to where data collection forms can be found, if not in the protocol

Data collection plan:	<u>#18b</u>	Plans to promote participant retention and	15
retention		complete follow-up, including list of any outcome	
		data to be collected for participants who	
		discontinue or deviate from intervention protocols	
Data management	<u>#19</u>	Plans for data entry, coding, security, and storage,	15
		including any related processes to promote data	
		quality (eg, double data entry; range checks for	
		data values). Reference to where details of data	
		management procedures can be found, if not in	
		the protocol	
Statistics: outcomes	<u>#20a</u>	Statistical methods for analysing primary and	15
		secondary outcomes. Reference to where other	
		details of the statistical analysis plan can be	
		found, if not in the protocol	
Statistics: additional	<u>#20b</u>	Methods for any additional analyses (eg,	15
analyses		subgroup and adjusted analyses)	
Statistics: analysis	<u>#20c</u>	Definition of analysis population relating to	15

protocol non-adherence (eg, as randomised population and missing data analysis), and any statistical methods to handle missing data (eg, multiple imputation) Methods: Monitoring Data monitoring: #21a Composition of data monitoring committee (DMC): formal committee summary of its role and reporting structure; statement of whether it is independent from the sponsor and competing interests; and reference to where further details about its charter can be found, if not in the protocol. Alternatively, an explanation of why a DMC is not needed #21b Description of any interim analyses and stopping Data monitoring: guidelines, including who will have access to interim analysis these interim results and make the final decision to terminate the trial Harms #22 Plans for collecting, assessing, reporting, and managing solicited and spontaneously reported adverse events and other unintended effects of trial interventions or trial conduct **Auditing** #23 Frequency and procedures for auditing trial conduct, if any, and whether the process will be independent from investigators and the sponsor Ethics and dissemination

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Research ethics	<u>#24</u>	Plans for seeking research ethics committee /	16	
approval		institutional review board (REC / IRB) approval		
Protocol	<u>#25</u>	Plans for communicating important protocol	n/a, contact with	
amendments		modifications (eg, changes to eligibility criteria,	the corresponding	_
		outcomes, analyses) to relevant parties (eg,	author	rotect
		investigators, REC / IRBs, trial participants, trial		ed by
		registries, journals, regulators)		copyri
Consent or assent	#26a	Who will obtain informed consent or assent from	16	ght, inc
	<u></u>	potential trial participants or authorised		sluding
		surrogates, and how (see Item 32)		for u
		carregates, and new (coo item 62)		ses rei
Consent or assent:	<u>#26b</u>	Additional consent provisions for collection and	n/a	ated t
ancillary studies		use of participant data and biological specimens		o text
		in ancillary studies, if applicable		and da
Confidentiality	<u>#27</u>	How personal information about potential and	15	Protected by copyright, including for uses related to text and data mining, Al training, and similar technologies
		enrolled participants will be collected, shared, and		g, Alt
		maintained in order to protect confidentiality		rainino
		before, during, and after the trial		y, and si
Declaration of	<u>#28</u>	Financial and other competing interests for	18	nilar te
interests		principal investigators for the overall trial and each		chnol
		study site		ogies.
Data access	<u>#29</u>	Statement of who will have access to the final trial	15	
		dataset, and disclosure of contractual agreements		
		that limit such access for investigators		

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Ancillary and post	<u>#30</u>	Provisions, if any, for ancillary and post-trial care,	n/a
trial care		and for compensation to those who suffer harm	
		from trial participation	
Dissemination	<u>#31a</u>	Plans for investigators and sponsor to	18
policy: trial results		communicate trial results to participants,	
		healthcare professionals, the public, and other	
		relevant groups (eg, via publication, reporting in	
		results databases, or other data sharing	
		arrangements), including any publication	
		restrictions	
Dissemination	<u>#31b</u>	Authorship eligibility guidelines and any intended	n/a
policy: authorship		use of professional writers	
Dissemination	<u>#31c</u>	Plans, if any, for granting public access to the full	n/a
policy: reproducible		protocol, participant-level dataset, and statistical	
research		code	
Appendices			
Informed consent	<u>#32</u>	Model consent form and other related	18
materials		documentation given to participants and	
		authorised surrogates	
Biological	<u>#33</u>	Plans for collection, laboratory evaluation, and	n/a
specimens		storage of biological specimens for genetic or	
		molecular analysis in the current trial and for	
		future use in ancillary studies, if applicable	
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# BMJ Open

# Visual Prognosis and Complications of Congenital Ectopia Lentis: Study Protocol for a Hospital-Based Cohort in Zhongshan Ophthalmic Center

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 Visual Prognosis and Complications of Congenital Ectopia Lentis: Study Protocol for a Hospital-Based Cohort in Zhongshan Ophthalmic Center

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Number of Figures: 1

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2699 **Number of Supplemental Tables: 1** 

Word count: 2699

Visual Prognosis and Complications of Congenital Ectopia Lentis: Study Protocol for a Hospital-Based Cohort in Zhongshan Ophthalmic Center

#### **ABSTRACT**

 Introduction Congenital ectopia lentis (CEL) is a rare ocular disease characterized by the dislocation or displacement of the lens. Patients with mild lens dislocations can be treated with conservative methods (e.g., corrective eyeglasses or contact lenses). In contrast, patients with severe CEL usually require surgical management. However, few studies have focused on the visual prognosis and complications in conservative and surgical management patients. This study aims to investigate the prognosis and complications in CEL patients with conservative and surgical management, which is vital for CEL management, especially the choice of surgical timing and surgical method.

Methods and analysis A cohort study will be conducted at Zhongshan Ophthalmic Center. We plan to recruit 604 participants diagnosed with CEL and aged ≥ 3 years old. Patients with mild lens subluxation and stable visual conditions will be included in the non-surgical group and follow-up at 1, 2 and 3 years after enrollment. Patients with severe lens subluxation that accept CEL surgery will be included in the surgical group. Different surgical techniques, including phacoemulsification and in-the-bag intraocular lens implantation (with or without capsular tension ring), transscleral fixation, will be used depending on the severity of dislocation. Patients will be followed up at 3 months, and 1, 2 and 3 years postoperatively. Over a 5-year follow-up period, patients will receive a detailed ocular examination, including optometry, biological measurement, specular microscopy, ultrasound biomicroscopy, anterior segment and posterior segment optical coherence tomography (OCT), OCT angiography (OCTA), echocardiography and questionnaires on vision-related quality of life. The primary outcome is the change of best corrected visual acuity and the incidence of complications in both groups.

**Ethics and dissemination** Ethics approval was obtained from the ethics committee of the Zhongshan Ophthalmic Center (number: 2022KYPJ207). Study findings will be published in a peer-reviewed journal.

Trial registration number NCT05654025.

## Strengths and limitations of this study

- ➤ This study is the first cohort of congenital ectopia lentis (CEL) in the Chinese population with a relatively large sample size and a comparatively long (5 years) follow-up.
- This study assesses important ophthalmic measurements with significant clinical implications, including visual acuity, intraocular pressure, axial length, high order aberrations, choroidal thickness and choriocapillaris flow deficits.
- Important systemic indicators of Marfan syndrome are measured, including the metacarpophalangeal joint length, incidence of valvular heart disease, aortic root diameter and Z-score.
- In this study, CEL in age less than 3 years old are excluded and participants could be lost to follow-up after surgery.
- > This study focuses on individuals with CEL but different subtypes of CEL may not be classified.

#### INTRODUCTION

Congenital ectopia lentis (CEL) is a rare ocular disease characterized by the dislocation or displacement of the lens. Several systemic diseases have been reported to be associated with CEL, such as Marfan syndrome, homocystinuria, Weill-Marchesani syndrome and Ehlers-Danlos syndrome.<sup>1</sup> However, some patients with CEL may have no known systemic manifestations.<sup>2</sup>

Patients with mild lens dislocations can be treated with conservative methods (e.g., corrective eyeglasses or contact lenses).<sup>3</sup> However, progressive subluxation or complete dislocation of the lens can cause a high degree of myopia or astigmatism, even amblyopia.<sup>4</sup> Surgical intervention is crucial in the management of patients with severe CEL.<sup>5</sup> Currently, there is no unified standard for operation timing for CEL. A previous study recommended surgical intervention when the near vision of children was less than 0.4 in LogMAR acuity.<sup>6</sup> However, some researchers suggested that surgery should be performed when the best corrected visual acuity (BCVA) is less than 0.3 or monocular diplopia occurs.<sup>4</sup> <sup>7</sup> Few studies have focused on the refractive change and visual prognosis in CEL patients both with conservative management and surgical management.<sup>8</sup>

Several surgical techniques have been reported over the past decades, such as lensectomy, phacoemulsification without intraocular lens (IOL) implantation, phacoemulsification and IOL implantation (with or without capsular tension ring) and various transscleral fixation of IOL. 9-11 However, the safety and efficacy of these techniques have not been fully validated so far, especially in the Chinese population. Herein we will conduct this cohort study at the Zhongshan Ophthalmic Center, one of the biggest ophthalmic hospitals in China. All children diagnosed with CEL will be followed up for at least three years. Long-term changes in best-corrected visual acuity and the incidence of complications will be evaluated in patients with conservative management and surgical management.

## **METHODS AND ANALYSIS**

This study will be conducted from 5 December 2022 to 5 December 2027. The study was registered on Clinicaltrials.gov (NCT05654025).

## **Objective**

 The study is designed as a prospective clinical trial to investigate the prognosis and complications in CEL patients with conservative and surgical management. The aim is to serve as a reference for disease management, specifically for choice of surgical timing and surgical method.

## Study design

An approximately 5-year cohort study will be conducted at Zhongshan Ophthalmic Centre, Guangzhou, China. This study will adhere to the Declaration of Helsinki, and ethics have been approved by the ethics committee of the Zhongshan Ophthalmic Center (number: 2022KYPJ207). This study is designed used the SPIRIT reporting guidelines.<sup>13</sup>

### Eligibility criteria

#### Inclusion criteria

- 1. Diagnosed with congenital lens dislocation and age ≥ 3 years old.
- 2. Agree to participate in this study with written informed consent from patients or legal guardians.

#### **Exclusion Criteria**

- 1. History of ophthalmic trauma or other ophthalmic surgeries.
- 2. Combined with other ophthalmic diseases such as primary glaucoma, uveitis and corneal disease.
- 3. Patients who could not cooperate in the examinations.

# Study setting and participants

This cohort study will be conducted at Zhongshan Ophthalmic Center, one of the largest ophthalmic hospitals in China. This study aims to investigate the visual prognosis and complications in CEL patients with different managements. Patients aged three years or above diagnosed with CEL will be recruited from Zhongshan Ophthalmic Center. Moreover, each participant will be followed for at least three years.

Once the participants meet the requirement of our eligibility criteria, they will be asked to join the WeChat (an instant messaging tool) group on the phone and be provided with informed consent. Interested participants or their guardians will sign the consent form and, if appropriate, will complete a thorough ocular examination and systemic evaluations.

#### Recruitment

The outpatient clinics will carry out the first screening at Zhongshan Ophthalmic Center. Potential participants will be further confirmed by eligibility and recruited at Zhongshan Ophthalmic Center for clinical trials. One of our researchers will contact the participants and explain the trial process in detail to ensure the participants or guardians fully understand the whole study. Once they agree and sign the consent form, further information will be provided, including the purpose of the study, examinations, the importance of follow-up time and duration, and possible risk in treatment. Then the trial will proceed subsequently.

## Sample size

Sample size will be estimated as follows: Assuming the incidence of complications in CEL patients is 15%, and the margin of error is 20%. For a 5% significance level,  $Z_{\alpha/2}$  is 1.96 for the two-tailed alternative hypothesis. Sample size =  $(Z_{\alpha/2})^2 \cdot P(1-P)^* 1/E^2 = (1.96)^2 \cdot 15\% \cdot (1-15\%)/(15\% \cdot 20\%) = 544$ . Assuming the loss ratio of 10%, the adjusted sample size will be 544/(1-0.1) = 544/0.9 = 10.00

604.

## **Preoperative management**

All patients diagnosed with CEL will be followed up since the enrollment. The surgery will be performed when either of the following situations occurs: 1) BCVA < 0.3 in LogMAR acuity; 2) monocular diplopia; 3) progressive subluxation of the lens affecting the pupillary axis; 4) complicated with severe cataract or secondary glaucoma or corneal endothelial decompensation or retinal detachment.<sup>8</sup>

# Preoperative medication

All patients will be routinely administered levofloxacin or tobramycin eye drops (four times a day for three days) before surgery to minimize the risk of infection. An intramuscular injection of ethamsylate  $(1\text{mg/kg})^{14}$  will be used 30 minutes before surgery to reduce bleeding.

#### Anaesthesia

General anaesthesia or retrobulbar anaesthesia will be used according to the standard clinical routine.

# **Surgery methods management**

The choice of surgical methods depends on the degree of ectopia lentis and the state of zonules. If the extent of the unhealthy zonules (broken or weak) ≤ 180°, phacoemulsification and in-the-bag IOL implantation (with or without capsular tension ring) will be used. Otherwise, the capsular bag will be removed, and IOL will be fixed through transscleral fixation. Surgery will be performed by the same surgeon (Dr. DY Zheng). Rayner 920H/970C or Sensar AR40e will be used as the implanted IOL.

The surgical techniques for patients who received in-the-bag IOL

implantation are as follows: A 3.0 mm corneal tunnel incision will be made at 12 o'clock. Then, a continuous circular capsulorhexis will be performed manually. Iris hooks will stabilize the bag, and the lens will be aspirated with a phacoemulsifer. IOL will be implanted in-the-bag, and the capsular tension ring will be implanted when the IOL cannot be stably fixed.

For patients who received transscleral fixation of IOL, the surgical techniques will be performed as the previous study described. In brief, a 3.0 mm corneal tunnel incision will be made at 12 o'clock. Then, a continuous circular capsulorhexis will be performed manually, and the capsular bag will be removed after the phacoaspiration. Transscleral fixation of IOL will be performed with the two IOL haptic sutured by 8-0 polypropylene at 2.0 mm posterior to the corneal limbus. Anterior vitrectomy will be performed when severe vitreous prolapse occurs.

## Postoperative management

After surgery, tobramycin and dexamethasone eye drops (four times a day) and ointment (once every night) will be routinely administered for one week. If intraocular pressure (IOP) is higher than 25 mmHg, topical IOP-lowering medication will be used. If IOP is higher than 40 mmHg, an intravenous drip of 20% mannitol will be used. <sup>15</sup> In case necessary, anterior chamber drainage will be performed through the side incision.

## **Outcome measures**

#### Primary outcome

The primary outcome is the change of best corrected visual acuity (BCVA) and the incidence of complications (time frame: Non-surgical group is evaluated at the first visit and 1, 2, 3 years after enrollment. Surgical group is evaluated at preoperation, 3 months, and 1, 2, 3 years postoperatively)

### **Secondary outcomes**

1. Change of axial length (time frame: Non-surgical group is evaluated at the

first visit and 1, 2, 3 years after enrollment. Surgical group is evaluated at preoperation, 3 months, and 1, 2, 3 years postoperatively)

- 2. High order aberrations (time frame: Non-surgical group is evaluated at the first visit and 1, 2, 3 years after enrollment. Surgical group is evaluated at preoperation, 3 months, and 1, 2, 3 years postoperatively)
- 3. Central cornea endothelial cell loss (time frame: Preoperation, 3 months, and 1, 2, 3 years postoperatively)
- 4. The state of zonules (time frame: Non-surgical group is assessed at the first visit and 1, 2, 3 years after enrollment. Surgical group will be assessed preoperation)
- 5. Anterior chamber angle (time frame: Non-surgical group is assessed at the first visit and 1, 2, 3 years after enrollment. Surgical group will be assessed preoperation, 3months, and 1, 2, 3 years postoperatively)
- 6. Tilt and eccentricity of intraocular lens (time frame: 3 months, and 1, 2, 3 years postoperatively)
- 7. Intraocular pressure (time frame: Non-surgical group is evaluated at the first visit and 1, 2, 3 years after enrollment. Surgical group is evaluated at preoperation, 3 months, and 1, 2, 3 years postoperatively)
- 8. Aortic root diameter (time frame: Non-surgical group is evaluated at the first visit and 1, 2, 3 years after enrollment. Surgical group is evaluated at preoperation and 1, 2, 3 years postoperatively)
- 9. Aortic Root (Sinuses of Valsalva) Z-score, adjusted by body-surface-area (Z-score) (time frame: Non-surgical group is evaluated at the first visit and 1, 2, 3 years after enrollment. Surgical group is evaluated at preoperation and 1, 2, 3 years postoperatively)
- 10. Incidence of valvular heart disease (time frame: Non-surgical group is evaluated at the first visit and 1, 2, 3 years after enrollment. Surgical group is evaluated at preoperation and 1, 2, 3 years postoperatively)
- 11. Body mass index (BMI) (time frame: Non-surgical group is evaluated at the first visit and 1, 2, 3 years after enrollment. Surgical group is evaluated at preoperation and 1, 2, 3 years postoperatively)
- 12. Metacarpophalangeal joint length (time frame: Non-surgical group is evaluated at the first visit and 1, 2, 3 years after enrollment. Surgical group is evaluated at preoperation and 1, 2, 3 years postoperatively.)
- 13. Choroidal thickness (time frame: Non-surgical group is evaluated at the first visit and 3 years after enrollment. Surgical group is evaluated at preoperation and 3 years postoperatively)
- 14. Choriocapillaris flow deficits (time frame: Non-surgical group is evaluated

at the first visit and 3 years after enrollment. Surgical group is evaluated at preoperation and 3 years postoperatively)

- 15. Genetic mutation state of patients (time frame: preoperation)
- 16. Vision-related quality of life (time frame: Non-surgical group is evaluated at the first visit and 3 years after enrollment. Surgical group is evaluated at preoperation and 3 years postoperatively)

#### **Examinations**

Baseline data and follow-up examination items are as follows:

- 1. Demographic characteristics, including name, gender, and date of birth.
- 2. Slit-lamp examination: Slit-lamp examination (BQ-900, Haag Streit, Switzerland) and fundus examination will be performed at each visit.
- 3. Visual acuity and refraction: the uncorrected visual acuity and best corrected visual acuity (BCVA) will be evaluated with ETDRS LogMAR visual acuity chart (Precision Vision, Villa Park, Illinois, USA) at a test distance of 4.0m. The refractive error will be determined by subjective refraction following an objective measurement. Spherical equivalent (SE) will be obtained with the calculation of spherical power plus half of the cylindrical power.
- 4. Axial length measures: Axial length will be measured using IOLMaster 700 (Carl Zeiss AG, Jena, Germany).
- 5. High-order aberrations will be assessed using Nidek OPD-Scan III (Gamagori, Japan).
- 6. Corneal endothelial cell counting and morphology will be detected using an endokeratoscope (SP-2000P, Topcon, Japan).
- 7. The state of zonules will be assessed clock by clock with ultrasound biomicroscopy (UBM). The clock range of zonular disruption or loosening will be recorded. And this results will be confirmed using slit-lamp photography after dilation.
- 8. The structure of the anterior chamber angle will be examined using a Tomey Casia 2 anterior segment optical coherence tomography (OCT) (Tomey, Tokyo, Japan).<sup>16</sup>
- 9. The tilt and eccentricity of IOL will be evaluated using Pentacam AXL (Oculus, Germany).<sup>17</sup>

- 10. Intraocular pressure (IOP) measures: The IOP in the patient's eyes will be measured using a non-contact-tonometer at each visit, and the average of the three measures will be taken.
- 11. Echocardiography examination: This examination will be performed using doppler echocardiography (HP/Philips Sonos 5500, Philips, Bothell, WA, USA). A skilled technician will measure the aortic root diameter. Z-Score will be calculated using the Marfan foundation's calculator (https://marfan.org/dx/zscore-children/). Normal Z-score ranges from -2 to 2. A dilated aortic root is defined as a Z-score ≥ 2.0. A larger Z-score is associated with an increased risk of aortic complications such as dissection, rupture, and valvular regurgitation. An experienced cardiologist will determine the presence or absence of heart valve disease (HVD).
- 12. Body mass index (BMI). BMI is a person's weight in kilograms divided by the square of height in meters. The normal range for the Chinese population is 18.5 to 23.9. A higher BMI can indicate higher levels of body fat.
- 13. Metacarpophalangeal joint length will be measured in hand radiograph.
- 14. The choroidal thickness and choriocapillaris flow deficits will be measured using posterior segment optical coherence tomography (OCT) and optical coherence tomography angiography (OCTA) (Zeiss Cirrus 5000 with AngioPlex).
- 15. Gene detection: Genomic DNA from each subject in the study will be analyzed by whole-exome sequencing (WES) to detect mutations and diagnosis.
- 16. Vision-related quality of life will be assessed using the Pediatric Eye Questionnaire (PedEyeQ).<sup>18</sup>
- 17. Adverse events or complications will be collected at each visit.

#### Workflow

The workflow will be carried out in the order mentioned above, starting with patients recruitment and ending with a minimum of 3 years follow-up. (Figure 1). The non-surgical group will be followed up 1, 2, and 3 years after enrollment. The surgical group will be followed up at 3 months, and 1, 2, 3 years postoperatively. The examinations planned for each follow-up time point are

shown in Supplemental table 1.

## Data collection and management

The case report form (CRF) will collect basic demographic and clinical information. Results of eye examinations will be recorded on paper, and questionnaires will be filled out in the paper form. Original data will enter the lens dislocation case database at the Zhongshan Ophthalmic Center. After the study, relevant documents will be stored securely at the Zhongshan Ophthalmic Center for ten years for specific scientific research purposes.

## Statistical analysis plan

Statistical analysis will be performed using Stata 15.0 (StataCorp, College Station, Texas, USA). Quantitative data conforming to a normal distribution will be described as the mean ± SD. The difference between the baseline and follow-up data will be compared by one-way analysis of variance (ANOVA). The median ± interquartile range will describe the quantitative data of the skewness distribution. The Wilcoxon signed-rank test will be used to compare these data's differences. For qualitative data described as proportions, the chi-square test or Fisher's exact test will be used to compare the differences between groups. P<0.05 is considered statistically significant. The differences and 95% confidence interval (CI) in the changes of BCVA and other parameters will be calculated. The univariable linear regression model will estimate these changes and their associated factors. All variables with P<0.05 in the univariable regression analysis will be included in the multivariable linear regression model.

## **Study monitoring**

Clinical examiners will regularly check each patient's informed consent and eligibility to ensure that all CRFs are correct and in accordance with the original data. All errors and omissions should be recorded and corrected. The examiner should ensure every participant's withdrawal and loss of follow-up are recorded and explained in CRF, and all adverse events are recorded. The surgical operations in this project are standard methods and do not pose significant risks.

The principal risks include general anaesthesia adverse effects and adverse drug reactions. This cohort study will be conducted under the guidance of the ethics committee of the Zhongshan Ophthalmic Center.

## Patient and public involvement

Neither the patients nor the public is involved in our research's design, conduct, reporting, or dissemination plans.

#### **Ethics and dissemination**

Ethics approval was obtained from the ethics committee of the Zhongshan Ophthalmic Center (number: 2022KYPJ207). Signed consents will be obtained from the legal guardians of participants after they have been informed of the study workflow and their right to withdraw from the cohort study. This project has been designed following the principles of the Declaration of Helsinki.

The content of this cohort study is confidential information. Clinical records and data sets will be kept at the Zhongshan Ophthalmic Center in strict confidence and will only be assessed by the study investigators and authorized personnel. The results without personal data will be disseminated through peer-reviewed publications and conference presentations.

**Contributors** PX, KN, LJ, ZL, XZ, GJ, and DZ conceived and designed the study. PX, KN, SL, and XL wrote the draft. CY, GJ and DZ revised the draft. GJ will lead the statistical analysis. ZL, XZ, GJ and DZ will oversee data acquisition and implementation on-site. All authors reviewed and approved the final manuscript.

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**Competing interests** None of the authors has a financial or proprietary interest in any material or method mentioned.

Data Availability Statement Data are available upon reasonable request

Patient consent for publication Not applicable.

**Provenance and peer review** Not commissioned; externally peer reviewed.

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Figure legends:

Figure 1. Flowchart of the study. CEL, congenital ectopia lentis. \* The surgery will be performed when either of the following situations occurs.



Figure 1. Flowchart of the study. CEL, congenital ectopia lentis. \* The surgery will be performed when either of the following situations occurs.

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Supplemental table 1. Complete overview of follow-up and examinations.

Examination	Time poin	Time points of non-surgical group			Time points surgical group				
	Baseline	1 y	2 y	3 y	Preoperation*	reigne Par Par	1 y	2 y	3 y
Demographic data	✓				✓	3. D			
Slit-lamp examination	<b>✓</b>	$\checkmark$	$\checkmark$	✓	✓	io to	✓	$\checkmark$	✓
Visual acuity and refraction	<b>Y</b>	✓	$\checkmark$	✓	✓	onlog dub	✓	$\checkmark$	✓
Axial length	4	✓	✓	✓	✓	ade erie and	✓	$\checkmark$	✓
High-order aberrations	✓	$\checkmark$	✓	✓	✓	dat m	✓	✓	✓
Specular microscopy					✓	AB	✓	✓	✓
Anterior segment OCT	✓	$\checkmark$	1	✓	✓	ninii ES)	✓	$\checkmark$	✓
UBM	✓	✓	<b>/ / /</b>	✓	✓	, gr			
Slit-lamp photography	✓	✓	✓	<b>○</b> ✓	✓	A ¥			
Pentacam	✓	✓	✓	1	✓	rain 🙀	✓	✓	✓
IOP	✓	✓	✓	1	✓	njopen.bmj.com, .I training, and si	✓	✓	✓
Echocardiography	✓	✓	✓	✓	✓	, an	✓	✓	✓
BMI	✓	✓	$\checkmark$	✓	✓	d s	✓	✓	✓
Hand radiograph	✓	✓	✓	✓	<b>✓</b>		✓	✓	✓
Posterior segment OCT	✓			✓	<b>V</b>	Jui ar t			✓
Gene detection†	✓				✓	une 9, techr			
PedEyeQ	✓			✓	✓	9, 202 <del>3</del> a			✓
Adverse events	✓	✓	✓	✓	✓	25° a	✓	✓	✓

<sup>\*</sup> Preoperation examninations will not be repeated if the patient has just completed follow-up and meets the surgical indications.

OCT, optical coherence tomography; UBM, ultrasound biomicroscopy; IOP, intraocular pressure; BMI, body mass didex; PedEyeQ, the Pediatric Eye Questionnaire; y, years; m, months.

<sup>†</sup> Gene detection will not be repeated if the patient already has a valid genetic testing report.

# Reporting checklist for protocol of a clinical trial.

Based on the SPIRIT guidelines.

# Instructions to authors

Complete this checklist by entering the page numbers from your manuscript where readers will find each of the items listed below.

Your article may not currently address all the items on the checklist. Please modify your text to include the missing information. If you are certain that an item does not apply, please write "n/a" and provide a short explanation.

Upload your completed checklist as an extra file when you submit to a journal.

In your methods section, say that you used the SPIRIT reporting guidelines, and cite them as:

artsson A, ion and Similar technologies.
Page Number Page Chan A-W, Tetzlaff JM, Gøtzsche PC, Altman DG, Mann H, Berlin J, Dickersin K, Hróbjartsson A, Schulz KF, Parulekar WR, Krleža-Jerić K, Laupacis A, Moher D, SPIRIT 2013 Explanation and

Elaboration: Guidance for protocols of clinical trials. BMJ. 2013;346:e7586

Reporting Item

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#### Administrative

#### information

Descriptive title identifying the study design, Title #1 population, interventions, and, if applicable, trial

acronym

Trial registration #2a Trial identifier and registry name. If not yet 3,5,8-9,18

		registered, name of intended registry		
Trial registration:	<u>#2b</u>	All items from the World Health Organization Trial	9	
data set		Registration Data Set		
Protocol version	<u>#3</u>	Date and version identifier	n/a, 2022-Dec-27	
			Original	Protecto
Funding	<u>#4</u>	Sources and types of financial, material, and other	18	Protected by copyright, including for uses related to
		support		pyrigh
Roles and	<u>#5a</u>	Names, affiliations, and roles of protocol	18	t, inclu
responsibilities:		contributors		ding for
contributorship				. uses r
Roles and	<u>#5b</u>	Name and contact information for the trial sponsor	18	elated t
responsibilities:				o text and
sponsor contact				nd data
information				data mining
Roles and	<u>#5c</u>	Role of study sponsor and funders, if any, in study	n/a, study sponsor	, <u>≥</u>
responsibilities:		design; collection, management, analysis, and	and funders don't	training, and similar technologies.
sponsor and funder		interpretation of data; writing of the report; and the	participate in the	nd sim
		decision to submit the report for publication,	study	ilar tec
		including whether they will have ultimate authority		chnolo
		over any of these activities		gies.
Roles and	<u>#5d</u>	Composition, roles, and responsibilities of the	16	
responsibilities:		coordinating centre, steering committee, endpoint		
committees		adjudication committee, data management team,		

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and other individuals or groups overseeing the trial, if applicable (see Item 21a for data monitoring committee)

## Introduction

Introduction			
Background and	<u>#6a</u>	Description of research question and justification	7
rationale		for undertaking the trial, including summary of	
		relevant studies (published and unpublished)	
		examining benefits and harms for each	
		intervention	
Background and	<u>#6b</u>	Explanation for choice of comparators	7
rationale: choice of			
comparators			
Objectives	<u>#7</u>	Specific objectives or hypotheses	7
Trial design	<u>#8</u>	Description of trial design including type of trial	7
		(eg, parallel group, crossover, factorial, single	
		group), allocation ratio, and framework (eg,	
		superiority, equivalence, non-inferiority,	
		exploratory)	

Methods:

Participants,

interventions, and

outcomes

Study setting #9 Description of study settings (eg, community 9

)

			clinic, academic hospital) and list of countries where data will be collected. Reference to where	
			list of study sites can be obtained	
	Eligibility criteria	<u>#10</u>	Inclusion and exclusion criteria for participants. If	8-9
) I			applicable, eligibility criteria for study centres and	
<u>2</u> 3			individuals who will perform the interventions (eg,	
+ 5 5 7			surgeons, psychotherapists)	
, 3 9	Interventions:	<u>#11a</u>	Interventions for each group with sufficient detail	10-11
) I	description		to allow replication, including how and when they	
<u>2</u> 3			will be administered	
<del>1</del> 5	Interventions:	#11b	Criteria for discontinuing or modifying allocated	10
7 3	modifications		interventions for a given trial participant (eg, drug	
) ) ı			dose change in response to harms, participant	
2 3			request, or improving / worsening disease)	
4 5 5	Interventions:	<u>#11c</u>	Strategies to improve adherence to intervention	9
7	adherance		protocols, and any procedures for monitoring	
∂ ) ı			adherence (eg, drug tablet return; laboratory	
2 3 1			tests)	
+ 5 5	Interventions:	<u>#11d</u>	Relevant concomitant care and interventions that	9
7 3 9	concomitant care		are permitted or prohibited during the trial	
)   	Outcomes	<u>#12</u>	Primary, secondary, and other outcomes,	11-13
<u>-</u> 3 4			including the specific measurement variable (eg,	
5 5			systolic blood pressure), analysis metric (eg,	
7			change from baseline, final value, time to event),	
)		For peer r	eview only - http://bmjopen.bmj.com/site/about/guidelines.xhtml	

9

n/a, non-random

cohort

method of aggregation (eg, median, proportion), and time point for each outcome. Explanation of the clinical relevance of chosen efficacy and harm outcomes is strongly recommended Time schedule of enrolment, interventions

Participant timeline #13

(including any run-ins and washouts),

assessments, and visits for participants. A

schematic diagram is highly recommended (see

Figure)

Sample size #14

Estimated number of participants needed to 9-10 achieve study objectives and how it was

determined, including clinical and statistical

assumptions supporting any sample size

calculations

Recruitment #15 Strategies for achieving adequate participant

enrolment to reach target sample size

Methods:

2 3

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13 14 15

16 17

18 19

20 21 22

23 24

25 26 27

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30 31

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33 34

35 36 37

38 39 40

41 42

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48 49 50

51 52

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57 58 59

60

Assignment of

interventions (for

controlled trials)

sequence

Allocation: #16a Method of generating the allocation sequence (eg.

computer-generated random numbers), and list of

generation any factors for stratification. To reduce

predictability of a random sequence, details of any

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			planned restriction (eg, blocking) should be	
			provided in a separate document that is	
			unavailable to those who enrol participants or	
			assign interventions	
)	Allocation	<u>#16b</u>	Mechanism of implementing the allocation	n/a, non-random
	concealment		sequence (eg, central telephone; sequentially	cohort
-	mechanism		numbered, opaque, sealed envelopes), describing	
,			any steps to conceal the sequence until	
)			interventions are assigned	
	Allocation:	<u>#16c</u>	Who will generate the allocation sequence, who	n/a, non-random
-	implementation		will enrol participants, and who will assign	cohort
, , ,			participants to interventions	
)	Blinding (masking)	<u>#17a</u>	Who will be blinded after assignment to	n/a, un-blinded
			interventions (eg, trial participants, care providers,	study
			outcome assessors, data analysts), and how	
, ; ,	Blinding (masking):	<u>#17b</u>	If blinded, circumstances under which unblinding	n/a, un-blinded
)	emergency		is permissible, and procedure for revealing a	study
	unblinding		participant's allocated intervention during the trial	
	Methods: Data			
;	collection,			
)	management, and			
	analysis			
- ;	Data collection plan	<u>#18a</u>	Plans for assessment and collection of outcome,	15
;			baseline, and other trial data, including any	
)		For peer r	review only - http://bmjopen.bmj.com/site/about/guidelines.xhtml	

Statistics: analysis

related processes to promote data quality (eg, duplicate measurements, training of assessors) and a description of study instruments (eg, questionnaires, laboratory tests) along with their reliability and validity, if known. Reference to where data collection forms can be found, if not in the protocol

Data collection plan:	<u>#18b</u>	Plans to promote participant retention and	15
retention		complete follow-up, including list of any outcome	
		data to be collected for participants who	
		discontinue or deviate from intervention protocols	
Data management	<u>#19</u>	Plans for data entry, coding, security, and storage,	15
		including any related processes to promote data	
		quality (eg, double data entry; range checks for	
		data values). Reference to where details of data	
		management procedures can be found, if not in	
		the protocol	
Statistics: outcomes	<u>#20a</u>	Statistical methods for analysing primary and	15
		secondary outcomes. Reference to where other	
		details of the statistical analysis plan can be	
		found, if not in the protocol	
Statistics: additional	<u>#20b</u>	Methods for any additional analyses (eg,	15
analyses		subgroup and adjusted analyses)	
0	<b>#</b> 00		4.5

#20c Definition of analysis population relating to

protocol non-adherence (eg, as randomised population and missing data analysis), and any statistical methods to handle missing data (eg, multiple imputation) Methods: Monitoring Data monitoring: #21a Composition of data monitoring committee (DMC); formal committee summary of its role and reporting structure; statement of whether it is independent from the sponsor and competing interests; and reference to where further details about its charter can be found, if not in the protocol. Alternatively, an explanation of why a DMC is not needed #21b Description of any interim analyses and stopping Data monitoring: guidelines, including who will have access to interim analysis these interim results and make the final decision to terminate the trial Harms #22 Plans for collecting, assessing, reporting, and managing solicited and spontaneously reported adverse events and other unintended effects of trial interventions or trial conduct **Auditing** #23 Frequency and procedures for auditing trial conduct, if any, and whether the process will be independent from investigators and the sponsor Ethics and dissemination

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Research ethics	<u>#24</u>	Plans for seeking research ethics committee /	16	
approval		institutional review board (REC / IRB) approval		
Protocol	<u>#25</u>	Plans for communicating important protocol	n/a, contact with	
amendments		modifications (eg, changes to eligibility criteria,	the corresponding	т
		outcomes, analyses) to relevant parties (eg,	author	rotect
		investigators, REC / IRBs, trial participants, trial		ed by c
		registries, journals, regulators)		opyrigh
Consent or assent	#26a	Who will obtain informed consent or assent from	16	າt, incl
		potential trial participants or authorised		uding 1
		surrogates, and how (see Item 32)		Protected by copyright, including for uses related to text and data mining, Al training, and similar technologies
Consent or assent:	<u>#26b</u>	Additional consent provisions for collection and	n/a	elated t
ancillary studies		use of participant data and biological specimens		to text
		in ancillary studies, if applicable		and da
Confidentiality	<u>#27</u>	How personal information about potential and	15	ita minin
		enrolled participants will be collected, shared, and		g, Al tr
		maintained in order to protect confidentiality		aining
		before, during, and after the trial		, and si
Declaration of	<u>#28</u>	Financial and other competing interests for	18	milar te
interests		principal investigators for the overall trial and each		chnol
		study site		ogies.
Data access	<u>#29</u>	Statement of who will have access to the final trial	15	
		dataset, and disclosure of contractual agreements		
		that limit such access for investigators		

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Ancillary and post	<u>#30</u>	Provisions, if any, for ancillary and post-trial care,	n/a
trial care		and for compensation to those who suffer harm	
		from trial participation	
Dissemination	<u>#31a</u>	Plans for investigators and sponsor to	18
policy: trial results		communicate trial results to participants,	
		healthcare professionals, the public, and other	
		relevant groups (eg, via publication, reporting in	
		results databases, or other data sharing	
		arrangements), including any publication	
		restrictions	
Dissemination	<u>#31b</u>	Authorship eligibility guidelines and any intended	n/a
policy: authorship		use of professional writers	
Dissemination	<u>#31c</u>	Plans, if any, for granting public access to the full	n/a
policy: reproducible		protocol, participant-level dataset, and statistical	
research		code	
Appendices			
Informed consent	<u>#32</u>	Model consent form and other related	18
materials		documentation given to participants and	
		authorised surrogates	
Biological	<u>#33</u>	Plans for collection, laboratory evaluation, and	n/a
specimens		storage of biological specimens for genetic or	
		molecular analysis in the current trial and for	
		future use in ancillary studies, if applicable	
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# **BMJ Open**

# Visual Prognosis and Complications of Congenital Ectopia Lentis: Study Protocol for a Hospital-Based Cohort in Zhongshan Ophthalmic Center

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Manuscript ID	bmjopen-2023-072542.R2
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 Visual Prognosis and Complications of Congenital Ectopia Lentis: Study Protocol for a Hospital-Based Cohort in Zhongshan Ophthalmic Center

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Visual Prognosis and Complications of Congenital Ectopia Lentis: Study Protocol for a Hospital-Based Cohort in Zhongshan Ophthalmic Center

#### **ABSTRACT**

 Introduction Congenital ectopia lentis (CEL) is a rare ocular disease characterized by the dislocation or displacement of the lens. Patients with mild lens dislocations can be treated with conservative methods (e.g., corrective eyeglasses or contact lenses). In contrast, patients with severe CEL usually require surgical management. However, few studies have focused on the visual prognosis and complications in conservative and surgical management patients. This study aims to investigate the prognosis and complications in CEL patients with conservative and surgical management, which is vital for CEL management, especially the choice of surgical timing and surgical method.

Methods and analysis A cohort study will be conducted at Zhongshan Ophthalmic Center. We plan to recruit 604 participants diagnosed with CEL and aged ≥ 3 years old. Patients with mild lens subluxation and stable visual conditions will be included in the non-surgical group and follow-up at 1, 2 and 3 years after enrollment. Patients with severe lens subluxation that accept CEL surgery will be included in the surgical group. Different surgical techniques, including phacoemulsification and in-the-bag intraocular lens implantation (with or without capsular tension ring), transscleral fixation, will be used depending on the severity of dislocation. Patients will be followed up at 3 months, and 1, 2 and 3 years postoperatively. Over a 5-year follow-up period, patients will receive a detailed ocular examination, including optometry, biological measurement, specular microscopy, ultrasound biomicroscopy, anterior segment and posterior segment optical coherence tomography (OCT), OCT angiography (OCTA), echocardiography and questionnaires on vision-related quality of life. The primary outcome is the change of best corrected visual acuity and the incidence of complications in both groups.

**Ethics and dissemination** Ethics approval was obtained from the ethics committee of the Zhongshan Ophthalmic Center (number: 2022KYPJ207). Study findings will be published in a peer-reviewed journal.

Trial registration number NCT05654025.

# Strengths and limitations of this study

- This study is a cohort of congenital ectopia lentis (CEL) in the Chinese population with a relatively large sample size and a comparatively long (5 years) follow-up.
- This study assesses important ophthalmic measurements with significant clinical implications, including visual acuity, intraocular pressure, axial length, high order aberrations, choroidal thickness and choriocapillaris flow deficits.
- Important systemic indicators of Marfan syndrome are measured, including the metacarpophalangeal joint length, incidence of valvular heart disease, aortic root diameter and Z-score.
- In this study, CEL in age less than 3 years old are excluded and participants could be lost to follow-up after surgery.
- This study focuses on individuals with CEL but different subtypes of CEL may not be classified.

#### INTRODUCTION

Congenital ectopia lentis (CEL) is a rare ocular disease characterized by the dislocation or displacement of the lens. Several systemic diseases have been reported to be associated with CEL, such as Marfan syndrome, homocystinuria, Weill-Marchesani syndrome and Ehlers-Danlos syndrome.<sup>1</sup> However, some patients with CEL may have no known systemic manifestations.<sup>2</sup>

Patients with mild lens dislocations can be treated with conservative methods (e.g., corrective eyeglasses or contact lenses).<sup>3</sup> However, progressive subluxation or complete dislocation of the lens can cause a high degree of myopia or astigmatism, even amblyopia.<sup>4</sup> Surgical intervention is crucial in the management of patients with severe CEL.<sup>5</sup> Currently, there is no unified standard for operation timing for CEL. A previous study recommended surgical intervention when the near vision of children was less than 0.4 in LogMAR acuity.<sup>6</sup> However, some researchers suggested that surgery should be performed when the best corrected visual acuity (BCVA) is less than 0.3 or monocular diplopia occurs.<sup>4</sup> <sup>7</sup> Few studies have focused on the refractive change and visual prognosis in CEL patients both with conservative management and surgical management.<sup>8</sup>

Several surgical techniques have been reported over the past decades, such as lensectomy, phacoemulsification without intraocular lens (IOL) implantation, phacoemulsification and IOL implantation (with or without capsular tension ring) and various transscleral fixation of IOL. 9-11 However, the safety and efficacy of these techniques have not been fully validated so far, especially in the Chinese population. Herein we will conduct this cohort study at the Zhongshan Ophthalmic Center, one of the biggest ophthalmic hospitals in China. All children diagnosed with CEL will be followed up for at least three years. Long-term changes in best-corrected visual acuity and the incidence of complications will be evaluated in patients with conservative management and surgical management.

# **METHODS AND ANALYSIS**

This study will be conducted from 5 December 2022 to 5 December 2027. The study was registered on Clinicaltrials.gov (NCT05654025).

# **Objective**

 The study is designed as a prospective clinical trial to investigate the prognosis and complications in CEL patients with conservative and surgical management. The aim is to serve as a reference for disease management, specifically for choice of surgical timing and surgical method.

## Study design

An approximately 5-year cohort study will be conducted at Zhongshan Ophthalmic Centre, Guangzhou, China. This study will adhere to the Declaration of Helsinki, and ethics have been approved by the ethics committee of the Zhongshan Ophthalmic Center (number: 2022KYPJ207). This study is designed used the SPIRIT reporting guidelines.<sup>13</sup>

## Eligibility criteria

#### Inclusion criteria

- 1. Diagnosed with congenital lens dislocation and age ≥ 3 years old.
- 2. Agree to participate in this study with written informed consent from patients or legal guardians.

#### **Exclusion Criteria**

- 1. History of ophthalmic trauma or other ophthalmic surgeries.
- 2. Combined with other ophthalmic diseases such as primary glaucoma, uveitis and corneal disease.
- 3. Patients who could not cooperate in the examinations.

# Study setting and participants

This cohort study will be conducted at Zhongshan Ophthalmic Center, one of the largest ophthalmic hospitals in China. This study aims to investigate the visual prognosis and complications in CEL patients with different managements. Patients aged three years or above diagnosed with CEL will be recruited from Zhongshan Ophthalmic Center. Moreover, each participant will be followed for at least three years.

Once the participants meet the requirement of our eligibility criteria, they will be asked to join the WeChat (an instant messaging tool) group on the phone and be provided with informed consent. Interested participants or their guardians will sign the consent form and, if appropriate, will complete a thorough ocular examination and systemic evaluations.

#### Recruitment

The outpatient clinics will carry out the first screening at Zhongshan Ophthalmic Center. Potential participants will be further confirmed by eligibility and recruited at Zhongshan Ophthalmic Center for clinical trials. One of our researchers will contact the participants and explain the trial process in detail to ensure the participants or guardians fully understand the whole study. Once they agree and sign the consent form, further information will be provided, including the purpose of the study, examinations, the importance of follow-up time and duration, and possible risk in treatment. Then the trial will proceed subsequently.

## Sample size

Sample size will be estimated as follows: Assuming the incidence of complications in CEL patients is 15%, and the margin of error is 20%. For a 5% significance level,  $Z_{\alpha/2}$  is 1.96 for the two-tailed alternative hypothesis. Sample size =  $(Z_{\alpha/2})^2 \cdot P(1-P)^* 1/E^2 = (1.96)^2 \cdot 15\% \cdot (1-15\%)/(15\% \cdot 20\%) = 544$ . Assuming the loss ratio of 10%, the adjusted sample size will be 544/(1-0.1) = 544/0.9 = 10.00

604.

# **Preoperative management**

All patients diagnosed with CEL will be followed up since the enrollment. The surgery will be performed when either of the following situations occurs: 1) BCVA < 0.3 in LogMAR acuity; 2) monocular diplopia; 3) progressive subluxation of the lens affecting the pupillary axis; 4) complicated with severe cataract or secondary glaucoma or corneal endothelial decompensation or retinal detachment.<sup>8</sup>

# Preoperative medication

All patients will be routinely administered levofloxacin or tobramycin eye drops (four times a day for three days) before surgery to minimize the risk of infection. An intramuscular injection of ethamsylate  $(1\text{mg/kg})^{14}$  will be used 30 minutes before surgery to reduce bleeding.

#### Anaesthesia

General anaesthesia or retrobulbar anaesthesia will be used according to the standard clinical routine.

# **Surgery methods management**

The choice of surgical methods depends on the degree of ectopia lentis and the state of zonules. If the extent of the unhealthy zonules (broken or weak) ≤ 180°, phacoemulsification and in-the-bag IOL implantation (with or without capsular tension ring) will be used. Otherwise, the capsular bag will be removed, and IOL will be fixed through transscleral fixation. Surgery will be performed by the same surgeon (Dr. DY Zheng). Rayner 920H/970C or Sensar AR40e will be used as the implanted IOL.

The surgical techniques for patients who received in-the-bag IOL

implantation are as follows: A 3.0 mm corneal tunnel incision will be made at 12 o'clock. Then, a continuous circular capsulorhexis will be performed manually. Iris hooks will stabilize the bag, and the lens will be aspirated with a phacoemulsifer. IOL will be implanted in-the-bag, and the capsular tension ring will be implanted when the IOL cannot be stably fixed.

For patients who received transscleral fixation of IOL, the surgical techniques will be performed as the previous study described. In brief, a 3.0 mm corneal tunnel incision will be made at 12 o'clock. Then, a continuous circular capsulorhexis will be performed manually, and the capsular bag will be removed after the phacoaspiration. Transscleral fixation of IOL will be performed with the two IOL haptic sutured by 8-0 polypropylene at 2.0 mm posterior to the corneal limbus. Anterior vitrectomy will be performed when severe vitreous prolapse occurs.

## Postoperative management

After surgery, tobramycin and dexamethasone eye drops (four times a day) and ointment (once every night) will be routinely administered for one week. If intraocular pressure (IOP) is higher than 25 mmHg, topical IOP-lowering medication will be used. If IOP is higher than 40 mmHg, an intravenous drip of 20% mannitol will be used. <sup>15</sup> In case necessary, anterior chamber drainage will be performed through the side incision.

# **Outcome measures**

#### Primary outcome

The primary outcome is the change of best corrected visual acuity (BCVA) and the incidence of complications (time frame: Non-surgical group is evaluated at the first visit and 1, 2, 3 years after enrollment. Surgical group is evaluated at preoperation, 3 months, and 1, 2, 3 years postoperatively)

## **Secondary outcomes**

1. Change of axial length (time frame: Non-surgical group is evaluated at the

first visit and 1, 2, 3 years after enrollment. Surgical group is evaluated at preoperation, 3 months, and 1, 2, 3 years postoperatively)

- 2. High order aberrations (time frame: Non-surgical group is evaluated at the first visit and 1, 2, 3 years after enrollment. Surgical group is evaluated at preoperation, 3 months, and 1, 2, 3 years postoperatively)
- 3. Central cornea endothelial cell loss (time frame: Preoperation, 3 months, and 1, 2, 3 years postoperatively)
- 4. The state of zonules (time frame: Non-surgical group is assessed at the first visit and 1, 2, 3 years after enrollment. Surgical group will be assessed preoperation)
- 5. Anterior chamber angle (time frame: Non-surgical group is assessed at the first visit and 1, 2, 3 years after enrollment. Surgical group will be assessed preoperation, 3months, and 1, 2, 3 years postoperatively)
- 6. Tilt and eccentricity of intraocular lens (time frame: 3 months, and 1, 2, 3 years postoperatively)
- 7. Intraocular pressure (time frame: Non-surgical group is evaluated at the first visit and 1, 2, 3 years after enrollment. Surgical group is evaluated at preoperation, 3 months, and 1, 2, 3 years postoperatively)
- 8. Aortic root diameter (time frame: Non-surgical group is evaluated at the first visit and 1, 2, 3 years after enrollment. Surgical group is evaluated at preoperation and 1, 2, 3 years postoperatively)
- 9. Aortic Root (Sinuses of Valsalva) Z-score, adjusted by body-surface-area (Z-score) (time frame: Non-surgical group is evaluated at the first visit and 1, 2, 3 years after enrollment. Surgical group is evaluated at preoperation and 1, 2, 3 years postoperatively)
- 10. Incidence of valvular heart disease (time frame: Non-surgical group is evaluated at the first visit and 1, 2, 3 years after enrollment. Surgical group is evaluated at preoperation and 1, 2, 3 years postoperatively)
- 11. Body mass index (BMI) (time frame: Non-surgical group is evaluated at the first visit and 1, 2, 3 years after enrollment. Surgical group is evaluated at preoperation and 1, 2, 3 years postoperatively)
- 12. Metacarpophalangeal joint length (time frame: Non-surgical group is evaluated at the first visit and 1, 2, 3 years after enrollment. Surgical group is evaluated at preoperation and 1, 2, 3 years postoperatively.)
- 13. Choroidal thickness (time frame: Non-surgical group is evaluated at the first visit and 3 years after enrollment. Surgical group is evaluated at preoperation and 3 years postoperatively)
- 14. Choriocapillaris flow deficits (time frame: Non-surgical group is evaluated

at the first visit and 3 years after enrollment. Surgical group is evaluated at preoperation and 3 years postoperatively)

- 15. Genetic mutation state of patients (time frame: preoperation)
- 16. Vision-related quality of life (time frame: Non-surgical group is evaluated at the first visit and 3 years after enrollment. Surgical group is evaluated at preoperation and 3 years postoperatively)

#### **Examinations**

Baseline data and follow-up examination items are as follows:

- 1. Demographic characteristics, including name, gender, and date of birth.
- 2. Slit-lamp examination: Slit-lamp examination (BQ-900, Haag Streit, Switzerland) and fundus examination will be performed at each visit.
- 3. Visual acuity and refraction: the uncorrected visual acuity and best corrected visual acuity (BCVA) will be evaluated with ETDRS LogMAR visual acuity chart (Precision Vision, Villa Park, Illinois, USA) at a test distance of 4.0m. The refractive error will be determined by subjective refraction following an objective measurement. Spherical equivalent (SE) will be obtained with the calculation of spherical power plus half of the cylindrical power.
- 4. Axial length measures: Axial length will be measured using IOLMaster 700 (Carl Zeiss AG, Jena, Germany).
- 5. High-order aberrations will be assessed using Nidek OPD-Scan III (Gamagori, Japan).
- 6. Corneal endothelial cell counting and morphology will be detected using an endokeratoscope (SP-2000P, Topcon, Japan).
- 7. The state of zonules will be assessed clock by clock with ultrasound biomicroscopy (UBM). The clock range of zonular disruption or loosening will be recorded. And this results will be confirmed using slit-lamp photography after dilation.
- 8. The structure of the anterior chamber angle will be examined using a Tomey Casia 2 anterior segment optical coherence tomography (OCT) (Tomey, Tokyo, Japan).<sup>16</sup>
- 9. The tilt and eccentricity of IOL will be evaluated using Pentacam AXL (Oculus, Germany).<sup>17</sup>

- 10. Intraocular pressure (IOP) measures: The IOP in the patient's eyes will be measured using a non-contact-tonometer at each visit, and the average of the three measures will be taken.
- 11. Echocardiography examination: This examination will be performed using doppler echocardiography (HP/Philips Sonos 5500, Philips, Bothell, WA, USA). A skilled technician will measure the aortic root diameter. Z-Score will be calculated using the Marfan foundation's calculator (https://marfan.org/dx/zscore-children/). Normal Z-score ranges from -2 to 2. A dilated aortic root is defined as a Z-score ≥ 2.0. A larger Z-score is associated with an increased risk of aortic complications such as dissection, rupture, and valvular regurgitation. An experienced cardiologist will determine the presence or absence of heart valve disease (HVD).
- 12. Body mass index (BMI). BMI is a person's weight in kilograms divided by the square of height in meters. The normal range for the Chinese population is 18.5 to 23.9. A higher BMI can indicate higher levels of body fat.
- 13. Metacarpophalangeal joint length will be measured in hand radiograph.
- 14. The choroidal thickness and choriocapillaris flow deficits will be measured using posterior segment optical coherence tomography (OCT) and optical coherence tomography angiography (OCTA) (Zeiss Cirrus 5000 with AngioPlex).
- 15. Gene detection: Genomic DNA from each subject in the study will be analyzed by whole-exome sequencing (WES) to detect mutations and diagnosis.
- 16. Vision-related quality of life will be assessed using the Pediatric Eye Questionnaire (PedEyeQ).<sup>18</sup>
- 17. Adverse events or complications will be collected at each visit.

#### Workflow

The workflow will be carried out in the order mentioned above, starting with patients recruitment and ending with a minimum of 3 years follow-up. (Figure 1). The non-surgical group will be followed up 1, 2, and 3 years after enrollment. The surgical group will be followed up at 3 months, and 1, 2, 3 years postoperatively. The examinations planned for each follow-up time point are

shown in Supplemental table 1.

# Data collection and management

The case report form (CRF) will collect basic demographic and clinical information. Results of eye examinations will be recorded on paper, and questionnaires will be filled out in the paper form. Original data will enter the lens dislocation case database at the Zhongshan Ophthalmic Center. After the study, relevant documents will be stored securely at the Zhongshan Ophthalmic Center for ten years for specific scientific research purposes.

# Statistical analysis plan

Statistical analysis will be performed using Stata 15.0 (StataCorp, College Station, Texas, USA). Quantitative data conforming to a normal distribution will be described as the mean ± SD. The difference between the baseline and follow-up data will be compared by one-way analysis of variance (ANOVA). The median ± interquartile range will describe the quantitative data of the skewness distribution. The Wilcoxon signed-rank test will be used to compare these data's differences. For qualitative data described as proportions, the chi-square test or Fisher's exact test will be used to compare the differences between groups. P<0.05 is considered statistically significant. The differences and 95% confidence interval (CI) in the changes of BCVA and other parameters will be calculated. The univariable linear regression model will estimate these changes and their associated factors. All variables with P<0.05 in the univariable regression analysis will be included in the multivariable linear regression model.

## **Study monitoring**

Clinical examiners will regularly check each patient's informed consent and eligibility to ensure that all CRFs are correct and in accordance with the original data. All errors and omissions should be recorded and corrected. The examiner should ensure every participant's withdrawal and loss of follow-up are recorded and explained in CRF, and all adverse events are recorded. The surgical operations in this project are standard methods and do not pose significant risks.

The principal risks include general anaesthesia adverse effects and adverse drug reactions. This cohort study will be conducted under the guidance of the ethics committee of the Zhongshan Ophthalmic Center.

## Patient and public involvement

Neither the patients nor the public is involved in our research's design, conduct, reporting, or dissemination plans.

#### **Ethics and dissemination**

Ethics approval was obtained from the ethics committee of the Zhongshan Ophthalmic Center (number: 2022KYPJ207). Signed consents will be obtained from the legal guardians of participants after they have been informed of the study workflow and their right to withdraw from the cohort study. This project has been designed following the principles of the Declaration of Helsinki.

The content of this cohort study is confidential information. Clinical records and data sets will be kept at the Zhongshan Ophthalmic Center in strict confidence and will only be assessed by the study investigators and authorized personnel. The results without personal data will be disseminated through peer-reviewed publications and conference presentations.

**Contributors** PX, KN, LJ, ZL, XZ, GJ, and DZ conceived and designed the study. PX, KN, SL, and XL wrote the draft. CY, GJ and DZ revised the draft. GJ will lead the statistical analysis. ZL, XZ, GJ and DZ will oversee data acquisition and implementation on-site. All authors reviewed and approved the final manuscript.

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**Competing interests** None of the authors has a financial or proprietary interest in any material or method mentioned.

Data Availability Statement Data are available upon reasonable request

Patient consent for publication Not applicable.

**Provenance and peer review** Not commissioned; externally peer reviewed.

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Figure legends:

Figure 1. Flowchart of the study. CEL, congenital ectopia lentis. \* The surgery will be performed when either of the following situations occurs.



Figure 1. Flowchart of the study. CEL, congenital ectopia lentis. \* The surgery will be performed when either of the following situations occurs.

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Supplemental table 1. Complete overview of follow-up and examinations.

Examination	Time points of non-surgical group				Time points surgical group				
	Baseline	1 y	2 y	3 <i>y</i>	Preoperation*	202 reigne	1 y	2 y	3 <i>y</i>
Demographic data	✓				✓	3. D			
Slit-lamp examination	<b>✓</b>	$\checkmark$	$\checkmark$	✓	✓		$\checkmark$	✓	✓
Visual acuity and refraction	<b>/</b>	✓	$\checkmark$	✓	✓	or p	✓	✓	✓
Axial length	1	✓	$\checkmark$	✓	✓	ade erie and	✓	$\checkmark$	$\checkmark$
High-order aberrations	✓	$\checkmark$	✓	✓	✓	d fr dar	✓	✓	$\checkmark$
Specular microscopy					✓	(AB	✓	✓	$\checkmark$
Anterior segment OCT	✓	1	1	✓	✓	ninii ES	✓	$\checkmark$	✓
UBM	✓	✓	<b>/ / /</b>	✓	✓	ng,			
Slit-lamp photography	✓	✓	✓	<b>√</b>	✓	<u>≱</u>			
Pentacam	✓	✓	✓	1	✓	njopen.bmj.com I training, and s	✓	$\checkmark$	$\checkmark$
IOP	✓	✓	$\checkmark$	1	<b>√</b>	ing	✓	✓	✓
Echocardiography	✓	✓	✓	✓	<b>√</b>	nj.co , and	✓	✓	✓
BMI	✓	✓	✓	✓	1	od s	✓	✓	✓
Hand radiograph	✓	✓	✓	✓	<b>✓</b>		✓	✓	✓
Posterior segment OCT	✓			✓	<b>V</b>	ar t			✓
Gene detection†	✓				✓	une 9, 2025 technologi			
PedEyeQ	✓			✓	✓	9, 20 hnol			✓
Adverse events	✓	✓	$\checkmark$	✓	✓	2025 ologi	✓	✓	$\checkmark$

<sup>\*</sup> Preoperation examninations will not be repeated if the patient has just completed follow-up and meets the surgical indications.

† Gene detection will not be repeated if the patient already has a valid genetic testing report.

OCT, optical coherence tomography; UBM, ultrasound biomicroscopy; IOP, intraocular pressure; BMI, body mass Questionnaire; y, years; m, months.

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# Reporting checklist for protocol of a clinical trial.

Based on the SPIRIT guidelines.

# Instructions to authors

Complete this checklist by entering the page numbers from your manuscript where readers will find each of the items listed below.

Your article may not currently address all the items on the checklist. Please modify your text to include the missing information. If you are certain that an item does not apply, please write "n/a" and provide a short explanation.

Upload your completed checklist as an extra file when you submit to a journal.

In your methods section, say that you used the SPIRIT reporting guidelines, and cite them as:

artsson A, ion and Similar technologies.
Page Number Page Chan A-W, Tetzlaff JM, Gøtzsche PC, Altman DG, Mann H, Berlin J, Dickersin K, Hróbjartsson A, Schulz KF, Parulekar WR, Krleža-Jerić K, Laupacis A, Moher D, SPIRIT 2013 Explanation and

Elaboration: Guidance for protocols of clinical trials. BMJ. 2013;346:e7586

Reporting Item

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#### Administrative

#### information

Descriptive title identifying the study design, Title #1 population, interventions, and, if applicable, trial

acronym

Trial registration #2a Trial identifier and registry name. If not yet 3,5,8-9,18

		registered, name of intended registry		
Trial registration:	<u>#2b</u>	All items from the World Health Organization Trial	9	
data set		Registration Data Set		
Protocol version	<u>#3</u>	Date and version identifier	n/a, 2022-Dec-27	
			Original	Protecto
Funding	<u>#4</u>	Sources and types of financial, material, and other	18	Protected by copyright, including for uses related to
		support		pyrigh
Roles and	<u>#5a</u>	Names, affiliations, and roles of protocol	18	t, inclu
responsibilities:		contributors		ding for
contributorship				. uses r
Roles and	<u>#5b</u>	Name and contact information for the trial sponsor	18	elated t
responsibilities:				o text and
sponsor contact				nd data
information				data mining
Roles and	<u>#5c</u>	Role of study sponsor and funders, if any, in study	n/a, study sponsor	, <u>≥</u>
responsibilities:		design; collection, management, analysis, and	and funders don't	training, and similar technologies.
sponsor and funder		interpretation of data; writing of the report; and the	participate in the	nd sim
		decision to submit the report for publication,	study	ilar tec
		including whether they will have ultimate authority		chnolo
		over any of these activities		gies.
Roles and	<u>#5d</u>	Composition, roles, and responsibilities of the	16	
responsibilities:		coordinating centre, steering committee, endpoint		
committees		adjudication committee, data management team,		

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and other individuals or groups overseeing the trial, if applicable (see Item 21a for data monitoring committee)

## Introduction

Introduction			
Background and	<u>#6a</u>	Description of research question and justification	7
rationale		for undertaking the trial, including summary of	
		relevant studies (published and unpublished)	
		examining benefits and harms for each	
		intervention	
Background and	<u>#6b</u>	Explanation for choice of comparators	7
rationale: choice of			
comparators			
Objectives	<u>#7</u>	Specific objectives or hypotheses	7
Trial design	<u>#8</u>	Description of trial design including type of trial	7
		(eg, parallel group, crossover, factorial, single	
		group), allocation ratio, and framework (eg,	
		superiority, equivalence, non-inferiority,	
		exploratory)	

Methods:

Participants,

interventions, and

outcomes

Study setting #9 Description of study settings (eg, community 9

)

			clinic, academic hospital) and list of countries where data will be collected. Reference to where	
			list of study sites can be obtained	
	Eligibility criteria	<u>#10</u>	Inclusion and exclusion criteria for participants. If	8-9
) I			applicable, eligibility criteria for study centres and	
<u>2</u> 3			individuals who will perform the interventions (eg,	
+ 5 5 7			surgeons, psychotherapists)	
, 3 9	Interventions:	<u>#11a</u>	Interventions for each group with sufficient detail	10-11
) I	description		to allow replication, including how and when they	
<u>2</u> 3			will be administered	
<del>1</del> 5	Interventions:	#11b	Criteria for discontinuing or modifying allocated	10
7 3	modifications		interventions for a given trial participant (eg, drug	
) ) ı			dose change in response to harms, participant	
2 3			request, or improving / worsening disease)	
4 5 5	Interventions:	<u>#11c</u>	Strategies to improve adherence to intervention	9
7	adherance		protocols, and any procedures for monitoring	
∂ ) ı			adherence (eg, drug tablet return; laboratory	
2 3 1			tests)	
+ 5 5	Interventions:	<u>#11d</u>	Relevant concomitant care and interventions that	9
7 3 9	concomitant care		are permitted or prohibited during the trial	
)   	Outcomes	<u>#12</u>	Primary, secondary, and other outcomes,	11-13
<u>-</u> 3 4			including the specific measurement variable (eg,	
5 5			systolic blood pressure), analysis metric (eg,	
7			change from baseline, final value, time to event),	
)		For peer r	eview only - http://bmjopen.bmj.com/site/about/guidelines.xhtml	

9

n/a, non-random

cohort

method of aggregation (eg, median, proportion), and time point for each outcome. Explanation of the clinical relevance of chosen efficacy and harm outcomes is strongly recommended Time schedule of enrolment, interventions

Participant timeline #13

(including any run-ins and washouts),

assessments, and visits for participants. A

schematic diagram is highly recommended (see

Figure)

Sample size #14

Estimated number of participants needed to 9-10 achieve study objectives and how it was

determined, including clinical and statistical

assumptions supporting any sample size

calculations

Recruitment #15 Strategies for achieving adequate participant

enrolment to reach target sample size

Methods:

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Assignment of

interventions (for

controlled trials)

sequence

Allocation: #16a Method of generating the allocation sequence (eg.

computer-generated random numbers), and list of

generation any factors for stratification. To reduce

predictability of a random sequence, details of any

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			planned restriction (eg, blocking) should be	
			provided in a separate document that is	
			unavailable to those who enrol participants or	
			assign interventions	
)	Allocation	<u>#16b</u>	Mechanism of implementing the allocation	n/a, non-random
	concealment		sequence (eg, central telephone; sequentially	cohort
-	mechanism		numbered, opaque, sealed envelopes), describing	
,			any steps to conceal the sequence until	
)			interventions are assigned	
	Allocation:	<u>#16c</u>	Who will generate the allocation sequence, who	n/a, non-random
-	implementation		will enrol participants, and who will assign	cohort
, , ,			participants to interventions	
)	Blinding (masking)	<u>#17a</u>	Who will be blinded after assignment to	n/a, un-blinded
			interventions (eg, trial participants, care providers,	study
			outcome assessors, data analysts), and how	
, ; ,	Blinding (masking):	<u>#17b</u>	If blinded, circumstances under which unblinding	n/a, un-blinded
)	emergency		is permissible, and procedure for revealing a	study
	unblinding		participant's allocated intervention during the trial	
	Methods: Data			
;	collection,			
)	management, and			
	analysis			
- ;	Data collection plan	<u>#18a</u>	Plans for assessment and collection of outcome,	15
;			baseline, and other trial data, including any	
)		For peer r	review only - http://bmjopen.bmj.com/site/about/guidelines.xhtml	

Statistics: analysis

related processes to promote data quality (eg, duplicate measurements, training of assessors) and a description of study instruments (eg, questionnaires, laboratory tests) along with their reliability and validity, if known. Reference to where data collection forms can be found, if not in the protocol

Data collection plan:	<u>#18b</u>	Plans to promote participant retention and	15
retention		complete follow-up, including list of any outcome	
		data to be collected for participants who	
		discontinue or deviate from intervention protocols	
Data management	<u>#19</u>	Plans for data entry, coding, security, and storage,	15
		including any related processes to promote data	
		quality (eg, double data entry; range checks for	
		data values). Reference to where details of data	
		management procedures can be found, if not in	
		the protocol	
Statistics: outcomes	<u>#20a</u>	Statistical methods for analysing primary and	15
		secondary outcomes. Reference to where other	
		details of the statistical analysis plan can be	
		found, if not in the protocol	
Statistics: additional	<u>#20b</u>	Methods for any additional analyses (eg,	15
analyses		subgroup and adjusted analyses)	
0	<b>#</b> 00		4.5

#20c Definition of analysis population relating to

protocol non-adherence (eg, as randomised population and missing data analysis), and any statistical methods to handle missing data (eg, multiple imputation) Methods: Monitoring Data monitoring: #21a Composition of data monitoring committee (DMC); formal committee summary of its role and reporting structure; statement of whether it is independent from the sponsor and competing interests; and reference to where further details about its charter can be found, if not in the protocol. Alternatively, an explanation of why a DMC is not needed #21b Description of any interim analyses and stopping Data monitoring: guidelines, including who will have access to interim analysis these interim results and make the final decision to terminate the trial Harms #22 Plans for collecting, assessing, reporting, and managing solicited and spontaneously reported adverse events and other unintended effects of trial interventions or trial conduct **Auditing** #23 Frequency and procedures for auditing trial conduct, if any, and whether the process will be independent from investigators and the sponsor Ethics and dissemination

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Research ethics	<u>#24</u>	Plans for seeking research ethics committee /	16	
approval		institutional review board (REC / IRB) approval		
Protocol	<u>#25</u>	Plans for communicating important protocol	n/a, contact with	
amendments		modifications (eg, changes to eligibility criteria,	the corresponding	т
		outcomes, analyses) to relevant parties (eg,	author	rotect
		investigators, REC / IRBs, trial participants, trial		ed by c
		registries, journals, regulators)		opyrigh
Consent or assent	<u>#26a</u>	Who will obtain informed consent or assent from	16	າt, incl
		potential trial participants or authorised		uding 1
		surrogates, and how (see Item 32)		Protected by copyright, including for uses related to text and data mining, Al training, and similar technologies
Consent or assent:	<u>#26b</u>	Additional consent provisions for collection and	n/a	elated t
ancillary studies		use of participant data and biological specimens		to text
		in ancillary studies, if applicable		and da
Confidentiality	<u>#27</u>	How personal information about potential and	15	ita minin
		enrolled participants will be collected, shared, and		g, Al tr
		maintained in order to protect confidentiality		aining
		before, during, and after the trial		, and si
Declaration of	<u>#28</u>	Financial and other competing interests for	18	milar te
interests		principal investigators for the overall trial and each		chnol
		study site		ogies.
Data access	<u>#29</u>	Statement of who will have access to the final trial	15	
		dataset, and disclosure of contractual agreements		
		that limit such access for investigators		

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Ancillary and post	<u>#30</u>	Provisions, if any, for ancillary and post-trial care,	n/a
trial care		and for compensation to those who suffer harm	
		from trial participation	
Dissemination	<u>#31a</u>	Plans for investigators and sponsor to	18
policy: trial results		communicate trial results to participants,	
		healthcare professionals, the public, and other	
		relevant groups (eg, via publication, reporting in	
		results databases, or other data sharing	
		arrangements), including any publication	
		restrictions	
Dissemination	<u>#31b</u>	Authorship eligibility guidelines and any intended	n/a
policy: authorship		use of professional writers	
Dissemination	<u>#31c</u>	Plans, if any, for granting public access to the full	n/a
policy: reproducible		protocol, participant-level dataset, and statistical	
research		code	
Appendices			
Informed consent	<u>#32</u>	Model consent form and other related	18
materials		documentation given to participants and	
		authorised surrogates	
Biological	<u>#33</u>	Plans for collection, laboratory evaluation, and	n/a
specimens		storage of biological specimens for genetic or	
		molecular analysis in the current trial and for	
		future use in ancillary studies, if applicable	
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